

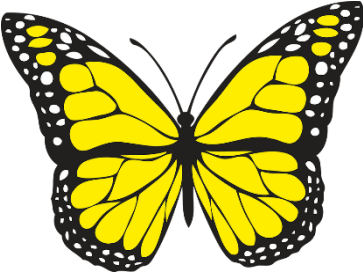






# May Blue Ridge Memory Care Activities

Breakfast: 8am      Lunch: 12:30pm      Dinner: 5:30pm						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>PLEASE SEE ACTIVITY BOARD DAILY AS ACTIVIES OR TIMES ARE SUBJECT TO CHANGE 😊</p>		<p>HAPPY BIRTHDAY</p> <p>No Birthdays for May</p>			<p>1</p> <p>10:00-Exercise 10:30-Daily News/Snack Social 11:00-<b>Manicures</b> 2:00-<b>Coloring/Painting</b> 3:00-<b>Baking Goodies</b> 4:00-Daily Devotional 4:15-Afternoon Walk</p>	<p>2</p> <p>4:00-Afternoon Walk 6:00-Unwind Aromatherapy</p> <p><b>SOCIAL DISTANCING (6FT APART)</b> <b>ALWAYS WEAR YOUR MASK</b></p>
<p>3</p> <p>2:00- Church service (Streamed Channel 3) (Living Room)</p> 	<p>4</p> <p>10:00-Exercise 10:30-Daily News/Snack Social 11:00-<b>Craft Corner</b> 2:00-Oldies but Goodies 3:00-<b>Garden Club</b> 4:00-Daily Devotional 4:15-Afternoon Walk</p> <p><b>SOCIAL DISTANCING (6FT APART)</b> <b>ALWAYS WEAR YOUR MASK</b></p>	<p>5</p> <p>10:00-Exercise 10:30-Daily News/Snack Social 11:00-<b>Poetry Club</b> 2:00-<b>Community Cook Book</b> 4:00-Daily Devotional 4:15-Afternoon Walk</p> <p><b>SOCIAL DISTANCING (6FT APART)</b> <b>ALWAYS WEAR YOUR MASK</b></p>	<p>6</p> <p>10:00-Exercise 10:30-Daily News/Snack Social 11:00- <b>Letters/Cards to Home</b> 2:00-<b>Creative Writing Club</b> 3:00-<b>BINGO</b> 4:00-Daily Devotional 4:15-Afternoon Walk</p> <p><b>SOCIAL DISTANCING (6FT APART)</b> <b>ALWAYS WEAR YOUR MASK</b></p>	<p>7</p> <p>10:00-Exercise 10:30-Daily News/Snack Social 11:00-<b>Garden Club</b> 2:00-<b>Book Club</b> 3:00-<b>BINGO</b> 4:00-Daily Devotional 4:15-Afternoon Walk</p> <p><b>SOCIAL DISTANCING (6FT APART)</b> <b>ALWAYS WEAR YOUR MASK</b></p>	<p>8</p> <p>10:00-Exercise 10:30-Daily News/Snack Social 11:00-<b>Manicures</b> 2:00-<b>Coloring/Painting</b> 3:00-<b>Baking Goodies</b> 4:00-Daily Devotional 4:15-Afternoon Walk</p> <p><b>SOCIAL DISTANCING (6FT APART)</b> <b>ALWAYS WEAR YOUR MASK</b></p>	<p>9</p> <p>4:00-Afternoon Walk 6:00- Unwind Aromatherapy</p> <p><b>SOCIAL DISTANCING (6FT APART)</b> <b>ALWAYS WEAR YOUR MASK</b></p>
<p>10</p> <p>2:00- Church Service (Streamed Channel 3) (Living Room)</p> 	<p>11</p> <p>10:00-Exercise 10:30-Daily News/Snack Social 11:00-<b>Craft Corner</b> 2:00-Oldies but Goodies 3:00-<b>Garden Club</b> 4:00-Daily Devotional 4:15-Afternoon Walk</p> <p><b>SOCIAL DISTANCING (6FT APART)</b> <b>ALWAYS WEAR YOUR MASK</b></p>	<p>12</p> <p>10:00-Exercise 10:30-Daily News/Snack Social 11:00-<b>Poetry Club</b> 2:00-<b>Community Cook Book</b> 4:00-Daily Devotional 4:15-Afternoon Walk</p> <p><b>SOCIAL DISTANCING (6FT APART)</b> <b>ALWAYS WEAR YOUR MASK</b></p>	<p>13</p> <p>10:00-Exercise 10:30-Daily News/Snack Social 11:00-<b>Letters/Cards to Home</b> 2:00-<b>Creative Writers Club</b> 3:00-<b>BINGO</b> 4:00-Daily Devotional 4:15-Afternoon Walk</p> <p><b>SOCIAL DISTANCING (6FT APART)</b> <b>ALWAYS WEAR YOUR MASK</b></p>	<p>14</p> <p>10:00-Exercise 10:30-Daily News/Snack Social 11:00-<b>Garden Club</b> 2:00-<b>Book Club</b> 3:00-<b>BINGO</b> 4:00-Daily Devotional 4:15-Afternoon Walk</p> <p><b>SOCIAL DISTANCING (6FT APART)</b> <b>ALWAYS WEAR YOUR MASK</b></p>	<p>15</p> <p>10:00-Exercise 10:30-Daily News/Snack Social 11:00-<b>Manicures</b> 2:00-<b>Coloring/Painting</b> 3:00-<b>Baking Goodies</b> 4:00-Daily Devotional 4:15-Afternoon Walk</p> <p><b>SOCIAL DISTANCING (6FT APART)</b> <b>ALWAYS WEAR YOUR MASK</b></p>	<p>16</p> <p>4:00-Afternoon Walk 6:00-Unwind Aromatherapy</p> <p><b>SOCIAL DISTANCING (6FT APART)</b> <b>ALWAYS WEAR YOUR MASK</b></p>
<p>17</p> <p>2:00 Church Service (Streamed Channel 3) (Living Room)</p> 	<p>18</p> <p>10:00-Exercise 10:30-Daily News/Snack Social 11:00-<b>Craft Corner</b> 2:00-Oldies but Goodies 3:00-<b>Garden Club</b> 4:00-Daily Devotional 4:15-Afternoon Walk</p> <p><b>SOCIAL DISTANCING (6FT APART)</b> <b>ALWAYS WEAR YOUR MASK</b></p>	<p>19</p> <p>10:00-Exercise 10:30-Daily News/Snack Social 11:00-<b>Poetry Club</b> 2:00-<b>Community Cook Book</b> 4:00-Daily Devotional 4:15-Afternoon Walk</p> <p><b>SOCIAL DISTANCING (6FT APART)</b> <b>ALWAYS WEAR YOUR MASK</b></p>	<p>20</p> <p>10:00-Exercise 10:30-Daily News/Snack Social 11:00-<b>Letters/Cards to Home</b> 2:00-<b>Creative Writers Club</b> 3:00-<b>BINGO</b> 4:00-Daily Devotional 4:15-Afternoon Walk</p> <p><b>SOCIAL DISTANCING (6FT APART)</b> <b>ALWAYS WEAR YOUR MASK</b></p>	<p>21</p> <p>10:00-Exercise 10:30-Daily News/Snack Social 11:00-<b>Garden Club</b> 2:00-<b>Book Club</b> 2:00-<b>BINGO</b> 4:00-Daily Devotional 4:15-Afternoon Walk</p> <p><b>SOCIAL DISTANCING (6FT APART)</b> <b>ALWAYS WEAR YOUR MASK</b></p>	<p>22</p> <p>10:00-Exercise 10:30-Daily News/Snack Social 11:00-<b>Manicures</b> 2:00-<b>Coloring/Painting</b> 3:30-<b>Baking Goodies</b> 4:00-Daily Devotional 4:15-Afternoon Walk</p> <p><b>SOCIAL DISTANCING (6FT APART)</b> <b>ALWAYS WEAR YOUR MASK</b></p>	<p>23</p> <p>4:00-Afternoon Walk 6:00 Unwind Aromatherapy</p> <p><b>SOCIAL DISTANCING (6FT APART)</b> <b>ALWAYS WEAR YOUR MASK</b></p>
<p>24</p> <p>2:00 Church Service (Streamed Channel 3) (Living Room)</p> 	<p>25</p> <p>10:00-Exercise 10:30-Daily News/Snack Social 11:00-<b>Sunshine Committee Meeting</b> 2:00-Oldies but Goodies 3:00-<b>Garden Club</b> 4:00-Daily Devotional 4:15-Afternoon Walk</p> <p><b>SOCIAL DISTANCING (6FT APART)</b> <b>ALWAYS WEAR YOUR MASK</b></p>	<p>26</p> <p>10:00-Exercise 10:30-Daily News/Snack Social 11:00-<b>Poetry Club</b> 2:00-<b>Community Cook Book</b> 4:00-Daily Devotional 4:15-Afternoon Walk</p> <p><b>SOCIAL DISTANCING (6FT APART)</b> <b>ALWAYS WEAR YOUR MASK</b></p>	<p>27</p> <p>10:00-Exercise 10:30-Daily News/Snack Social 11:00-<b>Letters/Cards to Home</b> 2:00-<b>Creative Writers Club</b> 3:00-<b>BINGO</b> 4:00-Daily Devotional 4:15-Afternoon Walk</p> <p><b>SOCIAL DISTANCING (6FT APART)</b> <b>ALWAYS WEAR YOUR MASK</b></p>	<p>28</p> <p>10:00-Exercise 10:30-Daily News/Snack Social 11:00-<b>Garden Club</b> 1:30-<b>Book Club</b> 2:00-<b>BINGO</b> 4:00-Daily Devotional 4:15-Afternoon Walk</p> <p><b>SOCIAL DISTANCING (6FT APART)</b> <b>ALWAYS WEAR YOUR MASK</b></p>	<p>29</p> <p>10:00-Exercise 10:30-Daily News/Snack Social 11:00-<b>Manicures</b> 2:00-<b>Coloring/Painting</b> 3:30-<b>Baking Goodies</b> 4:00-Daily Devotional 4:15-Afternoon Walk</p> <p><b>SOCIAL DISTANCING (6FT APART)</b> <b>ALWAYS WEAR YOUR MASK</b></p>	<p>30</p> <p>4:00-Afternoon Walk 6:00 Unwind Aromatherapy</p> <p><b>SOCIAL DISTANCING (6FT APART)</b> <b>ALWAYS WEAR YOUR MASK</b></p>