Camden Springs Gracious Retirement Living

8476 Sheldon Road • Elk Grove, California 95624 • Phone (916) 714-6565 • www.seniorlivinginstyle.com

JUNE 2020

CAMDEN SPRINGS FAMILY

Managers	CHRIS & LAURIE BARROW
Assistant Managers	STAN & JULIE KOON
Executive Chef	MICHAEL CEREZO-FOX
Activity Coordinator	CHELSEA ERBE
Maintenance	MARTIN PINA
Transportation	CARMEN MUNIZ

IMPORTANT PHONE NUMBERS

Beauty Salon: (916) 743-7388 Fax: (916) 687-3587

MEAL TIMES

Breakfast: 8 a.m. Dinner: 12:30 p.m. Supper: 5:30 p.m.

YOUTUBE.COM

For slideshows and videos visit: www.youtube.com/camdensprings



Father's Day Tailgating Parties

We will be throwing tailgating themed parties in honor of Father's Day for our men the week before the big day itself. We would love to have our men come and join us for some good food, good prizes and great company. Please make sure to sign up when the occasion arises!



Sidewalk Inspiration

Ashley and I have had quite a bit of fun being able to go around the community and plaster the pavement with sidewalk chalk. We have done phrases, obstacle courses and geometric shapes. Do you have any ideas for us to include in our artwork? Let us know, and we will be sure to get it out there for all to see.







Mother's Day Tea Parties

We had a total of 25 women attend out Mother's Day Tea Party this year. Although we had to celebrate in small groups, it was just as lovely as usual. Chef Michael prepared wonderful treats that included chilled quiche, salmon mousse atop cucumber, chocolate cream



Sharon

Carol

Mary

dessert shooters and a beautifully made apple pastry rose. In the limited time we had for each party, we shared fond Mother's Day memories, gave away prizes and most of all, enjoyed everyone's company. We hope all of our ladies who attended truly enjoyed themselves.



Happy Birthday!

Lori Yoder, 6/8 Gary Witzke, 6/9 Sue Piland, 6/11 Bernice Campbell, 6/11 Jane Nott, 6/14 Carol Roberts, 6/15 Victor Jimenez, 6/19 Doris Hale, 6/19 Ellie Pulikonda, 6/24 Sharon Crowe, 6/25 Jan Ohnstad, 6/28 Don McClelland, 6/28 Norman Greenfield, 6/30





Mother's Day

Although we had to celebrate Mother's Day 6 ft. apart, everyone was close to the heart. The day of Mother's Day, as well as many days leading up to it, were filled with loved ones visiting from all around while protecting our residents' safety by remembering to social distance. We had a wandering violinist, a water coloring craft, a delicious meal and handed out some wonderful gifts to all of our ladies. The chef even made some beautiful lemon tarts to pass out as well. On behalf of the Camden Springs staff, we would love to say once more, Happy Mother's Day!







Ciprian the violinist



Eloise and Ashley



Dottie and Laurie

A Bittersweet Farewell

It's hard to believe, but it has already been over a month since Dean and Tammie parted with us. We miss them ever so much, but they are settling well into their new home in the Las Vegas area, while Chris & Laurie and Stan & Julie are taking great care of us. Thank you to all of you who signed Dean and Tammie's going away card; we have included a picture for you to see the finished product.



Brain Bender: What a Catch!

Four buddies-Calvin, Gary, Nate and Stanwent fishing. They each caught a different kind of fish: bass, walleye, perch and trout. From the clues below, can you determine the first and last names of each fisherman, what kind of fish he caught, and how much the fish weighed (3, 6, 8 or 10 pounds)?

- 1. Stan's last name isn't Hall.
- 2. Calvin, whose last name isn't Revnolds. didn't catch the smallest fish.
- 3. The man who caught the 8-pound fish didn't catch the walleye.
- 4. Mr. White didn't catch the 6-pound trout.
- 5. Nate caught the perch.
- 6. The fish were caught in the following order, from smallest to largest: Mr. Hall, Gary Benson, bass, and Calvin.

Virtual Visits

You can get a free ticket to visit world-famous museums and attractions and use it without leaving the comfort of your chair. A wide range of virtual tours and online exhibits are available at your fingertips. Here are just a few you can explore.

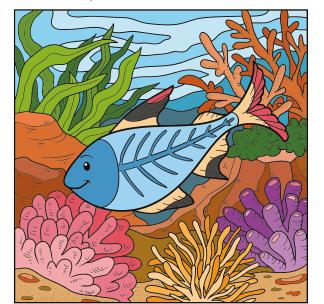
- The Louvre, Paris Louvre.fr/en/visites-en-ligne
- National Gallery of Art, Washington, D.C. NGA.gov
- Smithsonian National Museum of Natural History, Washington, D.C. NaturalHistory.Sl.edu
- San Diego Zoo, San Diego. Zoo.SanDiegoZoo.org
- Monterey Bay Aquarium, Monterey, Calif. MontereyBayAquarium.org/animals/live-cams

Summertime Snicker

Q: What holds the sun up in the sky? A: Sunbeams!

Double Take

Fish around and find 10 differences in these two pictures.





Sudoku

The object of the game is to fill all the black squares with the correct numbers. Each row, column and 3x3 subsection must include all digits 1 through 9 in any order.

		_					
	2		1				
	6	7	2				1
				5	9		
		2			1		
3	1			2			7
			9			3	
6			4	9			
	4				2	1	8
2					7		3

TV Dads

Match the father figure character to the TV show he appeared in.

Fictional Father

- 1. Tim Taylor
- 2. James Evans Sr.
- 3. Tom Corbett
- 4. Steve Douglas
- 5. Carl Winslow
- 6. Howard Cunningham
- 7. Jim Anderson

TV Show

- A. "Father Knows Best"
- B. "Home Improvement"
- C. "Good Times"
- D. "Family Matters"
- E. "My Three Sons"
- F. "Happy Days"
- G. "The Courtship of

Eddie's Father"

Puzzle Solutions

Brain Bender: What a Catch!

Nate Hall caught the 3-pound perch. Gary Benson caught the 6-pound trout. Stan Reynolds caught the 8-pound bass. Calvin White caught the 10-pound walleye. TV Dads 1. B; 2. C; 3. G; 4. E; 5. D; 6. F; 7. A 1. dad, did, die, tie; 2. golf, gulf, gull, bull, ball; 3. fish, fist, mist, mint, pint,

pins, fins



Word Ladders

In each set below, use the clues to change the first word, one letter at a time, to get the last word.

DAD

- _ _ _ Took action
- _ _ _ A cube with dots

TIE

GOLF

- ____Wide chasm
- _ _ _ Sea-loving bird
- _ _ _ Bovine patriarch

BALL

FISH

- ___ A tightly closed hand
- ___ Tiny water droplets
- ___ Chewing gum flavor
- ____Two cups
- ___ Sewing accessories

FINS

9	ε	t	Z	L	S	8	6	7
6	8	L	2	9	٤	S	4	۷
7	S	۷	8	6	Þ	L	ε	9
L	2	٤	S	4	6	9	L	8
Þ	L	S	9	7	8	6	L	٤
8	6	9	L	ε	۷	7	S	t
۷	4	7	6	S	9	٤	8	L
٤	L	6	đ	8	7	۷	9	S
S	9	8	ε	L	L	4	7	6





Easter Festivities

Easter was a fun-filled day here at Camden Springs. It sure wasn't a typical Easter for us, but it was still a good day. We passed out Easter gifts, had hallway raffles and the Easter Bunny even made his way through the community to say hello to everyone!



Robert and Margaret Toye

I have attached a picture of Carter for everyone's viewing pleasure. She had a wonderful Easter hunting for Easter Eggs for the first time! Happy Easter, everyone!



Bernice showing off her earrings.



Chelsea's daughter, Carter



Meal service

Cinco de Mayo

We had multiple fiestas on Cinco de Mayo this year so everyone could participate. We ate taquitos with guacamole and salsa and sipped on homemade horchata. What is horchata, you may ask? It is a refreshing Mexican drink made with rice, milk, vanilla and cinnamon. It was delicious and refreshing. We got the best picture of Marv at the party sporting the ever-so-popular sombrero!



Jeff



Taquitos and horchata



Treats and Things

We have been continuing to do fun snack and treat carts throughout our sheltering in place. We have these specialty carts come through the community about three times a week. If you have an idea for a snack cart, please make sure to share it with Chelsea or Chef Michael to see if we can make it happen for you and our other residents. On one of the carts last month, we also passed out bracelets that said "All in This Together" to remind everyone we are not alone during these times.



Anna with her bracelet

Retail Cart

Danishes



Margaritas, chips and salsa



Kellogg's Cereal Cart

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When the world is staying apart, we are coming together.



