

Contact Information

Manager:

Brett Ingersoll

managerindy@prairiehillsliving.com

Mobile: 319-332-8022



Community Relations Coordinator:

Staci Isley

welcomeindy@prairiehillsliving.com

Mobile: 319-327-6574



Maintenance Coordinator

Joel Keeley

maintenanceindy@prairiehillsliving.com

319-334-2000

Health Care Coordinator:

Amy Roete

nurseindy@prairiehillsliving.com

Mobile: 319-334-0566



LPN:

Kelly Dircks

nurse2indy@prairiehillsliving.com

Mobile: 319-327-6574



Life Enrichment Coordinator:

Kristy Ward

lifeenrichmentindy@prairiehillsliving.com

Office: 319-334-2000



**PRAIRIE HILLS
INDEPENDENCE**

ASSISTED LIVING AND MEMORY CARE
505 Enterprise Dr SW

Independence, IA 50644

319-334-2000



505 Enterprise Drive

Independence, IA 50644

November 2019

Phone: 319-334-2000

Fax: 319-334-3015

Prairie Hills News

November Resident Birthdays

Lorraine Romick ~ Nov 5th

Robert Crawford ~ Nov 22nd

November Employee Birthdays

Julie Collett ~ Nov 3rd

Amy Nie ~ Nov 29th

November Employee Anniversaries

Kim Dehaan ~ Nov 27th

Did You Know....We host a Dementia Support Group the last Tuesday of every month from 5:30 pm – 6:30 pm here in our library? This group is open to everyone - whether you have a loved one at Prairie Hills or not, we hope you can join us for an hour to support one another in each caregiver's unique journey. RSVPs are encouraged, but not required. Please call us at 319-334-8659 to RSVP or with any questions!

Notable November Events

The Andersons

Linda Jacobson

Leisure Drives

Casino Trip

Veterans Day Ceremony

John Kies

Dave Poggenklass

Soda Pop Shop Birthday Party

Thanksgiving Brunch

Starlight Movie

Lunch at Bills

***Our activities are always open
to the public!***



Professionally Managed by



Embracing Every Moment

Manager News

Welcome to November!

This is the month where the leaves have all fallen and the wind is crisp in the air. These are the last days to get outside before winter has officially started. Enjoy the last of the warmer air and enjoy the great times with family for Thanksgiving. We will be ordering all of the information for our huge holiday brunch at Prairie Hills which will be held November 24th! Friends and family are welcome, we just ask that you call 319-334-2000 with your reservations by November 20th so we can assure we will have the proper amount of food!

~ Brett

Life Enrichment Coordinator

How in the world is it NOVEMBER already?!?! Amazing, beautiful colors have come and mostly gone already which makes me super sad. Fall is by far my favorite season! So much to see and do! Pumpkin Patches, Apple Orchards, Corn Mazes, Hay Rides, Bon Fires.... So much to love!

We have so much planned for the month of November here at Prairie Hills. Along with all of our amazing music entertainers, we will be celebrating Veterans Day with a Ceremony on Veterans Day starting at 12:45pm on 11/11 (Public is welcome!), Fontana will be here on the 18th with friends from the park, Leisure Drives plus so much more! The residents LOVE music entertainment so if you or anyone you know have any talents that you would like to share with us, feel free to call me at 319-334-2000.

~Kristy

Flu Myths 101

World Health Organization Shines a Spotlight on the Myths and Facts about Influenza also known as 'The Flu'....

Myth 1: "Influenza is not serious so I don't need the vaccine"

Fact: As many as 650,000 people a year can die of the flu. This only represents respiratory deaths, so the likely impact is even higher. Even healthy people can get the flu, but especially people whose immune systems are vulnerable. Most people will recover within a few weeks, but some can develop complications including sinus and ear infections, pneumonia, heart or brain inflammations.

Myth 2: "The flu vaccine can give me the flu"

Fact: The injected flu vaccine contains an inactivated virus that cannot give you influenza. If you feel achy or slightly feverish, it is a normal reaction of the immune system to the vaccine, and generally lasts only a day or two.

Myth 3: "The flu vaccine can cause severe side effects"

Fact: The flu vaccine is proven to be safe. Severe side effects are extremely rare. One in a million people may get Guillain-Barre Syndrome (GBS), which cause muscle weakness and paralysis.

Resident Activities

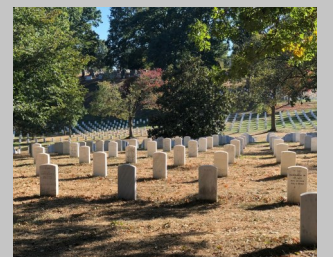
Dare to Dream

Rudy was one of the 90 that was chosen to go onto the Honor Flight on Tuesday October 15th!

Rudy served in the Navy and was deployed during Korean War Era.



If you have a loved one here and know of a Dare to Dream for them, feel free to call Staci or Kristy at 319-334-2000 and we will see what we can do to make their dream come true!



October Fest Polka Party

