

The Carriage House

Gracious Retirement Living

4680 Bellwether Lane • Oxford, FL 34484 • Phone (352) 330-5987 • www.seniorlivinginstyle.com

JUNE 2020

THE CARRIAGE HOUSE STAFF

Managers.....CATHY & EARL KNIGHT
Management Team ROD & JUDY JOBMAN
Executive Chef..... RICH OAKS
Community Sales DAPHNE DAVIS
Activity Coordinator CHERYL COLLINS
Bus Driver SANDY HECK
Bus Driver ALLAN HARRIS
Bus Driver DIANA CANCEL
Transportation BILL HECK

TRANSPORTATION

Monday & Friday, 9:15 a.m.: Walmart Shopping

Monday & Friday, 11 a.m.: Publix,
CVS, Walgreens & Banks

Monday & Friday, Noon-3 p.m.: Local Doctor Appts.

Tuesday & Thursday, 9 a.m.-3 p.m.: Local Doctor Appts.

Wednesday, 9 a.m.-5 p.m.: Resident Outing

Wednesday, 9 a.m.-1 p.m.: Local Doctor Appts.

Sunday, 8:55 a.m.: New Covenant Methodist Church

Sunday, 9:15 a.m.: St. Mark's Catholic Church

Sunday, 9:45 a.m.: Live Oaks Church

HAWTHORN
SENIOR LIVING

Six Feet Apart, but
Close to the Heart

Father's Day Celebration

All of our fathers will receive a gift on Father's Day. We will be hosting a Sundae Party in the Activity Center. Join your friends, from a safe social distance, and enjoy an old-fashioned sundae bar with all the toppings! Please sign up in the Activity Center.





Bananas for Bananas

A staple for breakfast meals and the perfect on-the-go snack, bananas are one of the world's most consumed fruits.

Bananas were cultivated thousands of years ago in Southeast Asia and reached the New World in the 16th century. When first imported to the U.S. in the 1800s, the banana was considered an exotic food and eaten with a knife and fork.

Although bananas are considered fruits, botanically they are berries. They grow upside down on giant herb plants, not trees, in tropical climates. Their familiar curved shape is the result of growing against gravity toward the sunlight. An individual banana is called a finger, and a bunch is called a hand.

Worldwide, there are over 1,000 varieties of bananas, but the one most commonly found in stores and eaten fresh is the bright yellow Cavendish, due to its sweet taste and creamy texture. Bananas are rich in potassium, which can help lower blood pressure. The mineral also improves muscle function and boosts energy, and that's why many athletes eat a banana during competition and after workouts.

In the U.S., bananas are grown in Hawaii and Florida, but most of the nation's supply comes from Central and South America.

Mother's Day Tea

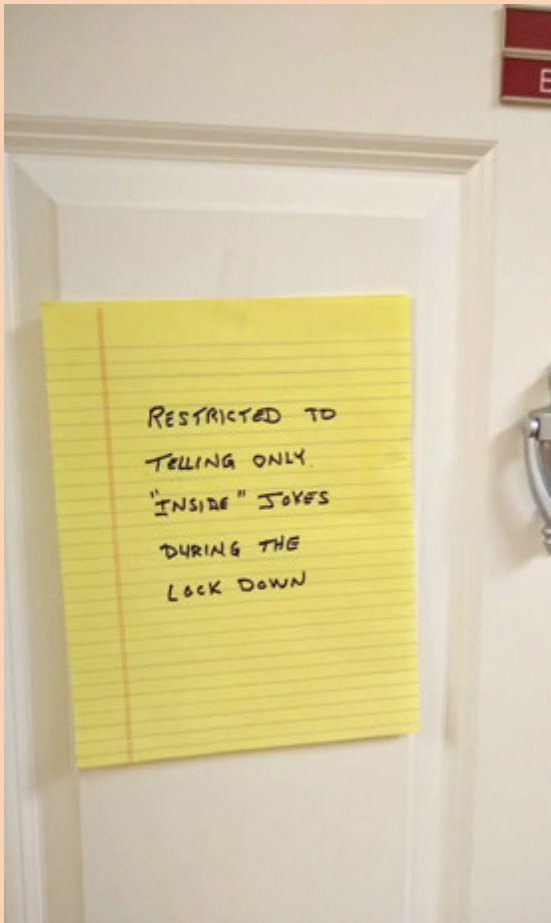


Movies

Every night at 7 p.m., we have a movie in the Theater.

Outing Day

Every Wednesday is Outing Day. Check the sign-up table for when and where.



Ken has a great sense of humor!

Scenic Drive Saturdays!

Sign up for one of the scenic bus rides with Diana on Saturdays. She will offer different tours including: Ocala Horse Country, Lake Weir and the surrounding area, Venetian Gardens Park, Inverness, Eustis/Tavares, Village of Fenney and surrounding area. Tours will be from one to one-and-a-half hours. Diana will bring bottled water since we cannot stop anywhere. Space is limited to six residents per trip so be certain to sign up.



Mary Lou and daughter practicing safe social distancing. Thanks, ladies!

June Birthdays

Elizabeth English, 1st	Connie Reby, 22nd
Vonda Kirchberger, 4th	Connie Anderson, 23rd
Tom Nicholson, 8th	Shirley Naffziger, 23rd
Pat Pearson, 9th	Joan Mormann, 25th
Janet Bardowell, 12th	Ed Brewer, 25th
Eileen Bauer, 14th	Cliff Bulmer, 26th
Mary Ellen Lewkowski, 14th	Mary Bellodi, 30th
Connie Brewer, 18th	Joanne Snyder, 30th

Lure 'Em In

Open up an angler's tackle box, and there's likely to be a few fishing lures inside. An alternative to live bait, lures come in a variety of styles.

Crankbait: Also called cranks or plugs, these popular lures are made of plastic or wood and look like bait such as small fish or frogs. An attached piece, or lip, on the lure controls how it moves in the water. Cranks usually have multiple hooks.

Jigs: A hook with a weighted metal head that allows it to sink, this type of lure is made for jigging, a style of fishing where the rod is lifted and lowered back down repeatedly, creating a dancing movement to attract fish. To make it more appealing, the lure's hook can be adorned with feathers, a fake worm, or live bait.

Spinnerbait: These lures have small oval blades that spin like a propeller when pulled through the water. Usually sporting a fringed "skirt" made of strands of rubber or animal hair, a spinner's horizontal movements are irresistible to fish such as bass, perch and pike.

Spoons: One of the oldest lures used was a common utensil—a spoon with its handle removed. Modern spoons are simply curved metal lures with a hook. The curved shape makes the lure wobble side to side, resembling injured bait to hungry fish.

Flies: To make these lures used for fly fishing, anglers tie fur, feathers or thread around a fishhook so that it resembles an insect or crustacean. Because of the skill involved, tying flies is considered an art.

Coming Together, Six Feet Apart!

All About Social Distancing:

Social distancing — two words that have changed how we act and interact with friends, family, coworkers, and even strangers. Social distancing is an essential way to slow down the spread of COVID-19, and it is important that you follow the social distancing protocols set in place within your community. Below are just a couple of things to keep in mind as we continue to navigate through these protocols.

1. Six feet apart! This is the recommended safe distance we must keep at all times. Because COVID-19 is spread person to person, we must be mindful of how close we are to one another.
2. Small Groups: The CDC recommends limiting the number of people in groups to help stop the spread of the virus. Every state may differ slightly as to how many people are allowed in a group. Activities can be held as long as the group is smaller than the individual state requirement.

Brain Bender: What a Catch!

Four buddies—Calvin, Gary, Nate and Stan—went fishing. They each caught a different kind of fish: bass, walleye, perch and trout. From the clues below, can you determine the first and last names of each fisherman, what kind of fish he caught, and how much the fish weighed (3, 6, 8 or 10 pounds)?

1. Stan’s last name isn’t Hall.
2. Calvin, whose last name isn’t Reynolds, didn’t catch the smallest fish.
3. The man who caught the 8-pound fish didn’t catch the walleye.
4. Mr. White didn’t catch the 6-pound trout.
5. Nate caught the perch.
6. The fish were caught in the following order, from smallest to largest: Mr. Hall, Gary Benson, bass, and Calvin.

Virtual Visits

You can get a free ticket to visit world-famous museums and attractions and use it without leaving the comfort of your chair. A wide range of virtual tours and online exhibits are available at your fingertips. Here are just a few you can explore.

- The Louvre, Paris
Louvre.fr/en/visites-en-ligne
- National Gallery of Art, Washington, D.C.
NGA.gov
- Smithsonian National Museum of Natural History, Washington, D.C.
NaturalHistory.SI.edu
- San Diego Zoo, San Diego.
Zoo.SanDiegoZoo.org
- Monterey Bay Aquarium, Monterey, Calif.
MontereyBayAquarium.org/animals/live-cams

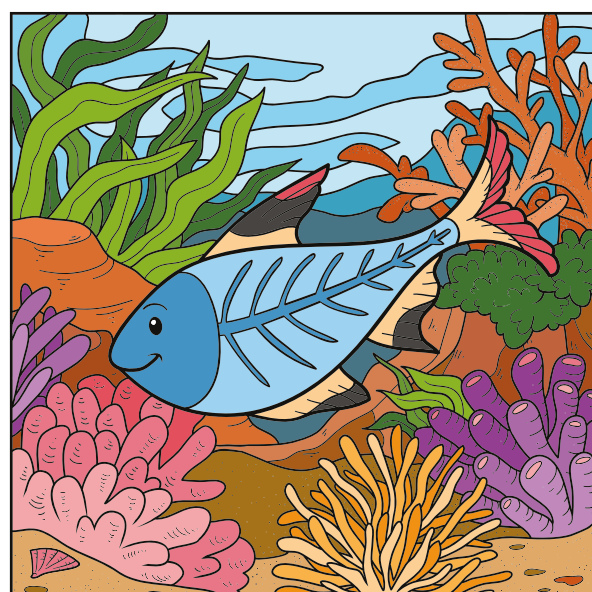
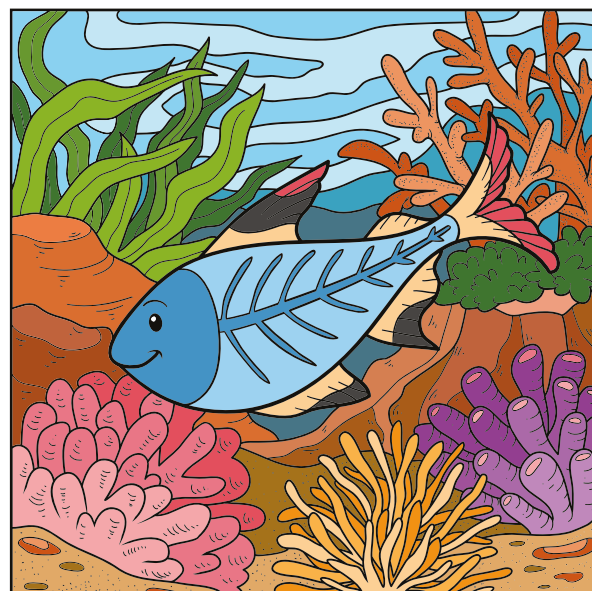
Summertime Snicker

Q: What holds the sun up in the sky?

A: Sunbeams!

Double Take

Fish around and find 10 differences in these two pictures.



Sudoku

The object of the game is to fill all the black squares with the correct numbers. Each row, column and 3x3 subsection must include all digits 1 through 9 in any order.

	2		1					5
	6	7	2				1	
				5	9			7
		2			1			
3	1			2			7	4
			9			3		
6			4	9				
	4				2	1	8	
2					7		3	

TV Dads

Match the father figure character to the TV show he appeared in.

Fictional Father

1. Tim Taylor
2. James Evans Sr.
3. Tom Corbett
4. Steve Douglas
5. Carl Winslow
6. Howard Cunningham
7. Jim Anderson

TV Show

- A. “Father Knows Best”
- B. “Home Improvement”
- C. “Good Times”
- D. “Family Matters”
- E. “My Three Sons”
- F. “Happy Days”
- G. “The Courtship of Eddie’s Father”

Word Ladders

In each set below, use the clues to change the first word, one letter at a time, to get the last word.

DAD

- ___ Took action
- ___ A cube with dots

TIE

GOLF

- ___ Wide chasm
- ___ Sea-loving bird
- ___ Bovine patriarch

BALL

FISH

- ___ A tightly closed hand
- ___ Tiny water droplets
- ___ Chewing gum flavor
- ___ Two cups
- ___ Sewing accessories

FINS

Puzzle Solutions

Brain Bender: What a Catch!

Nate Hall caught the 3-pound perch. Gary Benson caught the 6-pound trout. Stan Reynolds caught the 8-pound bass. Calvin White caught the 10-pound walleye.

TV Dads

1. B; 2. C; 3. G; 4. E; 5. D; 6. F; 7. A

Word Ladders

1. dad, did, die, tie; 2. golf, gulf, gull, bull, ball; 3. fish, fist, mist, mint, pint, pins, fins

9	3	4	7	1	5	8	6	2
6	8	1	2	9	3	5	7	4
2	5	7	8	6	4	1	3	9
1	2	3	5	4	6	9	7	8
4	7	5	9	2	8	6	1	3
8	6	9	1	3	7	2	5	4
7	4	2	6	5	9	3	8	1
3	1	6	4	8	2	7	9	5
5	9	8	3	7	1	4	2	6





'Jaws' Turns 45

Considered to be the first summer blockbuster, the thriller "Jaws" opened in theaters on June 20th, 1975. Dive into these fin-tastic facts about the film.

- "Jaws" was based on the novel of the same name by Peter Benchley, who also co-wrote the screenplay. He originally titled the book "Silence in the Deep."
- Three mechanical sharks were built to portray the great white beast that terrorizes a seaside town.
- To add suspense, the shark isn't seen until nearly an hour and a half into the film. In total, it only has four minutes of screen time.
- The memorable line "You're going to need a bigger boat" was ad-libbed by actor Roy Scheider, who played the town police chief, Martin Brody.
- The fishing boat used to track the shark is named the Orca. In real life, orcas are the only natural predators of great white sharks.
- John Williams composed the famously foreboding two-note "Jaws" theme, winning the Academy Award for best original score.
- The first movie to make over \$100 million at the box office, "Jaws" was the highest-grossing film of all time until 1977's "Star Wars."

Hog Wild for Harleys

For more than a century, Harley-Davidson motorcycles have been synonymous with adventure and cruising on the open road.

In 1901, the wheels began turning for a young Milwaukee man named William S. Harley, who had the idea for a motorized bicycle. He drew a blueprint of a small engine to fit on a bike, and over the next two years, he and childhood friend Arthur Davidson worked on the design. Davidson's two brothers soon joined the team.

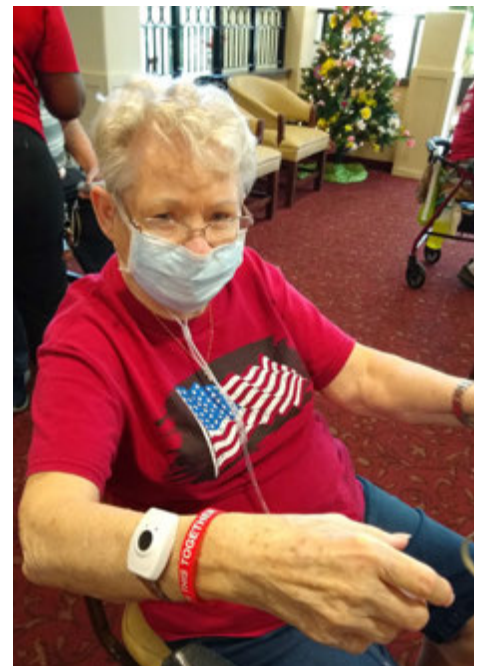
They built the first motorcycles in a backyard shed. In 1905, their first dealership opened in Chicago. As business grew, the company hired more employees and built a factory in Milwaukee. Police departments began ordering Harleys for their officers, and the U.S. military bought thousands of bikes during both world wars, where troops used them to deliver messages between units.

After World War II, legions of leisure riders took to the roads, cementing the popular brand as an American icon. The company's bar and shield logo in orange, black and white is one of the most recognizable emblems in the world.

Harley-Davidson motorcycles are sometimes called "hogs," a nickname that began in the 1920s, when one of the company's winning racing teams carried their mascot, a pig, on their victory laps.

All in This Together

Residents were so happy to receive their bracelets! When they walk in the halls or outdoors they wave their arm with the bracelet and cheer for each other. Ed told me that he feels like we are a team. Ruthie is proud to wear her bracelet and feel closer to her neighbors.





Carriage House Heroes

Chef Rich has been doing an outstanding job leading his culinary team to excellence three times a day every single day! His focus has remained on cooking delicious food and having it delivered piping hot to the residents. Each day he receives numerous letters thanking him for such wonderful meals. Baker Dave has impressed with his delectable desserts. P.M. Chef Iz has created several memorable meals. Both Dave and Iz have stepped up and filled in so Rich could have some down time after our sous chef left unexpectedly and Rich graciously filled in.

Vicky and Rara are two of our valued housekeepers. They have done such an amazing job keeping everything sanitized. Residents feel safe when they witness the great attention to detail these ladies show.

Courtney moved from culinary to housekeeping and hit the ground running, filling in when a housekeeping position opened suddenly. Courtney has a positive attitude and high standards. Sabrina joined our staff recently and really gave housekeeping a boost.

Heather is another of our dynamic housekeepers. When the mask shortage made the news, Heather turned to her sewing machine and made masks! She has made dozens to share with residents and staff. Thanks, Heather!

Daphne is our amazing Community Sales Representative. She has been marketing a lot, calling and encouraging leads. She made time and was a big help sorting mail. Maybe she will qualify for a post office pension? During the day she spends her time running to the front door and taking people's temperatures when she is not marketing.

Our drivers, Allan and Diana, have run countless errands for our residents. They cover everything from driving residents to and from critical doctor appointments, picking up prescriptions, to daily shopping which is delivered right to the residents' doors. And they do it all with a smile!

Smiling behind her mask, and with her can-do attitude, Cheryl has been printing and distributing the Daily Chronicle and puzzle packets, as well as logging all the errand requests. With caring patience, she has taught residents how to participate in tele-medicine video calls. She checks in with every resident as she pushes the snack cart twice daily!

Our management team of Cathy and Earl Knight, and Judy and Rod Jobman, have been at the front of our team. Each new procedure and policy change have been implemented immediately. They patiently answered questions from staff, residents and their families. Through it all, they lead with the Hawthorn Heart.

Salon owner Marilyn joined the Carriage House staff so she could still take care of her clients. Many residents tried her service for the first time. Who doesn't like room service?

Keith has been busy each day fulfilling maintenance requests.



Chef Rich traded his chef hat for a sombrero on Cinco de Mayo!

June Anniversaries

Julie and Ed Schaefer, 6/19/1954

The Carriage House
Gracious Retirement Living

4680 Bellwether Lane
Oxford, FL 34484



When the world
is staying apart,
we are coming
together.

The Carriage House
Gracious Retirement Living

352-330-5987

