

Somerset Lodge

Gracious Retirement Living

8330 Cason Road • Gladstone, OR 97027 • Phone (503) 657-5659 • www.seniorlivinginstyle.com

JUNE 2020

SOMERSET STAFF

Managers..... CLARK & JEAN DAVIS
Assistant Managers WAYNE & DANAELA MOFFORD
Executive Chef.....JENNIFER CLOUGH
Activity Coordinator SUSAN WISE
MaintenanceCHRISTOPHER DUNCAN
Transportation BOB WYTCHERLEY

OFFICE HOURS

Daily: 7:30 a.m.- 7:30 p.m.

TRANSPORTATION

Monday, 9:30 a.m.: Shopping At Fred Meyer

Monday, 2 p.m.: Walmart (Biweekly)
Clackamas Town Center (Biweekly)

Tuesday, Varies: Medical Appointments — South

Wednesday, Varies: Activity Day

Thursday, Varies: Medical Appointments — North

Friday, 9:30 a.m.: Shopping At
Safeway/RA/Walgreens

Friday, 2 p.m.: Scenic Adventure

HAWTHORN
SENIOR LIVING

Happy Father's Day! Short Stories

The story is told of a father of five children who came home with a toy. He summoned his children and asked which of them should be given the present. "Who is the most obedient one here? Who never

talks back to Mom and does everything that Mom says to do?" He inquired. There were a few seconds of silence, and then all of the children said in one accord: "You play with it, Daddy!"

"A godly father is the unseen spiritual submarine who lurks below the surface of every activity of his child's life. A man who has put on the full armor of God and with that armor, goes to warfare on his knees for his children, is a force to be reckoned with. We cannot be with our children 24 hours a day, but through our prayers we have the ability to affect situations even when we are not physically present. You may be undetected but that does not mean you are ineffective."

A man came home from work late again, tired and irritated. He found his 5-year-old son waiting for him at the door. "Daddy, may I ask you a question?"

The dad replied: "Yeah, sure, what is it?"

"Daddy, how much money do you make an hour?"

The dad got mad and said, "That's none of your business! Why do you want to know?"



(Continued on inside)



Happy Father's Day! Short Stories (Continued)

The little boy said, "I just want to know. Please tell me, how much do you make an hour?"

The dad, wanting to sit down and relax, said, "If you must know, I make \$20 an hour."

The little boy sighed and bowed his head. Looking up, he asked, "Daddy, may I borrow \$10 please?"

The father flew off the handle, "If the only reason you wanted to know how much money I make is so that you can hit me up for some cash to buy some stupid toy, then you march yourself straight to your room and go to bed. You're so selfish. I work long, hard hours every day and don't have time for this."

The little boy quietly went to his room and shut the door.

The dad sat down and started to get even madder about the nerve of his little boy. How dare he ask questions only to get some money. After an hour or so, the man had calmed down, and started to think that maybe he was a bit hard on his boy. Maybe his son really needed the money for something important. And so, the father went up to his boy's room and opened it, "Are you asleep, son?"

"No, Daddy. I'm awake," replied the boy.

"I've been thinking, maybe I was too hard on you earlier. It's been a long day, and I took it out on you. Here's that 10 bucks you asked for."

The little boy sat straight up, beaming. "Oh, thank you, daddy!" he exclaimed. Then, reaching under his pillow, he pulled out a wad of crumpled up bills.

The dad, seeing that the boy already had some money, started to get angry again. The little boy slowly counted out his money, and then looked up at his dad.

The dad, now ticked off, demanded to know what was going on, "Why did you want more money if you already had some?"

The little boy replied, "Because I didn't have enough, but now I do. Daddy, I have \$20 now ... and I'd like to buy an hour of your time."

Fun Facts From the 1950s

1. On average, gas cost 18 cents per gallon at the start of the '50s and 25 cents per gallon at the end of the decade. In today's terms, that's the equivalent value of \$1.90 and \$2.16 per gallon, respectively.
2. Charlie Brown, Snoopy and the rest of the beloved Peanuts gang were introduced to the world in 1950.
3. The 1950s was an important decade for civil rights in America. For example, on May 7, 1954, the US Supreme Court ruled that separate schools for black and white students were inherently unequal and unconstitutional in *Brown v. Board of Education of Topeka*. Then, on December 1, 1955, Rosa Parks famously refused to give up her bus seat for a white passenger.
4. People got faster in the '50s. Well, Roger Bannister became the first person on record to run one mile in less than four minutes, at least.
5. Dr. Seuss published his landmark book "The Cat in the Hat" in 1957.
6. The average annual salary in the US was \$3,210 in 1950 and \$5,010 by 1959. That equates to approximately \$34,000 and \$43,300 today.
7. US presidents became officially limited to two terms upon ratification of the 22nd Amendment on February 27, 1951.
8. On May 29, 1953, New Zealand beekeeper Edmund Hillary and Nepali Sherpa mountaineer Tenzing Norgay became the first people to climb to the peak of the world's tallest mountain, Mt. Everest.
9. The Baby Boom peaked in 1957, when just under 4.3 million babies were born in America.
10. "I Love Lucy" — consistently ranked one of the all-time greatest television shows — aired from 1951 to 1957.

Enjoy the convenience of our Beauty Shop:

Ernestly Organic Salon Services is located on the Third Floor. Call Ernest at 971-533-2988 to schedule an appointment.

Advertise in our newsletter for just \$25 per month for an ad that is 3 1/2"x2" or for \$40, place a 7"x4" ad on the insert. Contact our Office.



Somerset Lodge Flashback

Here are just a few pictures from past events. I hope you enjoy our mini flashback of fun times here at Somerset Lodge!



Barbara: Luau 2017



Bean Bag Baseball: residents vs. staff!



John and Eunice: Prom 2017

A Look Back at the 1940s — Fun Facts

1. Comic book audiences met famed Marvel superhero Captain America for the first time in 1941.
2. A gallon of gas cost an average of 11 cents at the start of the decade and 18 cents at its end; in today's terms, that equates to about \$1.99 and \$1.92, respectively.
3. After nearly 15 years of work, the carving of Mount Rushmore concluded in late 1941.
4. The longest-running show in television history, which is still running today — "Meet the Press" — debuted on November 6, 1947.
5. In 1943, the first kidney dialysis machine was built out of stuff like aluminum cans and washing machine parts.
6. Only 55 percent of all US homes had indoor plumbing at the start of the decade.
7. "Goodnight Moon" — one of the most famous children's books of all time and still widely read to little ones at bedtime today — was published in 1947.
8. Widely cited as the greatest film of all time, the Orson Welles masterpiece "Citizen Kane" premiered in 1941.
9. On average, a new car cost \$850 in 1940 and \$1,420 in 1949; that's around \$15,200 and \$15,000 in today's money terms.
10. The US population was 132.1 million and the world's population was 2.3 billion in 1940; by the end of the decade, the US population was 152.3 million and the world population was more than 2.5 billion.

June Birthdays

Dee Wright — June 2nd
 Jack Wright — June 4th
 Bob Wytcherley — June 5th
 Maria Robledo Castro,
 Pauline Chapman, Shirley
 Graham, Doreen Bony —
 June 8th
 Verde Lee Davis —
 June 11th
 Trudy Persons — June 15th
 Rosie Jahn — June 17th



Jim Anger — June 19th
 Ruth Hunter — June 20th
 Jean Sequeira — June 21st
 Nettie Nelson — June 28th

Brain Bender: What a Catch!

Four buddies—Calvin, Gary, Nate and Stan—went fishing. They each caught a different kind of fish: bass, walleye, perch and trout. From the clues below, can you determine the first and last names of each fisherman, what kind of fish he caught, and how much the fish weighed (3, 6, 8 or 10 pounds)?

1. Stan’s last name isn’t Hall.
2. Calvin, whose last name isn’t Reynolds, didn’t catch the smallest fish.
3. The man who caught the 8-pound fish didn’t catch the walleye.
4. Mr. White didn’t catch the 6-pound trout.
5. Nate caught the perch.
6. The fish were caught in the following order, from smallest to largest: Mr. Hall, Gary Benson, bass, and Calvin.

Virtual Visits

You can get a free ticket to visit world-famous museums and attractions and use it without leaving the comfort of your chair. A wide range of virtual tours and online exhibits are available at your fingertips. Here are just a few you can explore.

- The Louvre, Paris
Louvre.fr/en/visites-en-ligne
- National Gallery of Art, Washington, D.C.
NGA.gov
- Smithsonian National Museum of Natural History, Washington, D.C.
NaturalHistory.SI.edu
- San Diego Zoo, San Diego.
Zoo.SanDiegoZoo.org
- Monterey Bay Aquarium, Monterey, Calif.
MontereyBayAquarium.org/animals/live-cams

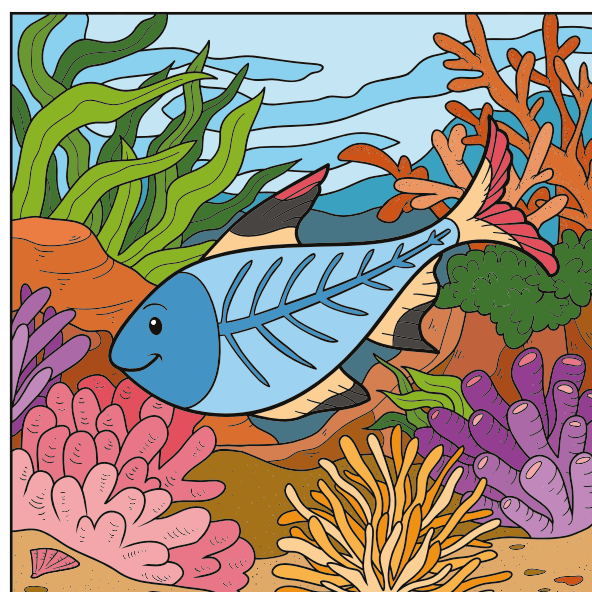
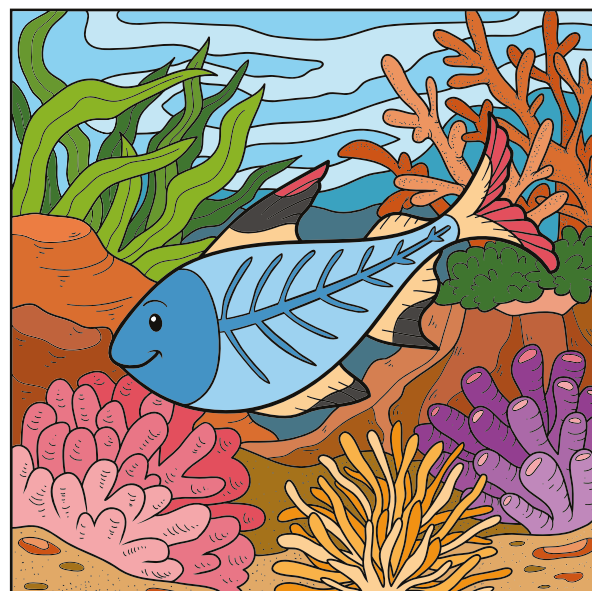
Summertime Snicker

Q: What holds the sun up in the sky?

A: Sunbeams!

Double Take

Fish around and find 10 differences in these two pictures.



Sudoku

The object of the game is to fill all the black squares with the correct numbers. Each row, column and 3x3 subsection must include all digits 1 through 9 in any order.

	2		1					5
	6	7	2				1	
				5	9			7
		2			1			
3	1			2			7	4
			9			3		
6			4	9				
	4				2	1	8	
2					7		3	

TV Dads

Match the father figure character to the TV show he appeared in.

Fictional Father

1. Tim Taylor
2. James Evans Sr.
3. Tom Corbett
4. Steve Douglas
5. Carl Winslow
6. Howard Cunningham
7. Jim Anderson

TV Show

- A. “Father Knows Best”
- B. “Home Improvement”
- C. “Good Times”
- D. “Family Matters”
- E. “My Three Sons”
- F. “Happy Days”
- G. “The Courtship of Eddie’s Father”

Word Ladders

In each set below, use the clues to change the first word, one letter at a time, to get the last word.

DAD

- ___ Took action
- ___ A cube with dots

TIE

GOLF

- ___ Wide chasm
- ___ Sea-loving bird
- ___ Bovine patriarch

BALL

FISH

- ___ A tightly closed hand
- ___ Tiny water droplets
- ___ Chewing gum flavor
- ___ Two cups
- ___ Sewing accessories

FINS

Puzzle Solutions

Brain Bender: What a Catch!

Nate Hall caught the 3-pound perch. Gary Benson caught the 6-pound trout. Stan Reynolds caught the 8-pound bass. Calvin White caught the 10-pound walleye.

TV Dads

1. B; 2. C; 3. G; 4. E; 5. D; 6. F; 7. A

Word Ladders

1. dad, did, die, tie; 2. golf, gulf, gull, bull, ball; 3. fish, fist, mist, mint, pint, pins, fins

9	3	4	7	1	5	8	6	2
6	8	1	2	9	3	5	7	4
2	5	7	8	6	4	1	3	9
1	2	3	5	4	6	9	7	8
4	7	5	9	2	8	6	1	3
8	6	9	1	3	7	2	5	4
7	4	2	6	5	9	3	8	1
3	1	6	4	8	2	7	9	5
5	9	8	3	7	1	4	2	6





Mother's Day 2020

We had such a wonderful Mother's Day here at Somerset Lodge! So many visits from family that definitely lifted quite a few spirits in this time that we all need a little spirit lifting! Chef Jenn made a wonderful dinner: chicken cordon bleu, twice-baked potatoes, asparagus, and strawberry angel food cake with whipped cream! The dessert carts had honeycrisp apples, strawberry banana smoothies, virgin mimosas, chocolates, and more. Everyone enjoyed their Mother's Day gifts as well!



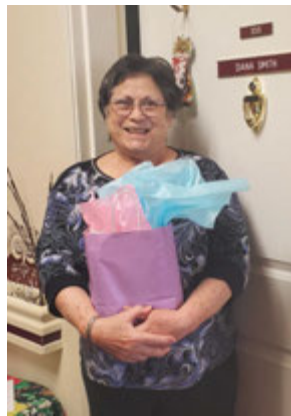
Sharron enjoying the entertainment



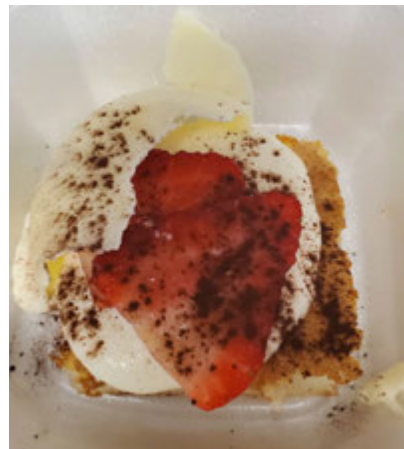
Chihuahua Desert Duo



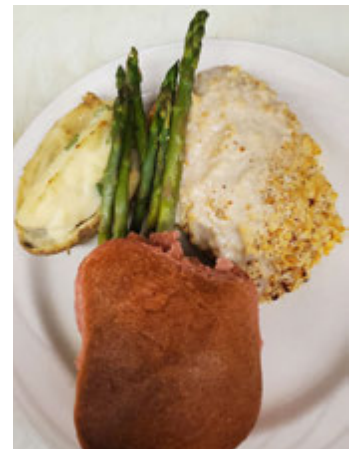
Our Welcome Committee



Diana won a raffle prize!



Mother's Day dessert



Mother's Day dinner

All About the Beach Boys!

In the early and mid-1960s a new kind of music from the West Coast was being heard across the U.S. It featured the California surfing and beach scene. The music was happy, fun loving and filled with beautiful harmonies. It appealed to millions! The one group that popularized that sounds and rode it to enduring fame was the Beach Boys, a California group of three brothers — Brian, Dennis, and Carl Wilson — along with cousin Mike Love and friend Al Jardine. In America, the Beach Boys would become one of the hottest and most successful groups of the 1960s, credited with inventing "California Rock" and "Sunshine Pop."

The Beach Boys first started playing together as teenagers while attending Hawthorne High School in Hawthorne, California, a Los Angeles county town not far from Manhattan Beach and the Pacific Ocean. The Wilson boys had been encouraged by their parents to try music and sports during their school years. Brian Wilson, for one, had played varsity baseball at Hawthorne High.

In 1959, after Brian had graduated, he and cousin Mike Love started some singing together, with their group later expanding to include the other two Wilson brothers and friend Al Jardine. At first, they sang at family gatherings and also played locally under various names like Kenny and the Cadets, Carl and the Passions or The Pendletones. That soon changed as fortune came their way.





Climbing Mt. Everest

In 1953, after years of dreaming about it and seven weeks of climbing, New Zealander Edmund Hillary and Nepalese Tenzing Norgay became the first people to reach Everest's summit! Mount Everest is the highest mountain in the world and reaching its peak is no simple task.

Everest Fast Facts:

1. The officially recognized height of Mount Everest is 29,035 feet.
2. At Everest's highest point, you are breathing in a third of the amount of oxygen you would normally breathe due to the atmospheric pressure.
3. At least one person has died on Everest every year since 1969, except in 1977.
4. The fastest descent was made in 11 minutes: Frenchman Jean-Marc Boivin paraglided down in 1988.
5. The youngest person to reach the top is Jordan Romero, who made it, age 13, in 2010.
6. Climbers burn 20,000 calories on the day of the summit climb, and an average of 10,000 a day on the rest of the climb.
7. Climbers start using bottled oxygen at 3,000 feet. It makes a difference in how they feel.
8. It takes a estimated two months for climbers to complete their expedition from start to end.
9. The first woman to climb Mount Everest was Junko Tabei, from Japan, in 1975.
10. The record for the most summits is 21, held by 53-year old Apa Sherpa, known as "Super Sherpa." His most recent was in 2011.



Wild West Trivia

1. In 1855, the government used funds to buy and ship camels from Egypt. They thought that they would do better in the heat than horses would, making missions easier. When the Civil War broke out a couple of years later, many camels escaped and bred, leaving hundreds of feral camels in the wilds of Texas.
2. Buffalo Bill had a storied career, starting out as a rider for the Pony Express before he became an Army scout and bison hunter. Bill recognized the amount of interest people had in life on the frontier and capitalized on it by founding Buffalo Bill's Wild West show. As the company grew, he toured all over the US before going over to Europe as well.
3. Pearl Hart became the most famous woman in Arizona! Her claim to fame came in 1899 when she and her husband robbed a stagecoach. Pearl is the second woman to ever successfully rob a stagecoach and the first not to be killed by doing so.
4. The Wild West had a language all its own and many phrases are still in use today. "Bellyaching" means to complain. "Caterwauling" also refers to complaining or to terrible singing. A "fandango" is from the Spanish word and means big party with lots of dancing. If you have a desire for something, it's called a "hankering" and someone who is snooty or arrogant would be called "highfalutin."
5. Over the years, the shootout at the O.K. Corral has become a famous story of the Wild West, but in truth, despite the involvement of eight people, it only lasted about 30 seconds, and it didn't happen at the O.K. Corral. The shooting actually took place at the intersection of Third and Fremont Street in Tombstone, Arizona, which is behind the corral.
6. Annie Oakley was an expert markswoman who became the first female superstar in what was traditionally a male profession. In 1875, she entered a shooting match with expert marksman Frank Butler, where to everybody's astonishment, she beat him. She eventually married him, and in 1887, joined Buffalo Bill's Wild West Show where she became famous.

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When the world
is staying apart,
we are coming
together.

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