

SALMON CREEK

Gracious Retirement Living

4890 North Cloverdale Road • Boise, Idaho 83713 • Phone (208) 938-5529 • www.seniorlivinginstyle.com

JUNE 2020

SALMON CREEK STAFF

Managers.....SHAWN & CHRISTINE MURPHY

Assistant Managers HANS
& JENNIFER KRIJNEN

Executive Chef.....NIK CORRELL

Community SalesJENNIFER ANDERSON

Activity Coordinator CRISTIANNA BEAR

MaintenanceCLIFF MILLER

Bus DriverSCOTT THOMPSON

TRANSPORTATION

Monday & Friday, 10 a.m.-12 p.m.:
Shopping/Banking

Tuesday & Thursday, 8 a.m.-4 p.m.:
Professional Appointments

Wednesday, Per Calendar Event: Outings

Saturday, Per Calendar Event:
Special Events Only



HAWTHORN
SENIOR LIVING

6 Feet Apart but Close to the Heart

The theme of this season, 6 feet apart but close to the heart, is one that represents so much love and a deep desire for connection that we human beings need. Whether it was a short conversation, an air hug, a distanced tea party, a nice walk outside, or a letter that you wrote to someone during this time, you are a hero because you chose to uplift and encourage. As this chapter of life comes to a close, we all hope that this slogan will never need to be said again, but aren't we all grateful that even though we had to distance ourselves from their hearts? Let them know you wrote them a letter, or that you appreciated them and loved them. We will soon dance, eat, and always so close to



Fred from First Choice visited in the Car Parade! He is eager to return for our Ice Cream Socials!

to distance ourselves from those we loved, we were all held close to their hearts? Let those who have called you, delivered goodies, written you a letter, or given you a smile know how much you have appreciated them and needed them during this distanced season. We will soon dance, eat, and play together: fewer feet apart but still and always so close to the heart.



Tribute to Our Fathers

Memories we could never forget of those we love just get more special with each passing day. Here's to reminiscing about our fathers who worked so hard for us and loved us as good as they could.

"Being a Depression child, Dad was not home a lot. He was out finding work so he could feed his family. I really did not get to know him until I was a teen. That's when I realized what a great man he was. With only a 5th grade education, he had a great mind. He could do about anything, from anything that required mathematics to being a master mechanic or a builder. He was a very hard worker. I remember when I was a sophomore in high school, he was in charge of keeping all the machinery running in a plywood factory. They had a major breakdown. Dad worked 36 hours straight to get the factory running again. I learned from him that hard and honest work will give you a great and satisfied life."

"A quiet man who loved God and family. So quiet, but when he spoke, we all listened!"

"My dad was a self-taught mechanical engineer. He designed and built farm equipment. He became a pilot with the Civil Air Patrol during WWII. After the war, he bought a small plane. My best memories of my dad were flying with him. One time, we flew back and forth watching sailboat races on Lake Lowell. Good times."

"My dad was 8 years old when his dad died. He was one of 13 children, 11 of which were girls. He had one older brother. He helped keep up the farm and worked a man's job at age 12. He finished the 8th grade. When he married my mom, he found the father he had missed. Grandpa had raised five girls, two nieces, and one boy. My dad was like a second son. He took him under his wing, hunting, fishing, looking for work. Looking for work was an ongoing thing in the '30s. Grandpa found jobs for them both. They were pals all their lives. When Grandpa lost Grandma, he moved in with my mom and dad. The next 10 years, they cared for one another. Dad died four years before Grandpa. They were best friends. Their lifetime of love and support for one another is for me an example of true-blue right stuff. A great example of love."

"The time I was able to spend with my dad was very short. In January '37 he died while helping my grandfather and cousin hauling hay on a farm. While working, he fell off the hay wagon and died from a massive stroke. Looking at school pictures and pictures that Mom had, he loved playing sports and was good at it also. I always wondered if that's where my love for sports came from and my red hair. Five months to be with your father is never long enough for anyone. I look forward to being with my Dad in the years ahead. This is a blessing for all of us."

"My daddy and I were best buddies. We hiked, fished, and camped. I was his "right hand." We communicated silently when fixing things. I was often able to hand him the correct tool before he asked for it. We were the only brown-eyed family members. My mother and brothers had blue eyes. He taught me to clean a carburetor and most importantly to never be afraid of spiders. Miss him."

"Hunting, camping, ball games, swinging together, dinner together..."

"My father was a very happy, fun-loving parent. He and his brother decided upon marrying that they wanted large families because they came from a small family of three. So I ended up #11 in a family of 13. His brother had 11 children. I was the last girl, so I became Daddy's Little Girl. Wherever my father went, I was with him. He was always planning something for us to do: trips, games, anything for fun, every Christmas was a hoot. He always bought two red wagons, which he filled one with a sack of candies and the other wagon was filled with tangerines, fruit and other goodies, and we all received two bags of goodies from the wagon. Summers we had watermelon and cantaloupe parties, home movie ice cream parties, and our lives were wonderful for as long as he lived. His last years were very painful because of having strokes and heart attacks. We were all disciplined but with ultimate fairness. What a wonderful life!"

And the winner of the Father's Day Raffle is JOAN LEE!

Thank you all for entering your stories and sharing part of your life!



Salon Hours:

Tuesday, Wednesday and Thursday,

Call Tera: 208-781-0604 or Kylee: 208-249-7399.



Meet Salmon Creek's New Assistant Managers!

Hans and Jennifer have been at Salmon Creek for a month now! They are a welcome addition to the Salmon Creek family! Hans was born in the Netherlands and Jennifer in Bennington, Vermont. They have been married for more than 30 years. They met and fell in love at an inn they were both working at. Before moving to Boise to move to Salmon Creek, they owned a family bakery together called Bakerij (Bakery in Dutch) Krijnen. Their family consists of two daughters, Eva and Shea, and their beloved pets, Frida and Pablo. For fun, they love to bike ride together and spend time with their dogs.



Their grandparents have had a substantial influence on both of them all their lives and they treasure the relationship they have had with them. They are quickly learning all of our names and are so excited to be here. Let's all be sure to throw a lot of encouragement their way as they get to know a new city and new faces!

We're so glad you two are here, Krijnens! Welcome to the family!

Birthday Gals and Guys!

June 2nd: Bill's Birthday!

June 2nd: Betty's Birthday!

(We love you because you're just so caring and concerned for those around you!)

June 4th: Ellen's Birthday!

June 8th: Jim's Birthday!

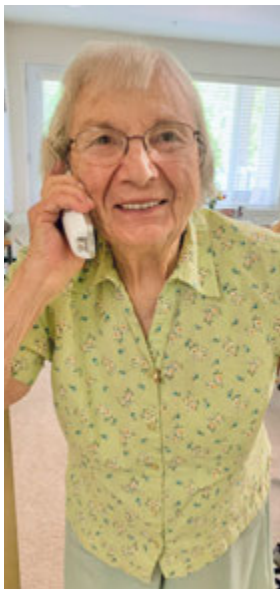
June 26th: Donna's Birthday!

June 28th: Randy's Birthday!

Write these birthday friends a note, give a call, or shout out your window so they can hear us all wishing them a happy day! Wishing you all a happy birthday!



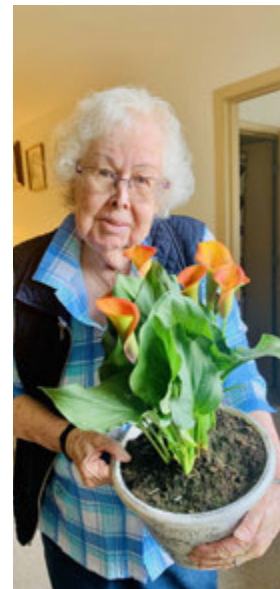
Bill: We love how much you make everyone smile!



Ellen: We love how giving you are!



Jim: We love how genuine and kind you are!



Donna: We love that you're so spunky!



Randy: We love that you're such a good friend!

Brain Bender: What a Catch!

Four buddies—Calvin, Gary, Nate and Stan—went fishing. They each caught a different kind of fish: bass, walleye, perch and trout. From the clues below, can you determine the first and last names of each fisherman, what kind of fish he caught, and how much the fish weighed (3, 6, 8 or 10 pounds)?

1. Stan’s last name isn’t Hall.
2. Calvin, whose last name isn’t Reynolds, didn’t catch the smallest fish.
3. The man who caught the 8-pound fish didn’t catch the walleye.
4. Mr. White didn’t catch the 6-pound trout.
5. Nate caught the perch.
6. The fish were caught in the following order, from smallest to largest: Mr. Hall, Gary Benson, bass, and Calvin.

Virtual Visits

You can get a free ticket to visit world-famous museums and attractions and use it without leaving the comfort of your chair. A wide range of virtual tours and online exhibits are available at your fingertips. Here are just a few you can explore.

- The Louvre, Paris
Louvre.fr/en/visites-en-ligne
- National Gallery of Art, Washington, D.C.
NGA.gov
- Smithsonian National Museum of Natural History, Washington, D.C.
NaturalHistory.SI.edu
- San Diego Zoo, San Diego.
Zoo.SanDiegoZoo.org
- Monterey Bay Aquarium, Monterey, Calif.
MontereyBayAquarium.org/animals/live-cams

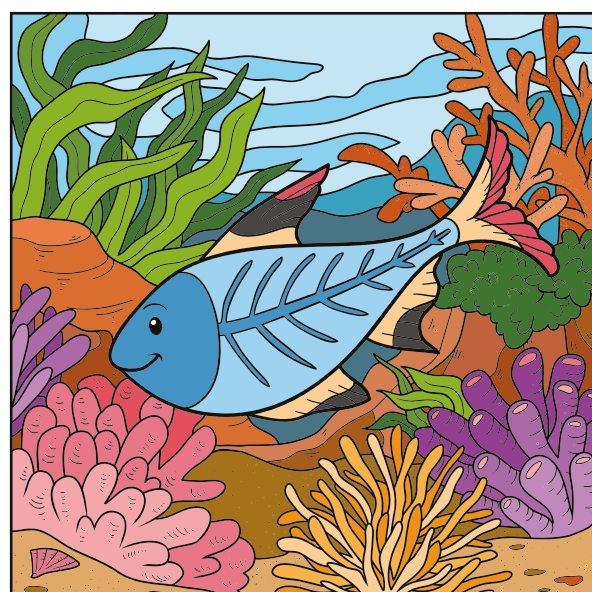
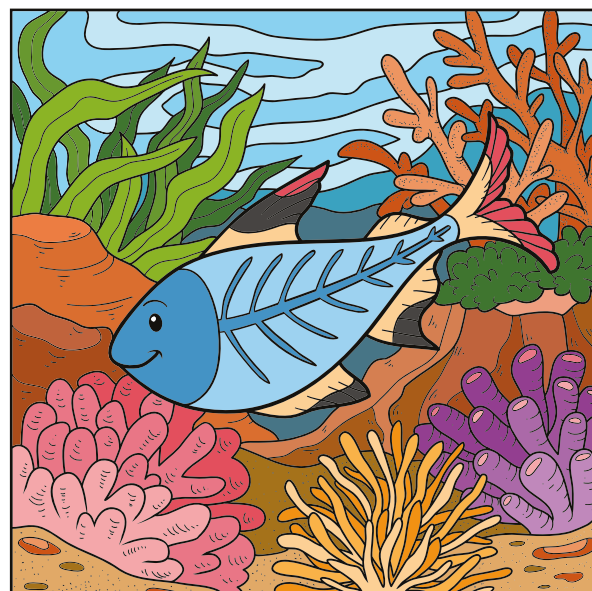
Summertime Snicker

Q: What holds the sun up in the sky?

A: Sunbeams!

Double Take

Fish around and find 10 differences in these two pictures.



Sudoku

The object of the game is to fill all the black squares with the correct numbers. Each row, column and 3x3 subsection must include all digits 1 through 9 in any order.

	2		1					5
	6	7	2				1	
				5	9			7
		2			1			
3	1			2			7	4
			9			3		
6			4	9				
	4				2	1	8	
2					7		3	

TV Dads

Match the father figure character to the TV show he appeared in.

Fictional Father

1. Tim Taylor
2. James Evans Sr.
3. Tom Corbett
4. Steve Douglas
5. Carl Winslow
6. Howard Cunningham
7. Jim Anderson

TV Show

- A. “Father Knows Best”
- B. “Home Improvement”
- C. “Good Times”
- D. “Family Matters”
- E. “My Three Sons”
- F. “Happy Days”
- G. “The Courtship of Eddie’s Father”

Word Ladders

In each set below, use the clues to change the first word, one letter at a time, to get the last word.

DAD

- ___ Took action
- ___ A cube with dots

TIE

GOLF

- ___ Wide chasm
- ___ Sea-loving bird
- ___ Bovine patriarch

BALL

FISH

- ___ A tightly closed hand
- ___ Tiny water droplets
- ___ Chewing gum flavor
- ___ Two cups
- ___ Sewing accessories

FINS

Puzzle Solutions

Brain Bender: What a Catch!

Nate Hall caught the 3-pound perch. Gary Benson caught the 6-pound trout. Stan Reynolds caught the 8-pound bass. Calvin White caught the 10-pound walleye.

TV Dads

1. B; 2. C; 3. G; 4. E; 5. D; 6. F; 7. A

Word Ladders

1. dad, did, die, tie; 2. golf, gulf, gull, bull, ball; 3. fish, fist, mist, mint, pint, pins, fins

9	3	4	7	1	5	8	6	2
6	8	1	2	9	3	5	7	4
2	5	7	8	6	4	1	3	9
1	2	3	5	4	6	9	7	8
4	7	5	9	2	8	6	1	3
8	6	9	1	3	7	2	5	4
7	4	2	6	5	9	3	8	1
3	1	6	4	8	2	7	9	5
5	9	8	3	7	1	4	2	6





Time Changes Everything

"Time changes everything"

My father used to say.

And there's so much to ponder
As life goes on its way.

We recall our lifelong journey
As we remember special days.
We've much to be thankful,
And do give God the praise!

Oh, there are many memories
Of loved ones laid to rest,
But God has been there with us,
Indeed, we have been blessed.

My earthly father believed in Jesus
And taught me to forgive and love.
Then came the glorious awakening
Of a Heavenly Father above.

— Fern Smith

A Recent Facebook Post

I was just in Walmart and I saw this guy whose cart was FILLED TO THE BRIM with hand sanitizer, wipes, soaps — everything that people need!! I called him selfish and told him all about the elderly, moms, everyone who really needed these types of things. I really told him off — said he should be ashamed of himself!

He said, "Are you done? Because I really need to get back to restocking the shelves now!" — Anonymous

The Senseless Segment of Trifles and Smiles

Did You Know?

Despite an intense marketing campaign, toy companies failed to duplicate the success of Theodore Roosevelt's teddy bear with William Taft's "Billy Possum."

You Don't Say!

A golf hole is 4.25 inches in diameter because that was the size of a piece of drainpipe used to repair a hole at St. Andrews golf course many years ago.

Fun Fact:

One of Frank Lloyd Wright's sons, John, was the inventor of Lincoln Logs. The idea for the toy was based on his father's design for the Imperial Hotel of Tokyo. The hotel was built on a base of interlocking logs that made the structure "earthquake-proof."

Mini Quiz:

Q: How many of the 20 highest peaks in the world are in North America?

A: None. All of the 20 highest peaks in the world are in the Himalayas in Asia.

Celebrity Trivia

Judy Garland's birthplace in Grand Rapids, Minnesota, is now a museum.

Ancient Sumerian Riddle

Q: There is a house. One enters it blind and comes out seeing. What is it?

A: A school.

Where in the World?

Q: You are beside the highest navigable lake in the world, watching the reed boats sailing on the water. It lies between Bolivia and Peru. What lake is it?

A: Lake Titicaca in South America

Trivia:

The word "nerd" was first coined by Dr. Seuss in "If I Ran the Zoo," published in 1950.

You Don't Say!

Forrest Mars, the creator of Peanut M&M's, was allergic to peanuts.

Humor:

"Sweater, n.: garment worn by child when its mother is feeling chilly." ~ Ambrose Bierce

"POSITIVE THINKING IS NOT ONLY ABOUT EXPECTING THE BEST TO HAPPEN BUT... ALSO ACCEPTING, WHATEVER HAPPENS, IS FOR THE BEST."



Words Are Not Enough, But THANK YOU

We are SO FULL OF GRATITUDE for an overflow of messages from you! As you all have been writing us letters, we have been putting them on what we're calling our gratitude door. Your words of thanks and encouragement keep us going! It is an honor to serve you all and it means more than you know when we see sweet messages on your doors or on the office door with words of encouragement. We are blessed by all of you and are so grateful for you! The support we have all felt during this time, including the bracelets we are all wearing together, is something we will always carry in our hearts. WE LOVE YOU ALL!

— Salmon Creek Staff

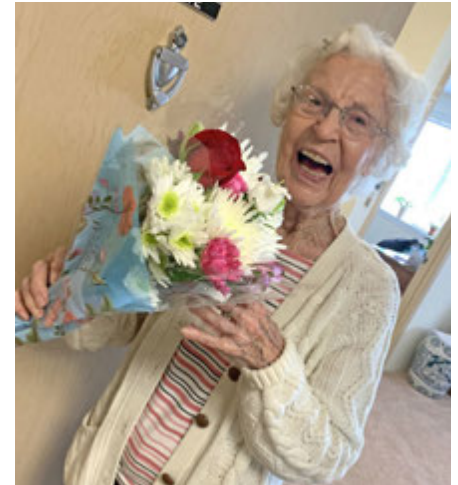


Sweet May Mothers

We think Salmon Creek's mothers are the best moms! You ladies are just about the most BEE-YOU-TIFUL ladies in the whole world. It's an honor to celebrate each and every one of YOU!



Billie!



Lois!



Martha!



Ellen!



Jean!



Fern!

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