

Noon Meal

Prairie Hills at Independence SS 2019

June/2019

Month At a Glance

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 BEEF FAJITA BAKE BREAD STICK COTTAGE CHEESE JELLO CAKE MILK
2 ROTISSERIE CHICKEN MASHED POTATOES CHICKEN GRAVY SEASONAL VEGETABLE ROLL/MARG BLUEBERRY PIE MILK	3 LASAGNA W/ MEATSAUCE GARLIC TOAST FROSTED BROWNIE MILK	4 CARIBBEAN PORK CHOP BAKED SWEET POTATO ZUCCHINI SLICES FRESH BREAD BASKET PEACH MELBA TRIFLE MILK	5 OPEN FACE HOT BEEF SANDWICH MASHED POTATOES BEEF GRAVY LEMON GLAZED CARROTS STRAWBERRY SLAB PIE MILK	6 GARLIC & HERB CHICKEN GARDEN BLEND RICE GRILLED ASPARAGUS/BALSAMIC FRESH BREAD BASKET CHERRY CHOCOLATE CRISP MILK	7 BATTERED FISH TARTAR SAUCE FRIED POTATOES SAVORY GREEN BEANS FRESH BREAD BASKET TROPICAL UPSIDE DOWN CAKE MILK	8 SMOKED MAPLE RIBS POTATO SALAD BAKED BEANS CORNBREAD/MARGARINE SEASONAL FRESH FRUIT MILK
9 YANKEE POT ROAST ROASTED POTATOES/CARROTS/ONION BEEF GRAVY ROLL/MARG PIE MILK	10 TOASTED RAVIOLI W/ MARINARA PEAS FRESH MELON CUP CHEF'S CHOICE DESSERT MILK	11 HONEY DIJON CHICKEN SMASHED POTATOES ASPARAGUS W/ BACON FRESH BREAD BASKET POUND CAKE W/ STRAWBERRIES MILK	12 GREEK PORK CHOP PARMESAN ORZO PASTA BROCCOLI GARLIC TOAST CHERRY FLUFF MILK	13 BACON WRAPPED PORK LOIN MASHED POTATOES SEASONAL VEGETABLE BLEND FRESH BREAD BASKET CREAM PUFF DESSERT MILK	14 SALMON WITH LEMON SAUCE DILLED RICE CAULIFLOWER AU GRATIN FRESH BREAD BASKET SEASONAL FRESH FRUIT MILK	15 CHICKEN FAJITA PASTA BAKE CORN FRESH BREAD BASKET KEY LIME TART MILK
16 BAKED HAM PARSLEY MASHED POTATOES GREEN BEAN CASSEROLE DINNER ROLL/BUTTER PUMPKIN PIE MILK	17 GOULASH FF CAPRI BLEND VEGS GARLIC BREADSTICK BANANA CREAM CHEESECAKE	18 SWISS STEAK W/ TOMATOES MASHED POTATOES BEEF GRAVY BROCCOLI/CHEESE SAUCE DINNER ROLL/BUTTER FROSTED PUMPKIN BAR MILK	19 COWBOY MEATLOAF CASSEROLE PEAS DINNER ROLL/BUTTER PINEAPPLE UPSIDE DOWN CAKE MILK	20 SMOTHERED CHICKEN GARDEN BLEND RICE SNOW PEAS DINNER ROLL/BUTTER CHERRY CHOCOLATE CAKE MILK	21 BREADED POLLOCK FILET FLAME ROASTED POTATOES & VEGETABLES ASPARAGUS W/ BACON HEATH BAR BLONDIE WHOLE MILK	22 COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY CORN SOUTHERN PEACH COBBLER MILK
23 Meatloaf BAKED POTATO ASIAN BLEND VEGETABLES DINNER ROLL/BUTTER APPLE PIE MILK	24 SPAGHETTI W/ MEAT & MUSHROOM SAUCE BREAD STICK ROASTED BRUSSELS SPROUTS RASPBERRY COCONUT BAR MILK	25 BRUSCHETTA CHICKEN BREAST POTATOES O'BRIEN GREEN BEANS DINNER ROLL/BUTTER CARROT CAKE ROLL MILK	26 BATTERED ROCK FISH MACARONI & CHEESE FF CAPRI BLEND VEGS CHEDDAR CORNBREAD CHERRY PIE CRUMB BAR MILK	27 BAKED CHICKEN LEGS ROASTED POTATO MEDLEY PARSLIED CARROTS DINNER ROLL/BUTTER MAGIC CUP - BUTTER PECAN MILK	28 PORK CHOP SALMON PATTY AU GRATIN POTATOES SNOW PEAS DINNER ROLL/BUTTER STRAWBERRY CREAM CHEESE BROWNIE MILK	29 BEEF FAJITA BAKE BREAD STICK COTTAGE CHEESE JELLO CAKE MILK



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
30 ROTISSERIE CHICKEN MASHED POTATOES CHICKEN GRAVY SEASONAL VEGETABLE ROLL/MARG BLUEBERRY PIE MILK						



Evening Meal

Prairie Hills at Independence SS 2019

June/2019

Month At a Glance

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 CHICKEN PARMESAN PASTA BAKE GREEN BEANS ICE CREAM SANDWICH MILK
2 EGG DROP SOUP W/ WONTONS CRACKERS EGG ROLL SWEET AND SOUR SAUCE FROSTED BROWNIE MILK	3 UNBREADED FISH SANDWICH LETTUCE /TOMATO /ONION CREAMY COLESLAW CREAM PUFF DESSERT MILK	4 PLATED OR MAKE YOUR OWN GRILLED CHICKEN & SUMMER FRUIT SALAD W/ HONEY CITRUS DRESSING CRACKERS BUTTER PECAN BREAD PUDDING MILK	5 CANADIAN BACONPINEAPPLE FLATBREAD SEASONAL FRESH FRUIT ICE CREAM SUNDAE MILK	6 SAUSAGE POTATO GRATIN PEAS FRESH BAKED BREAD WATERMELON WITH HONEY LIME MILK	7 STEAK FAJITA PLATE WITH RICE & BEANS APPLE PIE WITH CARAMEL SAUCE MILK	8 ORANGE TURKEY CROISSANT CHEDDAR POTATO SPUDZ CLUB SPINACH BANANA GELATIN MILK
9 DENVER HASHBROWN CASSEROLE CINNAMON ROLL OREGON BERRY CUP MILK	10 COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY SAUTEED GREEN BEANS W/ CHERRY TOMATOES FRESH BREAD BASKET CARAMEL FRUIT DESSERT MILK	11 TURKEY BLACK BEAN CHILI CRACKERS FRUIT & CHEESE PLATE COOKIE MILK	12 PHILLY STEAK SANDWICH FRENCH FRIES RANCH DRESSING SEASONAL FRESH FRUIT BANANA BAR/CREAM CHEESE ICING MILK	13 CHICKEN TETRAZZINI PETITE WHOLE GREEN BEANS MUFFIN BANANA SPLIT MILK	14 PLATED HAM AND EGG GARDEN SALAD W/ SWEET ONION DRESSING FRESH BAKED BREAD PEACH COBBLER W/ CINNAMON WHIPPED TOPPING MILK	15 CORNEBEEF & SWISS ON RYE HOT GERMAN POTATO SALAD MANDARIN ORANGES GERMAN CHOCOLATE CAKE MILK
16 LOADED BAKED POTATO SOUP BROCCOLI CHEESE SOUP EGG SALAD SANDWICH COOKIE MILK	17 BBQ RIB SANDWICH PICKLES & ONIONS SWEET POTATO FRIES BLUEBERRY MUFFIN MILK	18 SLOPPY JOE ON BUN PICKLES & ONIONS POTATO SALAD GERMAN CHOCOLATE CAKE MILK	19 CREAMED CHIPPED BEEF BISCUIT M&M RICE KRISPIE SQUARE MILK	20 REUBEN CASSEROLE CHEESY CHICKEN RICE BAKE MIXED VEGETABLES AMBROSIA TROPICAL FRUIT SALAD MILK	21 TUNA NOODLE CASSEROLE COTTAGE CHEESE GARLIC BREADSTICK APPLE BUTTER BAR MILK	22 HAM AND BEAN SOUP CREAM OF TOMATO SOUP FRESH BAKED BREAD CHOCOLATE MOUSSE MILK
23 HOT DOG ON BUN POTATO WEDGES COOKIE MILK	24 FRENCH ONION BEEF CASSEROLE PEAS & CARROTS FIVE CUP SALAD MILK	25 CHILI CRACKERS GARLIC BREADSTICK CHEESE PIZZA BANANA MUFFIN MILK	26 BRATWURST ON BUN DICED ONION SAUERKRAUT POTATO SALAD CHIMICHANGA MILK	27 CREAMED ASPARAGUS WHOLE WHEAT TOAST / DT JELLY FRESH FRUIT CUP COOKIE MILK	28 CHICKEN BREAST TENDERS BBQ SAUCE RANCH DRESSING SWEET POTATO FRIES FROSTED BROWNIE MILK	29 CHICKEN PARMESAN PASTA BAKE GREEN BEANS ICE CREAM SANDWICH MILK
30 EGG DROP SOUP W/ WONTONS CRACKERS EGG ROLL SWEET AND SOUR SAUCE FROSTED BROWNIE MILK						

