

Salishan

GRACIOUS RETIREMENT LIVING

191 Astaire Lane • Spring Hill, Florida 34609 • Phone (352) 263-2300 • www.seniorlivinginstyle.com

JUNE 2020 SALISHAN STAFF

Managers..... JOHN & BECKY COON
Assistant Managers .. PAXTON & CATHY SCHMIDT
Executive Chef GARY NILES
Community Sales KERI LIM
Activity Coordinator ARIEL LENART
Maintenance Coordinator PEDRO SANCHEZ
Bus Driver BILL FRAMPTON

TRANSPORTATION

Monday, 9:15 a.m.-3:15 p.m.: Shopping

Tuesday, 9:15 a.m.-3:15 p.m.:
Doctor Appointments — Spring Hill

Wednesday, Resident Outing: See Calendar

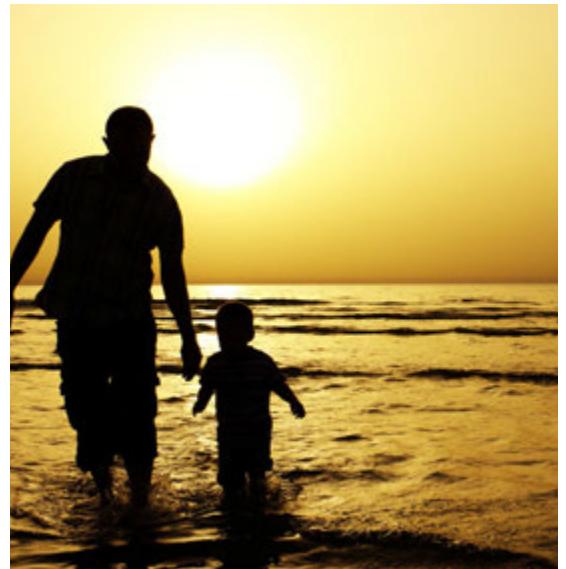
Thursday, 9:15 a.m.-3:15 p.m.:
Doctor Appointments — Oak Hill and Brooksville

Friday, 9:15 a.m.-3:15 p.m.: Shopping

HAWTHORN
SENIOR LIVING

Happy Father's Day!

“Dads are most ordinary men turned by love into heroes, adventurers, story-tellers, and singers of song.”
— Pam Brown



June Birthdays

- Marge O'Keefe, 5th
- Betty Lou Bennett, 10th
- Marion Salch, 11th
- Carole Sorvino, 15th
- Marie Hilton, 15th
- Jean Richards, 21st
- Doris Valentine, 21st
- Barbara Johansen, 24th
- Sharlaine Starck, 26th
- Laura Yuhas, 29th

Northern Exposure at Salishan Salon —

Hours of Operation

Wednesday-Friday:

9 a.m.-4 p.m.;

Saturday: 9 a.m.-3 p.m.

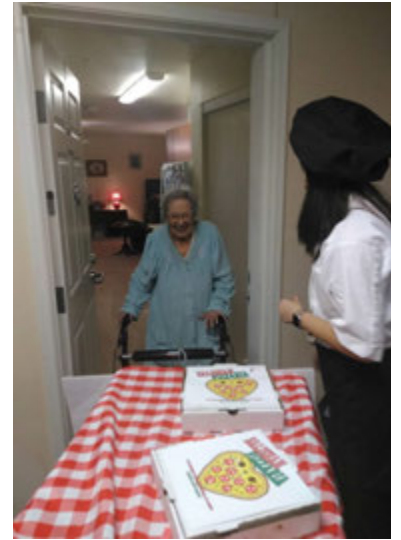
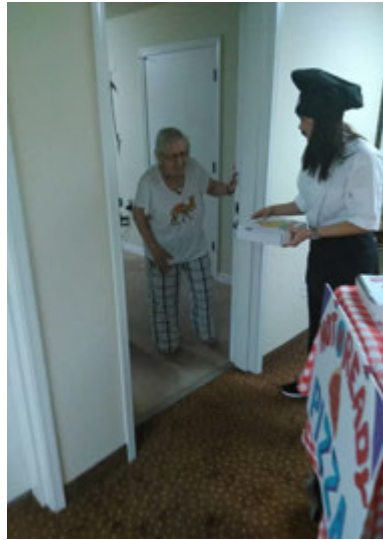
Phone: 352-686-3015



Mama Mia!

Some of our meals and snacks were creative. Chef Gary made delicious pepperoni and cheese pizzas for us to enjoy. Yummy! We were greeted by Luigi who helped deliver the pizzas. There was also Italian music playing through the speakers.

The story of pizza is a long one. From the Greeks to the Egyptians, from the Persians to the



Indians, there have been incarnations of pizza served throughout history. Flatbreads, naan and plakountas are all early preparations that could be considered cousins to the modern pizza, but there isn't a consensus as to which is first and whether these could even be considered precursors to pizza at all.

In reality, pizza was likely born in Naples, Italy, decades after the tomato was first introduced to Europe. At the very least, this was likely the first use of the word "pizza." Initially a dish for poor people, the original Neapolitan pizza was sold in the streets with a diverse range of toppings. The first Italian pizza restaurant, Antica Pizzeria Port'Alba, began baking pizzas in 1738 as the dish grew in popularity, especially with tourists visiting Naples.

Then, in 1889, modern pizza was born when pizza maker Raffaele Esposito created the "Pizza Margherita" for the Queen consort of Italy, Margherita of Savoy. It contained only tomatoes, mozzarella, and basil to represent the colors of the Italian flag.

History of Father's Day!

History of Father's Day

The original Father's Day is thought to have been founded by Sonora Dodd in Spokane, Washington, on June 19, 1910. Sonora and her five siblings were raised by their single-parent dad. She thought that since there was a Mother's Day, there should be a day to honor fathers as well.

In 1916 President Woodrow Wilson visited Spokane and spoke at the Father's Day celebration. He wanted to make the day an official US holiday, but Congress didn't agree. President Calvin Coolidge tried again in 1924, but the day still didn't become a holiday. The main reason was because many people felt that the day was too commercial. That the only reason to have the holiday was so that companies who sold ties and men's clothing could make money.

In 1966 President Lyndon Johnson proclaimed the third Sunday of June as Father's Day. The national holiday was finally signed into law in 1972 by President Richard Nixon. Since then the day has become a major holiday in the United States.





Dad Jokes!

What do sprinters eat before a race? Nothing, they fast!

What concert costs just 45 cents? 50 Cent featuring Nickelback!

Why did the scarecrow win an award? Because he was outstanding in his field!

What do you call a mac 'n' cheese that gets all up in your face? Too-close-for-comfort food!

Why couldn't the bicycle stand up by itself? It was two tired!

Did you hear about the restaurant on the moon? Great food, no atmosphere!

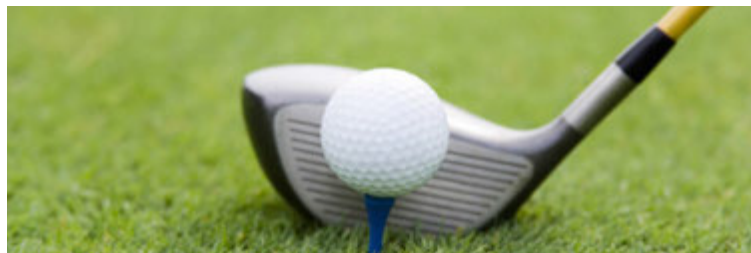
What do you call a fish with two knees? A two-knee fish!

Why do melons have weddings? Because they cantaloupe!

What happens when you go to the bathroom in France? European.

What's the difference between a poorly dressed man on a tricycle and a well-dressed man on a bicycle? Attire!

How many apples grow on a tree? All of them!



Did you hear the rumor about butter? Well, I'm not going to spread it!

Did you hear about the guy who invented Lifesavers? They say he made a mint!

How does a penguin build its house? Igloos it together!

Why did the old man fall in the well? Because he couldn't see that well!

Why don't skeletons ever go trick or treating? Because they have no body to go with!

What do you call a factory that sells passable products? A satisfactory!

Why did the invisible man turn down the job offer? He couldn't see himself doing it!

Want to hear a joke about construction? I'm still working on it!

Cinco de Mayo

Cinco de Mayo, or the fifth of May, is a holiday that celebrates the date of the Mexican army's May 5, 1862, victory over France at the Battle of Puebla during the Franco-Mexican War.

On this day, we enjoyed chips and salsa and tasty margarita mocktails!



Brain Bender: What a Catch!

Four buddies—Calvin, Gary, Nate and Stan—went fishing. They each caught a different kind of fish: bass, walleye, perch and trout. From the clues below, can you determine the first and last names of each fisherman, what kind of fish he caught, and how much the fish weighed (3, 6, 8 or 10 pounds)?

1. Stan’s last name isn’t Hall.
2. Calvin, whose last name isn’t Reynolds, didn’t catch the smallest fish.
3. The man who caught the 8-pound fish didn’t catch the walleye.
4. Mr. White didn’t catch the 6-pound trout.
5. Nate caught the perch.
6. The fish were caught in the following order, from smallest to largest: Mr. Hall, Gary Benson, bass, and Calvin.

Virtual Visits

You can get a free ticket to visit world-famous museums and attractions and use it without leaving the comfort of your chair. A wide range of virtual tours and online exhibits are available at your fingertips. Here are just a few you can explore.

- The Louvre, Paris
Louvre.fr/en/visites-en-ligne
- National Gallery of Art, Washington, D.C.
NGA.gov
- Smithsonian National Museum of Natural History, Washington, D.C.
NaturalHistory.SI.edu
- San Diego Zoo, San Diego.
Zoo.SanDiegoZoo.org
- Monterey Bay Aquarium, Monterey, Calif.
MontereyBayAquarium.org/animals/live-cams

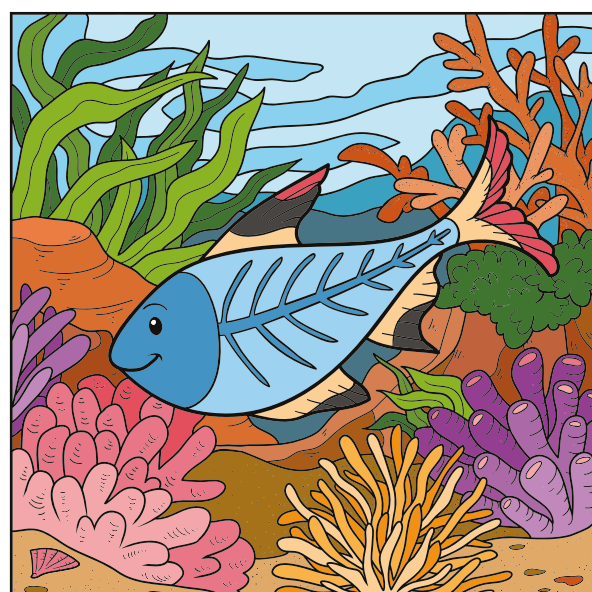
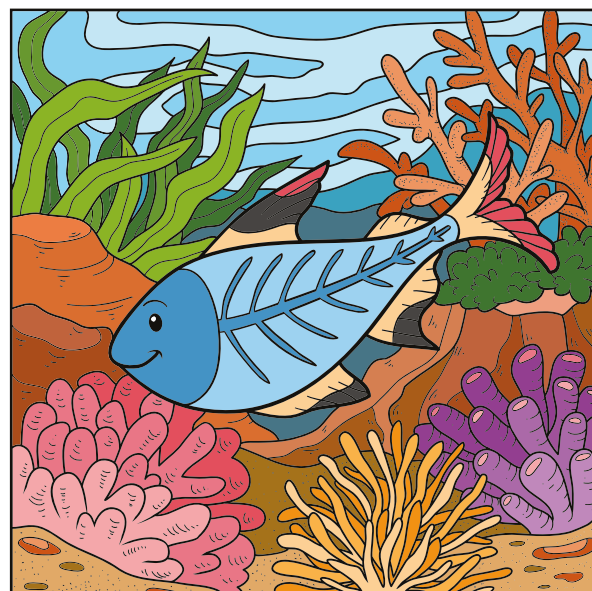
Summertime Snicker

Q: What holds the sun up in the sky?

A: Sunbeams!

Double Take

Fish around and find 10 differences in these two pictures.



Sudoku

The object of the game is to fill all the black squares with the correct numbers. Each row, column and 3x3 subsection must include all digits 1 through 9 in any order.

	2		1					5
	6	7	2				1	
				5	9			7
		2			1			
3	1			2			7	4
			9			3		
6			4	9				
	4				2	1	8	
2					7		3	

TV Dads

Match the father figure character to the TV show he appeared in.

Fictional Father

1. Tim Taylor
2. James Evans Sr.
3. Tom Corbett
4. Steve Douglas
5. Carl Winslow
6. Howard Cunningham
7. Jim Anderson

TV Show

- A. “Father Knows Best”
- B. “Home Improvement”
- C. “Good Times”
- D. “Family Matters”
- E. “My Three Sons”
- F. “Happy Days”
- G. “The Courtship of Eddie’s Father”

Word Ladders

In each set below, use the clues to change the first word, one letter at a time, to get the last word.

DAD

- ___ Took action
- ___ A cube with dots

TIE

GOLF

- ___ Wide chasm
- ___ Sea-loving bird
- ___ Bovine patriarch

BALL

FISH

- ___ A tightly closed hand
- ___ Tiny water droplets
- ___ Chewing gum flavor
- ___ Two cups
- ___ Sewing accessories

FINS

Puzzle Solutions

Brain Bender: What a Catch!

Nate Hall caught the 3-pound perch. Gary Benson caught the 6-pound trout. Stan Reynolds caught the 8-pound bass. Calvin White caught the 10-pound walleye.

TV Dads

1. B; 2. C; 3. G; 4. E; 5. D; 6. F; 7. A

Word Ladders

1. dad, did, die, tie; 2. golf, gulf, gull, bull, ball; 3. fish, fist, mist, mint, pint, pins, fins

9	3	4	7	1	5	8	6	2
6	8	1	2	9	3	5	7	4
2	5	7	8	6	4	1	3	9
1	2	3	5	4	6	9	7	8
4	7	5	9	2	8	6	1	3
8	6	9	1	3	7	2	5	4
7	4	2	6	5	9	3	8	1
3	1	6	4	8	2	7	9	5
5	9	8	3	7	1	4	2	6





We Love Our “Bee”utiful Ladies!

This year we chose the theme bees to honor all our “bee”utiful ladies we have here at Salishan! To keep with the theme, we spoiled the ladies with bee-themed delicious cupcakes and honey/lemon sugar scrubs. We also gave out our Mother’s Day gifts on Mother’s Day – We gave them honey-scented lotion, lip balms and a beauty product. We also gave each one a rose. After breakfast, we did a drawing for a prize basket. Congratulations to our drawing winners, Alice, Maura, Evelyn and Maureen! We hope all you wonderful women had a Happy Mother’s Day!

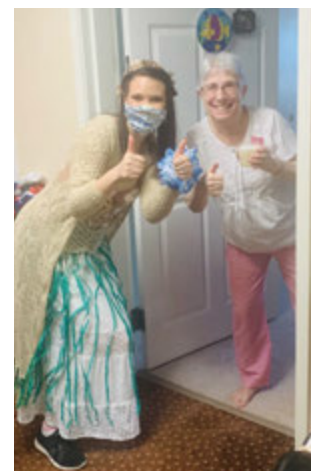


Bee cupcakes



If You Like Piña Coladas ...

The piña colada is a sweet cocktail made with rum, cream of coconut or coconut milk, and pineapple juice, usually served either blended or shaken with ice. It may be garnished with either a pineapple wedge, maraschino cherry, or both. We got to enjoy this drink on one of our snack carts. Ours were made without the rum. It still was just as good and refreshing!



Suggestion Ideas!

If you or anyone you know has a suggestion for a club or activity, come on down to the Activities Room and tell your Activities Coordinator Ariel, or put it in the suggestion box!





Now Showing!

Every day the snack cart would come around. What a nice surprise to have a movie cart filled with candy and popcorn.

Why Is popcorn the default movie theater snack?

It's hard to imagine attending the latest blockbuster without a jumbo bucket of excessively buttery, salty popped corn. (Or, at least, getting a whiff of it.)

Popcorn was hugely popular at fairs and carnivals in the mid-1800s. Street vendors were able to easily make and sell the delicious, aromatic snack food by the bag when the first steam-powered popcorn maker was created in 1885. However, movie theaters wanted to stay far, far away from the pungent, crunchy grub.

They strove to associate themselves more with the latter half of their name: the theater. A real theater would refuse to be associated with food that would be noisily chomped on and messily strewn about by consumers during showings. Before talkies, literacy was a necessity for filmgoers, and movie theaters strove to target a well-educated crowd.

In 1927, with the dawn of talkies, movies were no longer just geared toward a "sophisticated" and literate audience. Going to the movies was an activity anyone could enjoy. This coincided with the Great Depression, and Americans wanted cheap entertainment that would help them to get lost in a new reality. Movies fit the bill.

Although early theaters weren't equipped to handle popcorn machines, independent vendors were quick to jump at the opportunity of selling directly to consumers. Corn kernels were cheap, so popcorn was inexpensive (ranging from five to ten cents a bag) and patrons who were not well-off could enjoy a bag of the goodness. Vendors began selling popcorn to people outside of the theater, allowing for a double profit of simple passersby and filmgoers alike. The snack was everywhere. Soon, vendors could, for a small fee, sell popcorn in the lobby directly to people entering the theater.

Movie theater owners began to cut out the street vendors and sell popcorn themselves. Theaters that refused to change with the times and have their own popcorn makers suffered, as the cheap snack became in-demand. (One theater owner even lowered the price of his movie tickets in order to encourage people to come for the food.) For theater owners, the way to stay alive during the Depression was to give the people what they wanted.

During World War II, the sales of popcorn in the United States really took off. Sugar was sent overseas for the military, so there were not as many resources for the creation of candies and soda. Meanwhile, there was no salt or kernel shortage. The food's popularity continued to grow, and the rest is movie history.





191 Astaire Lane
Spring Hill, Florida 34609



When the world
is staying apart,
we are coming
together.



352-263-2300

