



# Prairie Hills News



## May 24th from 2-4

We cordially invite all veterans, their spouses and guests to join us for our Memorial Day program. Visit with other veterans, share memories and stories as we give thanks for service to our country and freedom.

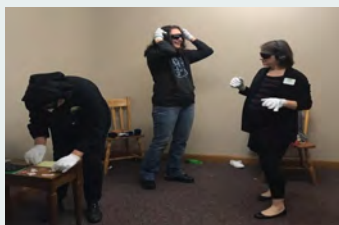
**For more information  
please call 319-334-2000**

May 2019

### Prairie Hills Events

- The Andersons
- Cinco De Mayo Taco Bar
- Linda Jacobson
- Glamor Shots
- **Mike's Music**
- Leisure Drives
- Walks at the park
- Casino
- Movie at Starlight
- Jim Kinney
- Dave Poggenklass
- Lunch at Red Lobster
- Crafts
- Muffins With Mom

We had Homecare Assistance come to our team in-service training and perform an exercise to give the staff at Prairie Hills a better understanding of what it is like to live with dementia. We were asked to perform four simple tasks while wearing glasses, headphones, and gloves in order to limit our senses of sight, hearing, and touch. It was a very enlightening experience for our team! We were able to have a small glimpse of what it is like for people with dementia and I think we all realized how we can be better caregivers. This was such a great experience, we are planning to have Homecare Assistance back in future and will be inviting family and community members to participate!



### Did You Know....

We host a Dementia Support Group the last Tuesday of every month from 5:30 pm – 6:30 pm here in our library? This group is open to everyone - whether you have a loved one at Prairie Hills or not, we hope you can join us for an hour to **support one another in each caregiver's** unique journey.

RSVPs are encouraged, but not required.

Please call our Community Relations Coordinator, Staci Isley, at 319-334-8659 to RSVP or with any questions!



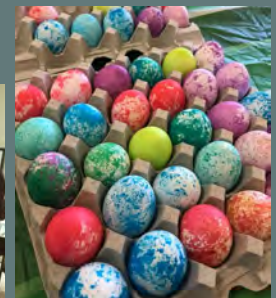




Homemade  
Bird feeders



Rice Dyed Eggs







**Jim Kinney stopped by to entertain the Residents for the April Birthdays!**



**The Presbyterian Treasure Seeker children stopped by to sing for the residents. They all had a blast listening to this adorable group sing!**





# Live2B HEALTHY®



***Live 2B Healthy is here every Monday, Wednesday & Friday from 10-11.  
Anyone is welcome to join us at no charge!  
Come join the fun!***



**Polka Dancing Fun  
supporting the Alzheimer's  
Fundraiser at the Oelwein  
Coliseum**



### **RESIDENT BIRTHDAYS**

Alva "JR" Hahn 3rd

Robert Junk 18th

Frances Bantz 27th

Jerry Boubin 29th

### **EMPLOYEES BIRTHDAYS**

Janet Klatt 9th

Karen Holden 15th

Mariah Milliard 25th

### **EMPLOYEE ANNIVERSARIES**

Dean Kremppges 5/17/17

## **MUFFINS WITH MOM!**

Join us and enjoy Muffins with  
Mom on Mothers Day!

We will have Muffins available  
all day long so you can stop by at  
anytime and enjoy a Muffin with  
Mom!



**505 Enterprise Drive SW**

**Independence, IA 50644**

**319-334-2000**