

Orchard

HEIGHTS

Gracious Retirement Living

3650 South Highway 27 • Clermont, FL 34711 • Phone (352) 242-2235 • www.seniorlivinginstyle.com

JUNE 2020

ORCHARD HEIGHTS STAFF

Managers..... DAVE & BJ DREW
Assistant ManagersSTEVE &
KIMBERLY ROGERS
Executive Chef OSCAR M. GUZMAN
Activity CoordinatorYVONNE KECK
MaintenanceJOE O'FARRIL
TransportationED PREMO

TRANSPORTATION

Monday, 9 a.m.-Noon: Shopping

Tuesday, 9 a.m.-3 p.m.: Appointments

Wednesday, 9 a.m.: Outing

Thursday, 9 a.m.-3 p.m.: Appointments

Friday, 9 a.m.-Noon: Shopping

HAWTHORN
SENIOR LIVING

Mother's Day Celebration



Ms. Jean, the first raffle winner, looking forward to the blanket and all the goodies included! Thank you, Visiting Angels.



Bee-yu-tiful Pat!!



Ms. Patty is all smiles as the winner of this beautiful arrangement donated by Clermont Florist.



Therese, one of our five raffle winners ... Thanks to Angels HomeHealth

(Photos continued on inside.)



Mother's Day Celebration (Continued)



Special thanks for these beautiful raffle baskets to Four Corners, Vitas, Avon, Visiting Angels, Clermont Florist and Angels HomeHealth.



Our Garden Concert was rained out, but Dave steps in, filling our hearts with joy and laughter ... Good times!!



Ms. Betty and Ms. Jackie decided to enjoy each other's company and their special Mother's Day Dinner while still practicing social distancing.



Guilianna and Samantha getting table settings ready for our ladies' special lunch, rose petals and all.



Ms. Estelle was very happy to receive her Mother's Day gifts from BJ.



Ms. Wilma enjoying the show while practicing social distancing.



The joy of giving is what you see in BJ's smile as we prepare to deliver Mother's Day gifts to all our ladies.



Fifi ready to party!



Ms. Lydia was moved by these beautiful flowers she received on Mother's Day from her daughter.

June Birthdays

Jack Tetrault, 1st

Billie Jones, 3rd

Joan Brandenburg, 5th

Allison Groce, 9th

Mike Campbell, 13th

Darlene Slagsvol, 17th

Gail Crumblish, 20th

Jack Greenhill, 21st

Junice Baptiste, 25th

Bobby Olson, 25th

Marion Stephens, 26th

Ken Hall, 26th

Don Rentschler, 29th

June Anniversaries

Tom & Lasca Donchez, 6/14/1986



Don't Let Coronavirus Steal Your Peace and Joy

It's no secret that COVID-19 has created an unprecedented crisis in our nation and the world. For the first time in my lifetime, major events and activities have been canceled to stem the tide of a lethal virus. Schools at all levels are either closed for a time or have transitioned to online learning. Broadway theaters have gone dark. Professional sporting events have been suspended. Stock prices are erratic. Social distancing is the new buzz word, and President Trump has declared a national emergency.



What are we to do with all this information?

Everyone seems to have a different idea of how we should respond to the coronavirus. Some are placing their faith in stockpiles of toilet paper and bleach. Others are dismissing the government's warnings as an overreaction. Many are overwhelmed and confused. Instead, let's choose to practice these three strategies as we face the coronavirus pandemic:

- 1. Concentrate on Prayer and Meditation:** While we remain on alert against viruses or diseases, worrying won't change our circumstances or lower our risk of infection. It won't help us fight off illness or move us to action. Worrying about COVID-19 (or anything else) will only increase our troubles. Rather than worrying and being anxious respond with prayer, faith and hope.

One author has said, "It takes the same amount of energy to worry as to pray. One leads to peace, the other to panic." We need to pray for all those on the front-lines of this pandemic — from medical professionals to government officials to aid workers. We need to stand before the Lord in faith.
- 2. Control Your Mind:** The human imagination is a powerful force that can create a vision of a desirable future or conjure up every worst-case scenario. Dark products of the imagination can put us in the grip of fear. So capture these dark thoughts and meditate on "whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable — if anything is excellent or praiseworthy — think about such things."
- 3. Practicing Gratitude Can Be Easy, Rewarding — And Fun:** Cultivating thankfulness isn't homework, and it doesn't require much time or energy. You can start small by taking a few moments to notice things that are going well in your life. To help make this a regular habit, set aside a short time each day to intentionally practice gratitude. Try one or more of these activities to start. Make a habit of writing down the things you're grateful for. It doesn't have to be a long list, but if you regularly challenge yourself to identify and name your gratitude, you may begin to notice improvement in your emotional well-being.

During these difficult times remember that you are not alone in this challenge we all face — we have one another. Together we will get through this!

Dining Schedule

8 a.m. — Breakfast

12:30 p.m. — Dinner

5:30 p.m. — Supper

(Unless otherwise announced.)

Brain Bender: What a Catch!

Four buddies—Calvin, Gary, Nate and Stan—went fishing. They each caught a different kind of fish: bass, walleye, perch and trout. From the clues below, can you determine the first and last names of each fisherman, what kind of fish he caught, and how much the fish weighed (3, 6, 8 or 10 pounds)?

1. Stan’s last name isn’t Hall.
2. Calvin, whose last name isn’t Reynolds, didn’t catch the smallest fish.
3. The man who caught the 8-pound fish didn’t catch the walleye.
4. Mr. White didn’t catch the 6-pound trout.
5. Nate caught the perch.
6. The fish were caught in the following order, from smallest to largest: Mr. Hall, Gary Benson, bass, and Calvin.

Virtual Visits

You can get a free ticket to visit world-famous museums and attractions and use it without leaving the comfort of your chair. A wide range of virtual tours and online exhibits are available at your fingertips. Here are just a few you can explore.

- The Louvre, Paris
Louvre.fr/en/visites-en-ligne
- National Gallery of Art, Washington, D.C.
NGA.gov
- Smithsonian National Museum of Natural History, Washington, D.C.
NaturalHistory.SI.edu
- San Diego Zoo, San Diego.
Zoo.SanDiegoZoo.org
- Monterey Bay Aquarium, Monterey, Calif.
MontereyBayAquarium.org/animals/live-cams

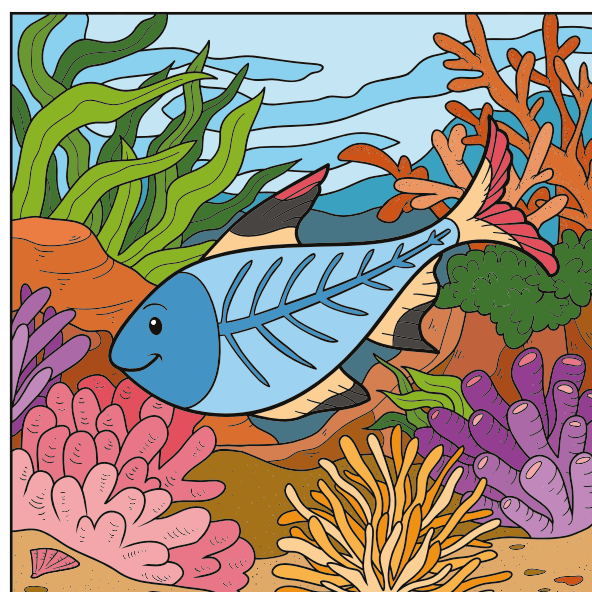
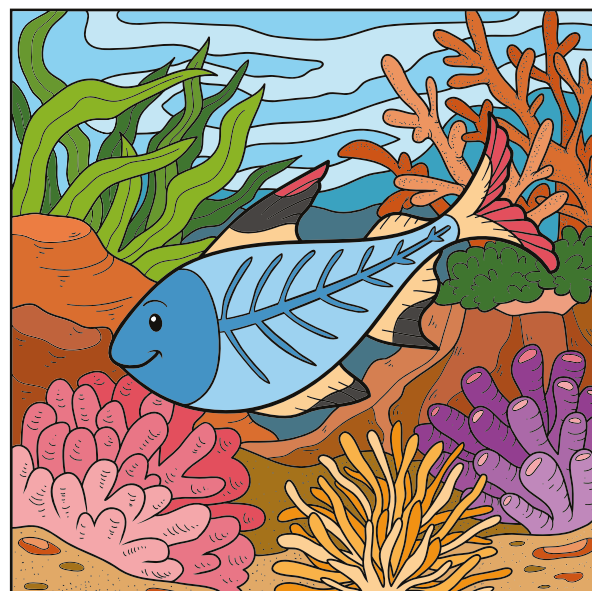
Summertime Snicker

Q: What holds the sun up in the sky?

A: Sunbeams!

Double Take

Fish around and find 10 differences in these two pictures.



Sudoku

The object of the game is to fill all the black squares with the correct numbers. Each row, column and 3x3 subsection must include all digits 1 through 9 in any order.

	2		1					5
	6	7	2				1	
				5	9			7
		2			1			
3	1			2			7	4
			9			3		
6			4	9				
	4				2	1	8	
2					7		3	

TV Dads

Match the father figure character to the TV show he appeared in.

Fictional Father

1. Tim Taylor
2. James Evans Sr.
3. Tom Corbett
4. Steve Douglas
5. Carl Winslow
6. Howard Cunningham
7. Jim Anderson

TV Show

- A. “Father Knows Best”
- B. “Home Improvement”
- C. “Good Times”
- D. “Family Matters”
- E. “My Three Sons”
- F. “Happy Days”
- G. “The Courtship of Eddie’s Father”

Puzzle Solutions

Brain Bender: What a Catch!

Nate Hall caught the 3-pound perch. Gary Benson caught the 6-pound trout. Stan Reynolds caught the 8-pound bass. Calvin White caught the 10-pound walleye.

TV Dads

1. B; 2. C; 3. G; 4. E; 5. D; 6. F; 7. A

Word Ladders

1. dad, did, die, tie; 2. golf, gulf, gull, bull, ball; 3. fish, fist, mist, mint, pint, pins, fins

Word Ladders

In each set below, use the clues to change the first word, one letter at a time, to get the last word.

DAD

- ___ Took action
- ___ A cube with dots

TIE

GOLF

- ___ Wide chasm
- ___ Sea-loving bird
- ___ Bovine patriarch

BALL

FISH

- ___ A tightly closed hand
- ___ Tiny water droplets
- ___ Chewing gum flavor
- ___ Two cups
- ___ Sewing accessories

FINS

9	3	4	7	1	5	8	6	2
6	8	1	2	9	3	5	7	4
2	5	7	8	6	4	1	3	9
1	2	3	5	4	6	9	7	8
4	7	5	9	2	8	6	1	3
8	6	9	1	3	7	2	5	4
7	4	2	6	5	9	3	8	1
3	1	6	4	8	2	7	9	5
5	9	8	3	7	1	4	2	6





This-n-That, Here-n-There



Esther completes her homework ... just beautiful!!



Rose goes to town!



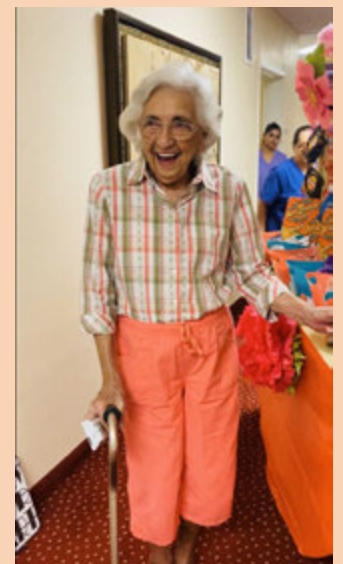
Girls just wanna have fun!



"Kiosk Wonder"



Darlene expressing her love and gratitude to our Clermont community



Bobby, one happy shopper



Clermont Police and community come together in a caravan to express their love and support ... for this, we thank you!



Our Police Department leading the way for all caravanners



Gloria (Vitas) & Steven's (Visiting Angels) special treat



Pat and Kathleen cheering on our first responders



John enjoying Cinco de Mayo



Cinco de Mayo treats



Marylu, one happy camper!



Who doesn't love M&M!! Maggie and Mary driving by to say hello

Chef's Corner

We are all so grateful to our Culinary Team for all they do on a daily basis. In response to this pandemic, many changes have been implemented and executed in a swift manner with one objective, keeping our residents and staff safe.

In spite of it all, they provide three excellent meals a day and more, not missing a beat. The outpouring of thank-you notes from our residents are truly moving.

"Mother's Day — Wow — Me as a mother just want to state my sincere thanks to all who honored us mothers. To all — Wow, job well done, thanks." — Mary

"Thank you for the magnificent Mother's Day Dinner! It was perfect! Just an outstanding effort by all. The croissants and chocolate dessert were of the finest quality one would find in the top pastry shops in Paris; bravo!" — Darlene



Chef Oscar — "El Magnifico"



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is staying apart,
we are coming
together.

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