

Upcoming Events

- Piano Concert with the Nguyen Brothers
- June Birthday Party
- Amaze-Singh Eats (a new treat every week)
- Great Courses Series: American Presidents
- Vocal Guitar Concert with Pam Butler
- Virtual DJ with Bill & Jean
- Google Arts & Culture: Musee d’ Orsay
- Health Presentation with the Medical Team: Aging Happy
- Hershey Holiday
- Loudoun County Sheriff’s Department Presentation: COVID Scams
- Flag Day History, Trivia, Games & Puzzles
- Midsummer Fika
- Wedding Memories Contest
- Vocal Concert with Robin
- Father’s Day History, Trivia, Games, Puzzles & Dinner
- Healthcare Presentation with Dana: Sun Safety & Skin Protection
- Root Beer Float Party
- Ukulele Concert with Carol Takafuji & Friends
- Popcorn Party
- Food Truck Treats

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!



NEWS FROM THE DEPARTMENT HEADS

Executive Director

Thank you to all our heroes who are working every day and night on the Waltonwood frontlines. We are Ashburn Strong!

Business Office

During the current COVID situation, residents who receive their monthly statements at Waltonwwod will receive them on your ledge each month. They will not come in your mailboxes.

Marketing

Thank you to all the local business for providing lunch for our Waltonwood “heroes.” We truly appreciate it.

Resident Care

We are pleased to report that our community is COVID free! Let’s try to keep the community virus free by remembering to wash our hands, wear our masks when out in common areas and social distancing!

Culinary

Join the culinary team as they continue with the ever popular Amaze-Singh Eats. You will enjoy a new treat presented by a different chef each week. Our Environmental Services Manager and Chopped Champion is even showing us how to create a special treat.

Environmental Services

We are having fire alarm testing the first week of June. We apologize for the inconvenience.

Life Enrichment

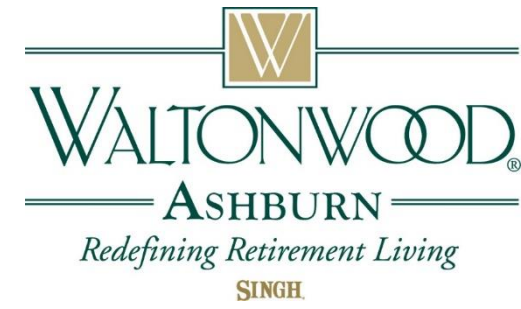
The life enrichment team continues to provide door to door activities as well as Goto meetings with speakers, performers, discussions and religious/spiritual services. For a list of upcoming activities please be sure to take a look at the weekly calendar that’s published on Saturdays for the upcoming week. Please let us know if you’d like to join us for certain Goto events so we can assist you of if you would like to receive certain door to door activites so they can be brought to you.

ASHBURN CONNECT

ASSISTED LIVING
JUNE 2020



Who says we can’t enjoy life enriching activities during today’s interesting times? Our calendar is just as full as it was four months ago back when life was “normal.” We are keeping socially, mentally, physically, spiritually and emotionally fit even though we’re doing things differently. We are fortunate that we live in a digital age. Because of this, we can utilize Goto, Zoom and more to continue having speakers & performers at our fingertips. We can connect with family and friends through Facetime, Skpye and more for a friendly visit with many people at the same time. We are enjoying door to door activities from the luxury of our own apartments like arts and crafts, games, discussions, meetings, religious and spiritual services, socials and more. We can enjoy the warm weather and go for a walk, continue with gardening and even exercise. We have dedicated “heroes” who continue to come to work to offer you many services like resident care, life enrichment, culinary, maintenance and housekeeping. We even have the marketing team continuing to thrive with virtual tours and are scheduled to move new friends into the community very soon. Nothing is going to break our spirits or keep us down. We will continue to be creative in our quests to bring you the best of the best. Life is always good at Waltonwood.



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COMMUNITY
MANAGEMENT

- Chris Leinauer
Executive Director
- Audrey Poore
Business Office Manager
- Tiffany Ashton
Marketing Manager
- Kathleen Kisiah
Marketing Manager
- Rudy Williamson
Maintenance Manager
- Chandis Parris
Independent Living Manager
- Maria Manola
Resident Care Manager
- Stephanie Jordan
AL Wellness Coordinator
- Megan Mastre
MC Wellness Coordinator
- Jocelyn Jackson
AL Life Enrichment Manager
- Liza Watkins
IL Life Enrichment Manager
- Kate Ritchie
MC Life Enrichment Manager

ASSOCIATE OF THE MONTH – Laureana Gomez Sanchez

Congratulations to Laureana for being selected as Employee of the Month! Laureana was selected because she goes above and beyond. Without hesitation, Laureana agreed to work in memory care even when we had COVID positive residents there. She lived on site to make sure she was readily available to cover any shifts that weren’t filled. Laureana spends time getting to know residents she is caring for as a whole and not just as a patient. When a resident wasn’t eating one day, she went to Chic Fil-A because she knew the resident liked the food from there. Laureana is always smiling and takes a positive approach to her day even when it is stressful. She not only looks out for the residents but her co-workers as well to ensure everyone is okay.

Laureana started her healthcare career as a Certified Nursing Assistant in home healthcare. After working in senior communities for 6 years, she became a Medical Technician and has been a Med Tech for 10 years. Laureana has been at Waltonwood since February of 2019. She works in Assisted Living as well as Memory Care. Laureana decided to work in healthcare because she loves helping people. She gets a rewarding feeling working with seniors. It is not a job to her because she loves what she does. Laureana even picks up shifts when they need to be filled because she wants to make sure the residents are well taken care of. The residents are family to her. She loves sharing her family stories and hearing the residents’ family stories too.

Laureana moved from El Salvador to New York when she was 11. Two years later she moved to Falls Church, Virginia to be closer to other relatives. Laureana currently resides in Manassas, Virginia with her son, Ian, and her Pitbull, Chica. In her spare time she enjoys hiking, bowling, doing fixer-upper home projects and spending time with family.



MAY HIGHLIGHTS

Cinco De Mayo – May Birthdays – Popcorn Cart



FOREVER FIT – Simple Steps

Sometimes the best exercise is also the simplest. At a time when things feel so complicated and unclear something as basic as a daily walk can work wonders to help keep a strong body and clear mind. Incorporating a regular walking routine into your current schedule helps to strength your heart, ease joint pain, increase energy, improve mood and boost your immune system. By staying active during such a trying time, we help our bodies and minds manage stress more effectively and use the power of exercise as a healthy outlet. Summer is finally here and while things may feel a little different this time around, rest assured the benefits of walking are just as important now as they’ve ever been.

TRANSPORTATION INFORMATION & UPCOMING TRIPS

We are sorry to announce that no trips are scheduled this month due to the global issues we are experiencing at this time. We are also not utilizing the bus for any doctor’s appointments or personal errands. We are sorry for the inconvenience.

Please let Concierge know if you are interested in participating in the above trips so that a spot can be reserved for you.

Seats are limited. Sometimes we are not able to add residents at the last minute as some trips need to be planned in advance. As a reminder, due to the time of year, trips may be canceled due to inclement weather.

As a reminder, the bus is only available for doctor appointments on Mondays & Thursdays between 9am-3:00pm. Residents must be able to take these trips independently, be dropped off and picked up at the same place. Appointments must be made at least 48 hours in advance. Please confirm your trip with concierge.

WALTONWOOD SALON

The Waltonwood Salon is open on Wednesdays for appointments. If you are interetsed in making an appointment, please call 571 918-4854 (concierge) and ask them to transfer you to the salon (concierge should not be making appointments). Please leave your name, call back number, day and time of your requested appointment and what you would like done. Someone from the salon will call you back to confirm your appointment or suggest another date & time.

- The salon is currently closed as we are not allowing visitors to come into the community at this time. We are sorry for the inconvenience.



RESIDENT BIRTHDAYS

6/2 Ira Furlong	6/4 Vince Curletta	6/8 Claudette Thibodeau
6/8 Mary Verkler	6/24 Liz Rocklin	6/24 Pat Zicari
6/28 Sarah Fiacco	6/28 Paige Wilkes	

EXECUTIVE DIRECTOR CORNER – CHRIS LEINAUER

I appreciate everyone who participated in the recent point prevalence survey process conducted by the Virginia Department of Health. The testing, administered by the Virginia National Guard, provided us with the results we were hoping for. Even with these results, we need to remain vigilant in our defense of CoronaVirus. It remains a threat and we hope to keep it away from Waltonwood Ashburn. As the weather heats up and we get outdoors, remember to wear your mask and to practice the recommended social distancing guidelines (6-feet of separation). Remember to utilize our front entrances when both entering and exiting the community. Also, please continue to participate in the health checks at the front desk. We appreciate your compliance with these measures. Stay safe!