May 2020 Assisted Living Lifestyle & Leisure



Assisted Living Lites	style & Leisure					with J g g g g
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May cont'd 9:00 © Activity Stations 9:15 Hydration & Snacks 9:30 Morning Stretches 0:00 SS Inspirational Activity Packets 1:00 PE Social Distant Activities 1:00 AE Activity Stations & Art 2:30 © KB Salon Day 4:00 Room Checks for Activities	KINGSTON BAY SENIOR LIVING	AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle &Leisure PE Physical Engagement SS Spiritual Support			9:00 Activity Stations 9:15 Hydration & Snacks 10:00 PE Morning Stretches 11:00 PE Social Distant Activities 1:00 AE Activity Stations & Art 2:00 Video Chats by appt 4:00 Room Checks for Activities	9:00 CE Activity Stations 9:15 Hydration & Snacks 10:00 PE Morning Stretches 11:00 PE Social Distant Activities 1:00 AE Activity Stations & Art 2:00 CC Video Chats by Appt 3:30 KB Salon Day 4:00 Room Checks for Activities
9:00 S Activity Stations 9:15 Hydration & Snacks 9:30 Morning Stretches 0:00 S Inspirational Activity Packets 1:00 F Social Distant Activities 1:00 A Activity Stations & Art 2:30 K Salon Day 4:00 Room Checks for Activities	9:00 E Activity Stations 9:15 Hydration & Snacks 9:30 2 By 2 Walk 11:00 PE Social Distant Activities 1:00 AE Activity Stations & Art 2:00 Video Chats by appt 4:00 Room Checks for Activities	Cinco De Mayo 9:00 Activity Stations 9:15 Hydration & Snacks 11:00 E Social Distant Activities 1:00 A Activity Stations & Cinco De Mayo Activities 2:00 Hydration & Snacks 4:00 Room Checks for Activities	9:00 Activity Stations 9:00 PE Morning Room Stretches 9:15 Hydration & Snacks 11:00 PE Social Distant Activities 1:00 AE Activity Stations & Art 2:00 Dining Room BINGO 3:30 KB Salon Day 4:00 Outdoor Event!	9:00 DE Activity Stations 9:00 PE Morning Room Stretches 9:15 Hydration & Snacks 11:00 PE Social Distant Activities 1:00 AE Activity Stations & Art 2:00 Social Distance Happy Hour 4:00 Room Checks for Activities	9:00 Stations 9:15 Hydration & Snacks 11:00 PE Social Distant Activities 1:00 AE Activity Stations & Art 2:00 Video Chats by appt 4:00 Room Checks for Activities	9:00 E Activity Stations 9:15 Hydration & Snacks 11:00 PE Social Distant Activities 1:00 AE Mother's Day Tea 2:00 C Video Chats by Appt 3:30 KB Salon Day 4:00 Room Checks for Activities
9:00 Activity Stations 9:15 Hydration & Snacks 9:30 Morning Stretches 0:00 SS Inspirational Activity Packets 1:00 PE Social Distant Activities 1:00 KB Salon Day 2:30 Mother's Day Bingo 4:00 Room Checks for Activities	9:00 E Activity Stations 9:15 Hydration & Snacks 9:30 2 By 2 Walk 11:00 PE Social Distant Activities 1:00 AE Activity Stations & Art 2:00 Video Chats by appt 4:00 Room Checks for Activities	9:00 E Activity Stations 9:15 Hydration & Snacks 11:00 PE Social Distant Activities 1:00 AE Activity Stations & Art 2:00 E Hydration & Snacks 4:00 Room Checks for Activities	9:00 FE Activity Stations 9:00 FE Morning Room Stretches 9:15 Hydration & Snacks 11:00 FE Social Distant Activities 1:00 AE Activity Stations & Art 2:00 LD Dining Room BINGO 3:30 KB Salon Day 4:00 Room Checks for Activities	9:00 PE Morning Room Stretches 9:15 Hydration & Snacks 11:00 PE Social Distant Activities 1:00 AE Activity Stations & Art 2:00 Social Distance Happy Hour 4:00 Room Checks for Activities	9:00 Stations 9:15 Hydration & Snacks 11:00 PE Social Distant Activities 1:00 AE Activity Stations & Art 2:00 CO Video Chats by appt 4:00 Room Checks for Activities	9:00 E Activity Stations 9:15 Hydration & Snacks 11:00 PE Social Distant Activities 1:00 AE Activity Stations & Art 2:00 C Video Chats by Appt 3:30 KB Salon Day 4:00 Room Checks for Activities
9:00 S Activity Stations 9:15 Hydration & Snacks 9:30 Morning Stretches 0:00 S Inspirational Activity Packets 1:00 P Social Distant Activities 1:00 A Activity Stations & Art 2:30 K Salon Day 4:00 Room Checks for Activities	9:00 E Activity Stations 9:15 Hydration & Snacks 9:30 2 By 2 Walk 11:00 E Social Distant Activities 1:00 AE Activity Stations & Art 2:00 Video Chats by appt 4:00 Room Checks for Activities		9:00 FE Activity Stations 9:00 FE Morning Room Stretches 9:15 Hydration & Snacks 11:00 FE Social Distant Activities 1:00 AE Activity Stations & Art 2:00 LL Dining Room BINGO 3:30 KB Salon Day 4:00 Room Checks for Activities	9:00 DE Activity Stations 9:00 PE Morning Room Stretches 9:15 Hydration & Snacks 11:00 PE Social Distant Activities 1:00 AE Activity Stations & Art 2:00 Social Distance Happy Hour 4:00 Room Checks for Activities	9:00 Activity Stations 9:15 Hydration & Snacks 11:00 PE Social Distant Activities 1:00 AE Activity Stations & Art 2:00 Video Chats by appt 4:00 Room Checks for Activities	Stations 9:15 Hydration & Snacks
9:00 E Activity Stations 9:15 Hydration & Snacks 9:30 Morning Stretches 0:00 S Inspirational Activity Packets 1:00 E Social Distant Activities 1:00 A Activity Stations & Art 2:30 K Salon Day 4:00 Room Checks for Activities	Memorial Day 9:00 Activity Stations 9:15 Hydration & Snacks 9:30 2 By 2 Walk 11:00 E Social Distant Activities 1:00 A Activity Stations & Memorial Day Honors 2:00 Video Chats by appt 4:00 Room Checks for Activities	9:00 CE Activity Stations 9:15 Hydration & Snacks 11:00 PE Social Distant Activities 1:00 AE Activity Stations & Art 2:00 CE Hydration & Snacks 4:00 Room Checks for Activities	9:00 PE Activity Stations 9:00 PE Morning Room Stretches 9:15 Hydration & Snacks 11:00 PE Social Distant Activities 1:00 AE Activity Stations & Art 2:00 Dining Room BINGO 3:30 KB Salon Day 4:00 Room Checks for Activities	9:00 PE Activity Stations 9:00 PE Morning Room Stretches 9:15 Hydration & Snacks 11:00 PE Social Distant Activities 1:00 AE Activity Stations & Art 2:00 Social Distance Happy Hour 4:00 Room Checks for Activities	9:15 Hydration & Snacks 11:00 PE Social Distant Activities 1:00 AE Activity Stations & Art 2:00 CC Video Chats by appt	9:00 Activity Stations 9:15 Hydration & Snacks 11:00 PE Social Distant