



Celebrating July Birthdays!

- Ed C.- 3
- George S.- 4
- Frank R.- 14
- Anne B.- 15
- Bernice K.- 29
- Staff*
- Ana S.- 8
- Jorge R.- 17
- Renee O.-19
- Alisha H.- 24
- Cameron S.- 25
- Megan W.- 30



FRIENDS & FAMILY REFERRAL PROGRAM!

Important things to remember!

- ✓ Please keep in mind that all scheduled activities are subject to change depending on the current situation. As of now, scheduled activities, except for exercise classes, will be "To-Go" or brought to your door.
- ✓ Wash your hands often and wear a mask while in any common area!
- ✓ The only group activities that are able to be held at this time are exercise classes. Please pay attention to the schedule of classes and when each floor can participate. Each class will be limited to 4 or less. Walking the halls with a mask and outside are encouraged! The pool and fitness center will remain closed until further notice.



\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

LAKE SIDE CONNECT

JULY 2020

14750 Lakeside Circle, Sterling Heights, MI 48313
www.waltonwood.com | 586-532-6200
 Facebook: /WaltonwoodLakeside



Happy Independence Day!

We would like to thank each and every one of you for doing your part in keeping everyone safe! We will try to keep everyone as updated as possible about when it will be safe to resume some of our daily routines. We encourage everyone to come out to stretch your legs and socialize with some neighbors! Please continue to wear a mask while in the hallway and try to keep a safe distance while engaging with friends.

These times have truly have been ones for the history books. We look forward to inviting you back to the dining room when it is safe. For now, the Grove Bistro is open for take out food options. Feel free to come down to pick up a freshly baked pizza or a hot cup of soup. At this time, service will remain cash free. Food will be charged to your rooms until further notice.

Lastly, transportation to medical appointments have resumed. Any requests for non-medical appointments such as hair/nail dresser and store trips will not be honored. Please be flexible with departure and pick-up times as there is a strict 1 resident limit per ride. Married couples will be permitted to ride together.

COMMUNITY MANAGEMENT

- Greg Cossaboom
Executive Director
- Meghan Kahm
Business Office Manager
- Paul Gilleran
Culinary Services Manager
- Mo Martinez
Environmental Services Manager
- Nicole Gavas
Independent Living Manager
- Jenna Durlock
IL Life Enrichment Manager
- Jennifer Murray
AL Life Enrichment Manager
- Tonya Wilson
MC Life Enrichment Manager
- Laureen Vollmer
Marketing Manager
- Rae Matey
Marketing Manager
- Stacey Lamphier
Resident Care Manager
- Charnette Tate
Wellness Coordinator

EMPLOYEE OF THE MONTH: DONNA WOCHASKI

Donna is one of our hardworking house keepers! She works tirelessly to make sure that every nook and cranny has been disinfected and safe for you to use each and every day. She truly goes above and beyond the call of duty. Her care and dedication shines through time and time again. Thank you for being so great!



BINGO Returns!

We are happy to announce that we will begin playing BINGO again! It will look slightly different than you are used to. A number will be posted twice daily in the Library that you will have to come down to discover.

Numbers will be posted Monday through Friday at 9AM and 3PM. Follow along on your game board. A small prize of their choosing will be available for winners. After 3 BINGO's have been made, we will restart.

Come down to the Hobby Room to get a board! We will allow one board to be played at a time. We will be playing straight BINGO games, no shapes.



You Can!

Henry Ford once said, "Whether you think you can, or you think you can't...you're right." Often the ultimate success of an exercise program starts with the words we tell ourselves. Far too often we don't give ourselves the credit we deserve for the strengths we have. Far too often we focus on what we can't do instead of embracing what we can. At a time when motivation can be hard to find and positive thoughts are replaced by uncertainties give yourself the credit you deserve. The words we tell ourselves are the foundation our potential so let those words be kind, confident and powerful!


TRANSPORTATION INFORMATION

We will be resuming transportation to essential medical appointments only at this time. We will be following a very strict "one resident at a time" policy, so please be flexible with departure and pick up times. We will not be providing transportation to stores or beauty shops of any kinds until further notice. Thank you for your cooperation and patience!

Summer Spirit Days

10


1950's



Join us for White Castle Sliders!

17


Beach Day



Let's "go" to the beach! Don't forget sunscreen!

24

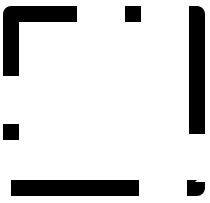
Detroit Day



Which Detroit sport team is your favorite??

31

Black Out



Join us in solidarity of the Black Lives Matter movement.

Summer Time is Here!

Join us in celebrating summer! Each Friday this month we will be hosting theme days. Look out for special food and drinks those days to enjoy! Please, if you do choose to participate with friends, remember to wear your mask and try to stay 6 feet away from one another.

EXECUTIVE DIRECTOR CORNER

Dear residents, families, and friends,

Happy July everyone!! Talk about hot! As are many of the dog days of summer, it looks like we are in for another warm summer. I hope you are able to get outside and enjoy some of this nice weather as the days get longer.

We've officially celebrated over a month of COVID free living here at our community! I know that the day in and day out operations are still restricted, however our team is doing everything they can to continue to bring engagement, energy, and fun to the community. Please keep an eye on your calendars for exercise class that is happening twice a day. It's a great opportunity to keep moving and stay physically healthy.

As we did last month, we are committed to bringing you up to date on all executive orders and correspondence on how reopening is going to go. We will continue with our family and resident calls on Thursday mornings. Please let me know if you need any more information in regards to these. I can't wait to see all the fun times and memories that are to come as we get things back to normal.

STAY SAFE HEALTHY EVERYONE!Sincerely, Greg Cossaboom-Executive Director