

Eastern Star Masonic Retirement Campus Spotlight

2445 South Quebec St Denver, CO 80231-9924 303-756-9489



Winter 2020

Clowning around with Jim for Halloween



Board of Trustees seeks recruits: Try Associate Board Member

This past year, we have been able to improve our position to provide a safe and caring Campus, based on Masonic values, for residents. We look forward to breaking ground in early spring on a new Assisted Living building to replace a section of the Robert Russell building.

We have established a new program with the addition of an Associate Board Member position. The Associate would attend board meetings and participate in the meetings in an advisory capacity, with no voting power. This will allow interested Masonic

family members to aid the board and become familiar with the functioning of the board.

To clarify any misconceptions, all Board of

Trustee members are Masons or Eastern Star members. The goal and intent is to have trustees be a part of the Masonic family. We do need Masonic family members to be willing to step forward, then make the commitment to serve in order to accomplish this goal. The trustees





Joining current Trustees Terry Hudson, Jim Jarvis, Kathy Easterday, Bart Wagner, John Warren and Steve Schroeder are Dick Surroz, Steve Davis and Sally Skiver. More information about these trustees can be found on website: www.esmrc.com. Click the "About Us" tab.

are elected by the House of Delegate members.

All Lodges and OES Chapters are entitled to elect or appoint a member as a delegate. The delegates attend quarterly meetings, where they

> provide input to the board. At the Annual meeting, they vote for the trustees who comprise the board.

> > See facing page

In September, ESMRC said goodbye to long-tenured Board member Ashley Buss (left) at the House of Delegates and Board of Trustees annual meeting.

Eastern Star Masonic Retirement Campus: 303-756-9489 2445 South Quebec Street, Denver, CO 80231-9924

Larry Lillo, Executive Director Pati Sawyer Boex, Fraternal Relations Director Jennifer McLaughlin, Business Manager Nola Green-Vaughn, Nursing Supervisor Mariela Figueroa, Memory Care Coordinator Rebecca Brown, Life Enrichment Director Diane Martini, Director of Marketing Barbara Aragon, Sales Counselor Martha Valdez, Resident Services Director Jerry Haynes, Dietary Director Gary Lavoie, Maintenance Supervisor

Grand Lodge Office Grand Chapter Office 719-623-5340 303-759-5936

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Executive director highlights ESMRC changes, future objectives

It has been a year of change at Eastern Star Masonic Retirement Campus. We have welcomed many new residents, but unfortunately, we have said goodbye to those who have needed more care or who have passed away.

I here have been some staff changes as well, which always bring new energy and excitement adding a new vibe to the Campus. Once again, our leadership team and staff have worked diligently to offer residents a quality living environment, along with a wide variety of programs and services to meet their needs.

This coming year, we expect to break ground in late Spring on a new Assisted Living building, attached to the Mary Barry Building. It will partially replace the Robert Russell Building, which has been in service since 1931. The anticipated completion of the new building will be sometime in March or April 2021.

Among the plans for 2020, we will be offering a wider variety of new activities, programs and special events that should provide more opportunities for residents to participate throughout the coming year.

It is hard to believe: this is my 10th year as the Executive Director of ESMRC. There have been many changes along the way. I have watched the Campus increase the number residents served, increase staff to serve these residents, and grow the number of programs and services to meet the changing needs of the seniors served in the Denver Metro area. Our Leadership team has embraced change and adapted to the growth and changing demands of the local senior-living market. Our organization is no longer a small, independent community serving a small number of local residents, in addition to those who are fraternal family brothers and



sisters. Today, we are a vibrant, full service senior provider in a competitive marketplace. Services offered include independent living, assisted living, and memory care living environments that match the latest service trends in the senior-living market.

As the decade ends, our organization is proud of all its accomplishments. I am looking forward to the next 10 years of service to the metro Denver senior market.

The Board of Trustees continues to support and provide ESMRC with a clear vision, strong leadership and direction to meet the changing needs of residents living on our campus. The leadership team of this organization will continue to offer highquality senior services that represent the values of Masonic heritage to the residents we serve.

I look forward to serving those seniors who may be looking for services and programs to meet their needs at a reasonable price.

- Larry Lillo Executive Director

Trustees...from page 2

Please contact any current trustee, if you have questions, concerns or suggestions:

Terry Hudson, Chairperson (2022) *terryhudson@ comcast.net*; Jim Jarvis, Vice-Chairperson (2021) *jjarvisjr*625@gmail.com; Kathy Easterday, Trea-

surer (2023) Kathy.easterday@outlook.com; Dick Surroz, Secretary (2024) richsurroz@gmail. com; Steve Davis (2020) Stephen.p.davis@ comcast.net; Steve Schroeder (2024) steve@cofirst.com; Sally Skiver (2021) Sroe4310@gmail. com; John Warren (2020) jwsunlight@earthlink.net; Bart Wegner (2023) bart_wegner@hotmail.com.

Activities Recap



Students from Cherry Creek Academy visited at Thanksgiving time. They did their annual Turkey artwork with the residents.



Fraternal activities at ESMRC

Right: ESMRC resident **Jim Earhart** received his 50-year pin from **Consistory**. He is also a member of Englewood Lodge #166 and Order of the Eastern Star Dawn Chapter #125. Congratulations, Jim!



Above: Welcome OES Member Elsie Stoetzer! She moved to Colorado from New York to be closer to family in Arizona. Elsie is 102 years young and almost a 60-year OES member.





Left: Members of Heritage Chapter hosted a pizza and delicious cookie party for residents. YUM!

Colorado Rainbow Girls, DeMolay and Jobs Daughters hosted a good old-fashioned Christmas party for the residents complete



with a sing-along and ugly sweater contest. Thank you, Renee Ballinger, for playing piano.

SUBPAR



Below: **Colorado Rainbow Girls** planned a talent show and **BINGO** for the residents last fall, in addition to reverse trick or treating.





For National Assisted Living Week, ESMRC celebrated with events of new and different kinds of fun! A caricature artist did portraits of residents. Lina Bird helped residents in a class to learn flower arranging. Some Bronco Cheerleaders visited — signing photographs and posing for photos. One popular event was playing a giant version of Hungry, Hungry Hippos.



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Winter 2020









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Meny Chris

and photo cards – they all spell **Christmas at**





Merry Christmas

Eastern Star Masonic Retirement Spotlight





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Welcoming the New Year!







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Mark Your Calendars —

8th Annual Evening of Laughter 7:30 Wednesday, Aug. 5 (doors open 6:30 pm)

Landmark Comedy Works 5345 Landmark PI, Greenwood Village

\$20 (floor seats, \$10 is tax deductible)To purchase tickets or further information,Pati Sawyer Boex, 303-753-2160



Nothing allows residents to celebrate the inner "child" like donning a costume for **Halloween!**





Winter 2020

Meet 25-year ESMRC Employee Rose Mukasa

In May, Rose Mukasa (right) will celebrate working at ESMRC for a grand total of 25 years! She hopes to retire soon, but everyone here hope she makes it to 30 years. Rose loves to do things for others. She describes working here as an amazing experience — where she shares joy and teamwork with fellow staffers.







Co-sponsored by Columbine Masonic Lodge #147 and Vitalant

Call Fraternal Relations Director Pati Sawyer Boex, 303-753-2160, or patis@esmrc.com

Safe Drivers Class

You may be eligible to receive an insurance discount upon completing the course though it is geared to drivers age 50 d older, the course is open to people of all ages.

AARP membership is not required to take the course.

There is no test to pass.

The classroom course costs only \$15 for AARP members and \$20 for non-members, you pay the instructor. 9 am–1 pm Wednesday, April 8 Hosted by ESMRC, this
Safe Drivers Class does not require AARP membership, but you save \$5 on the fee paid to instructor.
(\$15 members; \$20 non-members)

Call 303-756-9489 to reserve your seat in the class. 2435 S. Quebec St., Denver

Stay at home or consider a memory care community?

The Marketing Department gets many calls from families who are struggling with a loved one who has advanced memory issues. They want the best for their loved one, but have to consider factors like:

1. When is it time to place my loved one in a memory care community?

2. Will my loved one adjust and be happy in a new environment?

3. Will the family be able to financially support placing their loved one in a memory care community?

4. What happens if we run out of money?

Most families I talk to are caring for their loved one at home. They are exhausted by trying to provide the best care possible. They didn't plan on having to prompt their loved one on each



individual task that needs to be completed — things like brushing one's teeth or buttoning a shirt.

The family caregiver must have patience when hearing the same story over and over again. They didn't plan on their loved one being incontinent, having to change Depends[®] and keeping them clean to prevent skin break down. They didn't plan on being the caregiver.

This is why families call us and start the conversation about placing their loved one in memory care. In the long run, in most cases, it is better to place your loved one in a memory care neighborhood, because these locations are designed and operated with memory loss in mind.

ESMRC's memory care neighborhood has a regular schedule that helps residents know what is going on now and what is happening next. Staff gen-

tly guide residents throughout the day, so that they feel safe and their needs are met. The staff-to-resident ratio is higher in memory care, so that residents receive the care they need when they need it.

Feedback comments from families to ESMRC staff indicate that they see a marked improvement in their loved one's behavior after placing them here, because they are attending activities and are being stimulated. Many have

said they are now, once again, the spouse or daughter instead of the caregiver, which makes them happy.

The memory care neighborhood at ESMRC is small, with only 20 apartments. The outdoor courtyard provides fresh air, sunshine and gardening opportunities. The memory care dining room is small and peaceful.

The staff are trained in understanding and providing care to clients with Alzheimer's Disease. This training helps them find strategies to help a resident who is experiencing challenges with daily activities. Memory Care Coordinator Mariela Figueroa oversees staff and residents, so that the neighborhood operates with efficiency and love.

If you are experiencing challenges in caring for a loved one with memory issues, I encourage you to at least give us a call to explore the possibility of moving your loved one to our memory care community. Contact either Diane, 303-753-2179, or Barbara, 303-753-2100, in our marketing department to start the conversation.

> – Diane Martini Marketing Director

Winter 2020

Philanthropy —

Eastern Star Masonic Retirement Campus thanks the following Chapters, Lodges and individuals for their donations to the ESMRC for September–December 2019.



Sally Cook Karla and Peter Dimond Charles Ferris Marjorie Jacobsen Anthony Korvas Margaret Ringhofer Marylee Mosgovey Colorado Chapter #2 Liberty Lodge #124

Estate of Jean T Duncanson in memory of Francis Duncanson Barbara Wiggins in memory of Ethel Heywood Catherine Anne Chesterman Trust in memory of Charlene Mills Rita Stark in memory of Charlene Mills

In-Kind Donations —

Thank you to the following Fraternal Family members and private individuals who donated time or in-kind

donations for the residents of the ESMRC during the months of September–December 2019.

Jim Jarvis Ann Kerr Margorie and Max Power Colorado Chapter #2 Leadville Heritage Chapter Loyalty Chapter Rainbow Girls Karla Diamond and Garden City Chapter #3

Christmas Donations –

Lina Bird Terry Hudson Umar Shabazz Denver CO Commandery #1 Denver Chapter #2 Santa C Liberty Lodge #134 Past Matrons and Patrons Club of Denver

Thank you to the following organizations and private individuals who helped fund the Santa Claus program.

Residents enjoyed a Merry Christmas with these generous donors!

Colorado Gives Day —

Thank you to the community members who made a donation on Colorado Gives Day in December!

ESMRC participated for the third time, raising more than \$10,000. An Abevta Janet Buttrick Kevin Gibson in

Ramona and Brian Abeyta Toni Adamo Helen Andresen Jim and Deann Anchustegui Craig Bailey Jareene Barkdoll Louise Bates David Berman Phil Black Pati Boex in memory of Joanne Stalker Rebecca Brown Wayne Burch

Jack and Martha Carter Larry and Phyllis Click Sherrie Conway in honor of Alma McKinney Greg Curd Charles W Downing Kathy Easterday in honor of Robert Easterday Ruth England Phyllis Everitt David Gans Kevin Gibson in Honor of Lita Worrell Rachael Gordon Amy Graziano Gasper Graziano Vanessa Graziano Ted and Vicki Haluza Cynthia Hamilton in memory of Dorothy and Charles Hamilton Don and Patti Hayford Teressa Hudson Terry Hudson

Thanks to all anonymous donors or those whose names are not acknowledged here – we appreciate your support!

The Robert Russell Eastern Star Masonic Retirement Campus is a 501 (c) 3 non-profit, so all donations are tax deductible. Please make checks payable to Robert Russell Eastern Star Masonic Retirement Campus or R.R.E.S.M.R.C. Send them to Attention Director, 2445 S. Quebec St, Denver, CO 80231.

Colorado Gives Day -

Raju JairamLaDonald JenkinsDiCurtis and Joanne JohnsonPaLillian Johnson in memory ofJeMerna JohnsonBaEd and Wilma KampsMary Kemker in memory ofGrady KemkerTaPeggy Kieffer in Memory ofCharlotte LeaderAnn LaneDaDolly and Gary LavoieJeLaurie Llanos in memory ofLo°Roberta HartwellKr

Lawrence Lillo Diane Martini Paula McClain Jennifer McLaughlin Barbara Morgan in memory of Jim Morgan Dotty Nittler Tammy Oldson Tammy Perkins Debra Pierce Daniel Reichel Jean Robertson Louise Rowe Kristi Rudy

Continued

Daniel Santiago Corrine Schreiber in memory of Charlotte Leader Doris Schrupp Sally Skiver Elaine Tayman Robin Terry Elizabeth Teska Martha Valdez Paul Ward Bart Wegner Edwin Wichert Shirley Wideman South Gate Chapter #104



Left: Veterans Day, Nov. 11, drew a crowd of folks — residents and guests — to honor the veterans at ESMRC and remember Armistice Day.

Fraternal Activities at Eastern Star Masonic Retirement Campus

2020

- March 21 House of Delegates meeting, 10 am
- April 8 AARP Drive Safe Class 9 am 1 pm, Fraternal Relations Room, call 303-756-9489
- April 25 Community Shred-a-thon, Littleton Assembly IORG, 10 am-noon
- May 2 Senior Prom with Masonic Youth, 2–4 pm
- June 20 House of Delegates meeting, 10 am
- July 10 11th Annual Golf Tournament at Wellshire Golf Course
- Aug. 5 Comedy Night at Comedy Works South in the Denver Tech Center, 7:30 pm
- Aug. 21 Blood Drive, 8 am-1:30 pm
- Oct. 10 Rainbow Reverse Trick or Treating and BINGO for residents
- Oct. 17 Board of Trustees and House of Delegates Annual Meeting, 10 am
- Oct. 30 Blood Drive, 8 am-1:30 pm
- Dec. 19 House of Delegates meeting, 10 am

It is ESMRC's mission to host a once-a-month Chapter or Lodge meeting in the R. Keith Milheim Fraternal Meeting Room, which can include Masonic residents. If your Chapter or Lodge is interested in hosting a meeting for residents, please contact Fraternal Relations Director Pati Sawyer Boex, 303-753-2160 or *patis@esmrc.com*.

Spotlight

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