



June 2020

124 Liberty Court • Dixon, IL 61021 • (815) 285-2000

# Meet Your Management Team

- Community Director- Melissa Jones
- Community Relations Coordinator- Kelly Shroyer
- Health Care Coordinator-Stephanie Herwig
- Life Enrichment- Amanda Richardson
- Maintenance Coordinator-Rick Shroyer
- Culinary Coordinator-Dorothy Spratt
- Lead CNA- Dawn Hooper
   Office Hours Monday-Friday
   8am-4:30pm

## **Hello, Sunshine!**

Bring on the sun and fun! Summer officially begins on June 20.

#### **Remember the Three L's**

The sunshine will soon be at its full force. To avoid overheating, health experts say to remember the three L's when it comes to clothing: Keep it lightweight, loose-fitting and light-colored.

## **Hall of Fame Fisherman**

Mention the name Ted Williams, and the MLB legend is often remembered as the sport's greatest hitter. But Williams was as skilled with a fishing pole as he was with a bat. An expert fly and deep-sea fisherman, he was inducted into the International Game Fish Association Fishing Hall of Fame in 1999. Williams is one of only a few athletes to be a Hall of Famer in more than one professional sport.



### **A Dandy Sight**

Blooms of dandelions are an annual sight across many landscapes. The plant's head holds as many as 300 ray flowers that look like tiny petals. These mature into white seeds that can disperse and drift off miles away. Folklore says the dandelion's life cycle symbolizes our solar system: The yellow flower resembles the sun, the white puff ball looks like the moon and the scattered seeds are the stars.

#### **Here's to Dads**

Father's Day on Sunday, June 21, honors dads, granddads and father figures everywhere.



# **Healthy Stone Fruits**

It's the season for stone fruits, those fresh, juicy treats with a pit inside. Peaches, nectarines, apricots, mangoes, plums and cherries are all stone fruits. Bite into these, and you'll get a healthy dose of vitamin C, important for boosting your immune system.





# Trivia Whiz

#### 'Jaws' Turns 45

Considered to be the first summer blockbuster, the thriller "Jaws" opened in theaters on June 20, 1975.

"Jaws" was based on the novel of the same name by Peter Benchley. He originally titled the book "Silence in the Deep."

Three mechanical sharks were built to portray the great white beast that terrorizes a seaside town.

To add suspense, the shark isn't seen until nearly an hour and a half into the film.

The memorable line "You're going to need a bigger boat" was ad-libbed by actor Roy Scheider, who played the town police chief, Martin Brody.

The first movie to make over \$100 million at the box office, "Jaws" was the highest-grossing film of all time until 1977's "Star Wars."





Congrats to Superheroes of the week. Krystal & Desirea. Thanks for all you do for us!



Mabel has been working hard to get our plants watered





Beautiful days and good books.



Enjoying that sunshine!









We Enjoyed making May Day baskets in activities and handing them out to our community.



# Wit & Wisdom

"There shall be eternal summer in the grateful heart." —Celia Thaxter

"And so with the sunshine and the great bursts of leaves growing on the trees ... I had that familiar conviction that life was beginning over again with the summer."

—F. Scott Fitzgerald

"If summer had one defining scent, it'd definitely be the smell of barbecue." —Katie Lee

"Summer is singing with joy, and the beaches are inviting you with dancing waves."

—Debasish Mridha

"Oh sun! Fervid sun! You welcome me with summer. Drench me in your rays." —Richelle E. Goodrich

"Summer's lease hath all too short a date." —William Shakespeare Viewed: 05/26/20 08:52 AM

#### **June 2020**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Rent Is Due	2	3 Happy B-day Lyman	4	Rent Is Late	6
7	Happy Birthday Rosalie	9 Thanks for Making Your Home With Us	10	11	(i):12 (	13
14	15	16	17	18	19	Summer Begins 20
HAPPY FATHER'S DAY	22	23	24	25	26	27
28 Happy B-day Lillian	29	List of Full Activities on Activities Calendar	June			

# "This Month In History" JUNE

**1910:** The first statewide celebration of Father's Day is held in Washington. The day honoring fathers was proclaimed a national holiday in 1972.

1928: Louis Armstrong and his Hot Five band record "West End Blues," considered to be one of the greatest jazz songs of all time.

**1939:** The first Little League Baseball game is played in Williamsport, Pa.

**1944:** Allied forces storm the beaches of Normandy, France, in the D-Day invasion of World War II.

**1956:** The last Packard rolls off the production line at the luxury car's manufacturing plant in Detroit.

**1978:** Comic strip cat "Garfield," created by Jim Davis, debuts in 41 newspapers.

**1993:** Chuck Berry, Ruth Brown and Billy Joel are among the stars who help break ground for the new Rock & Roll Hall of Fame building in Cleveland.

**2007:** After recovering from near extinction, the American bald eagle is removed from the endangered species list.

**2012:** Daredevil Nik Wallenda makes high-wire history after walking a 1,800-foot-long wire suspended over Niagara Falls.

**2019:** "Jeopardy!" contestant James Holzhauer's winning streak ends at 32 games. He won over \$2.4 million on the TV quiz show.

