

# AMBER PARK

## ASSISTED LIVING COMMUNITY

401 Hill Road North • Pickerington, Ohio 43147 • Phone (614) 834-3113 • [www.seniorlivinginstyle.com](http://www.seniorlivinginstyle.com)

JUNE 2020

### AMBER PARK STAFF

Administrator.....KELLI LOVE  
Assistant Administrator.....MALCOLM CAMPBELL  
Director of Health Services.....ZACK BROWN  
Resident Services Coordinator.....IVA WOODRUFF  
Executive Chef.....SAMANTHA BROWN  
Marketing.....AMBER TIERNEY  
Sous Chef.....ERICA WIECHERS  
Activity Assistant.....GRACE CLARK  
Administrative Assistant.....MINDI MAYLE  
Maintenance Coordinator.....DALE MITCHELL  
Bus Driver.....PETER FANELLI

### MEAL TIMES

8 a.m.: Breakfast    12:30 p.m.: Dinner    5:30 p.m.: Supper

### PARK MART STORE HOURS

Friday: 4-5 p.m.

### TRANSPORTATION

**Monday - Wednesday, 8 a.m.-5 p.m. (appointment needed):**

Doctor Appointments & Anywhere In The Surrounding Area

**Thursday & Friday, 8 a.m.-5 p.m. (appointment**

**needed):** Anywhere In The Surrounding Area

**Sunday, 9 a.m.:** Epiphany Lutheran  
and Seton Catholic Church

**Sunday, TBD (appointment needed):** Church Services

**HAWTHORN**  
SENIOR LIVING

## A Big Thank-You to Amber Park Staff

Superheroes don't wear capes — they wear masks! Thank you for all you are doing every day to bring a smile to our residents' faces. Help support the staff in our Community and keep one foot in front of the other. Six feet apart but close to the heart. #allinthistogether #AmberParkStrong

JUNE

Birds just waking up to sing  
as nighttime slips away,  
Dewdrops sparkling in the sun  
to greet a BRAND-NEW Day,  
Fireflies lighting dusky skies  
AND STROLLS Beneath the MOON —  
What could be more perfect  
than the lovely  
MONTH of JUNE.  
Happy SUMMER

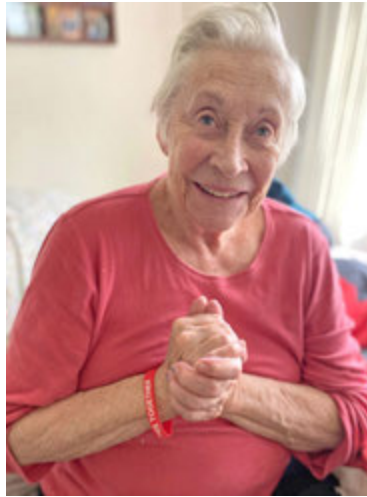




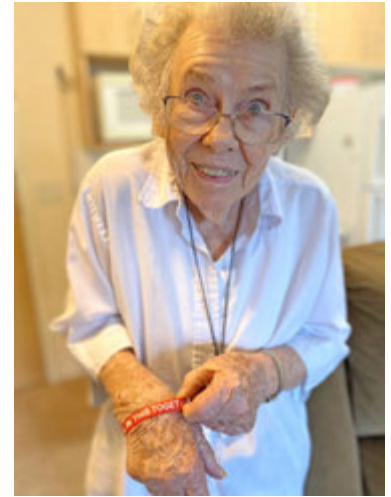
## All in This Together

The coronavirus has lessened joy throughout the world; however, there is so much happiness at Amber Park Assisted Living and across the nation that we wanted to share it with those people we love the most. A big thank-you to our residents, families, first responders and everyone in our Community; we are all in this together.

Please visit our Facebook page to see more pictures of residents, staff, and Community members wearing their bright red "All in This Together" bracelets. If you haven't sent your picture with your bracelet to us yet, please send it to [AmberPark@hawthornret.com](mailto:AmberPark@hawthornret.com) so we can share it with our residents.



*Resident Shirley*



*Resident Eve*



*Administrator Kelli and DHS Zack*



*Residents Rusty and Dale*



*Housekeeper Rebecca*

## June Birthdays

|   |                                       |
|---|---------------------------------------|
| Lee Dauer, 5th                          | Lensa Dessaigne, 26th<br>(Employee)   |
| Jane Strzalka, 14th                     | Rebecca Cochenour,<br>26th (Employee) |
| Taniah Jones-Walker,<br>14th (Employee) | Mercy Rono, 26th<br>(Employee)        |
| Peggy Kose, 15th                        | Kaley Lejman, 26th<br>(Employee)      |
| Irene Perrini, 22nd                     |                                       |

## June Move-In Anniversaries

Frank Ickes, 6/10/2019  
 Peter & Marjorie Bush, 6/21/2019  
 Emma Jean Snodgrass, 6/22/2018  
 Rachel Stultz, 6/26/2015

## June Service Anniversaries

George Easley, 6/21/2017  
 Anna Hallenbrook, 6/29/2016



## National Days of June

**June 1st:** National Go Barefoot Day

**June 2nd:** National Leave the Office Early Day

**June 3rd:** National Running Day

**June 4th:** National Cheese Day

**June 5th:** National Doughnut Day

**June 6th:** D-Day

**June 7th:** National Cancer Survivors Day

**June 8th:** National Best Friends Day

**June 9th:** Call Your Doctor Day

**June 10th:** National Iced Tea Day

**June 11th:** National Making Life Beautiful Day

**June 12th:** National Loving Day

**June 13th:** National Weed Your Garden Day

**June 14th:** National Flag Day

**June 15th:** National Photography Day

**June 16th:** National Fudge Day

**June 17th:** National Eat Your Vegetables Day



**June 18th:** National Go Fishing Day

**June 19th:** Juneteenth

**June 20th:** First Day of Summer & Longest Day of the Year

**June 21st:** National Daylight Appreciation Day

**June 22nd:** National Onion Rings Day

**June 23rd:** National Hydration Day

**June 24th:** National Parchment Day

**June 25th:** National Handshake Day

**June 26th:** National Take Your Dog to Work Day

**June 27th:** National Sunglasses Day

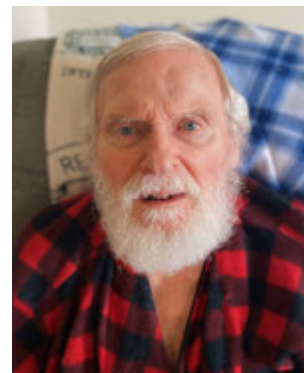
**June 28th:** National Paul Bunyan Day

**June 29th:** National Camera Day

**June 30th:** National Meteor Watch Day

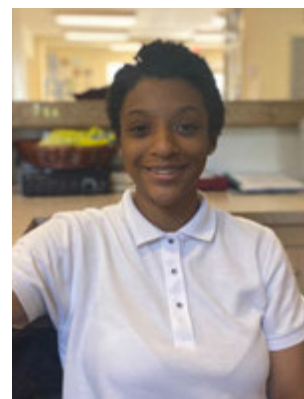
## Resident of the Month for April

Frank Ickes was born on April 18, 1938. He grew up in Blacklick, Ohio, with his younger sister, Patricia Jean. Frank graduated from Reynoldsburg High School, then enlisted in the Marine Corps when he turned 18. He was deployed to France for a year and after coming home, he went to work for AT&T. He met his beloved wife, Patty, while square dancing. They've been married for 61 years and have two children. In his spare time, Frank enjoys resting, talking to his grandchildren, and watching "Hogan's Heroes." His favorite color is yellow, favorite food is pizza, and favorite move is "Gone with the Wind."



## Employee of the Month for April

Jaleah Harrington began working at Amber Park as a resident assistant on March 15th. She hit the ground running by stepping up and going above and beyond in her role as a caregiver. Jaleah is 21 years old. She grew up in Columbus, Ohio, and graduated from Groveport Madison High School. She has three siblings, including a twin brother, sister and a younger brother. She lives with her two dogs, Daisy and Tio, and her daughter Amiyah. Jaleah cherishes her almost 3-year-old daughter. In her free time, Jaleah likes to dance, write and watch Netflix. Please help us in recognizing Jaleah for all her hard work and dedication.



## D-Day

On June 6, 1944, more than 160,000 Allied troops landed along a 50-mile stretch of heavily-fortified French coastline, to fight Nazi Germany on the beaches of Normandy, France. Gen. Dwight D. Eisenhower called the operation a crusade in which, "We will accept nothing less than full victory." More than 5,000 ships and 13,000 aircraft supported the D-Day invasion, and by day's end, the Allies gained a foothold in Continental Europe. The cost in lives on D-Day was high. More than 9,000 Allied soldiers were killed or wounded, but their sacrifice allowed more than 100,000 Soldiers to begin the slow, hard slog across Europe, to defeat Adolf Hitler's crack troops.

To read more about D-Day, please visit <https://www.army.mil/d-day/index.html>.





# Brain Bender: What a Catch!

Four buddies—Calvin, Gary, Nate and Stan—went fishing. They each caught a different kind of fish: bass, walleye, perch and trout. From the clues below, can you determine the first and last names of each fisherman, what kind of fish he caught, and how much the fish weighed (3, 6, 8 or 10 pounds)?

1. Stan’s last name isn’t Hall.
2. Calvin, whose last name isn’t Reynolds, didn’t catch the smallest fish.
3. The man who caught the 8-pound fish didn’t catch the walleye.
4. Mr. White didn’t catch the 6-pound trout.
5. Nate caught the perch.
6. The fish were caught in the following order, from smallest to largest: Mr. Hall, Gary Benson, bass, and Calvin.

# Virtual Visits

You can get a free ticket to visit world-famous museums and attractions and use it without leaving the comfort of your chair. A wide range of virtual tours and online exhibits are available at your fingertips. Here are just a few you can explore.

- The Louvre, Paris  
[Louvre.fr/en/visites-en-ligne](http://Louvre.fr/en/visites-en-ligne)
- National Gallery of Art, Washington, D.C.  
[NGA.gov](http://NGA.gov)
- Smithsonian National Museum of Natural History, Washington, D.C.  
[NaturalHistory.SI.edu](http://NaturalHistory.SI.edu)
- San Diego Zoo, San Diego.  
[Zoo.SanDiegoZoo.org](http://Zoo.SanDiegoZoo.org)
- Monterey Bay Aquarium, Monterey, Calif.  
[MontereyBayAquarium.org/animals/live-cams](http://MontereyBayAquarium.org/animals/live-cams)

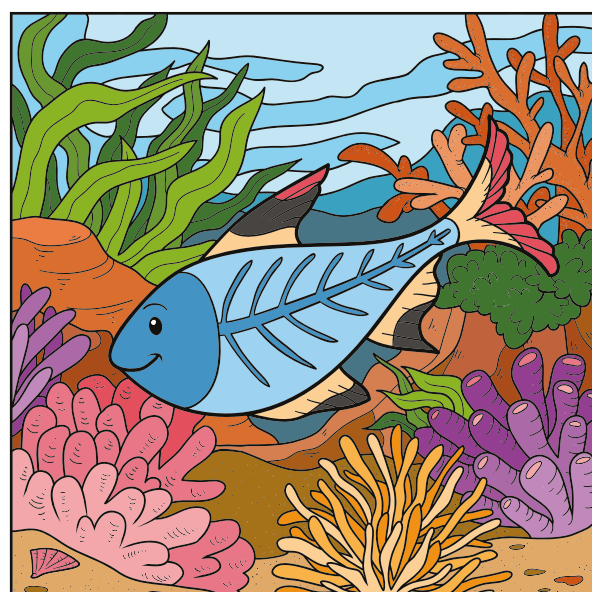
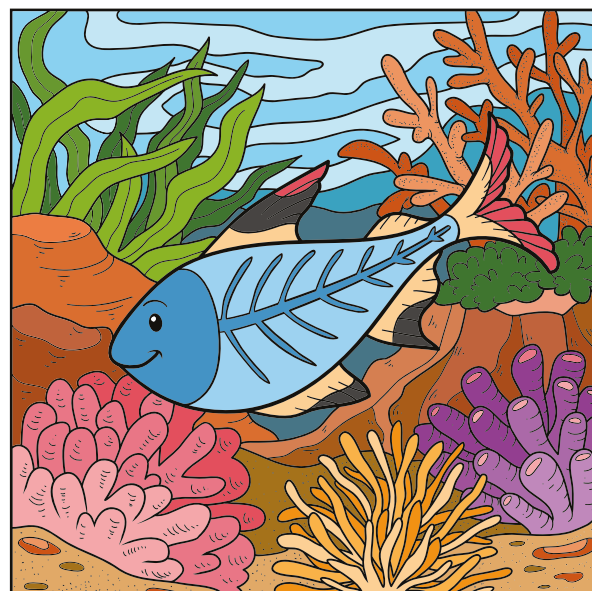
# Summertime Snicker

**Q:** What holds the sun up in the sky?

**A:** Sunbeams!

# Double Take

Fish around and find 10 differences in these two pictures.



# Sudoku

The object of the game is to fill all the black squares with the correct numbers. Each row, column and 3x3 subsection must include all digits 1 through 9 in any order.

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   | 2 |   | 1 |   |   |   |   | 5 |
|   | 6 | 7 | 2 |   |   |   | 1 |   |
|   |   |   |   | 5 | 9 |   |   | 7 |
|   |   | 2 |   |   | 1 |   |   |   |
| 3 | 1 |   |   | 2 |   |   | 7 | 4 |
|   |   |   | 9 |   |   | 3 |   |   |
| 6 |   |   | 4 | 9 |   |   |   |   |
|   | 4 |   |   |   | 2 | 1 | 8 |   |
| 2 |   |   |   |   | 7 |   | 3 |   |

# TV Dads

Match the father figure character to the TV show he appeared in.

## Fictional Father

1. Tim Taylor
2. James Evans Sr.
3. Tom Corbett
4. Steve Douglas
5. Carl Winslow
6. Howard Cunningham
7. Jim Anderson

## TV Show

- A. “Father Knows Best”
- B. “Home Improvement”
- C. “Good Times”
- D. “Family Matters”
- E. “My Three Sons”
- F. “Happy Days”
- G. “The Courtship of Eddie’s Father”

# Word Ladders

In each set below, use the clues to change the first word, one letter at a time, to get the last word.

## DAD

- \_\_\_ Took action
- \_\_\_ A cube with dots

## TIE

## GOLF

- \_\_\_ Wide chasm
- \_\_\_ Sea-loving bird
- \_\_\_ Bovine patriarch

## BALL

## FISH

- \_\_\_ A tightly closed hand
- \_\_\_ Tiny water droplets
- \_\_\_ Chewing gum flavor
- \_\_\_ Two cups
- \_\_\_ Sewing accessories

## FINS

# Puzzle Solutions

## Brain Bender: What a Catch!

Nate Hall caught the 3-pound perch. Gary Benson caught the 6-pound trout. Stan Reynolds caught the 8-pound bass. Calvin White caught the 10-pound walleye.

## TV Dads

1. B; 2. C; 3. G; 4. E; 5. D; 6. F; 7. A

## Word Ladders

1. dad, did, die, tie; 2. golf, gulf, gull, bull, ball; 3. fish, fist, mist, mint, pint, pins, fins

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 9 | 3 | 4 | 7 | 1 | 5 | 8 | 6 | 2 |
| 6 | 8 | 1 | 2 | 9 | 3 | 5 | 7 | 4 |
| 2 | 5 | 7 | 8 | 6 | 4 | 1 | 3 | 9 |
| 1 | 2 | 3 | 5 | 4 | 6 | 9 | 7 | 8 |
| 4 | 7 | 5 | 9 | 2 | 8 | 6 | 1 | 3 |
| 8 | 6 | 9 | 1 | 3 | 7 | 2 | 5 | 4 |
| 7 | 4 | 2 | 6 | 5 | 9 | 3 | 8 | 1 |
| 3 | 1 | 6 | 4 | 8 | 2 | 7 | 9 | 5 |
| 5 | 9 | 8 | 3 | 7 | 1 | 4 | 2 | 6 |





## Culinary Creations



*Pat enjoyed her birthday with her family through the window.*



*Birthday cake prepared by Executive Chef Sam*



*Mexican food served on Cinco de Mayo prepared by Cook Niki*



*Dessert prepared by Sous Chef Erica*

## Ten Interesting Facts About June

1. June is the month with the longest daylight hours of the year in the Northern Hemisphere.
2. June has the shortest daylight hours of the year in the Southern Hemisphere.
3. June has three birthstones, which are the pearl, the moonstone, and the alexandrite.
4. The June birth flower is the rose (Rosa) and the honeysuckle (Lonicera).
5. In 2009, June was the 662nd most popular name for girls in the USA.
6. Anglo-Saxons gave the month of June the name Sera monath (dry month).
7. June is derived from either Juno, the goddess of marriage, or from iuniores (young people).
8. In both common and leap years, no other month begins on the same day of the week as June.
9. June is International Men's Month.
10. The zodiac signs for June are Gemini (May 21-June 20) and Cancer (June 21-July 22).

## Bananas for Bananas

A staple for breakfast meals and the perfect on-the-go snack, bananas are one of the world's most consumed fruits.

Bananas were cultivated thousands of years ago in Southeast Asia and reached the New World in the 16th century. When first imported to the U.S. in the 1800s, the banana was considered an exotic food and eaten with a knife and fork.

Although bananas are considered fruits, botanically they are berries. They grow upside down on giant herb plants, not trees, in tropical climates. Their familiar curved shape is the result of growing against gravity toward the sunlight. An individual banana is called a finger, and a bunch is called a hand.

Worldwide, there are over 1,000 varieties of bananas, but the one most commonly found in stores and eaten fresh is the bright yellow Cavendish, due to its sweet taste and creamy texture. Bananas are rich in potassium, which can help lower blood pressure. The mineral also improves muscle function and boosts energy, and that's why many athletes eat a banana during competition and after workouts.

In the U.S., bananas are grown in Hawaii and Florida, but most of the nation's supply comes from Central and South America.







## Hog Wild for Harleys

For more than a century, Harley-Davidson motorcycles have been synonymous with adventure and cruising on the open road.

In 1901, the wheels began turning for a young Milwaukee man named William S. Harley, who had the idea for a motorized bicycle. He drew a blueprint of a small engine to fit on a bike, and over the next two years, he and childhood friend Arthur Davidson worked on the design. Davidson's two brothers soon joined the team.

They built the first motorcycles in a backyard shed. In 1905, their first dealership opened in Chicago. As business grew, the company hired more employees and built a factory in Milwaukee. Police departments began ordering Harleys for their officers, and the U.S. military bought thousands of bikes during both world wars, where troops used them to deliver messages between units.

After World War II, legions of leisure riders took to the roads, cementing the popular brand as an American icon. The company's bar and shield logo in orange, black and white is one of the most recognizable emblems in the world.

Harley-Davidson motorcycles are sometimes called "hogs," a nickname that began in the 1920s, when one of the company's winning racing teams carried their mascot, a pig, on their victory laps.



## "Jaws" Turns 45

Considered to be the first summer blockbuster, the thriller "Jaws" opened in theaters on June 20th, 1975. Dive into these fin-tastic facts about the film.



- "Jaws" was based on the novel of the same name by Peter Benchley, who also co-wrote the screenplay. He originally titled the book "Silence in the Deep."
- Three mechanical sharks were built to portray the great white beast that terrorizes a seaside town.
- To add suspense, the shark isn't seen until nearly an hour and a half into the film. In total, it only has four minutes of screen time.
- The memorable line "You're going to need a bigger boat" was ad-libbed by actor Roy Scheider, who played the town police chief, Martin Brody.
- The fishing boat used to track the shark is named the Orca. In real life, orcas are the only natural predators of great white sharks.
- John Williams composed the famously foreboding two-note "Jaws" theme, winning the Academy Award for best original score.
- The first movie to make over \$100 million at the box office, "Jaws" was the highest-grossing film of all time until 1977's "Star Wars."

## Lure 'Em In

Open up an angler's tackle box, and there's likely to be a few fishing lures inside. An alternative to live bait, lures come in a variety of styles.



*Spinnerbait*

**Crankbait:** Also called cranks or plugs, these popular lures are made of plastic or wood and look like bait such as small fish or frogs. An attached piece, or lip, on the lure controls how it moves in the water. Cranks usually have multiple hooks.

**Jigs:** A hook with a weighted metal head that allows it to sink, this type of lure is made for jigging, a style of fishing where the rod is lifted and lowered back down repeatedly, creating a dancing movement to attract fish. To make it more appealing, the lure's hook can be adorned with feathers, a fake worm or live bait.

**Spinnerbait:** These lures have small oval blades that spin like a propeller when pulled through the water. Usually sporting a fringed "skirt" made of strands of rubber or animal hair, a spinner's horizontal movements are irresistible to fish such as bass, perch and pike.

**Spoons:** One of the oldest lures used was a common utensil — a spoon with its handle removed. Modern spoons are simply curved metal lures with a hook. The curved shape makes the lure wobble side to side, resembling injured bait to hungry fish.

**Flies:** To make these lures used for fly fishing, anglers tie fur, feathers or thread around a fishhook so that it resembles an insect or crustacean. Because of the skill involved, tying flies is considered an art.

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