

October 2019

Sunset Park Place

3730 Pennsylvania Ave, Dubuque, IA 52002 * 563-583-7939 * www.sunsetparkplace.net



Celebrating October

Bat Appreciation Month

**Italian-American Heritage
Month**

Positive Attitude Month

Mystery Series Week
October 6–12

World Day of Architecture
October 7

Be Bald and Free Day
October 14

International Artists Day
October 25

All Hallows Eve
October 31

Joys of Fall

In this season of color and abundance we are grateful for the blessings we continually experience at Sunset. You all are a special part of our Sunset Park Place Community. Thank you for being you and choosing to call us home!

This is a great time of year if you have friends or other family members who are thinking of moving before winter to come take a tour and sample our wonderful hospitality. What a splendid time to explore what we have to offer before the snow flies. Remember, if you refer an acquaintance and they come to live with us, you will receive a \$500 discount on your next month's rent!

If you haven't experienced all that Sunset Park Place has to offer lately, stop by and take advantage of our musical entertainment, participate in an exercise class or indulge in one of our delicious meals.

Have a great month!
Jerry Bell

Activity Highlights

Shopping

Hy-Vee	2 nd , 9 th , 16 th , 23 rd , 30 th	1:20 pm
Kohl's	4 th	2:00 pm
Target	7 th	3:00 pm
Apple Orchards: Bluebell & Czipar's	14 th	1:30 pm

Outings

Pete's Thai Kitchen	3 rd	11:15 pm
Breitbach's Country Dining	13 th	11:15 am
Rhody's Pie Run	18 th	1:30 pm
Party Bus Cruise	21 st	1:30 pm
Kalmes'	30 th	4:15 pm

Events

New Resident Welcome	3 rd	2:00 pm
Resident Meeting with Jerry	10 th	10:45 am
Euchre Tournament	17 th	1:00 pm
Pumpkin Decorating	19 th	1:30 pm
Halloween Party	31 st	2:00 pm

Music

Roger Weis	1 st	1:30 pm
Frank Naber	9 th	1:30 pm
Shelly Gessner	22 nd	1:30 pm
Tom Bedtka	25 th	1:00 pm
Terry Dillon	26 th	12:45 pm
Dave Poggenklass	28 th	1:30 pm
Lou Oswald	31 st	2:00 pm

Elder Law Presentation

Thad Murphy of Pearson Bollman Law Office will be joining us for an overview of Elder Law including Estate, Trust, and Medicaid Planning with a Q & A session to follow.



**Thursday, October 10th
5:00 pm
Sunset Park Place
Theater Room**

Wine and cheese reception prior to the presentation. RSVP's are appreciated but not required. Please contact Erica at 563-583-7939 with any questions.

Sunset Park Place Welcomes Tara to N.I.T.

Hello, my name is Tara Westhoff and I am an occupational therapist, with N.I.T. I graduated from St. Ambrose University with my bachelor's degree in psychology and a masters in Occupational Therapy. I have been a therapist for 2 years. I am certified in LSVT BIG therapy for people with Parkinson's disease or other neurological conditions. My husband and I currently live in Epworth and have been married for a year and a half. In my free time, I love spending time with family and friends, being outdoors and going to concerts.



Tara will be conducting an educational seminar about LSVT BIG therapy Thursday, October 24th at 3:00 pm Sunset Park Place.

RSVP's are appreciated but not required. Please contact Erica at 563-583-7939 with any questions

National Assisted Living Week

What a wonderful week it was celebrating Sunset Park Place! Residents enjoyed trying new activities, learning from seminars, and attending our annual talent show!

CRAZY HAT DAY



COLLABORATIVE ART



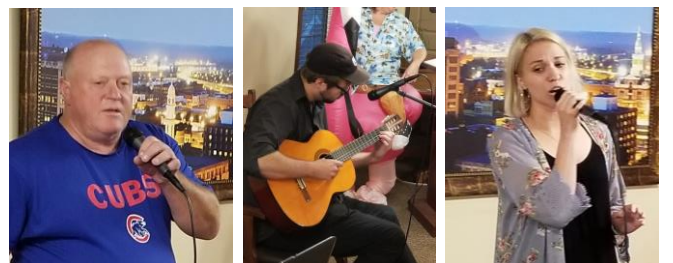
SOUND HEALING



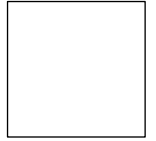
MUSIC THERAPY SEMINAR



TALENT SHOW



Sunset Park Place
3730 Pennsylvania Ave
Dubuque, IA 52002



Save the Dates...

ELDER LAW PRESENTATION
Thursday, October 10th
5:00 pm
Sunset Park Place
Theater Room

*Wine & Cheese Reception prior to presentation

Help with Parkinsons...

LSVT BIG Therapy Presentation
Thursday, October 24th
3:00 pm
Sunset Park Place
Theater Room

October Birthdays

Joyce M 11th	Jim V 22nd
Patty T 17th	Buck R 27th

In astrology, those born between October 1–22 balance the scales of Libra. Libras epitomize fairness and balance, often striving to minimize conflict and seek compromise. They achieve this with their charming, sincere, and lovable personalities. Those born between October 23–31 are Scorpions of Scorpio. Scorpions are passionate and assertive yet are known to keep cool and calm. This composure makes them good, steadfast leaders and loyal and honest friends.

Walter Matthau (actor) – October 1, 1920
Chevy Chase (comedian) – October 8, 1943
John Lennon (musician) – October 9, 1940
Molly Pitcher (soldier) – October 13, 1754
Pablo Picasso (artist) – October 25, 1881
Teddy Roosevelt (president) – October 27, 1858
Henry Winkler (actor) – October 30, 1945