



17950 SW 115th Avenue
Tualatin, OR 97062

STAMP
HERE



Administrative Team: 503-692-1748

Executive Director: June Sulffridge

Community Relations Dir.: Randy Dickens

Wellness Director: Tina Maxwell

Wellness Director: Kaylee Macy

Wellness Director: Rebecka Rabetoy

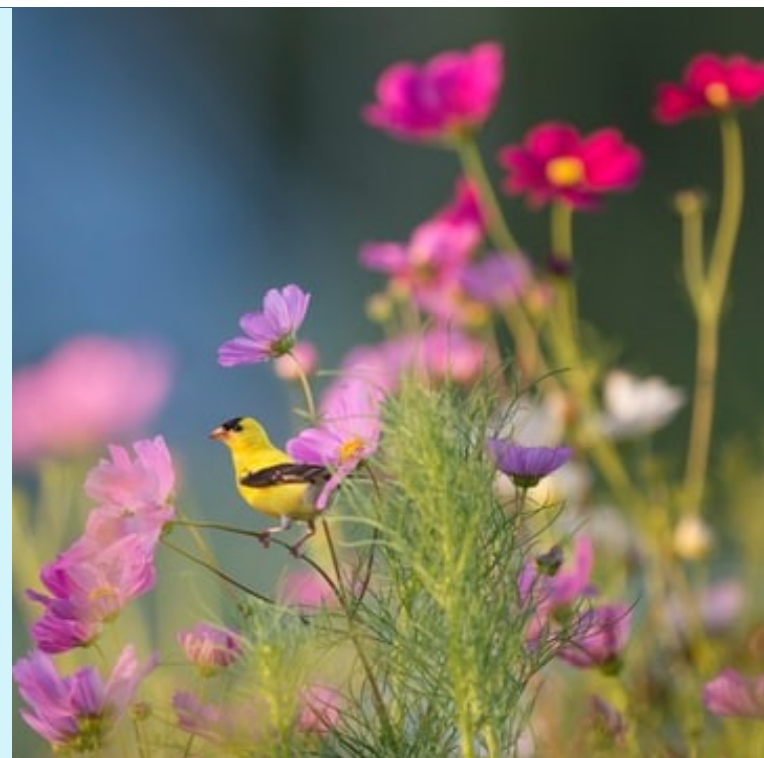
Registered Nurse: Franciene Thompson

Business Office Director: Pam Bates

Maintenance Director: Paul Burns

Dining Service Dir.: Samantha Olivar-Silva

Life Enrichment Director: Anjee Thompson



Our mission is to create and sustain comfortable, caring environments for those who depend on us.

The Farmington Times

Monthly Newsletter



May 2020

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3 Team & Resident Spotlight
4-5 Activities Calendar

6 Highlights, Notes, Limerick Challenge
7 Special Moments & Birthdays
8 Mission & Team

Social Strategizing: Ways We're Using

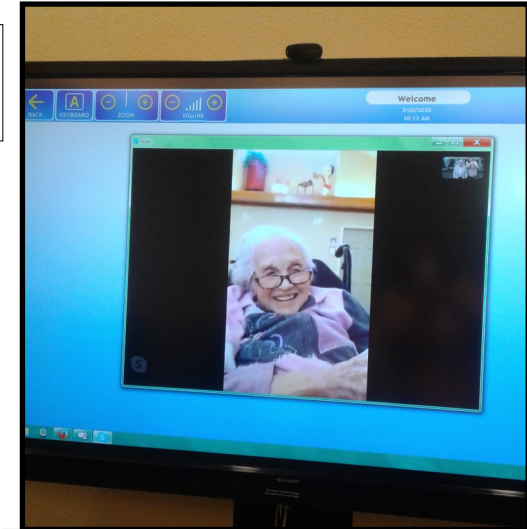
As we observe state-mandated health guidelines and practice physical distancing, we really are as connected and engaged as ever! One of the major ways we are connecting is by utilizing tech at our community. We're no strangers to using tech for resident engagement, but now we have taken on even more ways to stay in touch, and have added new approaches to activities as part of our life enrichment program!



Ly : I get to see my East Coast and West Coast Family at the same time

- While physically distancing, tech at our fingertips enables us to do activities such as:

 - Country touring
 - Craft printing for art
 - Entertainer watching
 - Exercise classes
 - Gameshows
 - Google Earth travels
 - Karaoke
- Museum touring
 - Park touring
 - Puzzles
 - Sport watching
 - Story writing
 - Trivia
 - Video chatting
 - Virtual painting
 - Virtual pet therapy
 - Worship services
 - And more...



Pat : Even at 100 years old I am trying new things

Jack: Blessed to still go to my church service with my Minister

Keeping Connected: We're using IN2L for video chatting via Skype, and helping residents use Zoom and Facetime for video chats! We've launched a "Connect Campaign" for family and friends to send videos, photos, letters, pictures of letters, etc., to: media@radiantseniorliving.com. When you email, include the community name, recipient, and if you are OK with us sharing your submission on our facebook.



Tech to



Root Beer Floats



Our Quilt



Community Parade



- John :May 6
- Sharon: May 13
- Robert: May 21
- Marilyn : May 31

May 2020 Highlights

May is Reading Month, Photograph Month, Salad Month, and Salsa Month!

01 Space Day; Chocolate Parfait Day
02 Kentucky Derby; Fitness Day
03 Garden Meditation Day
04 Bird Day; Weather Observing Day
05 Cinco de Mayo; Cartoonists' Day
06 Nurses' Day; Beverage Day
07 Paste-Up Publication Making Day
08 Have a Coke Day!
09 Lost Sock Memorial Day; Minigolf Day
10 Mother's Day; Washington State Day
11 Twilight Zone Day; Eat Anything Day
12 Limerick Day; Odometer Day
13 Receptionists' Day; Fruit Cocktail Day
14 Dance Like Chickens Day; Biscuit Day
15 Endangered Species Day; Pizza Day
16 BBQ Day; Armed Forces Day
17 Idaho Day; Cherry Cobbler Day
18 Cheese Souffle Day
19 Devil's Food Cake Day
20 Juicy Slush Day; Rescue Dog Day



21 Waitstaff Day; Memo Day
22 Maritime Day; Road Trip Day
23 Lucky Penny Day; Taffy Day
24 Scavenger Hunt Day; Aviation Tech Day
25 Memorial Day; Tap Dance Day
26 Paper Airplane Day
27 Senior Health & Fitness Day
28 Hamburger Day; Brisket Day
29 Paperclip Day
30 Creativity Day; Water Flowers Day
31 Smile Day; Macaroon Day

A note regarding Coronavirus:

The safety and comfort of our residents and staff remains our number one priority during the Coronavirus cases that have happened nationwide. It is important to communicate our plans to mitigate risk in our community. We are following mandated health guidelines. Please note that all activities are subject to cancellation per current mandated health guidelines. To read a full list of measures taken, and our current visitor policy, please visit our website: www.farmingtonsquare-tualatin.com

Limerick Challenge!

In honor of Limerick Day on May 12, try writing one! They are funny, 5-line poems. Hickory, Dickory, Dock is a famous example.

The Rules:

1st, 2nd, & 5th lines rhyme and are 8 to 9 syllables. 3rd & 4th lines rhyme and are 5 to 6 syllables. Good Luck!



Our resident spotlight shines on: Bonnie

This kind and gentle woman is filled with love; love for her children and love for her fellow housemates. She is always happy to talk about her children, and seeing how much her face lights up when she talks about them makes everyone around her smile.

A retired Registered Nurse and her desire to care for others shines thru in every thing she does. She can often be found checking on others to see if they are doing well. Truly a kind soul.

We're so happy to have you here at Farmington Square



Our staff spotlight shines on: Cat

Cat is one of our evening shift Med Techs. She moved to Oregon to be closer to her family for the San Diego area of California. Having raised three boys and one girl this proud mother of four is now a grandmother of four (three girls and one boy.)

She stated that being part of the Farmington team and caring for her residents is a great part of her day. Her kind spirit is evident when you see her interact with the staff and residents.

Thankyou for all you do, Cat!

MAY 2020

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SUN	MON	TUE	WED	THU	FRI	SAT
May 31 from bottom 8:00 Breakfast 9:30 Exercise IN2L 10:00 Brain Game IN2L 11:00 Walking Group 12:00 Lunch 1:00 Bible Study IN2L 2:00 Games 3:00 Puzzle Time 4:00 Trivia IN2L 5:00 Dinner 6:00 Comedy TV	All activities subject to change per mandated health guidelines.				1 8:00 Breakfast 9:30 Exercise IN2L 10:00 Spelling and Hangman 10:00 Sing Along 12:00 Lunch 1:00 Trivia IN2L 2:00 Coloring IN2L 3:00 Church Sermon IN2L 4:00 Travel Show IN2L 5:00 Dinner 6:00 Comedy TV	2 8:00 Breakfast 9:30 Exercise IN2L 10:00 Snack and Chat 11:00 Games IN2L 12:00 Lunch 1:00 Trivia 2:00 Spelling and Hangman 3:00 Today in History 4:00 Concert IN2L 5:00 Dinner 6:00 Western Show
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10 Mother's Day 8:00 Breakfast 9:30 Exercise IN2L 10:00 Brain Game IN2L 11:00 Walking Group 12:00 Lunch 1:00 Bible Study IN2L 2:00 Games 3:00 Puzzle Time 4:00 Trivia IN2L 5:00 Dinner 6:00 Comedy TV	11 8:00 Breakfast 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Word Games IN2L 12:00 Lunch 1:00 Word Search 2:00 Brain Games 3:00 Funny Videos 4:00 Trivia IN2L 5:00 Dinner 6:00 History Show	12 8:00 Breakfast 9:30 Exercise IN2L 10:00 Today In History 11:00 Tour Austrian Zoo 12:00 Lunch 1:00 Trivia IN2L 2:00 Ball Toss 3:00 Coloring 4:00 Puzzle Time 5:00 Dinner 6:00 Comedy TV	13 8:00 Breakfast 9:30 Exercise IN2L 10:00 Read Aloud 11:00 Hang man 12:00 Lunch 1:00 Jokes and Poems 2:00 Card Game 3:00 Ball Toss 4:00 Game Show 5:00 Dinner 6:00 Classic TV	14 8:00 Breakfast 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Puzzle Time 12:00 Lunch 1:00 Word Game 2:00 Art Project 3:00 Travel Show IN2L 4:00 Ball Toss 5:00 Dinner 6:00 Drama TV	15 8:00 Breakfast 9:30 Exercise IN2L 10:00 Spelling and Hangman 10:00 Sing Along 12:00 Lunch 1:00 Trivia IN2L 2:00 Coloring IN2L 3:00 Church Sermon IN2L 4:00 Travel Show IN2L 5:00 Dinner 6:00 Comedy TV	16 8:00 Breakfast 9:30 Exercise IN2L 10:00 Snack and Chat 11:00 Games IN2L 12:00 Lunch 1:00 Trivia 2:00 Spelling and Hangman 3:00 Today in History 4:00 Concert IN2L 5:00 Dinner 6:00 Western Show
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24 8:00 Breakfast 9:30 Exercise IN2L 10:00 Brain Game IN2L 11:00 Walking Group 12:00 Lunch 1:00 Bible Study IN2L 2:00 Games 3:00 Puzzle Time 4:00 Trivia IN2L 5:00 Dinner 6:00 Comedy TV	25 Memorial Day 8:00 Breakfast 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Word Games IN2L 12:00 Lunch 1:00 Word Search 2:00 Brain Games 3:00 Funny Videos 4:00 Trivia IN2L 5:00 Dinner 6:00 History Show	26 8:00 Breakfast 9:30 Exercise IN2L 10:00 Today In History 11:00 Tour the White House 12:00 Lunch 1:00 Trivia IN2L 2:00 Ball Toss 3:00 Coloring 4:00 Puzzle Time 5:00 Dinner 6:00 Comedy TV	27 8:00 Breakfast 9:30 Exercise IN2L 10:00 Read Aloud 11:00 Hang man 12:00 Lunch 1:00 Jokes and Poems 2:00 Card Game 3:00 Ball Toss 4:00 Game Show 5:00 Dinner 6:00 Classic TV	28 8:00 Breakfast 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Puzzle Time 12:00 Lunch 1:00 Word Game 2:00 Art Project 3:00 Travel Show IN2L 4:00 Ball Toss 5:00 Dinner 6:00 Drama TV	29 8:00 Breakfast 9:30 Exercise IN2L 10:00 Spelling and Hangman 10:00 Sing Along 12:00 Lunch 1:00 Trivia IN2L 2:00 Coloring IN2L 3:00 Church Sermon IN2L 4:00 Travel Show IN2L 5:00 Dinner 6:00 Comedy TV	30 (The 31st is at top left) 8:00 Breakfast 9:30 Exercise IN2L 10:00 Snack and Chat 11:00 Games IN2L 12:00 Lunch 1:00 Trivia 2:00 Spelling and Hangman 3:00 Today in History 4:00 Concert IN2L 5:00 Dinner 6:00 Western Show

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3 8:00 Breakfast 9:30 Exercise IN2L 10:00 Brain Game IN2L 11:00 Walking Group 12:00 Lunch 1:00 Bible Study IN2L 2:00 Games 3:00 Puzzle Time 4:00 Trivia IN2L 5:00 Dinner 6:00 Comedy TV	4 8:00 Breakfast 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Word Games IN2L 12:00 Lunch 1:00 Word Search 2:00 Brain Games 3:00 Book Club 4:00 Trivia IN2L 5:00 Dinner 6:00 History Show	5 Cinco de Mayo 8:00 Breakfast 9:30 Exercise IN2L 10:00 Today In History 11:00 Sing Along IN2L 12:00 Lunch 1:00 Trivia IN2L 2:00 Bingo 3:00 Coloring 4:00 Puzzle Time 5:00 Dinner 6:00 Comedy TV	6 8:00 Breakfast 9:30 Exercise IN2L 10:00 Read Aloud 11:00 Hang man 12:00 Lunch 1:00 Jokes and Poems 2:00 Card Game 3:00 Adult Coloring 4:00 Game Show 5:00 Dinner 6:00 Classic TV	7 8:00 Breakfast 9:30 Exercise IN2L 10:00 Walking Group 11:00 Puzzle Time 12:00 Lunch 1:00 Word Game 2:00 Art Project 3:00 Travel Show IN2L 4:00 Ball Toss 5:00 Dinner 6:00 Drama TV	8 8:00 Breakfast 9:30 Exercise IN2L 10:00 Bible Study 11:00 Sing Along 12:00 Lunch 1:00 Trivia IN2L 2:00 Card Games 3:00 Read Aloud 4:00 Travel Show IN2L 5:00 Dinner 6:00 Comedy TV	9 8:00 Breakfast 9:30 Exercise IN2L 10:00 Snack and Chat 11:00 Games IN2L 12:00 Lunch 1:00 Trivia 2:00 Spelling and Hangman 3:00 Today in History 4:00 Concert IN2L 5:00 Dinner 6:00 Western Show
10 Mother's Day 8:00 Breakfast 9:30 Exercise IN2L 10:00 Brain Game IN2L 11:00 Walking Group 12:00 Lunch 1:00 Bible Study IN2L 2:00 Games 3:00 Puzzle Time 4:00 Trivia IN2L 5:00 Dinner 6:00 Comedy TV	11 8:00 Breakfast 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Word Games IN2L 12:00 Lunch 1:00 Word Search 2:00 Brain Games 3:00 Book Club 4:00 Trivia IN2L 5:00 Dinner 6:00 History Show	12 8:00 Breakfast 9:30 Exercise IN2L 10:00 Today In History 11:00 Sing Along IN2L 12:00 Lunch 1:00 Trivia IN2L 2:00 Bingo 3:00 Coloring 4:00 Puzzle Time 5:00 Dinner 6:00 Comedy TV	13 8:00 Breakfast 9:30 Exercise IN2L 10:00 Read Aloud 11:00 Hang man 12:00 Lunch 1:00 Jokes and Poems 2:00 Card Game 3:00 Adult Coloring 4:00 Game Show 5:00 Dinner 6:00 Classic TV	14 8:00 Breakfast 9:30 Exercise IN2L 10:00 Walking Group 11:00 Puzzle Time 12:00 Lunch 1:00 Word Game 2:00 Art Project 3:00 Travel Show IN2L 4:00 Ball Toss 5:00 Dinner 6:00 Drama TV	15 8:00 Breakfast 9:30 Exercise IN2L 10:00 Bible Study 11:00 Sing Along 12:00 Lunch 1:00 Trivia IN2L 2:00 Card Games 3:00 Read Aloud 4:00 Travel Show IN2L 5:00 Dinner 6:00 Comedy TV	16 8:00 Breakfast 9:30 Exercise IN2L 10:00 Snack and Chat 11:00 Games IN2L 12:00 Lunch 1:00 Trivia 2:00 Spelling and Hangman 3:00 Today in History 4:00 Concert IN2L 5:00 Dinner 6:00 Western Show
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24 8:00 Breakfast 9:30 Exercise IN2L 10:00 Brain Game IN2L 11:00 Walking Group 12:00 Lunch 1:00 Bible Study IN2L 2:00 Games 3:00 Puzzle Time 4:00 Trivia IN2L 5:00 Dinner 6:00 Comedy TV	25 Memorial Day 8:00 Breakfast 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Word Games IN2L 12:00 Lunch 1:00 Word Search 2:00 Brain Games 3:00 Book Club 4:00 Trivia IN2L 5:00 Dinner 6:00 History Show	26 8:00 Breakfast 9:30 Exercise IN2L 10:00 Today In History 11:00 Sing Along IN2L 12:00 Lunch 1:00 Trivia IN2L 2:00 Bingo 3:00 Coloring 4:00 Puzzle Time 5:00 Dinner 6:00 Comedy TV	27 8:00 Breakfast 9:30 Exercise IN2L 10:00 Read Aloud 11:00 Hang man 12:00 Lunch 1:00 Jokes and Poems 2:00 Card Game 3:00 Adult Coloring 4:00 Game Show 5:00 Dinner 6:00 Classic TV	28 8:00 Breakfast 9:30 Exercise IN2L 10:00 Walking Group 11:00 Puzzle Time 12:00 Lunch 1:00 Word Game 2:00 Art Project 3:00 Travel Show IN2L 4:00 Ball Toss 5:00 Dinner 6:00 Drama TV	29 8:00 Breakfast 9:30 Exercise IN2L 10:00 Bible Study 11:00 Sing Along 12:00 Lunch 1:00 Trivia IN2L 2:00 Card Games 3:00 Read Aloud 4:00 Travel Show IN2L 5:00 Dinner 6:00 Comedy TV	30 (The 31st is at top left) 8:00 Breakfast 9:30 Exercise IN2L 10:00 Snack and Chat 11:00 Games IN2L 12:00 Lunch 1:00 Trivia 2:00 Spelling and Hangman 3:00 Today in History 4:00 Concert IN2L 5:00 Dinner 6:00 Western Show

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3 8:00 Breakfast 9:30 Exercise IN2L 10:00 Bible Study IN2L 11:00 Board Games 12:00 Lunch 1:00 Trivia IN2L 2:00 Word Search 3:00 Walk n Roll walking 4:00 Past Times IN2L 5:00 Dinner 6:00 Movie IN2L	4 8:00 Breakfast 9:30 Exercise IN2L 10:00 Snack and News 11:00 Read Aloud 12:00 Lunch 1:00 Write a Card to a Friend 2:00 News and Chat 3:00 Ball Toss 4:00 Funny Videos 5:00 Dinner 6:00 Music IN2L	5 Cinco de Mayo 8:00 Breakfast 9:30 Exercise IN2L 10:00 Good News 11:00 Trivia IN2L 12:00 Lunch 1:00 Art with Annie 2:00 Cribbage/ Games 3:00 Walking Group 4:00 One on One Visit 5:00 Dinner 6:00 Music IN2L	6 8:00 Breakfast 9:30 Exercise IN2L 10:00 News and Chat 11:00 Art Project 12:00 Lunch 1:00 Virtual Tour Museum 2:00 Virtual Scenic Drive 3:00 Spa Time 4:00 Puzzles Time 5:00 Dinner 6:00 Funny TV Show	7 8:00 Breakfast 9:30 Exercise IN2L 10:00 Card Games 11:30 Bible Study 12:00 Lunch 1:00 Art Class 2:00 Book Club 3:00 Trivia IN2L 4:00 Ball Toss 5:00 Dinner 6:00 History Video IN2L	8 8:00 Breakfast 9:30 Chair Stretching 10:00 Games IN2L 11:00 Card Games 12:00 Lunch 1:00 Scrabble 2:00 Bible Study 3:00 Craft 4:00 Trivia IN2L 5:00 Dinner 6:00 Funny TV Show	9 8:00 Breakfast 9:30 Exercise IN2L 10:30 BINGO 11:00 Puzzle Time 12:00 Lunch 1:00 Spa Time 2:00 One On One 3:00 Walking Group 4:00 Tour Aquarium in Baltimore 5:00 Dinner 6:00 Music IN2L
10 Mother's Day 8:00 Breakfast 9:30 Exercise IN2L 10:00 Bible Study IN2L 11:00 Board Games 12:00 Lunch 1:00 Trivia IN2L 2:00 Word Search 3:00 Walk n Roll walking 4:00 Past Times IN2L 5:00 Dinner 6:00 Movie IN2L	11 8:00 Breakfast 9:30 Exercise IN2L 10:00 Snack and News 11:00 Read Aloud 12:00 Lunch 1:00 Write a Card to a Friend 2:00 News and Chat 3:00 Ball Toss 4:00 Funny Videos 5:00 Dinner 6:00 Music IN2L	12 8:00 Breakfast 9:30 Exercise IN2L 10:00 Good News 11:00 Trivia IN2L 12:00 Lunch 1:00 Art with Annie 2:00 Cribbage/ Games 3:00 Walking Group 4:00 One on One Visit 5:00 Dinner 6:00 Music IN2L	13 8:00 Breakfast 9:30 Exercise IN2L 10:00 News and Chat 11:00 Art Project 12:00 Lunch 1:00 Virtual Tour Museum 2:00 Virtual Train Ride 3:00 Spa Time 4:00 Puzzles Time 5:00 Dinner 6:00 Funny TV Show	14 8:00 Breakfast 9:30 Exercise IN2L 10:00 Card Games 11:30 Bible Study 12:00 Lunch 1:00 Art Class 2:00 Book Club 3:00 Trivia IN2L 4:00 Ball Toss 5:00 Dinner 6:00 History Video IN2L	15 8:00 Breakfast 9:30 Chair Stretching 10:00 Games IN2L 11:00 Card Games 12:00 Lunch 1:00 Scrabble 2:00 Bible Study 3:00 Craft 4:00 Trivia IN2L 5:00 Dinner 6:00 Funny TV Show	16 8:00 Breakfast 9:30 Exercise IN2L 10:30 BINGO 11:00 Puzzle Time 12:00 Lunch 1:00 Spa Time 2:00 One On One 3:00 Walking Group 4:00 Tour the Sand Diego Zoo 5:00 Dinner 6:00 Music IN2L
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24 8:00 Breakfast 9:30 Exercise IN2L 10:00 Bible Study IN2L 11:00 Board Games 12:00 Lunch 1:00 Trivia IN2L 2:00 Word Search 3:00 Walk n Roll walking 4:00 Past Times IN2L 5:00 Dinner 6:00 Movie IN2L	25 Memorial Day 8:00 Breakfast 9:30 Exercise IN2L 10:00 Snack and News 11:00 Read Aloud 12:00 Lunch 1:00 Write a Card to a Friend 2:00 News and Chat 3:00 Ball Toss 4:00 Funny Videos 5:00 Dinner 6:00 Music IN2L	26 8:00 Breakfast 9:30 Exercise IN2L 10:00 Good News 11:00 Trivia IN2L 12:00 Lunch 1:00 Art with Annie 2:00 Cribbage/ Games 3:00 Walking Group 4:00 One on One Visit 5:00 Dinner 6:00 Music IN2L	27 8:00 Breakfast 9:30 Exercise IN2L 10:00 News and Chat 11:00 Art Project 12:00 Lunch 1:00 Virtual Tour Museum 2:00 Virtual Hot Air Balloon Ride 3:00 Spa Time 4:00 Puzzles Time 5:00 Dinner 6:00 Funny TV Show	28 8:00 Breakfast 9:30 Exercise IN2L 10:00 Card Games 11:30 Bible Study 12:00 Lunch 1:00 Art Class 2:00 Book Club 3:00 Trivia IN2L 4:00 Ball Toss 5:00 Dinner 6:00 History Video IN2L	29 8:00 Breakfast 9:30 Chair Stretching 10:00 Games IN2L 11:00 Card Games 12:00 Lunch 1:00 Scrabble 2:00 Bible Study 3:00 Craft 4:00 Trivia IN2L 5:00 Dinner 6:00 Funny TV Show	30 (The 31st is at top left) 8:00 Breakfast 9:30 Exercise IN2L 10:30 BINGO 11:00 Puzzle Time 12:00 Lunch 1:00 Spa Time 2:00 One On One 3:00 Walking Group 4:00 Tour the Australian Zoo 5:00 Dinner 6:00 Music IN2L