



A Message from Mara and Our Activity Team

To our Vista Gardens families and friends!

We sure do miss you! We wish that you were able to join us in all the programs, parties and special events that your family members are enjoying. Our Easter and Mother's Day celebrations were wonderful and we're planning just as much fun at our Memorial Day and Father's Day events. We'll be sure to involve you with videos, photos, messages and more! Your loved ones are enjoying being the "star" in our snapshots and movies. Hopefully, we'll all be together soon!

With all that's going on outside our doors, life has remained stable for our residents. Familiar activities are offered in smaller group settings. We continue to get out for walks, scenic drives, and picnics in our garden and patio areas. Our vendors and volunteers are offering musical programs via Zoom and other technology that we're able to show on our TV screens throughout the building. So, until this crisis is over and we're all together again...

- We will dress up in silly costumes and dance up and down the halls.
- We will give comforting words and do our best to create fun activities that can be done safely.
- We will hold the iPads, phones, and laptops so family and friends can see and talk to their loved ones who are unable to communicate and reassure them everything is okay.
- We will help your loved ones get to the glass door or window so you can see each other's faces and smiles, and we will help with communication if it becomes difficult.
- We will give lots of hugs and reassurance as we all get through this together.
- We will do our very best to make sure the outside world stays "outside" and our residents and your loved ones stay safe."

Management Team

Shannon Hundley

Executive Director / Administrator

Evelyn Delgado

Associate Executive Director

Rachel McIntyre

Memory Care Director

Stephanie Morgan

Director of Sales & Marketing

Mara Carney

Activity Director

Dee Warner

Culinary Director

Easter Sialoi

Staff Development Manager

Peter Ledesma

Maintenance Manager

Leah Wallis

Community Liaison

Carmen Gonzales

Garden Level Programmer

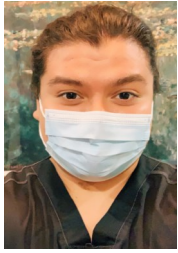
Karina Tellez

Human Resource Assistant

Mother's Day Memories



Employees of the Month



Raymond G.
Caregiver NOC

Ray is a long-standing, loyal employee at Vista Gardens. He is primarily assigned to our Garden Level and has developed a genuine connection with our more frail residents.

He has proven to be a capable, independent worker, needing little supervision. However, Ray is always available to assist other team members when called.

Thank You, Ray, for your commitment to our residents and your strong work effort. We truly appreciate you!



Roselvi S.
Caregiver PM

Roselvi, "Rose" is one of our more recent hires, but she has proven herself to be one of our Vista Gardens superstars. She was chosen by her peers as Employee of the Month for her dedication and compassion for our residents.

We appreciate her teamwork and her positive attitude. We are grateful that she has chosen to join our Vista Gardens family!

Way to Go!!

Father's Day Celebration

We'll be Grillin' & Chillin' at a Father's Day BBQ On the Patio



Friday, June 19th
11:30 am

Family Support Meeting

Caring for a loved one can be isolating and overwhelming, but you are not alone...

Alzheimer's San Diego Support and Discussion Group

Temporarily Cancelled

During this time, the Alzheimer's Association is available to you 24/7 for around-the-clock care and support at **1-800-272-3900**.

Their local office main line is **619-678-8322**.

Please do not hesitate to contact them at any time for more information, or to find a support group or educational class via phone or online.