

THE Oaks

Gracious Retirement Living

3720 Williams Drive • Georgetown, TX 78628 • Phone (512) 863-7788 • www.seniorlivinginstyle.com

MAY 2020

THE OAKS STAFF

Managers..... DENNIS & BROOKE RIGDON
Assistant Managers ... DAVID & DANA SALISBURY
Community Sales RACHEL GUERRERO
Activity Coordinator AVIS WILKERSON
Maintenance RUSSELL JONES
Transportation ART GARCIA

TRANSPORTATION

Monday, 9:30 a.m.-2 p.m.:

Appointments & Shopping (Georgetown Only)

Tuesday, 9:30 a.m.-2 p.m.:

Doctor Appointments (Out of Town)

Wednesday & Thursday, 9:30 a.m.-2 p.m.:

Doctor Appointments & Shopping
(Georgetown Only)

Friday, 9:15 a.m.-1:45 p.m.:

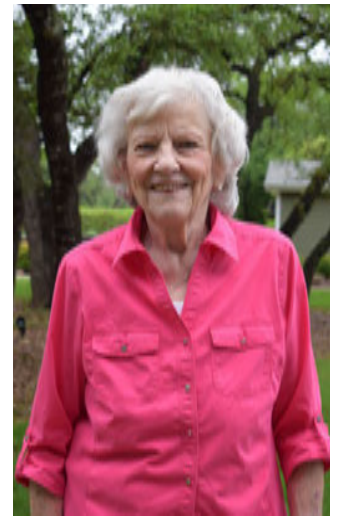
Trips/Outing with Activities

Friday, 2 p.m.: Errands & Shopping
as Trip/Outing Schedule Allows

HAWTHORN
SENIOR LIVING

Oak Leaf of the Month: Barbara Smith

I was born on September 19th, 1933, to loving parents, Sydney and Hilda Weisiger. My father was a plumber and my mother was a homemaker and seamstress. I grew up in Victoria, Texas, with two older brothers, Bobby and Jack. My brothers called me their "Little Queen," and to this day, my family still calls me "Queenie." I loved to dance as a child, and still do, as a matter of fact. I started taking dance lessons at age 9. I danced throughout my school years, and my dream was to grow up to teach in my own dance studio one day.



After graduating from high school, I was happy to teach dance full-time, and eventually fell in love and married in December of 1952. Two years later, I realized that my dancing career and my family life were not a good match, so I retired from dancing and went to secretarial school.

My husband and I moved to Houston so he could complete two years at the University of Houston. The plan was for me to work full-time while he was in school, and I found a good job with an independent oil company. Our plans changed shortly after we relocated, however, when we found out we were expecting our first child, a girl. My boss did not believe young mothers should work outside the home, so my job ended. We made drastic changes and my husband finished college in night school.

(Continued inside.)



Oak Leaf of the Month: Barbara Smith (Continued)

Those were lean years, but we learned a lot and had a second child, a boy. After his graduation, we moved to Brenham, Texas, where my husband became the President of a Savings and Loan. As a dedicated homemaker, I later did volunteer work and supported my children in their many school and extracurricular activities. I also enjoyed playing bridge and tennis, as well as many hours of gardening.

In 1962, we had our third child, another boy. We now were the proud parents of Denise, Dugan and Darden, and our children were raised on a farm on the outskirts of Brenham. We all have many wonderful memories of our time on the farm. The children all learned the meaning of “hard work” and “not being able to play until your chores were done.”

By 1975, my husband was working in Houston full-time, so we sold the farm and moved to Kingwood, a new community just north of Houston. As the children graduated from high school and started attending college, I went to work part-time for a group of real estate agents. I got my real estate license, but decided that I did not want to sell real estate. I enjoyed being the support for several busy agents.

In 1985, I became interested in computers, took several classes and went to work as the receptionist for a property management company. After working very hard to prove myself, I became the first female Property Manager for Property Management Systems. For the next 23 years, I managed four office buildings in Kingwood, until I retired in 2011. I feel very blessed to have had two great careers: both wife and homemaker, as well as Property Manager.

Then in 2017, Hurricane Harvey dropped 51 inches of rain on the greater Houston area. Needless to say, there was widespread flooding. My home had 6 1/2 feet of water in it for a week. Words cannot describe the odor, devastation and loss this kind of flooding produces. I lost everything in my home. When I evacuated, I had my car, my dog and clothes, and medications for three days. It was tough seeing everything you own being carried out to the street. After the house was cleaned out, we had it treated for mold and put it on the market. I was very lucky. The house sold quickly, and I moved into a villa in Watercrest, a senior community in Kingwood. I enjoyed not having to worry about the maintenance of the house anymore and I lived at Watercrest until I relocated to Georgetown in 2019. I moved to the area to be closer to my children, grandchildren and my great-grandchildren. I am enjoying every day at The Oaks, and hope to be here for a very long time.

Mother

She's a faithful saint
With words so kind
That nurtures her child
God's truth to find
And it's a loving mother
With words so strong
To chase away actions
That truly don't belong
Her encouraging words
In a difficult decision
Are especially sweet
Thank the Lord's provision
Her comforting embrace
When her child is sad
Bring a welcome assurance
That makes a heart glad
In times of great joy
And in deep sorrow, too
Your mother is there
For somehow she knew
Morning to evening
In daily sacrifice
Caring for her family
It's such a precious price
Truly, without a dear mother
We scarcely can be
Who we are moment by moment
Or, who God wants us to be

By Our Manager, Dennis Rigdon





On the Positive Side

- Our resident, Ron, came up with this idea to write “thank you” notes to people impacted by COVID-19. From President Trump, to health care workers, to elected officials and even a letter to God (I need to get his address), it was wonderful to see so many of our residents write additional notes of thanks. It’s such a simple thing to say, but putting the word “thank you” in print by so many, hopefully empowers the highest in command.
- Earth is healing itself. Due to many lockdowns around the world, there are fewer cars, fewer planes and less pollution. While we are dealing with COVID-19, Mother Earth is healing.
- Although the garage sale is on hold until all this “Corona” is over, these lovely ladies have been marking up in preparation for the garage sale.



The Oaks residents played an outstanding game of chair volleyball and conquered the employees, 21-5, 21-18, 10-21, 21-13.



Thank you notes, stamped and ready to post



Barbara Smith’s son told her to look out the window, and she saw this sign of love.



This order to “stay in place” has its perks. Darden Smith can’t tour, so he played for us outside. It helped to have his mom living at The Oaks.

Hair Trendz Salon

Kim Miller

512-595-1950

Open Tuesday-Saturday,
9:30 a.m.-5 p.m.

Manicures and Pedicures
by appt.

May Birthdays

Charles Gantt, 5th
Anne Lawson, 7th
Stella Mabry, 8th
John Eubank, 10th
Charlann Neimeier, 11th
Art Garcia, 12th (Employee)
Chase Murphy, 15th (Employee)
Pat Boedeker, 17th
John Weckerly, 19th
Ric Sarmast, 21st
Dwight Henn, 22nd
Bill Everett, 23rd
Lawrence Baile, 26th
Arlene Seiferd, 31st

Guess the Mystery Resident



Movie Moms

Each of the ladies listed are film characters. Can you match the mom to her movie?

- | | |
|---------------------|-------------------------------|
| 1. Winifred Banks | A. "Mamma Mia!" |
| 2. Lena Younger | B. "The Grapes of Wrath" |
| 3. Mary Bailey | C. "A Tree Grows in Brooklyn" |
| 4. Donna Sheridan | D. "Mary Poppins" |
| 5. Leigh Anne Tuohy | E. "Imitation of Life" |
| 6. Ma Joad | F. "The Blind Side" |
| 7. Lora Meredith | G. "A Raisin in the Sun" |
| 8. Katie Nolan | H. "It's a Wonderful Life" |

Feathered Friends

This is a zigzag word search. Words go left, right, up, down, and can bend at a right angle, but not diagonally. Every letter is used only once.

R	O	D	D	R	O	D	U	N	K
C	O	N	W	O	N	N	I	L	A
S	P	A	R	R	G	I	S	O	K
O	D	M	A	W	O	B	I	P	A
V	K	B	G	O	R	C	R	I	M
E	N	O	P	I	E	K	H	W	O
K	I	B	S	T	O	R	E	I	T
I	L	O	F	I	N	C	A	K	M
E	L	I	L	E	R	H	W	A	O
Q	U	A	P	E	T	M	A	C	T

BOBOLINK
CONDOR
~~CROW~~
DOVEKIE
DRONGO
DUNLIN
FINCH
IBIS
KAKAPO

KIWI
MACAW
MAGPIE
MOTMOT
PETREL
QUAIL
RHEA
SPARROW
STORK

Brain Bender: What a Doll

Amy owns a four-piece set of Russian nesting dolls. Each of the four dolls has her own name—Anastasia, Irina, Katya or Natasha. Each is painted a different color—blue, purple, red or yellow. Using the following clues, can you place the dolls in order from smallest to largest, and determine the color of each one?

- When the dolls are nested, Natasha is only touching one other doll, the purple one.
- Katya is the red doll.
- The blue doll is larger than Irina, but smaller than Katya.
- The second-largest doll is not yellow.

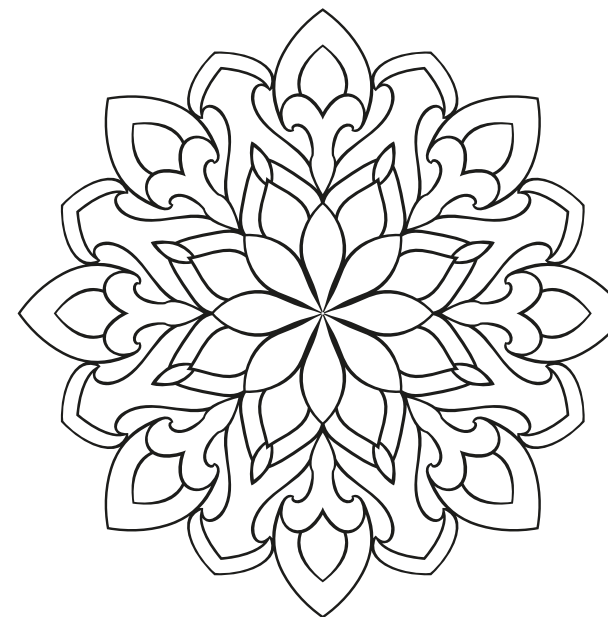


Simple Ways To Practice Mindfulness

- Savor a snack. Whether it's a crisp, fresh apple or a decadent candy bar, enjoy a snack slowly and deliberately. Close your eyes and think about the food's flavors and textures and the rhythm of your chewing.
- Enjoy nature — even from indoors. Look out your window to study birds and plants. Notice as much detail as you can. Or look at a nature photo from a book or the internet and gaze at it peacefully.
- Set aside specific times of the day to read a meaningful poem, quotation, mantra or prayer.
- Download a free guided meditation app. Search "meditation" in your device's app store to see available options.

Mandala Meditation

From a Sanskrit word meaning "circle," a mandala is a popular tool used in meditation, often representing wholeness. You may have seen a mandala without realizing what it was. Simply stated, it is a circular shape filled with repeating geometric patterns. Creating your own mandala — by drawing at least three concentric circles, then filling in the spaces between the circles with various shapes — can be therapeutic and relaxing. Coloring or painting pre-drawn mandalas has the same effect.



A Dose of Deep Breathing

Deep breathing, also known as belly breathing, can help alleviate stress, increase relaxation and lower heart rate and blood pressure. You can do it almost anywhere. Breathe in slowly through your nose for four counts until your abdomen feels fully expanded, hold your breath for one count, then exhale through your mouth for five counts. Experts recommend doing this three times an hour.

Puzzle Solutions

Movie Moms Answers

1. D; 2. G; 3. H; 4. A; 5. F; 6. B; 7. E; 8. C

Brain Bender Answers

The smallest doll, Natasha, is yellow. The second-smallest doll, Irina, is purple. The second-largest doll, Anastasia, is blue. The largest doll, Katya, is red.

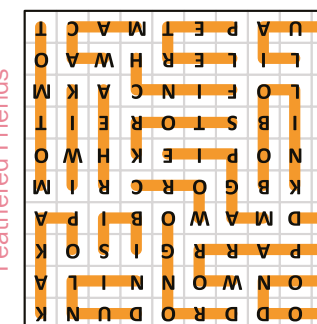
Take a Closer Look

See if you can identify 12 differences in these two illustrations.

Solution can be found at the bottom of this page.



Feathered Friends



Take a Closer Look





Caught on Camera



Judy's Colorful Fiesta Hat! Hang on to your hat. Hang on to your hope. And wind the clock, for tomorrow is another day.



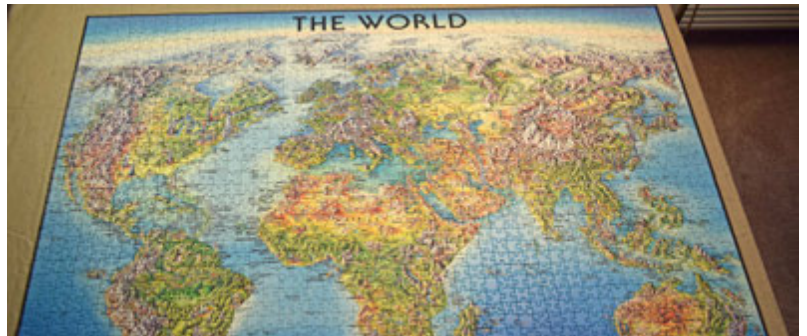
Although the garage sale is on hold until all this Corona virus is over, Shirley, Barbara and Norma (not featured) have been pricing the items.



This seems so long ago, but before all this "Corona 19" we had a Luau.



Go Green! We made our very own T-Shirt Totes.



A man travels the world over in search of what he needs, and returns home to find it.

Puzzle completed by Fred B.

Funny Reads

"Saw my neighbor Tammy out early this morning scraping the 'My Kid is a Terrific Student' sticker off her minivan. Guess that first week of homeschooling didn't go so well."

You thought dogs were hard to train? Look at all the humans who can't sit and stay.

Day 6 of quarantine:

Preparing to take out the garbage. I'm so excited, I can't decide what to wear!



Our New Managers: Dennis and Brook Rigdon

Brook and Dennis Rigdon came to The Oaks on March 16th, 2020, from another Hawthorn Community, Maple Ridge, located in Cedar Park, Texas. Brook and Dennis called Edmond, Oklahoma, home, where five of their six children and all eight of their grandchildren still reside. They have a daughter and son-in-law who live in Tulsa, Oklahoma.

Prior to coming to work for Hawthorn Senior Living, Dennis worked at Oklahoma City University for 26 years. When he retired from there, he was the Director of IT Infrastructure. Dennis also has years of experience as a trim carpenter, and as a bivocational Music Minister in several different churches in Oklahoma. Dennis loves to sing, work with wood, and has recently begun doing some leather crafting. He also has a wide selection of poetry that he has authored, and enjoys spending time writing that poetry out in calligraphy.

Prior to her employment with Hawthorn Senior Living, Brook taught Middle School English for a period of time and was the Director of Pastoral Care and Senior Adults for their church in Guthrie, Oklahoma. Brook also spent 20-plus years at home educating their children. Brook loves all things related to crafting, but her special interests are sewing, spinning fiber on her spinning wheel, and weaving on the floor loom which is here at The Oaks in their apartment.

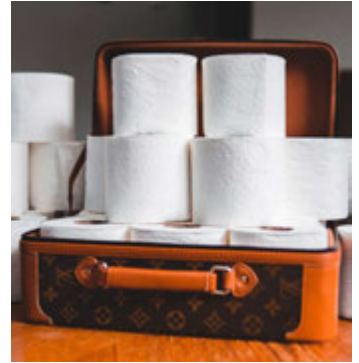
Brook and Dennis love spending time together at work and in their personal time. They go home to Oklahoma every chance they get to visit those kids and grandchildren, and will be making a special trip in July of this year when their ninth grandchild is expected to be born. You should also be on the lookout for a visit from Brook's father, Larry Taylor, as soon as all this virus quarantine is over!

Brook and Dennis are very happy to be a part of The Oaks family, and look forward to many wonderful and exciting days ahead.



Know Your Roll

With toilet paper flying off the shelves, I thought it would be fun to get to the bottom of it, and give you all some fun facts:



Did you know?

- The first recorded use of toilet paper was in 6th century China. By the 14th century, the Chinese government was mass-producing it.
- Global toilet paper demand uses nearly 30,000 trees every day. That's 10 million trees a year.
- Packaged toilet paper wasn't sold in the United States until 1857.
- Joseph Gayetty, the man who introduced packaged TP to the U.S., had his name printed on every sheet; now that's copyright for you.
- It wasn't until 1935 that a manufacturer was able to promise "Splinter-Free Toilet Paper."
- Americans use an average of 8.6 sheets of toilet paper per trip to the bathroom.
- Colored toilet paper was popular in the U.S. until the 1940s.
- The reason toilet paper disintegrates so quickly when wet is that the fibers used to make it are very short.
- There is a contest sponsored by Charmin to design and make wedding dresses out of toilet paper. The winner gets \$2,000.
- 70-75 percent of the world still doesn't use toilet paper because it is too expensive or there is not sufficient plumbing.
- During Desert Storm, the U.S. Army used toilet paper to camouflage their tanks.
- Seven percent of Americans admit to stealing rolls of toilet paper in hotels.
- When asked what necessity they would bring to a desert island, 49 percent of people said toilet paper before food.



3720 Williams Drive
Georgetown, TX 78628



SPRING INTO ACTION & SHAKE OFF THOSE WINTER BLUES

Springtime brings fresh beginnings so let today be the start of something new! Join us for one of our engaging activities or stop by for a complimentary meal and take a tour of our beautiful community. We would love the opportunity to share with you all we have to offer.



512-863-7788

