

# PARKER PLACE

Gracious Retirement Living

7960 Center Street • Mentor, Ohio 44060 • Phone (440) 255-0828 • [www.seniorlivinginstyle.com](http://www.seniorlivinginstyle.com)

MAY 2020

## PARKER PLACE STAFF

Managers.....JIM & AUDREY KLEINHEKSEL  
Assistant Managers ..... MURICE &  
SHANTEA MURPHY  
Executive Chef ..... JOSH WELLMAN  
Community Sales ..... MARK HERSCH  
Sous Chef ..... AUSTIN WILCOXON  
Activity Coordinator .....ZOEY PERRY  
Bus Driver ..... PAUL IANNINI  
Lead Housekeeper ..... REBA REICHERT

## TRANSPORTATION

Monday, 9 a.m.-2 p.m.: Errands

Tuesday & Thursday, 8:30 a.m.-3:30 p.m.:  
Doctor Appointments

Wednesday, TBD: Outings

Sunday, 9:30 a.m.: Church Service Route

HAWTHORN  
SENIOR LIVING

## Gardens Around the Globe

With blooming flowers and budding trees, a garden in springtime is an inviting place to enjoy nature's splendor. Take a virtual stroll through some of the world's grandest gardens.

**Keukenhof** — Called the "garden of Europe," this park in the town of Lisse, in the western Netherlands, is famous for its brilliant display of Dutch tulips, along with daffodils, crocuses, hyacinths and bluebells. More than 7 million bulbs are planted each year for the burst of color that unfolds from March through May.

**Gardens of Versailles** — Commissioned by King Louis XIV in 1661, this formal French garden outside of Paris covers 2,000 acres on the grounds at the Palace of Versailles. Visitors can walk along topiary-lined pathways or ride a boat on the Grand Canal to view thousands of trees and flowering plants and hundreds of statues and fountains.

**Nong Nooch Tropical Botanical Garden** — The coastal city of Pattaya, Thailand, is home to 600 acres that showcase and conserve hundreds of native plants. Thai culture is also highlighted in dance performances and martial arts demonstrations.

**Villa d'Este** — The enchanted terraced gardens of this Renaissance-style estate in Tivoli, Italy, date back to the 16th century and are known for their elaborate water features, including waterfalls, fish ponds, and over 50 fountains, one of which plays organ music.





## What's New in the Parker Place Library?

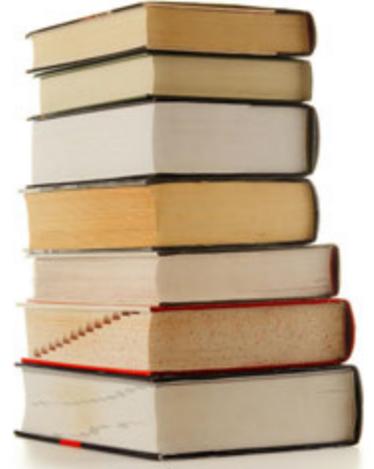
Here are a few of the recently donated books to check out in our Library.

### Fiction:

- "Two Little Girls in Blue" by Mary H. Clark
- "The 13-Minute Murder" by James Patterson
- "Fearless Fourteen" by Janet Evanovich
- "Escape Clause" by John Sandford

### Non-Fiction:

- "True Crimes in the Civil War" by Tobin T. Buhle
- "101 Cataclysms: For the Love of Cats" by Rachel Hale
- "Think Better, Live Better" by Joel Osteen
- Webster's New World College Dictionary



Thank you to all who have donated to our Library!

Have any old books lying around and you are unsure what to do with them? Please consider donating them to the Parker Place Library!

## Famous Movie Mamas Trivia!

There are a lot of famous mamas out there! In honor of Mother's Day, test your knowledge of who's who of Hollywood moms with this fun trivia challenge! Answers can be found on the following pages.

1. Who is the star of the "I Love Lucy" show, who famously depicted her pregnancy on the show over the course of seven episodes?
2. Who is Carrie Fisher's famous mother?
3. Who is the matriarch on The Brady Bunch television show?
4. What author, poet, civil rights activist and mother wrote the famous autobiographical novel "I Know Why the Caged Bird Sings?"
5. In Louisa May Alcott's "Little Women," what do the March girls call their mother?
6. What is the name of the matriarch from "The Addams Family?"
7. What famous actress, singer and mother starred in the movies "The Wizard of Oz" and "Meet Me in St. Louis?"
8. What is the name of Judy Garland's famous daughter who later became an actress herself and starred in the movie "Cabaret?"
9. Who married Prince Charles of England and had two sons named William and Harry?
10. What famous actress and mother starred in the movies "Breakfast at Tiffany's" and "Roman Holiday?"

## Answer to April's Guess Who?

Our Mystery Baby/Young Lady from last month was none other than Carole Clement!

If you would like to be featured as our mystery child of the month in future newsletters, please bring a baby or childhood picture of yourself to Zoey.



## Honoring Women in the Military

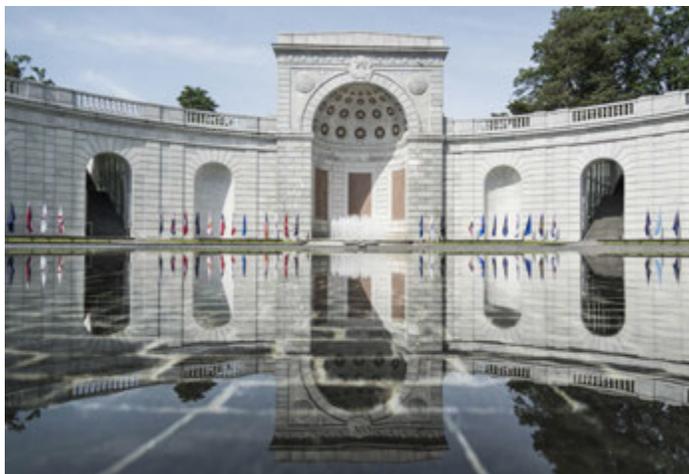
Nearly 3 million women have served in and with the U.S. military. The Women in Military Service for America Memorial honors the contributions of servicewomen past, present and future.

Dedicated in 1997, the memorial is located at the entrance to Arlington National Cemetery, outside the nation's capital. The 30,000-square-foot monument and museum is devoted to telling the stories of women who have helped defend the nation since the American Revolution.

Photos, uniforms and other artifacts are exhibited, documenting the many jobs women have held for the country's defense, from nurse to fighter pilot. A hall of honor recognizes those who gave the ultimate sacrifice, were held prisoners of war, or received awards for service and valor.

The heart of the memorial is an interactive, computerized register that has the goal of including every woman who has served. Currently, the database has the names, photos and histories of about 270,000 women, and visitors can look up their grandmother, mother or friend. Female veterans or family and friends of women veterans are encouraged to register at the memorial's website, [WomensMemorial.org](http://WomensMemorial.org).

The memorial also honors women who have served in organizations that support the U.S. armed forces, including the Red Cross, USO and U.S. Public Health Service Cadet Nurse Corps.



## Putting Around

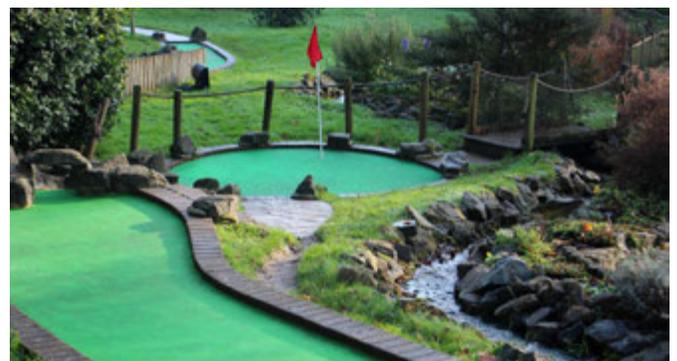
Windmills, pirate ships, dinosaurs and waterfalls are often par for the course when you're playing a round of miniature golf.

Early courses for the game didn't have the whimsical designs seen today. They were simply scaled-down golf courses for players to focus on their putting stroke. The first of these was created in 1867 at golf's birthplace, Scotland, for the St. Andrews Ladies' Putting Club. In the U.S., compact, putting-only courses with artificial greens became popular in the early 1900s, including more than 150 built on New York City rooftops.

The trend got a new twist in the late 1920s, when businessman Garnet Carter built a mini golf course outside his hotel on Lookout Mountain, near Chattanooga, Tennessee. With its fairyland theme, quirky features such as gnome statues, and obstacles that included hollow logs, it was a hit with guests. Mini golf mania swept the nation, and by 1930, there were 25,000 courses in the U.S.

After a decline due to the Depression, mini golf teed off again in the 1950s. Today, it's an amusement for players of all ages, and the variety of silly course setups and hazards adds an element of surprise.

For those who like more serious competition, there are U.S. and international mini golf organizations that hold annual championship tournaments.



## Movie Moms

Each of the ladies listed are film characters. Can you match the mom to her movie?

- |                     |                               |
|---------------------|-------------------------------|
| 1. Winifred Banks   | A. "Mamma Mia!"               |
| 2. Lena Younger     | B. "The Grapes of Wrath"      |
| 3. Mary Bailey      | C. "A Tree Grows in Brooklyn" |
| 4. Donna Sheridan   | D. "Mary Poppins"             |
| 5. Leigh Anne Tuohy | E. "Imitation of Life"        |
| 6. Ma Joad          | F. "The Blind Side"           |
| 7. Lora Meredith    | G. "A Raisin in the Sun"      |
| 8. Katie Nolan      | H. "It's a Wonderful Life"    |

## Feathered Friends

This is a zigzag word search. Words go left, right, up, down, and can bend at a right angle, but not diagonally. Every letter is used only once.



- |                 |         |
|-----------------|---------|
| BOBOLINK        | KIWI    |
| CONDOR          | MACAW   |
| <del>GROW</del> | MAGPIE  |
| DOVEKIE         | MOTMOT  |
| DRONGO          | PETREL  |
| DUNLIN          | QUAIL   |
| FINCH           | RHEA    |
| IBIS            | SPARROW |
| KAKAPO          | STORK   |

## Brain Bender: What a Doll

Amy owns a four-piece set of Russian nesting dolls. Each of the four dolls has her own name—Anastasia, Irina, Katya or Natasha. Each is painted a different color—blue, purple, red or yellow. Using the following clues, can you place the dolls in order from smallest to largest, and determine the color of each one?

- When the dolls are nested, Natasha is only touching one other doll, the purple one.
- Katya is the red doll.
- The blue doll is larger than Irina, but smaller than Katya.
- The second-largest doll is not yellow.

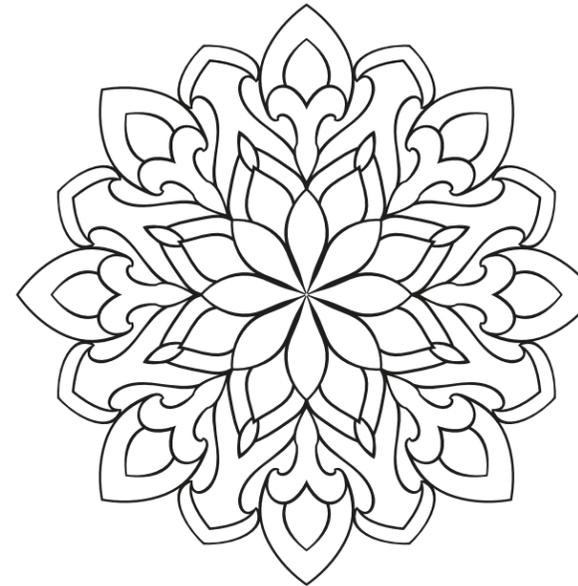


## Simple Ways To Practice Mindfulness

- Savor a snack. Whether it's a crisp, fresh apple or a decadent candy bar, enjoy a snack slowly and deliberately. Close your eyes and think about the food's flavors and textures and the rhythm of your chewing.
- Enjoy nature — even from indoors. Look out your window to study birds and plants. Notice as much detail as you can. Or look at a nature photo from a book or the internet and gaze at it peacefully.
- Set aside specific times of the day to read a meaningful poem, quotation, mantra or prayer.
- Download a free guided meditation app. Search "meditation" in your device's app store to see available options.

## Mandala Meditation

From a Sanskrit word meaning "circle," a mandala is a popular tool used in meditation, often representing wholeness. You may have seen a mandala without realizing what it was. Simply stated, it is a circular shape filled with repeating geometric patterns. Creating your own mandala — by drawing at least three concentric circles, then filling in the spaces between the circles with various shapes — can be therapeutic and relaxing. Coloring or painting pre-drawn mandalas has the same effect.



## A Dose of Deep Breathing

Deep breathing, also known as belly breathing, can help alleviate stress, increase relaxation and lower heart rate and blood pressure. You can do it almost anywhere. Breathe in slowly through your nose for four counts until your abdomen feels fully expanded, hold your breath for one count, then exhale through your mouth for five counts. Experts recommend doing this three times an hour.

## Puzzle Solutions

### Movie Moms Answers

1. D; 2. G; 3. H; 4. A; 5. F; 6. B; 7. E; 8. C

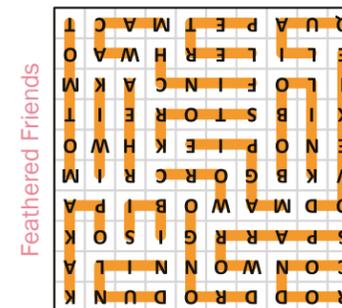
### Brain Bender Answers

The smallest doll, Natasha, is yellow. The second-smallest doll, Irina, is purple. The second-largest doll, Anastasia, is blue. The largest doll, Katya, is red.

## Take a Closer Look

See if you can identify 12 differences in these two illustrations.

Solution can be found at the bottom of this page.





## Famous Movie Mamas Trivia Answers

1. **Answer:** Lucille Ball. It was the first time an actress who was actually pregnant openly portrayed “her condition” on television. They even timed the birth of the fictional child, Little Ricky, with her real one, Desi Arnaz, Jr. Approximately 44 million people tuned in to watch the “Lucy Goes to the Hospital” episode.
2. **Answer:** Debbie Reynolds. Debbie Reynolds is known for her extensive movie career, which includes “Singin’ in the Rain.” Fun fact: Debbie and Carrie were also both Girl Scouts, and Debbie was Carrie’s troop leader.
3. **Answer:** Carol Brady. In the show, Carol is the mother of three daughters when she marries widower Mike Brady, who has three sons. Can you name all the children as well? (Marsha, Jan, Cindy, Greg, Peter and Bobby)
4. **Answer:** Maya Angelou. She has also received the National Medal of Arts and the Presidential Medal of Freedom. At the age of 16, she gave birth to her only son, Guy Johnson.
5. **Answer:** Marmee. Some believe that the pronunciation is not “Marmee” but “Mahmee,” because New Englanders often pronounce “ar” as “ah.” Her real name in the novel is Margaret March. Can you remember her four daughters’ names? (Jo, Meg, Amy and Beth)
6. **Answer:** Morticia Addams. Morticia is the wife of Gomez Addams and mother of Wednesday and Pugsley. The family first appeared in 1938 in a comic strip in The New Yorker magazine.
7. **Answer:** Judy Garland. On the set of “Meet Me in St. Louis,” Garland met her second husband, director Vincente Minnelli. They went on to have a daughter in 1946.
8. **Answer:** Liza Minnelli. Minnelli’s first on-screen movie experience was with her mother and Van Johnson when she was only a few years old. The movie was “In the Good Old Summertime,” which came out in 1949.
9. **Answer:** Diana Spencer, also known as Princess Diana. Princess Diana was an altruistic woman who devoted much of her life working with various charities that helped the homeless, children, and those with HIV and AIDS. She was also a very loving mother to her two sons.
10. **Answer:** Audrey Hepburn. Audrey Hepburn later became a Goodwill Ambassador for UNICEF in the late 1980s, working to raise awareness for children in need. She received a special posthumous Academy Award for her humanitarian work. Her children, Sean Ferrer and Luca Dotti, created the Audrey Hepburn Society at UNICEF so that her efforts would be continued.

## Happy Birthday!

Wishing you all a day filled with happiness and a year filled with joy! Happy Birthday!

**May 1st:** Dawn Whipler

**May 19th:** Bud Meadows

**May 5th:** Sheila Gallo

**May 22nd:** Eleanore Avalon

**May 11th:** Lee Terrell

**May 24th:** Mary Logies

**May 13th:** David Mackey

**May 27th:** Ray Bender

**May 13th:** Ted Radcliffe

**May 30th:** Ramona Donaldson





## This Day in History

- **May 1, 1931:** The Empire State Building in New York City was first opened to the public. At 1,250 feet, the tower stood as the world's tallest building for more than 40 years.
- **May 5, 1809:** The first U.S. patent granted to a woman went to Mary Kies for an "improvement in weaving straw with silk or thread."
- **May 8, 1978:** Reinhold Messner and Peter Habeler reached the summit of Mount Everest. They were the first men known to climb Everest without the use of oxygen tanks. Prior to their success, climbers disputed whether a "fair ascent" was even possible.
- **May 12, 1935:** Bill Wilson and Dr. Bob Smith (founders of Alcoholics Anonymous) met for the first time in Akron, Ohio. With other early members, they developed the Twelve-Step program of spiritual and character development.
- **May 15, 1869:** In New York, Susan B. Anthony and Elizabeth Cady Stanton formed the National Woman Suffrage Association.
- **May 20, 1990:** The Hubble Space Telescope sent its first photograph from space: an image of a double star 1,260 light-years away.

## Did You Know?

- The value of bees pollinating fruits, vegetables and legumes is ten times the value of the honey they make.
- Owl's eyes are so big that they cannot move in any direction. This means that an owl must move its entire head to follow the movement of its prey.
- Only three horses have run the Kentucky Derby in under two minutes, and two of them did so in the same race. They were Secretariat, followed by Sham in 1973. The third horse, Monarchos, won the Derby in 2001.
- Perhaps the most famous doll in the world is Barbie. Her full name is Barbara Millicent Roberts.
- The "lead" in pencils, which is actually graphite, is made of the same thing as diamonds. Both are crystalline forms of pure carbon. Graphite under extreme pressure and temperature is converted into the shiny rocks we call diamonds.
- A pangram is a sentence that contains all the letters of the alphabet. By far the best-known pangram is "The quick brown fox jumps over the lazy dog."

## Anniversaries

Bob & Faith Suydam, 5/28/1949

## Welcome New Residents!

Charlotte Sine

- Has worked for the same company for 60 years.
- Loves watching sports.
- Was given a hat by Lyndon B. Johnson.



Charlotte Sine

## Meal Times

**Breakfast:** 8 a.m.

**Dinner:** 12:30 p.m.

**Supper:** 5:30 p.m.



7960 Center Street  
Mentor, Ohio 44060



## **SPRING INTO ACTION & SHAKE OFF THOSE WINTER BLUES**

Springtime brings fresh beginnings so let today be the start of something new! Join us for one of our engaging activities or stop by for a complimentary meal and take a tour of our beautiful community. We would love the opportunity to share with you all we have to offer.



**440-255-0828**

