November 2019

Sunset Park Place

3730 Pennsylvania Ave, Dubuque, Iowa 52002 · 563-583-7939 · www.sunsetparkplace.net



Celebrating November

Inspirational Role Models Month

Alzheimer's Disease Month

American Indian Heritage Month

> Author's Day November 1

Men Make Dinner Day November 7

Veterans Day: U.S. November 11

World Kindness Day November 13

Rock Your Mocs Day November 15

Thanksgiving: U.S. November 28

Giving Thanks...

Thanksgiving is my favorite holiday! It is a time to kick-back and relax, watch a parade/football game, take in a favorite movie and enjoy a feast of gratitude with family and friends. We are thankful for each one of you!

We will be extending thanks to all our veterans on November 11th at 12:30 in the dining room. The Dubuque Marine Corps League will be here to conduct this annual tradition. Please join us for this special event! Happy Thanksgiving!

Jerry Bell

Activity Highlights

Shopping

Target		1st	2:00 pm
Hy-Vee	6 th , 13 th , 20 th , 2	27 th	1:20 pm
Thrift Store Shopping	2:	2 nd	1:00 pm
<u>Outings</u>			
Village Inn	8 ^t	h	11:15 am
Rhody's Pie Run	1	5 th	1:30 pm
Party Bus Cruise	18	3 th	1:30 pm
Knock Out Melts	25	5 th	11:30 am
Moracco	20 th	4	l:30 pm

Events

Resident Meeting with Jerry	7 th	10:45 am
New Resident Welcome	7 th	1:00 pm
Veteran's Day Ceremony	11 th	12:30 pm

<u>Music</u>

Janet Lieb	1 st	2:00 pm
Frank Naber	12 th	1:00 pm
Shelly Gessner	19 th	1:30 pm
Chris Ross	23 rd	1:30 pm
Dave Poggenklass	25 th	1:30 pm
Tom Bedtka	30 th	1:00 pm

Staying Active

The fun of Balloon Volleyball! Every Monday morning we turn on the toe tappin' balloon wackin' music and have a blast!



Every day at 10:00 am join us for one of our exercise classes! Now with the cooler weather setting in it is a great way to stay active.

Live 2B Healthy – is led by certified trainer Pam Connolly and held every Monday, Wednesday, and Friday. Our very own senior fitness class is open to the public. Invite your friends and join us!



Easy-Baked Success

On November 4, 1963, the Kenner toy company introduced the Easy-Bake Oven, a real baking oven for children that was powered by nothing more than a

lightbulb. Toy salesman Norman Shapiro was inspired after taking a trip

to New York City, where he saw street vendors heating their pretzels with lightbulbs. Inventor Ronald Howes was tasked with turning the idea into reality, which he did by using two 100-watt bulbs. Despite a high price tag of \$15.95, which is equivalent to \$127 in today's marketplace, the toy was a hit, selling half-a-million units in its first year alone. Now, over

50 years and 10 different designs later,

Jukebox Heroes



The day before you gather around the turkey for Thanksgiving, gather around the jukebox for Jukebox Day! After all, both are American pastimes, and both offer perfect reasons to gather together and have a party.

The very first jukebox was installed by Louis Glass in San Francisco's Palais Royale Saloon on November 23, 1889. His nickel-in-the-slot machine was little more than an Edison wax cylinder phonograph fitted with Glass's own invention, a coin slot. The machine did not have any speakers or means of amplification, so listeners had to put their ear to one of four listening tubes to hear the music. And listen they did! In the first six months of operation, the single nickel-in-slot phonograph machine earned over \$1,000. Glass guickly installed other machines throughout the area, which helped him earn thousands. Before long, other inventors got in on the game, creating coin-operated music players of their own.

In 1918, Hobart Niblack created a device that could automatically change records. This led to the invention of the first machine that could play a wide selection of music from different records, by the Automated Musical Instrument Company in 1927. Then in 1928, Justus Seeberg combined a loudspeaker with a coin-operated player that allowed for multiple records. The modern jukebox was born, and the 1930s became the jukebox's golden era.

So why was the device named the "jukebox"? The term *juke* comes from the Elizabethan English word *jouk*, meaning "to dance or act wildly." Before the jukebox, there were juke bands that played in juke joints. These were rowdy establishments filled with heavy drinking and good times. But with the invention of the automatic, coin-operated playing machine, live juke bands gave way to the far cheaper jukeboxes, which suddenly appeared in every juke joint in America.

Dubuque Museum of Art

We highly recommend taking this trip!

Arthur Geisert: Tall and Not-So-Tall Tales featuring his beautiful etchings transformed into beautiful children's books. The exhibit is on display September 21, 2019 – January 5, 2020.





Enjoying Fall Traditions

Annual fall shopping day at Blue Bell Orchard and Czipar's Apple Orchard.



Sunset Park Place 3730 Pennsylvania Ave Dubuque, IA 52002

November notes...

Daylight Saving Time Ends November 3rd – Fall Back

Veterans Recognition Ceremony – with the Dubuque Marine Corps League Monday, November 11th 12:30

Thanksgiving Day Nov 28th . Thank you for letting us know in advance if your loved one will be going out or joining us for meals on the upcoming holidays. You are always welcome to join us as well. Advance reservations are appreciated. All meals for guests are only \$8.00.

November Birthdays Dorothy La 3rd Pat K 23rd Richard M 24th

In astrology, those born November 1–22 are the scorpions of Scorpio. Scorpios are passionate and assertive, yet they are also known to keep cool and calm. This composure makes them good, steadfast leaders and loyal and honest friends. Those born between November 23–30 are centaur archers of Sagittarius. Archers are curious, energetic,

and enjoy change, the restless travelers of the zodiac. They are funny and enthusiastic, cherishing freedom as their greatest treasure.

Burt Lancaster (actor) – November 2, 1913 Art Garfunkel (singer) – November 5, 1941 Whoopi Goldberg (comedian) – Nov. 13, 1955 Georgia O'Keeffe (painter) – November 15, 1887 Alan Shepard (astronaut) – November 18, 1923 George Eliot (author) – November 22, 1819 Charles Schulz (cartoonist) – November 26, 1922 Mark Twain (writer) – November 30, 1835