

Sunnybrook of Carroll  
1214 East 18<sup>th</sup> St.  
Carroll, Iowa 51401

Postage  
Information

April 2020

# SunnyBrook of Carroll

Assisted Living and Memory Care 1214 East 18<sup>th</sup> St. Carroll, Iowa 51401 712-792-8995



## Employee of the Month



Sunnybrook's Employee of the Month(s) of March and April is Paige Higby. Paige has been at Sunnybrook of Carroll for 6 months. Paige works in the kitchen as a dietary aide. She stated that not only does she like to have small conversations with the residents at Sunnybrook while taking their food orders for meals but enjoys making fresh chocolate chip cookies and that is something, she likes to do in which makes their day. She likes getting to know each resident and that means a lot to her. Paige lives in Carroll, with her family and has a fraternal twin sister and a brother who is 2 years younger. She has a lovable 17 lb. cat. Paige shared that her favorite color is yellow, likes to drink water over pop and likes eating Mongolian food such as HuHot Restaurant.

She wanted to share a special time in her life when her family went to Branson Missouri to celebrate her grandparents 50<sup>th</sup> Wedding Anniversary. Her family along with 4 other families and 12 grandchildren attended a celebration of her grandparents in Branson Missouri for their 50th wedding Anniversary. She really enjoyed that time as she did some cliff jumping into the Ozark, zipped lined and parasailed. She said her Family is a "family of Thrill Seekers"

Paige wanted to mention that she had a Great grandma that lived at Sunnybrook lived at Sunnybrook who made it to be a little over a 100 Rita Rupiper she did occasionally come play bingo or had a meal with her.

(Employee of the Month Continued on other side.)

(Employee of the Month Continued from page 1)

Paige is a senior at school Kuemper She said her favorite subjects are Art theater, Large group speech, and advanced chem.

Paige is going to be attending North Missouri university Marine biology and is fond of spending time outdoors

My composting programs consists of two goals: one to lower Kuemper's food waste and carbon footprint and two: offer a hands-on learning experience for students to understand composting and their own carbon footprint. I just started this program this year, and it's still very small and rough but big things come in small packages!

Paige is a senior at school Kuemper Catholic High School in Carroll. She said her favorite subjects are Art theater, Large group speech, and advanced chem.

North Missouri university Marine biology and likes spending time outdoors, biking, boating or putting up a pop-up tent outdoors.

**Congratulations Paige on being SunnyBrook's employee of the month.!!**

Especially spring. I couldn't live without spring. Days like today are worth every snowstorm and slush puddle. By March, it seems like winter will never end. All that snow and ice that seemed so wonderful in December is driving you crazy. But you know spring's coming. Every year, you wait for that first warm day, then the next and the next, each better than the last. You can't help but be happy.

You forget winter and get the chance to start over.

Fresh possibilities. A fresh start.

–Kelley Armstrong

Although this day has been celebrated with tom foolery since the 19th century, it is not an official holiday in any country (no kidding)

- 1998 – Burger King introduced the “Left-Handed Whopper.” All the condiments were rotated 180 degrees for the benefit of lefthanded customers. Thousands of customers requested the burger, while many others requested their own right-handed versions.
- 2005 – A zoo in Tokyo announced that the discovery of a new species: a giant penguin called the Tonosama (Lord) penguin. With much fanfare, the creature was revealed to the public. As the cameras rolled, the other penguins lifted their beaks to the purported Lord but then walked away disinterested when he took off his penguin mask and revealed himself to be the zoo director.



*William Harvey*

Quote of the Day “All we know is still infinitely less than all that remains unknown.” ~ William Harvey

Happy Birthday! William Harvey (1578–1657) was an English physician who documented the circulation of blood from the heart to the body and brain. Harvey described the phenomenon in his 1628 treatise *De Motu Cordis*, translated to English in 1653 as *On the Motion of the Heart and Blood in Animals*. Known for his superior memory, intellect, and skill, Harvey earned medical degrees at both the University of Padua and the University of Cambridge, eventually becoming “Physician Extraordinary” to King James I.

This April Fool’s Day, you may be worried about falling victim to practical jokes and gags, but why spend the whole holiday on guard? Relax, and crack a smile with this assortment of some jokes.

Shortly after graduating from veterinary school, I rode with my mother in the Michigan Trail Riders’ annual trek across state. Late one afternoon, I was summoned to look at a horse that had reared up and flipped over in his trailer. Fortunately, the horse was not seriously injured, but some lacerations needed stitching. As I worked, I heard my mother chatting with the perturbed owner. “Don’t worry, sir,” she said. “My daughter’s a great vet. She’ll fix your horse up just fine.” “That’s good to hear,” said the man. “How long has she been a vet?” “A week,” replied my mother, proudly. Then hastily she added, “But she’s been embroidering since she was eight years old.”

As a bank teller, I was required to obtain identification from customers making withdrawals, even if I knew them. On Mrs. Brady’s third visit to my window in a week, she balked at my request for ID. “I can’t believe you don’t know me after all these years,” she said. A few minutes later, I was relieving the drive-up teller and was surprised to see Mrs. Brady in the next car. “Hi, Mrs. Brady,” I said, laughing. “Back again so soon?” “I’m glad you remember me,” she huffed, “because that girl inside never does!”

What’s the biggest difference between Thanksgiving and April Fool’s Day?

A: On one you’re thankful but on the other you’re prankful.

Q: How many seconds are there in one year?

A: 12 of them: January 2nd, February 2nd, March 2nd, April 2nd, May 2nd, June 2nd, July 2nd, August 2nd, September 2nd, October 2nd, November 2nd, December 2nd.

Q: With pointed fangs I sit and wait; with piercing force I crunch out fate; grabbing victims, proclaiming might; physically joining with a single bite. What am I?

A Stapler

Name: \_\_\_\_\_

### ON THE ROAD TO EASTER WORD SEARCH

H	F	D	J	Z	A	S	H	W	E	D	N	E	S	D	A	Y	H	R	R
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W	E	D	N	G	L	S	E	H	O	L	Y	W	E	E	K	H	Y	C	N

Ash	Holy Week	Palm Branch
Wednesday	Holy Thursday	Forty Days
Sacrifice	Good Friday	Jesus
Almsgiving	Holy Saturday	Passover
Prayer	Easter	Foot Washing
Fasting	Palm Sunday	Resurrection
Lent	Purple	Love

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