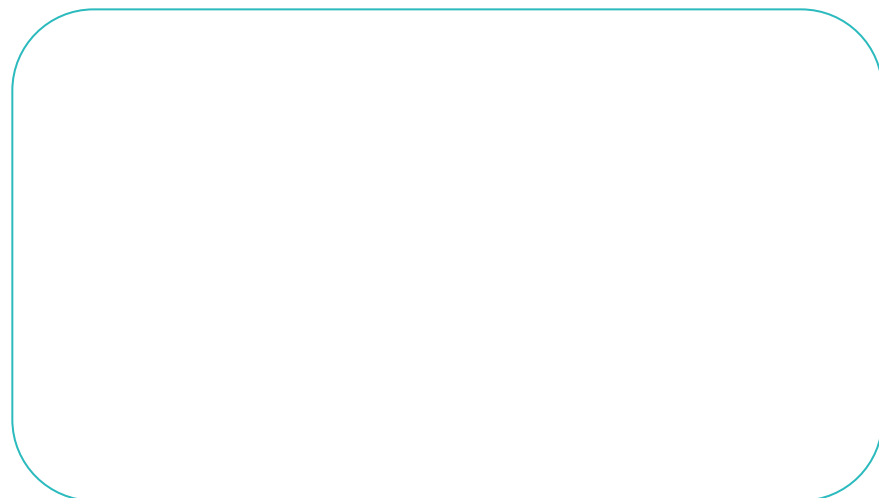




10330 4th Ave. West
Everett, WA 98204

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HERE



Administrative Team: 425-513-5645

Executive Director: Cindy Davis

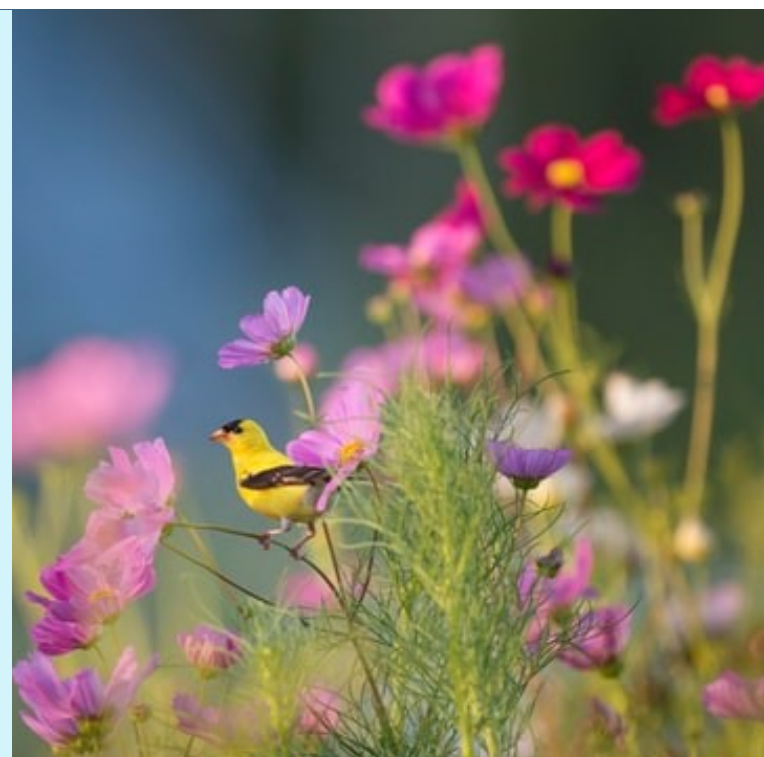
Assistant Executive Director: Cheryl King

Wellness Director: Christa Ogle

Dining Services Director: Jaime Curay

Maintenance Director: Darin Mueller

Life Enrichment Director: Casey Bolex



Our mission is to create and sustain comfortable, caring environments for those who depend on us.

South Pointe News

Monthly Newsletter



May 2020

2 Keeping Connected With Tech
3 Photo Challenge
4-5 Activities Calendar

6 Highlights, Notes, Limerick Challenge
7 Special Moments & Birthdays
8 Mission & Team

Social Strategizing: Ways We're Using Tech to Connect & Engage

As we observe state-mandated health guidelines and practice physical distancing, we really are as connected and engaged as ever! One of the major ways we are connecting is by utilizing tech at our community. We're no strangers to using tech for resident engagement, but now we have taken on even more ways to stay in touch, and have added new approaches to activities as part of our life enrichment program!



Leda enjoyed a Skype visit with her son Ryan. It was a great experience!



Margaret had a very nice chat with her daughter Charlotte! Everyone in the room was happy to say hello to her!

- While physically distancing, tech at our fingertips enables us to do activities such as:
- Country touring
 - Craft printing for art
 - Entertainer watching
 - Exercise classes
 - Gameshows
 - Google Earth travels
 - Karaoke
 - Museum touring
 - Park touring
 - Puzzles
 - Sport watching
 - Story writing
 - Trivia
 - Video chatting
 - Virtual painting
 - Virtual pet therapy
 - Worship services
 - And more...



The IN2L is a great tool for our residents to see their loved ones.

Special Moments



Happy Birthday Donna 05/04 & Jaime 05/23

May 2020 Highlights

May is Reading Month, Photograph Month, Salad Month, and Salsa Month!

- 01 Space Day; Chocolate Parfait Day
- 02 Kentucky Derby; Fitness Day
- 03 Garden Meditation Day
- 04 Bird Day; Weather Observing Day
- 05 Cinco de Mayo; Cartoonists' Day
- 06 Nurses' Day; Beverage Day
- 07 Paste-Up Publication Making Day
- 08 Have a Coke Day!
- 09 Lost Sock Memorial Day; Minigolf Day
- 10 Mother's Day; Washington State Day
- 11 Twilight Zone Day; Eat Anything Day
- 12 Limerick Day; Odometer Day
- 13 Receptionists' Day; Fruit Cocktail Day
- 14 Dance Like Chickens Day; Biscuit Day
- 15 Endangered Species Day; Pizza Day
- 16 BBQ Day; Armed Forces Day
- 17 Idaho Day; Cherry Cobbler Day
- 18 Cheese Souffle Day
- 19 Devil's Food Cake Day
- 20 Juicy Slush Day; Rescue Dog Day



- 21 Waitstaff Day; Memo Day
- 22 Maritime Day; Road Trip Day
- 23 Lucky Penny Day; Taffy Day
- 24 Scavenger Hunt Day; Aviation Tech Day
- 25 Memorial Day; Tap Dance Day
- 26 Paper Airplane Day
- 27 Senior Health & Fitness Day
- 28 Hamburger Day; Brisket Day
- 29 Paperclip Day
- 30 Creativity Day; Water Flowers Day
- 31 Smile Day; Macaroon Day

A note regarding Coronavirus:

The safety and comfort of our residents and staff remains our number one priority during the Coronavirus cases that have happened nationwide. It is important to communicate our plans to mitigate risk in our community. We are following mandated health guidelines. Please note that all activities are subject to cancellation per current mandated health guidelines. To read a full list of measures taken, and our current visitor policy, please visit our website: www.southpointe-al.com

Limerick Challenge!

In honor of Limerick Day on May 12, try writing one! They are funny, 5-line poems. Hickory, Dickory, Dock is a famous example.

The Rules:

1st, 2nd, & 5th lines rhyme and are 8 to 9 syllables. 3rd & 4th lines rhyme and are 5 to 6 syllables. Good Luck!



PHOTO CHALLENGE!

Do you recognize this young lady?



Can you guess who I am?



Do you know who this little cutie is?




Whose wedding day is this?

MAY 2020

South Pointe

10330 4th Avenue West Everett, Washington 98204 425-513-5645

SUN	MON	TUE	WED	THU	FRI	SAT
31 8:00 Breakfast 10:00 Gospel Music: IN2L 11:00 Sit & Be Fit: IN2L 12:00 Lunch 1:00 Walking Group 2:00 Rick Steve's Travel 3:00 Patio Social 4:00 Local News 5:00 Dinner	All activities subject to change per mandated health guidelines. Please note: Bingo has been moved to 2:00 PM		Happy Birthday Donna 05/04 Jaime 05/23		1 Chocolate Parfait Day 8:00 Breakfast 9:00 Morning Music 10:00 Resident Meeting 11:00 Trivia & Riddles 12:00 Lunch 1:00 Armchair Travel: IN2L 3:00 Happy Hour 4:00 Evening News 5:00 Dinner 6:00 Classic TV	2 8:00 Breakfast 9:00 Morning Music 10:15 Morning Exercise 11:00 Trivia & Riddles 12:00 Lunch 2:00 Bingo 3:00 Patio Social 4:00 Evening News 5:00 Dinner 6:00 Movie Night
3 8:00 Breakfast 10:00 Gospel Music: IN2L 11:00 Sit & Be Fit: IN2L 12:00 Lunch 1:00 Walking Group 2:00 Rick Steve's Travel 3:00 Patio Social 4:00 Local News 5:00 Dinner	4 8:00 Breakfast 9:00 Jukebox Oldies 10:15 Sit & Be Fit 11:00 Armchair Travel:IN2L 12:00 Lunch 1:00 Walking Group 2:00 Patio Social 4:00 Local News 5:00 Dinner	5 Cinco de Mayo 8:00 Breakfast 9:00 Country Music 10:15 Sit & Be Fit: IN2L 11:00 Flower Arranging 12:00 Lunch 2:00 Bingo 3:00 Patio Social 4:00 Evening News 5:00 Dinner 6:00 Animal Kingdom	6 National Nurse's Day 8:00 Breakfast 9:00 Music Videos 10:15 Morning Exercise 11:00 Trivia & Riddles 12:00 Lunch 1:00 Armchair Travel: IN2L 2:00 Patio Social 4:00 Evening News 5:00 Pizza Dinner 6:00 Classic TV	7 8:00 Breakfast 9:00 Jukebox Oldies 10:15 Morning Exercise 11:00 Trivia & Riddles 12:00 Lunch 1:00 Funny Videos 2:00 Hand Care 3:00 Patio Social 5:00 Dinner 6:00 Game Time	8 8:00 Breakfast 9:00 Morning Music 10:15 Morning Exercise 11:00 Trivia & Riddles 12:00 Lunch 2:00 Mother's Day Tea 4:00 Evening News 5:00 Dinner 6:00 Classic TV	9 8:00 Breakfast 9:00 Morning Music 10:15 Morning Exercise 11:00 Trivia & Riddles 12:00 Lunch 2:00 Bingo 3:00 Patio Social 4:00 Evening News 5:00 Dinner 6:00 Movie Night
10 Happy Mother's Day 8:00 Breakfast 10:00 Gospel Music: IN2L 11:00 Sit & Be Fit: IN2L 12:00 Lunch 1:00 Walking Group 2:00 Rick Steve's Travel 3:00 Patio Social 4:00 Local News 5:00 Dinner 	11 8:00 Breakfast 9:00 Jukebox Oldies 10:15 Sit & Be Fit 11:00 Armchair Travel:IN2L 12:00 Lunch 1:00 Walking Group 2:00 Patio Social 4:00 Local News 5:00 Dinner	12 8:00 Breakfast 9:00 Country Music 10:30 Chat with Cindy 11:00 Flower Arranging 12:00 Lunch 2:00 Bingo 3:00 Patio Social 4:00 Evening News 5:00 Dinner 6:00 Animal Kingdom	13 8:00 Breakfast 9:00 Music Videos 10:15 Food Committee 11:00 Trivia & Riddles 12:00 Lunch 1:00 Armchair Travel: IN2L 2:00 Patio Social 4:00 Evening News 5:00 Pizza Dinner 6:00 Classic TV	14 8:00 Breakfast 9:00 Jukebox Oldies 10:15 Morning Exercise 11:00 Trivia & Riddles 12:00 Lunch 1:00 Funny Videos 2:00 Hand Care 3:00 Patio Social 5:00 Dinner 6:00 Game Time	15 8:00 Breakfast 9:00 Morning Music 10:15 Morning Exercise 11:00 Trivia & Riddles 12:00 Lunch 1:00 Armchair Travel: IN2L 3:00 Happy Hour 4:00 Evening News 5:00 Dinner 6:00 Classic TV	16 8:00 Breakfast 9:00 Morning Music 10:15 Morning Exercise 11:00 Trivia & Riddles 12:00 Lunch 2:00 Bingo 3:00 Patio Social 4:00 Evening News 5:00 Dinner 6:00 Movie Night
17 8:00 Breakfast 10:00 Gospel Music: IN2L 11:00 Sit & Be Fit: IN2L 12:00 Lunch 1:00 Walking Group 2:00 Rick Steve's Travel 3:00 Patio Social 4:00 Local News 5:00 Dinner	18 8:00 Breakfast 9:00 Jukebox Oldies 10:15 Sit & Be Fit 11:00 Armchair Travel:IN2L 12:00 Lunch 1:00 Walking Group 2:00 Patio Social 4:00 Local News 5:00 Dinner	19 8:00 Breakfast 9:00 Country Music 10:15 Sit & Be Fit: IN2L 11:00 Flower Arranging 12:00 Lunch 2:00 Bingo 3:00 Patio Social 4:00 Evening News 5:00 Dinner 6:00 Animal Kingdom	20 8:00 Breakfast 9:00 Music Videos 10:15 Morning Exercise 11:00 Trivia & Riddles 12:00 Lunch/Patio Picnic 1:00 Armchair Travel: IN2L 2:00 Patio Social 4:00 Evening News 5:00 Pizza Dinner 6:00 Classic TV	21 8:00 Breakfast 9:00 Jukebox Oldies 10:15 Morning Exercise 11:00 Trivia & Riddles 12:00 Lunch 1:00 Funny Videos 2:00 Hand Care 3:00 Patio Social 5:00 Dinner 6:00 Game Time	22 8:00 Breakfast 9:00 Morning Music 10:00 Moring Exercise 11:00 Trivia & Riddles 12:00 Lunch 1:00 Armchair Travel: IN2L 3:00 Happy Hour 4:00 Evening News 5:00 Dinner 6:00 Classic TV	23 8:00 Breakfast 9:00 Morning Music 10:15 Morning Exercise 11:00 Trivia & Riddles 12:00 Lunch 2:00 Bingo 3:00 Patio Social 4:00 Evening News 5:00 Dinner 6:00 Movie Night
24 8:00 Breakfast 10:00 Gospel Music: IN2L 11:00 Sit & Be Fit: IN2L 12:00 Lunch 1:00 Walking Group 2:00 Rick Steve's Travel 3:00 Patio Social 4:00 Local News 5:00 Dinner	25 Memorial Day 8:00 Breakfast 9:00 Jukebox Oldies 10:15 Sit & Be Fit 11:00 Armchair Travel:IN2L 12:00 Lunch 1:00 Walking Group 2:00 Patio Social 4:00 Local News 5:00 Dinner	26 8:00 Breakfast 9:00 Country Music 10:15 Sit & Be Fit: IN2L 11:00 Flower Arranging 12:00 Lunch 2:00 Bingo 3:00 Patio Social 4:00 Evening News 5:00 Dinner 6:00 Animal Kingdom	27 8:00 Breakfast 9:00 Music Videos 10:15 Morning Exercise 11:00 Trivia & Riddles 12:00 Lunch 1:00 Armchair Travel: IN2L 2:00 Patio Social 4:00 Evening News 5:00 Pizza Dinner 6:00 Classic TV	28 8:00 Breakfast 9:00 Jukebox Oldies 10:15 Morning Exercise 11:00 Trivia & Riddles 12:00 Lunch 1:00 Funny Videos 2:00 Hand Care 3:00 Patio Social 5:00 Dinner 6:00 Game Time	29 8:00 Breakfast 9:00 Morning Music 10:00 Morning Exercise 11:00 Trivia & Riddles 12:00 Lunch 1:00 Armchair Travel: IN2L 3:00 Happy Hour 4:00 Evening News 5:00 Dinner 6:00 Classic TV	30 (The 31st is at top left) 8:00 Breakfast 9:00 Morning Music 10:15 Morning Exercise 11:00 Trivia & Riddles 12:00 Lunch 2:00 Bingo 3:00 Patio Social 4:00 Evening News 5:00 Dinner 6:00 Movie Night