


May 2020

In The Moment – Memory Support



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>May cont'd 31</p> <p>9:30 SS in2L's Spiritual Songs</p> <p>10:30 PE Sunday Stretches</p> <p>11:00 CC Scheduled Skype</p> <p>1:15 CC Surprise Social in M.S.</p> <p>2:30 CE Treats & Trivia+</p> <p>3:00 AE Not Your Child's Coloring</p> <p>6:30 CE Sunday Night Crosswords</p>	 <p>11475 Pearl Street Northglenn, CO 80233 303-452-0501</p>	<p>AE Artistic Expression</p> <p>CC Community Connections</p> <p>CE Continuing Education</p> <p>LL Lifestyle & Leisure</p> <p>PE Physical Engagement</p> <p>SS Spiritual Support</p>	<p>Healthy Snacks & Hydration offered throughout each day!</p>	<p>10:30 PE Our Wee Little Walk Around 1</p> <p>11:30 SS Words to Fill Our Spirit</p> <p>1:30 AE Plenty of Poetry & More</p> <p>2:30 LL Patio Possibilities</p> <p>3:30 PE Elevated Evening Exercises!</p> <p>6:30 LL Hot Cocoa Hang Out</p>	<p>9:00 CE Morning Brain Joggers 2</p> <p>10:00 SS Meaningful Music w/ in2L intuition</p> <p>2:45 AE Crafty Creations</p> <p>3:30 PE Simple Stretches w/ Staff</p> <p>6:30 LL Saturday Night w/ The Stars! [AR]</p>	
<p>9:30 SS in2L's Spiritual Songs 3</p> <p>10:30 PE Sunday Stretches</p> <p>11:00 CC Scheduled Skype</p> <p>1:15 CC Surprise Social in M.S.</p> <p>2:30 CE Treats & Trivia+</p> <p>3:00 AE Not Your Child's Coloring</p> <p>6:30 CE Sunday Night Crosswords</p>	<p>10:30 AE Relaxing Reminiscing w/ Positive Meditation 4</p> <p>11:30 SS Monday Motivations</p> <p>1:30 LL Resident Choice Movie!</p> <p>3:00 CC Resident Support Group</p> <p>3:30 PE Early Evening Exercises</p> <p>6:30 LL Monday Evening Hand Massages</p>	<p>9:30 PE Tuneful Aerobics 5</p> <p>10:30 AE Poetry Club</p> <p>11:30 SS Words to Fill Our Spirit</p> <p>3:00 PE Bowling w/ The Beatles</p> <p>6:30 LL Tuesday Night Hot Tea Social</p>	<p>National Nurse's Day 6</p> <p>12:00 CC Nurse Purse!</p> <p>10:00 LL Pleasant Patio Time</p> <p>10:30 SS Catholic Communion & Blessings</p> <p>11:00 CC Sharing Life Stories</p> <p>1:30 AE Musical Trivia+</p> <p>3:30 CC Committee of Peace & Love</p> <p>6:30 CE Wednesday's Mindful Workout</p>	<p>National Day of Prayer 7</p> <p>10:30 LL Exercise for Our Body, Mind, and More!</p> <p>1:15 CE Tranquil Travel Videos</p> <p>2:00 SS Our Powerful Prayer</p> <p>2:15 CC Thank You Cards</p> <p>3:30 AE Seasonal Storyteller</p> <p>6:30 PE Improvement w/ Musical Movement</p>	<p>10:30 PE Our Wee Little Walk Around 8</p> <p>11:30 SS Words to Fill Our Spirit</p> <p>1:30 AE Plenty of Poetry & More</p> <p>2:30 CE Patio Possibilities</p> <p>3:30 PE Elevated Evening Exercises!</p> <p>6:30 LL Hot Cocoa Hang Out</p>	<p>9:00 CE Morning Brain Joggers 9</p> <p>10:00 SS Meaningful Music w/ in2L intuition</p> <p>2:45 AE Crafty Creations</p> <p>3:30 PE Simple Stretches w/ Staff</p> <p>6:30 LL Saturday Night w/ The Stars! [AR]</p>
<p>Mother's Day 10</p> <p>9:30 SS in2L's Spiritual Songs</p> <p>10:30 PE Sunday Stretches</p> <p>11:00 CC Scheduled Skype</p> <p>1:15 CC Surprise Social in M.S.</p> <p>2:30 CE Treats & Trivia+</p> <p>3:00 AE A surprise for Our Moms!</p> <p>6:30 CE Mother's Day Crosswords</p>	<p>10:30 AE Relaxing Reminiscing w/ Positive Meditation 11</p> <p>11:30 SS Monday Motivations</p> <p>1:30 LL Resident Choice Movie!</p> <p>3:30 PE Early Evening Exercises</p> <p>6:30 LL Monday Evening Hand Massages</p>	<p>9:30 PE Tuneful Aerobics 12</p> <p>10:30 CE Taste & Tell!</p> <p>11:30 SS Words to Fill Our Spirit</p> <p>2:30 AE Poetry Club</p> <p>3:00 PE Bowling w/ The Beatles</p> <p>6:30 LL Tuesday Night Hot Tea Social</p>	<p>10:30 SS Catholic Communion & Blessings 13</p> <p>11:00 CC Sharing Life Stories</p> <p>1:30 AE Musical Trivia+</p> <p>3:30 CC Committee of Peace & Love</p> <p>6:30 CE Wednesday's Mindful Workout</p>	<p>10:30 LL Exercise for Our Body, Mind, and More! 14</p> <p>1:15 CE Tranquil Travel Videos</p> <p>2:15 CC Thank You Cards</p> <p>3:30 AE Seasonal Storyteller</p> <p>6:30 PE Improvement w/ Musical Movement</p>	<p>Chocolate-Chip Day 15</p> <p>10:30 PE Our Wee Little Walk Around</p> <p>11:30 SS Words to Fill Our Spirit</p> <p>1:30 AE Plenty of Poetry & More</p> <p>2:30 CE Patio Possibilities</p> <p>3:30 PE Elevated Evening Exercises!</p> <p>6:30 LL Hot Cocoa Hang Out</p>	<p>Happy Birthday Betty M! 16</p> <p>9:00 CE Morning Brain Joggers</p> <p>10:00 SS Meaningful Music w/ in2L intuition</p> <p>2:45 AE Crafty Creations</p> <p>3:30 PE Simple Stretches w/ Staff</p> <p>6:30 LL Saturday Night w/ The Stars! [AR]</p>
<p>9:30 SS in2L's Spiritual Songs 17</p> <p>10:30 PE Sunday Stretches</p> <p>11:00 CC Scheduled Skype</p> <p>1:15 CC Surprise Social in M.S.</p> <p>2:30 CE Treats & Trivia+</p> <p>3:00 AE Not Your Child's Coloring</p> <p>6:30 CE Sunday Night Crosswords</p>	<p>10:30 AE Relaxing Reminiscing w/ Positive Meditation 18</p> <p>11:30 SS Monday Motivations</p> <p>1:30 LL Resident Choice Movie!</p> <p>3:00 CC Resident Support Group</p> <p>3:30 PE Early Evening Exercises</p> <p>6:30 LL Monday Evening Hand Massages</p>	<p>Happy Birthday Gayle! 19</p> <p>9:30 PE Tuneful Aerobics</p> <p>10:30 AE Poetry Club</p> <p>11:30 SS Words to Fill Our Spirit</p> <p>3:00 PE Bowling w/ The Beatles</p> <p>6:30 LL Tuesday Night Hot Tea Social</p>	<p>10:00 LL Pleasant Patio Time 20</p> <p>10:30 SS Catholic Communion & Blessings</p> <p>11:00 CC Sharing Life Stories</p> <p>1:30 AE Musical Trivia+</p> <p>3:30 CC Committee of Peace & Love</p> <p>6:30 CE Wednesday's Mindful Workout</p>	<p>10:30 LL Exercise for Our Body, Mind, and More! 21</p> <p>1:15 CE Tranquil Travel Videos</p> <p>2:15 CC Thank You Cards</p> <p>3:30 AE Seasonal Storyteller</p> <p>6:30 PE Improvement w/ Musical Movement</p>	<p>10:30 PE Our Wee Little Walk Around 22</p> <p>11:30 SS Words to Fill Our Spirit</p> <p>1:30 AE Plenty of Poetry & More</p> <p>2:30 CE Patio Possibilities</p> <p>3:30 PE Elevated Evening Exercises!</p> <p>6:30 LL Hot Cocoa Hang Out</p>	<p>9:00 CE Morning Brain Joggers 23</p> <p>10:00 SS Meaningful Music w/ in2L intuition</p> <p>2:45 AE Crafty Creations</p> <p>3:30 PE Simple Stretches w/ Staff</p> <p>6:30 LL Saturday Night w/ The Stars! [AR]</p>
<p>9:30 SS in2L's Spiritual Songs 24</p> <p>10:30 PE Sunday Stretches</p> <p>11:00 CC Scheduled Skype</p> <p>1:15 CC Surprise Social in M.S.</p> <p>2:30 CE Treats & Trivia+</p> <p>3:00 AE Not Your Child's Coloring</p> <p>6:30 CE Sunday Night Crosswords</p>	<p>Memorial Day 25</p> <p>10:15 CE 25 Things to Share & More</p> <p>10:30 SS Meditation for Armed Forces</p> <p>1:30 LL Resident Choice Movie!</p> <p>2:30 CC 25 Things to Know 2nd Shift</p> <p>3:00 SS Moment of Remembrance</p> <p>6:30 LL Monday Evening Hand Massages</p>	<p>9:30 PE Tuneful Aerobics 26</p> <p>10:30 AE Poetry Club</p> <p>11:30 SS Words to Fill Our Spirit</p> <p>3:00 PE Bowling w/ The Beatles</p> <p>6:30 LL Tuesday Night Hot Tea Social</p>	<p>National Senior Health & Fitness Day! 27</p> <p>10:30 SS Catholic Communion & Blessings</p> <p>11:00 PE Whole Lot of Fitness for Us</p> <p>1:30 AE Musical Trivia+</p> <p>2:30 CC Committee of Peace & Love</p> <p>3:30 PE Little More Fitness for Us</p> <p>6:30 CE Wednesday's Mindful Workout</p>	<p>10:30 LL Exercise for Our Body, Mind, and More! 28</p> <p>1:15 CE Tranquil Travel Videos</p> <p>2:15 CC Thank You Cards</p> <p>3:30 AE Seasonal Storyteller</p> <p>6:30 PE Improvement w/ Musical Movement</p>	<p>10:30 PE Our Wee Little Walk Around 29</p> <p>11:30 SS Words to Fill Our Spirit</p> <p>1:30 AE Plenty of Poetry & More</p> <p>2:30 CE Patio Possibilities</p> <p>3:30 PE Elevated Evening Exercises!</p> <p>6:30 LL Hot Cocoa Hang Out</p>	<p>9:00 CE Morning Brain Joggers 30</p> <p>10:00 SS Meaningful Music w/ in2L intuition</p> <p>2:45 AE Crafty Creations</p> <p>3:30 PE Simple Stretches w/ Staff</p> <p>6:30 LL Saturday Night w/ The Stars! [AR]</p>

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