



2772 W. Avante Loop
Coeur d'Alene, ID 83815

STAMP
HERE



Administrative Team: 208-664-6116

Executive Director: Tina Mouser

Community Relations Dir.: Rebecca Georgius

Business Office Director: Lori Varbero

Registered Nurse: Debbie James

Wellness Nurse: Dana Seaman

Wellness Director: Kari Hakala

Wellness Coordinator: Micheal Williams

Dietary Services Director: Annie Troester

Maintenance Director: Kurt Mouser

Life Enrichment Director: Jacob Bonagofski



Our mission is to create and sustain comfortable, caring environments for those who depend on us.

The Renaissance Reader

Monthly Newsletter



June 2020

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Ways to Get Involved in the Fight Against Alzheimer's

While Covid-19 has changed the way we approach supporting important causes, like the fight against Alzheimer's, there are still many ways we can lend a hand right from home. The Alzheimer's Association has a slew of opportunities. We've detailed a few here, but there are even more! Read on to see how you can help.

Fight Alzheimer's from Home

Assist with Research. The Alzheimer's Association has "TrialMatch," a free, easy to use, clinical studies matching service that helps pair potential participants with clinical studies across the country. Online, visit Trialmatch.alz.org

Advocate. Do so by urging congress to support the Alzheimer's and dementia community. The Alzheimer's Association has online fillable forms where people can email members of congress about the issues that matter most right now. Online, visit: alz.org/get-involved-now/advocate

Donate. There are various avenues for this:

- Donate toward the Alzheimer's Walk participants, or "the Longest Day" on June 20. The Longest Day is a great opportunity for setting up virtual fundraising activities. Learn more at act.alz.org/
- Set up a Tribute or Memorial Page with fundraising for visitors to take part in.
- Donate Cars, Trucks, Trailers, Boats and RVs through the Donate-A-Car Program. When a vehicle sells, proceeds support the Alzheimer's Association and may provide tax benefits.



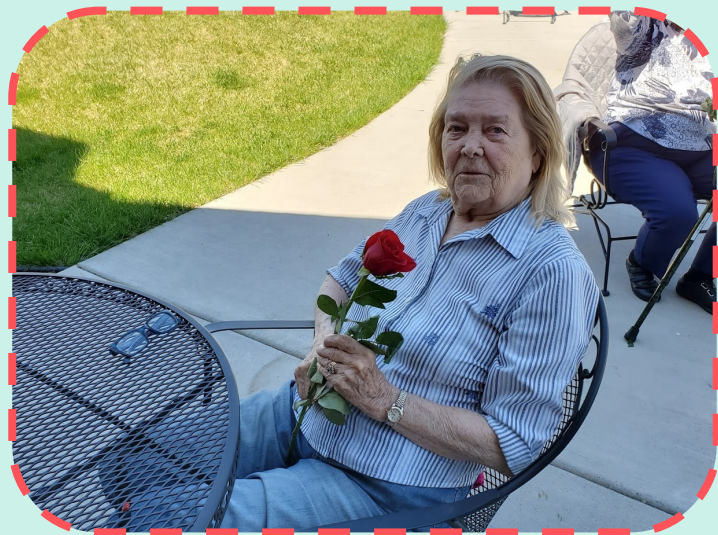
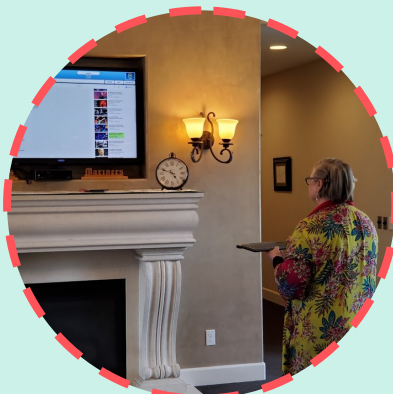
- Volunteer for a local chapter and see if your company will take part in the volunteer grants program. In doing so, they may make a financial contribution on behalf of your time volunteering.
- Donate stocks or securities, which can provide potential tax benefits.
- Find more at alz.org/get-involved-now/other_ways_to_give

Volunteer. There are various ways to make a difference as a volunteer. Here are a few:

- Be a Support Group Facilitator, creating safe environments for others to share feelings, thoughts, and experiences of dementia in support group settings.
- Be a Faith Outreach Representative, sharing information and free resources on Alzheimer's through the Association.
- Be a Community Educator, providing education and expanding program reach.
- Learn more at: alz.org/get-involved-now/volunteer

We hope these helping options speak to you! Visit alz.org to see many others.

Special Moments



HAPPY BIRTHDAY!!



Viola: June 10
Betty: June 16
Donna Rae: June 19
Claudia: June 24

June 2020 Highlights

June is Fresh Fruit & Veggies Month, Zoo & Aquarium Month, and Rose Month!

01 Pen Pal Day; Nail Polish Day
02 Rocky Road Day; Garden Week
03 Chocolate Macaroon Day; Egg Day
04 Cheese Day
05 Donut Day; Veggie Burger Day
06 D-Day; Gardening Day; Yo-Yo Day
07 Boone Day; Oklahoma Day
08 Best Friends Day; Uplifted Feel Day
09 Donald Duck Day
10 Herbs & Spices Day; Iced Tea Day
11 German Chocolate Cake Day
12 Jerky Day; Peanut Butter Cookie Day
13 Weed the Garden Day; Kind Acts Day
14 Flag Day; Army Birthday; Flag Week
15 Nature Photography Day
16 Fudge Day
17 Stewart's Root Beer Day
18 Go Fishing Day
19 Garfield Day
20 Eagle Day; Seashell Day; Hello Summer!



21 Peaches N' Cream Day; Father's Day
22 Onion Rings Day; Éclair Day
23 Hydration Day; Pecan Sandies Day
24 Pralines Day; Parchment Day
25 Strawberry Parfait Day; Catfish Day
26 Coconut Day; Beauticians' Day
27 Sunglasses Day; Ice Cream Cake Day
28 Paul Bunyan Day; Alaska Day
29 Camera Day; Waffle Iron Day
30 Meteor Watch Day; Dress Extra Nice Day

A note regarding Coronavirus:

The safety and comfort of our residents and staff remains our number one priority during the Coronavirus cases that have happened nationwide. It is important to communicate our plans to mitigate risk in our community. We are following mandated health guidelines. Please note that all activities are subject to cancellation per current mandated health guidelines. To read a full list of measures taken, and our current visitor policy, please visit our website: www.assistedlivingcda.com

Summer Watermelon Salad Recipe!



For a refreshing summer welcome, mix together watermelon, feta cheese cubed or crumbled, cucumber, fresh basil, and lemon zest or juice to preference! Sea salt or pepper optional. (Source: Modified from A Couple of Cooks dot com).

Our resident spotlight shines on: Betty

Betty always enjoys a nice cup of tea and cookie especially when someone is there to enjoy some with her as well. She is a very social and a helpful person to anyone who needs it.

Betty lived in Pine Hurst Idaho in her family home her whole life until she moved to The Renaissance this year. It took some adjusting, but Betty has found that The Renaissance is a place she can call home.

Betty we are honored to have you here!



Our staff spotlight shines on: Sadina (House Lead St. Michelle)

We would like to introduce everyone to Sadina. She has been with The Renaissance for almost two years. She is very family oriented and incorporates that into the care of her residents. Sadina looks at every resident at The Renaissance as a loved one. She cares beyond words. We are so grateful to have her as part of our family. Sadina and Art have a combined family of 6 kids and several grandchildren. Together they create a dynamic duo. Both are tremendous assets here at the community. We would like to say thank you Sadina for all you do!!!

June 2020

The Renaissance Assisted Living • 2772 W. Avante Loop • 208-664-6116

SUN	ALL	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5	6
		9:00 Morning Chat 10:00 Rosary 10:00 Coloring (All) 11:00 One on One 1:30 Reading Group 1:30 Virtual Tours (All) 3:00 Balloon Volleyball 4:00 One on One	9:00 Morning Exercise (All) 10:00 Balloon volleyball 10:00 Virtual tour (All) 11:00 One on One 1:30 Snack and Movie 1:30 Laughter and comedy (All) 3:00 Bingo 4:00 One on One	9:00 Morning Exercise (All) 10:00 Resistant Bands 10:00 Word Search (All) 11:00 One on One 1:30 Ice Cream Social (All) 3:00 Fun Trivia Games 4:00 One on One	9:00 Morning Exercise (All) 10:00 Creative Arts 10:00 Virtual Tours (All) 11:00 One on One 1:30 Balloon Volleyball 1:30 IN2L Live Feeds (All) 3:00 Memory Games 4:00 One on One	9:00 IN2L Exercise (All) 10:00 IN2L Movie (All) 11:00 One on One (All) 12:00 doughnut Dessert! (All) 1:45 Virtual Tours (All) 3:00 Word Search (All)	9:00 Morning Exercise 10:00 Church Live (All) 10:00 Virtual Tours (All) 11:00 One on One 1:30 IN2L Virtual Biking 1:30 Word Search (All) 3:00 Balloon Volleyball 4:00 One on One
	7	8	9	10	11	12	13
	9:00 IN2L Print Activities (All) 10:00 IN2L Movie (All) 11:00 One on One (All) 1:45 IN2L Tunes (All) 3:00 Virtual Tours (All) 4:00 One on One (All)	9:00 Morning Chat 10:00 Rosary 10:00 Coloring (All) 11:00 One on One 1:30 Reading Group 1:30 Virtual Tours (All) 3:00 Balloon Volleyball 4:00 One on One	9:00 Morning Exercise (All) 10:00 Balloon volleyball 10:00 Virtual tour (All) 11:00 One on One 1:30 Movie and a Snack 1:30 Laughter and comedy (All) 3:00 IN2L Games 4:00 One on One	9:00 Morning Exercise (All) 10:00 Resistant Bands 10:00 Word Search (All) 11:00 One on One 1:30 Ice Cream Social (All) 3:00 Fun Trivia Games 4:00 One on One	9:00 Morning Exercise (All) 10:00 Creative Arts 10:00 Virtual Tours (All) 12:00 German Chocolate Cake Dessert! 1:30 Balloon Volleyball 1:30 IN2L Live Feeds (All) 3:00 Memory Games	9:00 Morning Exercise (All) 10:00 Wii Bowling 10:00 Word Search (All) 11:00 One on One 1:30 IN2L Virtual Biking 1:30 Disney Movie Time (All) 3:00 Balloon Volleyball 4:00 One on One	9:00 Morning Exercise 10:00 Church Live (All) 10:00 Virtual Tours (All) 11:00 One on One 1:30 IN2L Virtual Biking 1:30 Word Search (All) 3:00 Balloon Volleyball 4:00 One on One
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	9:00 IN2L Print Activities (All) 10:00 IN2L Movie (All) 11:00 One on One (All) 1:45 IN2L Tunes (All) 3:00 Virtual Tours (All) 4:00 One on One (All)	9:00 Morning Chat 10:00 Rosary 10:00 Coloring (All) 11:00 One on One 1:30 Reading Group 1:30 Virtual Tours (All) 3:00 Balloon Volleyball 4:00 One on One	9:00 Morning Exercise (All) 10:00 Balloon volleyball 10:00 Virtual tour (All) 11:00 One on One 1:30 Movie and a Snack 1:30 Laughter and comedy (All) 3:00 IN2L Games 4:00 One on One	9:00 Morning Exercise (All) 10:00 Resistant Bands 10:00 Word Search (All) 11:00 One on One 1:30 Ice Cream Social (All) 3:00 Fun Trivia Games 4:00 One on One	9:00 Morning Exercise (All) 10:00 Creative Arts 10:00 Virtual Tours (All) 12:00 Strawberry Parfait Dessert! 1:30 Balloon Volleyball 1:30 IN2L Live Feeds (All) 3:00 Memory Games	9:00 Morning Exercise (All) 10:00 Wii Bowling 10:00 Word Search (All) 11:00 One on One 1:30 IN2L Virtual Biking 1:30 Disney Movie Time (All) 3:00 Balloon Volleyball 4:00 One on One	9:00 Morning Exercise 10:00 Church Live (All) 10:00 Virtual Tours (All) 11:00 One on One 1:30 IN2L Virtual Biking 1:30 Word Search (All) 3:00 Balloon Volleyball 4:00 One on One
28	29	30					<p>*Activities are subject to Change per current mandated health guidelines</p>
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