

# STEEPLECHASE

## GRACIOUS RETIREMENT LIVING

12029 County Road 103 • Oxford, Florida 34484 • Phone (352) 259-0493 • [www.seniorlivinginstyle.com](http://www.seniorlivinginstyle.com)

JUNE 2020

### STEEPLECHASE STAFF

Managers.....JAMES & JENNI EMERY  
Assistant Managers ..... KEVIN & ANGELA TOOF  
Executive Chef .....TIM WHITE  
Community Sales ..... SHELLEY BOWMAN  
Sous Chef .....MYRANDA FOUNTAIN  
Activity Coordinator ..... CINDY CRUZ  
Maintenance Coordinator.....JEREMY WEBER  
Transportation .....JOSH CURFMAN  
Transportation .....JOHN WEISNER

### TRANSPORTATION

**Monday & Friday, 9 a.m.-3 p.m.:** Shopping

**Tuesday & Thursday, 9 a.m.-3 p.m.:** Dr. Appointments

**Wednesday, 9 a.m.-?:** Wonderful  
To Be Out Wednesdays

**Saturday, As Needed:** No Scheduled  
Transportation/Special Outings Only

**Sunday, 9:30 a.m.:** Church

### Father's Day With Norbert!

Norbert grew up with his father and mother in Rhode Island. When he first married Murielle his father converted his family home garage into a small apartment. He worked alongside his father to complete it into their first home. As his family grew they grew out of their first home. Murielle's family decided to switch houses with them, which was great because her family's house had more room for their growing family. It couldn't have come at a more perfect time.



#### Norbert's First Father's Day

The first time being a father was a different feeling — just to know that you will be someone's father for the rest of their life. During Father's Day it was always a great time for their family to get together. They loved spending Father's Day having a picnic with their four kids or a huge family dinner to celebrate!

### June Birthdays!

**Donna B.:** June 6

**Norma G.:** June 7

**Gloria D.:** June 8

**Ann L.:** June 22

**Harry W.:** June 25

**Theresa H.:** June 26

**Clarissa P.:** June 30

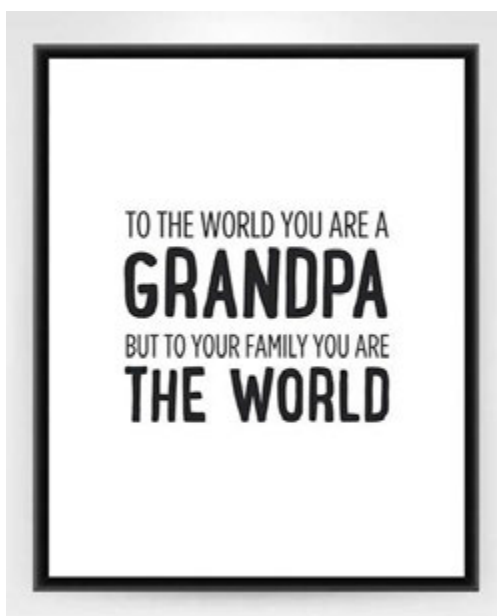


**HAWTHORN**  
SENIOR LIVING



## A Poem for Grandpa

What makes a man a hero?  
I've often thought this through.  
It's someone who is macho?  
It's someone who is true?  
No, that is not a hero.  
He's just a simple man.  
Always there when things go wrong  
and who does the best he can.  
He lends a strong shoulder  
To ease the flow of tears  
He holds high the lantern  
To drive away your fears.  
His smile was just enough  
To give encouragement.  
His frown more than adequate  
To make one soon relent.  
When some had need of guidance  
His ears he'd freely lend  
Advice came in abundance  
You chose, not him could you offend.  
He had no need of medals  
Or glory this is true.  
That's why, dear Grandpa  
Our hero has to be you.  
Written by: Julie Mills



## History of Father's Day

### Sonora Dodd and Father's Day

The first known Father's Day service occurred in Fairmont, West Virginia, on July 5, 1908, thanks to the efforts of Grace Golden Clayton. The service was to honor all fathers, especially those hundreds who were killed during a devastating mine explosion in Monongah (just a few miles from Fairmont) the previous year. However, the observance did not become an annual event, and it was not promoted — very few outside the local area knew about it.

In 1909, Sonora Smart Dodd of Spokane, Washington, also was inspired to create a holiday honoring fathers. William Jackson Smart, her father, was a farmer and Civil War veteran who raised Sonora and her five younger brothers by himself after his wife, Ellen, died giving birth to their youngest child in 1898. While attending a Mother's Day church service in 1909, Sonora, then 27, came up with the idea.

## Mug Birthday Cake Recipe!

### Ingredients:

- 2 tablespoons Land O Lakes® Butter
- 1/4 cup all-purpose flour
- 1 large Land O Lakes® Egg (yolk only)
- 2 tablespoons sugar
- 1 tablespoon 2% or whole milk
- 1 teaspoon vanilla extract
- 1/4 teaspoon baking powder
- 1 teaspoon decorator sprinkles

### How to make:

1. Place butter in 12-ounce coffee mug; microwave 30-45 seconds or until melted. Add all remaining cake ingredients except sprinkles; mix well with fork. Stir in sprinkles.
2. Microwave 45-60 seconds or until cake pulls away from sides and top is dry. (Do not overcook.) Cool 1 minute. Top with vanilla ice cream or whipped cream, as desired. Serve warm.







Within a few months, Sonora had convinced the Spokane Ministerial Association and the YMCA to set aside a Sunday in June to celebrate fathers. She proposed June 5th, her father's birthday, but the ministers chose the third Sunday in June so that they would have more time after Mother's Day (the second Sunday in May) to prepare their sermons. So it was that on June 19, 1910, Sonora delivered presents to handicapped fathers, boys from the YMCA decorated their lapels with fresh-cut roses (red for living fathers, white for the deceased), and the city's ministers devoted their homilies to fatherhood.

### Different Days for Different Dads

North America is not the only place where Father's Day is celebrated. In traditionally Catholic countries, such as Spain and Portugal, Father's Day is observed on March 19th, the Feast of St. Joseph.

Taiwanese celebrate Father's Day on August 8th, the eighth day of the eighth month, because the Mandarin Chinese word for eight sounds like the word for "Papa."

In Thailand, Father's Day is celebrated on former King Bhumibol Adulyadej's birthday, December 5th.



## Steeplechase Hydration Challenge Winner!

Drumroll please ... the winner is Jennie! The purpose of this challenge is to stay motivated and hydrated. Keeping hydrated is very important. There were a lot of entries and we came close to having a tie! Jennie won by drinking 137 bottles or glasses of water in three weeks!



## Fun Riddles!



**Riddle:** What has a head, a tail, is brown, and has no legs?

**Answer:** A penny.

**Riddle:** Can you name three consecutive days without using the words Monday, Tuesday, Wednesday, Thursday, Friday, Saturday, or Sunday?

**Answer:** Yesterday, today and tomorrow.

**Riddle:** A boy was at a carnival and went to a booth where a man said to the boy, "If I write your exact weight on this piece of paper then you have to give me \$50, but if I cannot, I will pay you \$50." The boy looked around and saw no scale so he agrees, thinking no matter what the carny writes he'll just say he weighs more or less. In the end the boy ended up paying the man \$50. How did the man win the bet?

**Answer:** The man did exactly as he said he would and wrote "your exact weight" on the paper.

# Brain Bender: What a Catch!

Four buddies—Calvin, Gary, Nate and Stan—went fishing. They each caught a different kind of fish: bass, walleye, perch and trout. From the clues below, can you determine the first and last names of each fisherman, what kind of fish he caught, and how much the fish weighed (3, 6, 8 or 10 pounds)?

1. Stan’s last name isn’t Hall.
2. Calvin, whose last name isn’t Reynolds, didn’t catch the smallest fish.
3. The man who caught the 8-pound fish didn’t catch the walleye.
4. Mr. White didn’t catch the 6-pound trout.
5. Nate caught the perch.
6. The fish were caught in the following order, from smallest to largest: Mr. Hall, Gary Benson, bass, and Calvin.

# Virtual Visits

You can get a free ticket to visit world-famous museums and attractions and use it without leaving the comfort of your chair. A wide range of virtual tours and online exhibits are available at your fingertips. Here are just a few you can explore.

- The Louvre, Paris  
[Louvre.fr/en/visites-en-ligne](http://Louvre.fr/en/visites-en-ligne)
- National Gallery of Art, Washington, D.C.  
[NGA.gov](http://NGA.gov)
- Smithsonian National Museum of Natural History, Washington, D.C.  
[NaturalHistory.SI.edu](http://NaturalHistory.SI.edu)
- San Diego Zoo, San Diego.  
[Zoo.SanDiegoZoo.org](http://Zoo.SanDiegoZoo.org)
- Monterey Bay Aquarium, Monterey, Calif.  
[MontereyBayAquarium.org/animals/live-cams](http://MontereyBayAquarium.org/animals/live-cams)

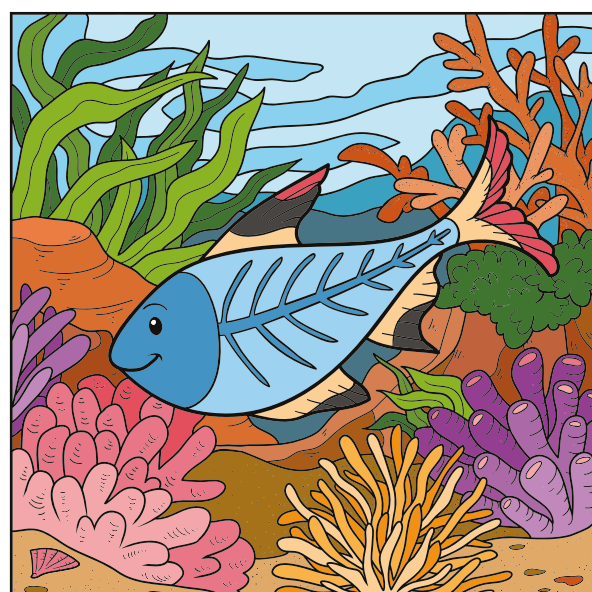
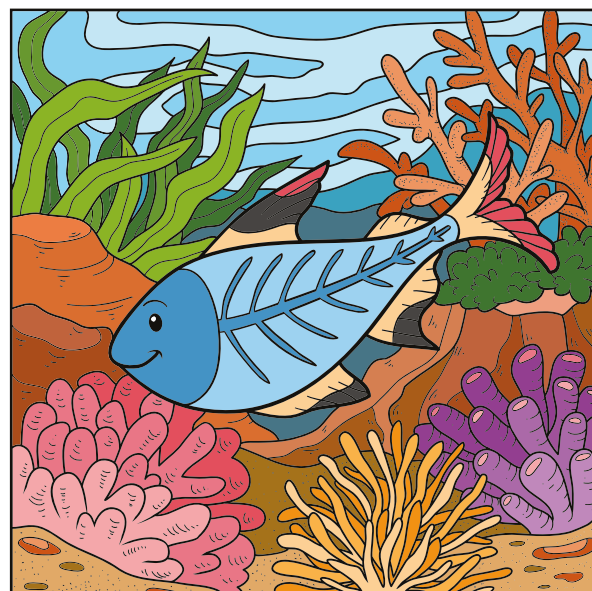
# Summertime Snicker

**Q:** What holds the sun up in the sky?

**A:** Sunbeams!

# Double Take

Fish around and find 10 differences in these two pictures.



# Sudoku

The object of the game is to fill all the black squares with the correct numbers. Each row, column and 3x3 subsection must include all digits 1 through 9 in any order.

	2		1					5
	6	7	2				1	
				5	9			7
		2			1			
3	1			2			7	4
			9			3		
6			4	9				
	4				2	1	8	
2					7		3	

# TV Dads

Match the father figure character to the TV show he appeared in.

## Fictional Father

1. Tim Taylor
2. James Evans Sr.
3. Tom Corbett
4. Steve Douglas
5. Carl Winslow
6. Howard Cunningham
7. Jim Anderson

## TV Show

- A. “Father Knows Best”
- B. “Home Improvement”
- C. “Good Times”
- D. “Family Matters”
- E. “My Three Sons”
- F. “Happy Days”
- G. “The Courtship of Eddie’s Father”

# Word Ladders

In each set below, use the clues to change the first word, one letter at a time, to get the last word.

## DAD

- \_\_\_ Took action
- \_\_\_ A cube with dots

## TIE

## GOLF

- \_\_\_ Wide chasm
- \_\_\_ Sea-loving bird
- \_\_\_ Bovine patriarch

## BALL

## FISH

- \_\_\_ A tightly closed hand
- \_\_\_ Tiny water droplets
- \_\_\_ Chewing gum flavor
- \_\_\_ Two cups
- \_\_\_ Sewing accessories

## FINS

# Puzzle Solutions

## Brain Bender: What a Catch!

Nate Hall caught the 3-pound perch. Gary Benson caught the 6-pound trout. Stan Reynolds caught the 8-pound bass. Calvin White caught the 10-pound walleye.

## TV Dads

1. B; 2. C; 3. G; 4. E; 5. D; 6. F; 7. A

## Word Ladders

1. dad, did, die, tie; 2. golf, gulf, gull, bull, ball; 3. fish, fist, mist, mint, pint, pins, fins

9	3	4	7	1	5	8	6	2
6	8	1	2	9	3	5	7	4
2	5	7	8	6	4	1	3	9
1	2	3	5	4	6	9	7	8
4	7	5	9	2	8	6	1	3
8	6	9	1	3	7	2	5	4
7	4	2	6	5	9	3	8	1
3	1	6	4	8	2	7	9	5
5	9	8	3	7	1	4	2	6

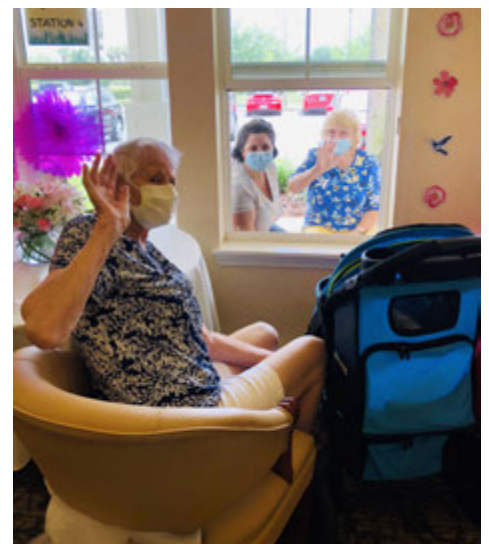






## How We Spent Mother's Day

This year is very different from past Mother's Day celebrations. But that did not get in the way of making sure that every bee-you-tiful woman in the building was treated like a Queen Bee! This year we celebrated by making sure residents were able to see their friends and family, by keeping safe and visiting through open windows, even being able to open presents in front of loved ones! The day did not end there; throughout the day every lady in the building received a beautiful gift along with a wonderfully fragrant carnation. Every single lady was automatically entered to win one out of five beautiful baskets! All day we were showered with compliments letting us know how great their special lunch was and how wonderful the decorations were and how as a team we made their day so very special!







## Guess Who?

Clues: She was 16 years old when this was taken.

She is from Seaford, Delaware.



## Meal Times

**Breakfast:** 8 a.m.,

**Dinner:** 12:30 p.m.,

**Supper:** 5:30 p.m.

## Fun Music Outside! Six Feet Apart But Close to the Heart!

This past month we had live music outside to keep our spirits up! Vitas is a wonderful company that normally is in the building a lot. During this pandemic we have had to change a lot, but music is one thing we want to keep going! During the month of June we will be having more sidewalk concerts outside!





12029 County Road 103  
Oxford, Florida 34484



When the world  
is staying apart,  
we are coming  
together.



**352-259-0493**

