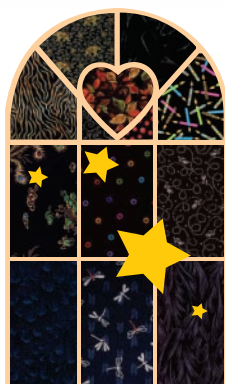




## Coffee & Conversation

A proactive look at your family's eldercare needs



Americare  
senior living

We're pleased to provide our Senior Living Decision Making Toolkit to help you and your family take a proactive look at your eldercare needs. Remember – you're not alone. Let a trained Americare eldercare advisor accompany you on this journey. Our advisor can provide your family with a customized list of resources and potential next steps based on what you learn together.

At Americare our job is to help families make good decisions. Let us help yours.

Find the Americare community closest to you on our website  
[www.americareusa.net](http://www.americareusa.net)



# Coffee & Conversation with Americare

## A proactive look at your family's eldercare needs

Your Family's/Loved One's Current Situation:

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What is your loved one doing right now and are there any other options they are considering?

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What's starting to change to make you think that their home environment is not working?

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When did this change start to occur?

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What is your family doing right now to support care in the home?

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When things are going well, what does it look like?

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When things aren't going well, what starts to happen?

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# Coffee & Conversation with Americare

## A proactive look at your family's eldercare needs

### Current Situation – Unanswered Question and Next Steps

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_



# Coffee & Conversation with Americare

## A proactive look at your family's eldercare needs

### Your Family's Decision Process

Who will be part of a decision regarding your loved one's living situation?

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Who in your family or circle of friends has been the most trusted advisor to your loved one? How can we make them part of the conversation?

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Is there anyone else who you will consult for their opinion?

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Is your loved one aware that you are researching alternative care/living options?

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What would their reaction be, if they knew?

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Are you worried about having a conversation with them about their current living situation and alternative care? Do you need help initiating the conversation?

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# Coffee & Conversation with Americare

## A proactive look at your family's eldercare needs

### Decision Process – Unanswered Question and Next Steps

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_



# Coffee & Conversation with Americare

## A proactive look at your family's eldercare needs

### What is the financial/legal picture?

Do you know their monthly income – combined, Social Security and/or pension?

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Do they currently qualify for Medicaid? If so what is currently being covered?

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Do they currently qualify for Medicare? Do they have a supplemental policy and what does it cover?

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Do they own or rent their home and are there any investments?

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Are they a Veteran? Are they a Mason or Eastern Star? \_\_\_\_\_

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Do they have a Long Term Care Policy? \_\_\_\_\_

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Does someone hold Power of Attorney? \_\_\_\_\_

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# Coffee & Conversation with Americare

## A proactive look at your family's eldercare needs

Do they have a Health Care Directive? \_\_\_\_\_

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# Coffee & Conversation with Americare

## A proactive look at your family's eldercare needs

Financial/Legal Picture – Unanswered Question and Next Steps

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_





# Coffee & Conversation with Americare

## A proactive look at your family's eldercare needs

### Your Timeline

What is your ideal timeline to have a solution identified for your loved one?

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What or who do you see as the biggest obstacle in meeting that timeline?

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What do you fear could happen if that timeline is not met?

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# Coffee & Conversation with Americare

## A proactive look at your family's eldercare needs

Timeline – Unanswered Question and Next Steps

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_