

March 2019

SUNSET PARK PLACE

3730 Pennsylvania Ave, Dubuque, IA 52002 • 563-583-7939 • www.sunsetparkplace.net



Celebrating March

**Irish-American Heritage
Month**

Optimism Month

Celebrate Your Name Week
March 3–9

Mardi Gras
March 5

International Women's Day
March 8

Daylight Savings Time Begins
March 10

St. Patrick's Day
March 17

First Day of Spring
March 20

Happy St. Patrick's Day

Spring is on the way! Hurrah! Another season has come and gone and before we know it we will be basking in the sun! Spring will officially arrive on March 20th. Spring ahead one hour on Sunday, March 10th with Daylight Savings Time.



Don't forget our St. Patty's Day celebration and our annual corned beef & cabbage dinner on Sunday, the 17th. Stay well and pass on just a little blarney to your neighbor!

Please take full advantage of the variety of parties, special activities and **NEW** life-enrichment programs taking place throughout the month.

Jerry Bell

Activity Highlights

Shopping

Target	1 st	2:00 pm
Hy-Vee	6 th (1:45), 13 th , 20 th , 27 th	1:20 pm

Outings

Shot Tower	4 th	11:30 am
Fabulous Fridays at St. Luke's	8 th	11:30 am
Rhody's Pie Run	15 th	1:30 pm
Party Bus Cruise	18 th	1:30 pm
Junction 21	28 th	4:15 pm

Events

Mardi Gras Party	5 th	1:30 pm
Ash Wednesday Service	6 th	1:00 pm
Resident Meeting with Jerry	7 th	10:45 am
New Resident Welcome	11 th	1:30 pm
St Patrick's Day Happy Hour	17 th	2:00 pm

Music

Janet Lieb	3 rd	1:00 pm
Jim Lucy	9 th	2:00 pm
Frank Naber	12 th	1:30 pm
Shelly Gessner	19 th	1:30 pm
Tom Bedtka	22 nd	1:00 pm
Dave Poggenklass	25 th	1:30 pm

Grammar Rules

The Society for the Promotion of Good Grammar has declared March 4 as Grammar Day. English is often said to be the hardest language to learn, and English grammar is even difficult for native speakers. Why is it so difficult? The order of words, pronunciations, homophones, synonyms, idioms—all of these are confusing! As language evolves, more and more grammar rules are being ignored. It is considered okay to begin a sentence with *And* or *But*, just as it is acceptable to end a sentence with a preposition. You can also split as many infinitives as you want! There are some rules, however, that are not as flexible. Double negatives are still a no-no. Also, *alot* is still not a word. You can write *a lot* when you mean “many,” or *allot* when you’re assigning a share or portion. With well over a million words in the English language, you are likely to find something to celebrate today.

Valentine's Party



Antique Doll Show

Everyone enjoyed a stroll down memory lane, sharing childhood stories, and even show and tell. Thank you to JoAnn Wordehoff for bringing in her treasured dolls and bears she has collected over the years and gathered from family members. It was like an old fashioned tea party complete with coffee and cookies from our kitchen.



Music with D.A.R.S.P.A.

An enjoyable afternoon was spent with the members of the Dubuque Area Retired School Personell Association. They come in the door with song books, a cart full of props, and a ton of energy and fun!



Fabulous Fridays at St Luke's

Senior High School Jazz Ensemble



Sunset Park Place
3730 Pennsylvania Ave
Dubuque, IA 52002



The March of Women's History



The month of March is Women's History Month, in recognition of women and their impact on culture and society all around the world. The movement to establish recognition of women's history

began in Sonoma, California, in the 1970s.

A group of women formed the Education Task Force of the Sonoma County Commission on the Status of Women. Their goal was to include women's history in the local school curriculum. For too long, men had dominated the study while women's contributions had nary a mention. The movement in Sonoma was such a success that it gained traction nationwide. In 1980, President Jimmy Carter established the first Women's History Week, and then in 1987, Congress declared the entire month of March as Women's History Month. Politicians, writers, freedom fighters, scientists, soldiers, athletes—women have made contributions in virtually every field. Honor them this March.

March Birthdays

Juanita D 17th Tim D 20th Betty G 29th

In astrology, those born March 1–20 are the slippery Fish of Pisces. Selfless Pisces are very wise and empathetic, making them always willing to help others. These deep emotions also make Pisces talented artists and good friends. Those born March 21–31 are Rams of Aries. Like rams, Aries charge forward with courage, confidence, and enthusiasm. They embrace action, take risks, and will fight for their goals.

Ron Howard (actor/director) – March 1, 1954
Dr. Seuss (author) – March 2, 1904
Jean Harlow (actress) – March 3, 1911
Liza Minnelli (entertainer) – March 12, 1946
Albert Einstein (scientist) – March 14, 1879
Moms Mabley (comedian) – March 19, 1894
Fannie Farmer (culinary expert) – March 23, 1857
Alan Arkin (actor) – March 26, 1934
Sam Walton (businessman) – March 29, 1918
Liz Claiborne (designer) – March 31, 1929