



Haven at Springwood

31	Jun 1	2	3	4	5	6
Green Salad Sweet Pineapple Chicken <i>or</i> New England Baked Haddock Confetti Rice Pilaf California Normandy Blend Baked Roll Rainbow Cake	Green Salad Bacon Cheddar Pork Chops <i>or</i> Turkey Pot Roast Fresh Cooked Yams Stewed Tomatoes Baked Roll Homestyle Cherry Cobbler	Green Salad Hamburger Steak with Gravy <i>or</i> Baked Ham with Peach Sauce Baked Potato Sauteed Carrots Baked Roll Watermelon	Green Salad Southwest Chicken <i>or</i> Orange Herb Pork Roast Onion Roasted Potatoes Herbed Corn Baked Roll Fruit Cup	Green Salad Parmesan Tilapia Fillets <i>or</i> Cube Steak Parmesan Garlic Mashed Potatoes Fresh Asparagus Baked Roll Pina Colada Cake	Green Salad Classic Lasagna <i>or</i> Lemon Herb Turkey Roast with Gravy Parsley Carrots Garlic Bread Pound Cake	
7	8	9	10	11	12	13
Green Salad Honey Glazed Ham <i>or</i> Sesame Beef Roasted Yams Seasoned Cabbage Baked Roll Fresh Apple Pie	Green Salad Oven Fried Chicken <i>or</i> Shrimp Saute with Peppers and Onions Ranch Potato Wedges Mixed Vegetables Baked Roll White Almond Cake	Green Salad Meatballs with Burgundy Sauce <i>or</i> Herb Roasted Turkey with Gravy Parsley Egg Noodles Roasted Cauliflower Baked Roll Chocolate Marshmallow Cake	Green Salad Pork Roast with Gravy <i>or</i> Vegetarian Quiche Brown Rice Harvard Beets Baked Roll Mixed Berry Crisp	Green Salad Salisbury Steak and Gravy <i>or</i> Chicken with Citrus Sage Sauce Classic Mashed Potatoes Fresh Cooked Carrots Baked Roll Cottage Cheese and Fruit	Green Salad Grilled Sole with Aioli Sauce <i>or</i> Bacon Wrapped Pork Tenderloin Baked Yams Lemon Buttered Broccoli Baked Roll Angel Food Cake	Green Salad Slow Roasted Carved Turkey <i>or</i> Beef Tips Homemade Stuffing Buttered Squash Baked Roll Banana Sheet Cake
14	15	16	17	18	19	20
Green Salad Beef Pot Roast <i>or</i> Soy Glazed Salmon Boiled Potatoes Honey Roasted Carrots Baked Roll Homemade Chocolate Cream Pie	Green Salad Bread Crumb Chicken <i>or</i> Veal Piccata Fresh Mashed Potatoes and Gravy Corn on the Cob Baked Roll Peach Crisp	Green Salad Sweet Pear Pork Chop <i>or</i> Pepper Smothered Cube Steak Sweet Potato Gratin Sauteed Spinach Baked Roll Homemade Carrot Cake	Green Salad Beef Patty with Mushroom Sauce <i>or</i> Smoked Roasted Turkey Twice Baked Potato Green Beans with Bacon Baked Roll Chocolate Chip Cookie	Green Salad Chicken Creole <i>or</i> Rosemary Lemon Pork Chop Rice Pilaf Grilled Asparagus Baked Roll Blueberry-Lemon Parfait	Green Salad Crunchy Baked Fish <i>or</i> Ham Roast Potato Wedges Chef's Steamed Vegetable Baked Roll Honey Bun Cake	Green Salad Swiss Bacon Meatloaf <i>or</i> Herb Crusted Turkey Cutlet Herb Mashed Potatoes California Normandy Blend Baked Roll Cherry Bars
21	22	23	24	25	26	27
Green Salad Parmesan Chicken Breast <i>or</i> Monterrey Jack Cube Steak Baked Potato Buttery Carrots Baked Roll Strawberry Pie	Green Salad Garlic Herb Pork Roast <i>or</i> Rosemary Roasted Chicken Thigh Baked Macaroni Cheese Steamed Broccoli Baked Roll Apple Walnut Cake	Green Salad Braised Beef Tips <i>or</i> Seasoned Baked Tilapia Noodles Lemon Pepper Green Beans Baked Roll Pineapple Crumble Bars	Green Salad Turkey Roast <i>or</i> Pork Chop with Onions Cranberry Sage Dressing Brussels Sprouts Baked Roll Pear Cobbler	Green Salad Baked Spiral Ham <i>or</i> Braised Balsamic Chicken Scalloped Potatoes California Normandy Blend Fresh Cornbread Apple Slices	Green Salad Hawaiian Meatballs <i>or</i> Seasoned Baked Flounder Parsley Rice Honey Glazed Pea Pods and Carrots Baked Roll Citrus Cake	Green Salad Chicken Fettuccine <i>or</i> Sweet Corned Beef Angel Pasta Boiled Cabbage Baked Roll Banana Cream Pudding
28	29	30	Jul 1	2	3	4
Green Salad Glazed Pork Roast <i>or</i> Roast Beef au Jus Baked Potato Peas and Onions Baked Roll Snickerdoodle Brownie	Green Salad Country Fried Steak with Gravy <i>or</i> Turkey Roast with Zesty Rub Herb Mashed Potatoes Mixed Vegetables Baked Roll Chocolate Buttermilk Cake	Green Salad Chicken with Mushroom Gravy <i>or</i> Bratwurst and Sauerkraut Fresh Mashed Potatoes Classic Lima Beans Baked Roll Apple Cobbler				