

219 S. Cedar St.  
Tipton, IA 52772



563-886-1584  
Prairiehillsliving.com

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## Contact Information

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### Life Enrichment Coordinator

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### Culinary Coordinator

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### Maintenance Coordinator

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## November Birthdays

November 9th: Happy Birthday Roberta P!

November 10th: Happy Birthday Michelle S!

November 12th: Happy Birthday Amy M!

November 15th: Happy Birthday Charlene D!

November 17th: Happy Birthday Velda A!

November 20th: Happy Birthday Kim S!

November 21st: Happy Birthday Patricia H!

November 21st: Happy Birthday Autumn P!

November 27th: Happy Birthday Doris H!



# Prairie Hills News

## November Events

November 5th: John Krob @ 1pm

November 5th: Pie Social @ 3pm

November 7th: Old Time Music @  
2:30pm

November 11th: Veterans Lunch @  
11:30am

November 11th: Bill Bebe "Bear" @  
1pm

November 15th: Just Mike @ 1pm

November 21st: Terry Stone @  
10:30am

November 29th: John Fliss @ 1pm

## Notable Activities

November 4th: National Candy Day!

November 5th: National Doughnut Day!

November 8th: National Cappuccino Day!

November 10th: National Vanilla Cupcake Day!

November 11th: Veterans Day!

November 11th: National Sundae Day!

November 12th: National Chicken Soup for the  
Soul Day!

November 25th: National Parfait Day!

November 26th: National Cake Day!

November 28th: Happy Thanksgiving!

Professionally Managed by



Embracing Every Moment



## Dare To Dream

Alice Ann raised her family in Clarence (about 20 miles north of Tipton), worked at the Clarence school, and visited with a small group of ladies for their church group. Manager, Amy, coordinated a lunch and tour of a restaurant in Clarence, Mill Creek Café (formally Lee-Hi.) Alice Ann would spend many family nights at Lee-Hi. When Alice Ann arrived at the restaurant, she did not recognize it as many updates have been completed in the last 25 years. Upon entering the café, she instantly pointed out the old bar stools, tables and chairs (they are the original from Lee-Hi.) When the owner asked if she would like a tour of the kitchen, she lit up with joy. She even told a funny story about going into the kitchen 25 years ago. We drove through Clarence after lunch and pointed out all the changes and even visited the house that she raised her family in. During conversation on the drive home, it turns out that one of the ladies that Alice Ann volunteered with at the church was Amy's grandma.



Left: Alice Ann stands outside Mill Creek Café before enjoying a delicious lunch with Manager Amy McAtee. Right: Alice Ann enjoying her lunch at Mill Creek Café.



## Community Relations Corner

Prairie Hills is thankful for great friends and family like YOU!

Join us for our events this month:

- **Tuesday, November 5th at 3pm Pie and Ice Cream Social**
- **Monday, November 11th at 11:30am Veterans Day Luncheon**

*This annual event follows Tipton Schools Veterans Day program. All Veterans and their loved ones are invited to attend.*

*Please RSVP by November 7th to 563-886-1584*

**If you're thinking about assisted living for yourself or a loved one, now is the time to inquire!**

**Ask Shari how you can get on our wait list AND receive your Black Friday deal!**

## Managers Corner

It's hard to believe that we are already in November! Often times, people are reminded to be thankful for what they have. What are you thankful for? Maybe it's your family, friends, the roof over your head, or the food you have in your cupboards. But what about the not so obvious reasons to be thankful? Being thankful for challenges because without them, there are no achievements. Be thankful for changes because it's the only way to grow. Forgiveness, because it eases the heart. Kindness, because it makes the world a better place.

With the holiday season closely approaching, we want to remind everyone that Prairie Hills at Tipton does take reservations for our private community areas for your family holiday parties. Call us today to get your reservations on the calendar!

During the holiday season, it may be tempting to gift an employee for their hard-work, dedication, or just their friendly smile. As a reminder, our policy does not allow staff to accept personal gifts from residents, their families, or visitors. If you would like to acknowledge our staff during this season, gifts or donations for our staff holiday party may be given to the community to share amongst all employees.

## Life Enrichment Corner

October brought an end to our weekly bus rides. One of our most memorable rides this year was our trip to Amber, Iowa to see the "famous" Hula Hoop Tree. The residents enjoyed our ride and our stop at the tree. We all tried to guess how many hula hoops were on the tree and how many we thought the tree could hold in all. In the month of November we will start our crafting again once a week in place of our bus rides. Be sure to look for pictures in the coming months of what we're working on. October was also our physical fitness testing month for Live2BHealthy. We have one of the largest classes in the area, and every six months both our residents and our community members never cease to amaze me with how well we maintain and improve our overall fitness. November brings our celebration of Veterans day with our annual Veterans Day Luncheon to follow the program at the Tipton Middle School. This is open to everyone so please join us to celebrate our wonderful men and women who have served. November also brings with it Thanksgiving, a time to celebrate with our family and friends. If you plan to take your loved ones out for Thanksgiving meals, please let a coordinator or resident assistant know so we can ensure we have your loved ones medications they might need while they are gone. It also helps culinary prepare in advance for meals. In return if you would like to dine with us here we would love that and just encourage a phone call before 10am if you're going to join us for lunch and by 3pm if you're joining us for supper. We look forward to seeing you all!



Right: Prairie Hills bus next to the Hula Hoop Tree in Amber, Iowa.