

# Alexis Estates

## Gracious Retirement Living

680 North Watters Road • Allen, Texas 75013 • Phone (469) 854-6295 • [www.seniorlivinginstyle.com](http://www.seniorlivinginstyle.com)

JUNE 2020

### ALEXIS ESTATES STAFF

Managers..... JAMIE & PATTI MILLER  
Assistant Managers ..... BRIAN & TRACY LEWIS  
Executive Chef..... EDGAR MORALES  
Community Sales ..... KATHY WITMER  
Sous Chef ..... TEDDY CAWOSKI  
Activity Coordinator ..... LYNN MIKESCH  
Maintenance ..... TREVOR SIMMONS  
Transportation ..... BARBARA NIX

### TRANSPORTATION

Monday, 8:30 a.m.-3:30 p.m.

Tuesday, 8:30 a.m.-3:30 p.m.: Medical Appts

Wednesday, 8:30 a.m.-3:30 p.m.

Thursday, 8:30 a.m.-3:30 p.m.: Medical Appts

Friday, 8:30 a.m.-3:30 p.m.

HAWTHORN  
SENIOR LIVING

### Blue Angels Fly By

We all ventured outside on Wednesday, May 6th, to see the Blue Angels fly by our community. They were amazing and fast! While we waited patiently in the sun, we sang “God Bless America” and enjoyed each other’s company for a bit, 6 feet apart of course!







## June Birthdays

Be sure to say (or sing!) "Happy Birthday" to the following people this month!

**Alice Elliott** — June 1st

**Nona Rhoton** — June 5th

**Jerry McIntier** — June 6th

**Ada Williams** — June 8th

**Pat Bell** — June 9th

**Dimitri (Mike) Lukshin** — June 11th

**Rita Westlund** — June 14th

**Allen Smith** — June 15th

**Inga Wynn** — June 18th

**Maude Carter** — June 21st

**Gary Sterett** — June 23rd

**Tinie Williamson** — June 24th

"The older you get, the better you get...unless you're a banana"

-Betty White



## Snack Table Themes

We decided to have some fun with our snack tables for the next few weeks! The residents enjoy seeing the different themes each week and the staff participating by dressing up each week as well! Who knows what theme will be next?



*The Hawaiian theme was "hula" fun!*



*We "knocked it out of the park" with our baseball theme!*



*Jazmine, Renee, Jennifer and Anna all joined in the fun with sombrero headbands.*



*Our "Senor Citizens" enjoyed our Cinco de Mayo theme!*



*When Taco Tuesday falls on Cinco de Mayo and Coronavirus is all around, some had to dress up, including the Corona bottle!*





## Social Distancing

We are doing our part to stay apart but still stay together. Many of us are taking walks around the community and attending exercise class.

We are highly encouraging everyone to get out and get some good ol' Vitamin D! We are very lucky the weather is still nice, so get out and walk, 6 feet apart! Our Home Office

sent us the letters spelling out "Heroes Work Here" for the front of our community. It's been very nice for the staff to feel appreciated during these times. We also encouraged our social distancing with some sidewalk chalk at the front door; it's been a great reminder for our residents and families during their visits.



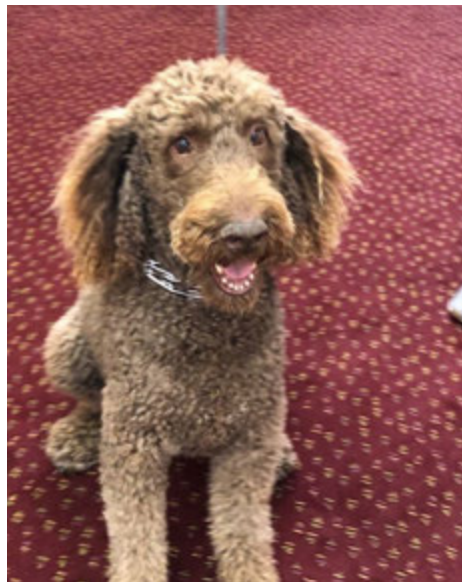
## Pet Corner

Our two featured pets this month are Max and Emma.

Max is a nine year old Standard Poodle that is a familiar fuzzy face around Alexis Estates! Max came to Ann when he was six weeks old. Ann owned a restaurant in Canton (at Trade Days) and would frequently visit a fellow vendor. She would keep going back to visit this sweet little guy and fell in love. The vendor came to Ann one day and said "Would you like him?" Clearly, she said "Yes!" Max loves to be pet and play.

He isn't fond of certain little dogs but hasn't met a human he doesn't love. Max got a new gate at the door of his apartment and is currently enjoying the "drive by" pets!

Emma is a six year old kitty that is loved by her mom, Joy. Emma came to Joy through another resident. The resident took such great care of Emma, and we can see why, she is the sweetest cat! She loves to be pet and picked up. The only thing Emma isn't a fan of is her fellow kitty cat roommate, but she tolerates her. When I met Emma, she was rolling around the floor purring and really enjoying herself. She can have a good time anywhere!



Max



Emma

# Brain Bender: What a Catch!

Four buddies—Calvin, Gary, Nate and Stan—went fishing. They each caught a different kind of fish: bass, walleye, perch and trout. From the clues below, can you determine the first and last names of each fisherman, what kind of fish he caught, and how much the fish weighed (3, 6, 8 or 10 pounds)?

1. Stan’s last name isn’t Hall.
2. Calvin, whose last name isn’t Reynolds, didn’t catch the smallest fish.
3. The man who caught the 8-pound fish didn’t catch the walleye.
4. Mr. White didn’t catch the 6-pound trout.
5. Nate caught the perch.
6. The fish were caught in the following order, from smallest to largest: Mr. Hall, Gary Benson, bass, and Calvin.

# Virtual Visits

You can get a free ticket to visit world-famous museums and attractions and use it without leaving the comfort of your chair. A wide range of virtual tours and online exhibits are available at your fingertips. Here are just a few you can explore.

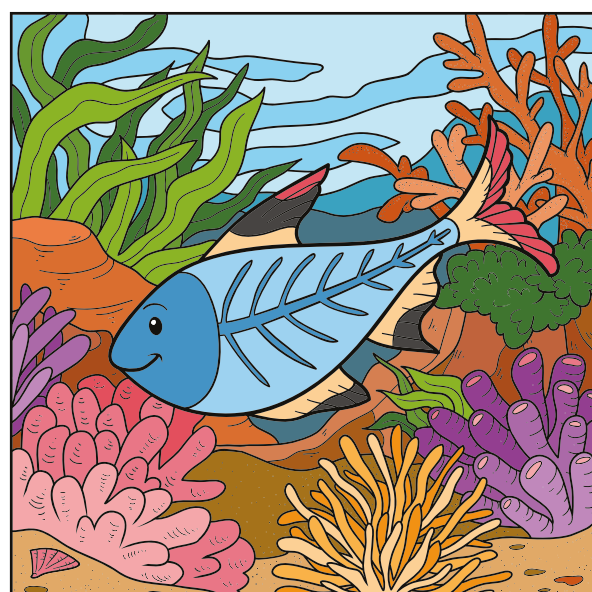
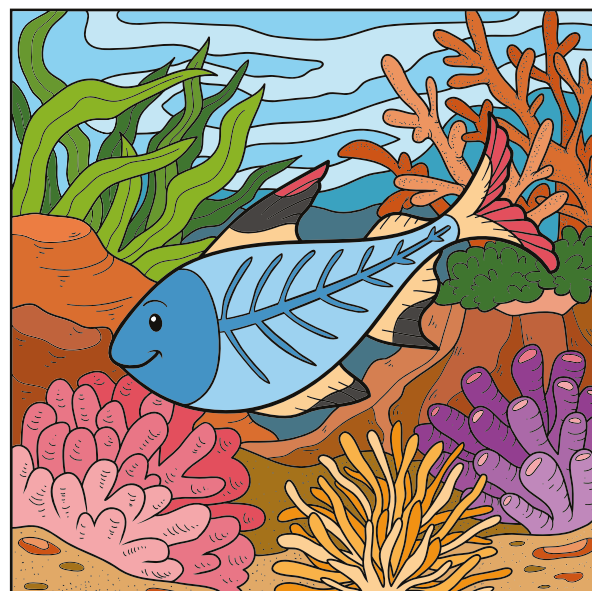
- The Louvre, Paris  
[Louvre.fr/en/visites-en-ligne](http://Louvre.fr/en/visites-en-ligne)
- National Gallery of Art, Washington, D.C.  
[NGA.gov](http://NGA.gov)
- Smithsonian National Museum of Natural History, Washington, D.C.  
[NaturalHistory.SI.edu](http://NaturalHistory.SI.edu)
- San Diego Zoo, San Diego.  
[Zoo.SanDiegoZoo.org](http://Zoo.SanDiegoZoo.org)
- Monterey Bay Aquarium, Monterey, Calif.  
[MontereyBayAquarium.org/animals/live-cams](http://MontereyBayAquarium.org/animals/live-cams)

# Summertime Snicker

**Q:** What holds the sun up in the sky?  
**A:** Sunbeams!

# Double Take

Fish around and find 10 differences in these two pictures.



# Sudoku

The object of the game is to fill all the black squares with the correct numbers. Each row, column and 3x3 subsection must include all digits 1 through 9 in any order.

	2		1					5
	6	7	2				1	
				5	9			7
		2			1			
3	1			2			7	4
			9			3		
6			4	9				
	4				2	1	8	
2					7		3	

# TV Dads

Match the father figure character to the TV show he appeared in.

## Fictional Father

1. Tim Taylor
2. James Evans Sr.
3. Tom Corbett
4. Steve Douglas
5. Carl Winslow
6. Howard Cunningham
7. Jim Anderson

## TV Show

- A. “Father Knows Best”
- B. “Home Improvement”
- C. “Good Times”
- D. “Family Matters”
- E. “My Three Sons”
- F. “Happy Days”
- G. “The Courtship of Eddie’s Father”

# Puzzle Solutions

## Brain Bender: What a Catch!

Nate Hall caught the 3-pound perch. Gary Benson caught the 6-pound trout. Stan Reynolds caught the 8-pound bass. Calvin White caught the 10-pound walleye.

## TV Dads

1. B; 2. C; 3. G; 4. E; 5. D; 6. F; 7. A

## Word Ladders

1. dad, did, die, tie; 2. golf, gulf, gull, bull, ball; 3. fish, fist, mist, mint, pint, pins, fins

# Word Ladders

In each set below, use the clues to change the first word, one letter at a time, to get the last word.

## DAD

- \_\_\_ Took action
- \_\_\_ A cube with dots

## TIE

## GOLF

- \_\_\_ Wide chasm
- \_\_\_ Sea-loving bird
- \_\_\_ Bovine patriarch

## BALL

## FISH

- \_\_\_ A tightly closed hand
- \_\_\_ Tiny water droplets
- \_\_\_ Chewing gum flavor
- \_\_\_ Two cups
- \_\_\_ Sewing accessories

## FINS

9	3	4	7	1	5	8	6	2
6	8	1	2	9	3	5	7	4
2	5	7	8	6	4	1	3	9
1	2	3	5	4	6	9	7	8
4	7	5	9	2	8	6	1	3
8	6	9	1	3	7	2	5	4
7	4	2	6	5	9	3	8	1
3	1	6	4	8	2	7	9	5
5	9	8	3	7	1	4	2	6







## Mother's Day Fun In So Many Ways!

We love our moms! On the Thursday before Mother's Day, we delivered flowers at lunch (along with a poem), and they loved it! On Friday, we had an "Ocho de Mayo" Happy Hour that continued the Cinco de Mayo theme and celebrated Mother's Day. Senior Shield sponsored our Happy Hour and supplied margaritas to our residents. We had chips, queso, salsa, margaritas and Mariachi music on the back patio in perfect weather! We had our Mother's Day Raffle and announced the five winners of the baskets. Our five baskets consisted of a beautiful flower bouquet, a fun houseplant, an "Essentials" basket and two "Salty & Sweet Snack" baskets. All the winners were thrilled! On Mother's Day, our moms were given amazing gifts from Hawthorn, and we have since heard about how appreciative they were and how much they loved it; we love to hear that! The Mother's Day meal was delicious! It consisted of a crab cake on a bed of greens, then the main meal was steak with shrimp scampi, bacon wrapped asparagus, roasted potatoes and a warm roll. The chef

rounded out the meal with a delicious dessert; it was a white and red velvet cake with Cannoli cream, it had chocolate garnish and it was topped with fresh fruit, yum! We had our moms sign up for family visits and set up designated areas around our community. We made sure our residents were safely distanced yet close enough to enjoy the time together. All in all, our moms have said they had a great few days! We love you, moms!



*Eddy's wreath matched the flowers.*



*Martha appreciated the daisies.*



*Lovice won the "Essentials" basket.*



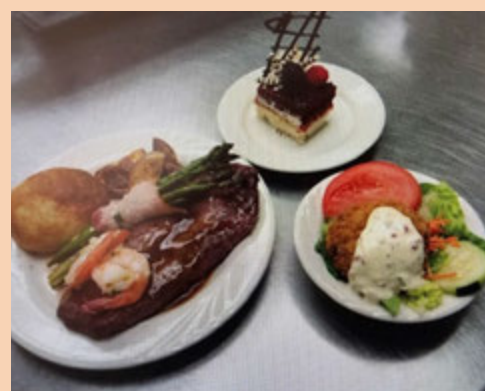
*Sue won the "Sweet and Salty" basket.*



*Barrett enjoyed her Mother's day visit with family.*



*The Scanos had a nice visit, 6 feet apart!*



*Our Mother's Day Lunch was five star!*





*Marge loved her Mother's Day gift from Hawthorn.*



*Margaritas and Mariachi music on the back patio! Thank goodness for the great weather!*



*Bill and Vi enjoying the patio Happy Hour.*

## Lure 'Em In

Open up an angler's tackle box, and there's likely to be a few fishing lures inside. An alternative to live bait, lures come in a variety of styles.

**Crankbait:** Also called cranks or plugs, these popular lures are made of plastic or wood and look like bait such as small fish or frogs. An attached piece, or lip, on the lure controls how it moves in the water. Cranks usually have multiple hooks.

**Jigs:** A hook with a weighted metal head that allows it to sink, this type of lure is made for jigging, a style of fishing where the rod is lifted and lowered back down repeatedly, creating a dancing movement to attract fish. To make it more appealing, the lure's hook can be adorned with feathers, a fake worm, or live bait.

**Spinnerbait:** These lures have small oval blades that spin like a propeller when pulled through the water. Usually sporting a fringed "skirt" made of strands of rubber or animal hair, a spinner's horizontal movements are irresistible to fish such as bass, perch and pike.

**Spoons:** One of the oldest lures used was a common utensil—a spoon with its handle removed. Modern spoons are simply curved metal lures with a hook. The curved shape makes the lure wobble side to side, resembling injured bait to hungry fish.

**Flies:** To make these lures used for fly fishing, anglers tie fur, feathers or thread around a fishhook so that it resembles an insect or crustacean. Because of the skill involved, tying flies is considered an art.



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When the world  
is staying apart,  
we are coming  
together.

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