EMERALD GARDENS
ASSISTED & MEMORY CARE
A Radiant Senior Living Community

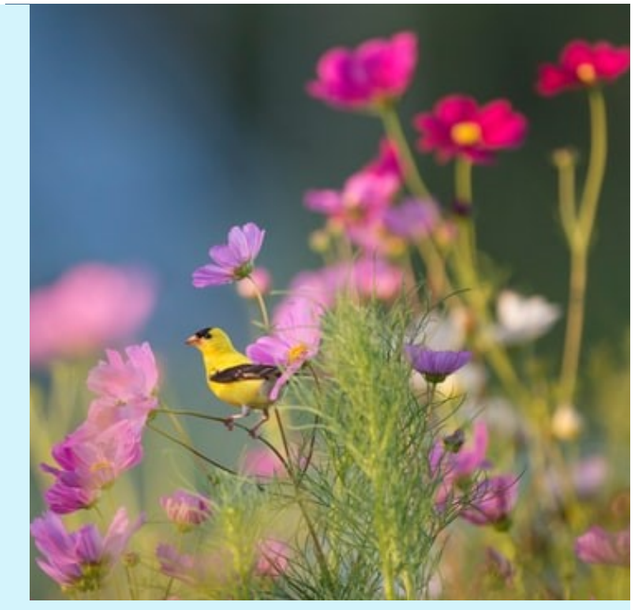
1890 Newberg Highway
Woodburn, OR 97071

STAMP HERE

Administrative Team:

Tanya Weaver
Executive Director
Rosa Valencia
Wellness Coordinator
Yuri Diaz
Wellness Coordinator
Rhonda Todd
Business Office Director
Monica Davis
Communication Relations Director
Jessica Comerford
Wellness Nurse
Kevin Wison
Dining Service Director
Roel Garza
Maintenance Director
Maria Sanchez
Life Enrichment Director

Contact Us: 503-982-4000



Our mission is to create and sustain comfortable, caring environments for those who depend on us.

Emerald Gardens News

Residential & Memory Care Monthly Newsletter

May 2020

2 Keeping Connected With Tech
3 Team & Resident Spotlight
4-5 Activities Calendar: Residential
6 Highlights, Notes, Limerick Challenge
7 Special Moments & Birthdays
8 Mission & Team

Social Strategizing: Ways We're Using Tech to Connect & Engage

As we observe state-mandated health guidelines and practice physical distancing, we really are as connected and engaged as ever! One of the major ways we are connecting is by utilizing tech at our community. We're no strangers to using tech for resident engagement, but now we have taken on even more ways to stay in touch, and have added new approaches to activities as part of our life enrichment program!

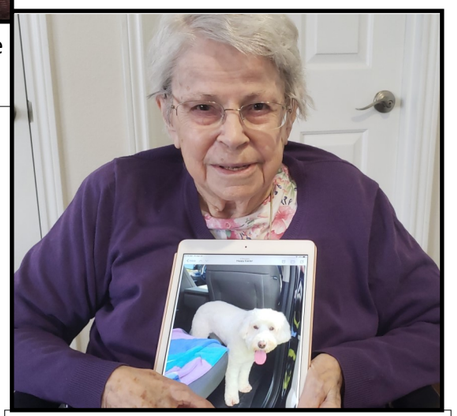
Fran and Chela taking a break from inside and enjoy the Oregon Weather!

Linda, utilizing Our iN2L and doing Piggy Bankers! One of the residents favorite independent games to do!

Keeping Connected: We're using IN2L for video chatting via Skype, and helping residents use Zoom and Facetime for video chats! We've launched a "Connect Campaign" for family and friends to send videos, photos, letters, pictures of letters, etc., to: media@radiantseniorliving.com. When you email, include the community name, recipient, and if you are OK with us sharing your submission on our facebook.

While physically distancing, tech at our fingertips enables us to do activities such as:

- Country touring
- Craft printing for art
- Entertainer watching
- Exercise classes
- Gameshows
- Google Earth travels
- Karaoke
- Museum touring
- Park touring
- Puzzles
- Sport watching
- Story writing
- Trivia
- Video chatting
- Virtual painting
- Virtual pet therapy
- Worship services
- And more…



Mary enjoys receiving and sending picture emails using an ipad to her family.

Special Moments

Let's Celebrate!

Jannelie: May 1st
Adriana: May 3rd
Monica L.: May 6th
Bob O.: May 11th
Mary W.: May 11th
Joyce: May 14th
Nikola J: May 15th
Donnie: May 20th
Julia L.: May 22nd
Marian: May 23rd
Nella: May 31st

May 2020 Highlights

May is Reading Month, Photograph Month, Salad Month, and Salsa Month!

01 Space Day
02 Kentucky Derby; Fitness Day
03 Lemonade Day, on the Patio
04 Bird Day; Weather Observing Day
04 Chef Chat @ 1:15 w/ Kevin
05 Cinco de Mayo, Fiesta @ 3:30
06 National Nurses' Day!
06 Resident Council @ 1:30
08 Have a Coke Day!
10 Mother's Day; WA State Day
11 Twilight Zone Day; Eat Anything Day
13 Receptionists' Day; Fruit Cocktail Day
13 Ambrosia Salad Making @ 3:30
14 Dance Like Chickens Day; Biscuit Day
15 Endangered Species Day; Pizza Day
16 Armed Forces Day
17 Idaho Day;
19 Devil's Food Cake Day
21 Waitstaff Day; Memo Day
21 May Birthday Party Celebration, Cake & Ice-Cream for All!
22 Road Trip Day (Virtual; iN2L)
23 Lucky Penny Day; Taffy Day
24 Scavenger Hunt Day; Aviation Tech Day
25 Memorial Day; Tap Dance Day
26 Paper Airplane Day, Airplane Origami
27 Senior Health & Fitness Day
28 Hamburger Day, Lunch Outside
29 Paperclip Day
30 Creativity Day; Water Flowers Day
31 Smile Day; Macaroon Day

Activities Subject to Change or Cancellation per Current Mandated Health Guidelines

A note regarding Coronavirus:

The safety and comfort of our residents and staff remains our number one priority during the Coronavirus cases that have happened nationwide. It is important to communicate our plans to mitigate risk in our community. We are following mandated health guidelines. Please note that all activities are subject to cancellation per current mandated health guidelines. To read a full list of measures taken, and our current visitor policy, please visit our website: www.egseniorliving.com

Limerick Challenge!
In honor of Limerick Day on May 12, try writing one! They are funny, 5-line poems. Hickory, Dickory, Dock is a famous example.

The Rules:

1st, 2nd, & 5th lines rhyme and are 8 to 9 syllables. 3rd & 4th lines rhyme and are 5 to 6 syllables. Good Luck!

Our resident spotlight shines on: Rob S.

Robert was born on December 12th, 1924 in Cheney, Washington. He was raised in a small town in a Catholic household. His parents were very religious and would attend church every Sunday.

Rob's favorite subject in school was History. After graduating high school, he worked at a dairy farm. Rob loved to work. He says it was always a great feeling to accomplish a task and seeing a good outcome. He was also a Reserve Officer for the city of Woodburn. He says he enjoyed helping people and doing good things for the city.

Rob got married and had 5 children. He loves being a father because his children were very kind and smart. The love of his wife and kids made him feel very blessed.

Rob says he is the happiest when he is being kind to others.

We are so glad Rob is part of our Radiant community!

Our staff spotlight shines on: Mirna

Mirna was born in Salem, Oregon. She started working at Emerald Gardens on April 9th, 2019.

Mirna's hobbies are watching movies and TV shows such as Game of Thrones and Vanity Fair. Mirna hopes to travel the world one day and discover new places. She enjoys spending time with her loved ones, especially her son. It makes her happy to see him grow up right before her eyes.

Mirna enjoys working at Emerald Gardens because she likes to take care of the residents and making sure their needs are met.

We are so glad Mirna is part of our Radiant Team!

MAY 2020

Emerald Gardens • Residential Care • 1890 Newberg Hwy. Woodburn, OR 97071 • 503-982-4000

SUN	MON	TUE	WED	THU	FRI	SAT
31 **Smile Day** 10:00 Word Search 1:30 Trivia* 2:00 Coloring Hour 3:00 Crossword Puzzles 4:00 On This Day*	All activities subject to change per mandated health guidelines.			**May Birthdays** Bob O. 11th — Jannelie 1st Mary W. 11th — Adriana 3rd Joyce 14th — Moni L. 6th Nikola J. 15th — Julia L. 22nd Marian 23rd	1 **Space Day** 9:30 Chair Dancing 10:00 BiNGO 11:15 Jenga 1:30 Wii Golf 2:15 Afternoon Stroll 3:00 Cheese Tasting 4:00 Continents: Asia 6:00 Friday Evening Movie	2 9:45 Latin Soul 1* 10:30 Garden Club 1:30 Name 5 2:15 Good News 3:00 Resident Choice Game 4:00 Reading Club (Outside) 6:00 Western Movie
3 **Lemonade Day** 10:00 Word Search 1:30 Crossword Puzzles 2:00 Coloring Hour 3:00 Lemonade on the Patio 4:00 Trivia* 6:00 On This Day*	4 **Weather Observing Day** 10:00 Brain Games 11:00 Sit & Be Fit* 1:15 Chef Chat 2:00 Weekly Forecast: May 2:15 BINGO! 3:30 Wii Bowling 6:00 Tell Me A Joke*	5 **Cinco de Mayo** 10:00 BiNGO 11:00 Conductorcise 1:30 Bible Study 2:30 Scrabble 3:30 5 De Mayo Fiesta! 6:00 Staff vs Resident Tic-Tac-Toe Challenge	6 **National Nurses' Day** 10:00 Morning Stroll 10:45 Piggy Bankers 1:30 Resident Council 2:30 Garden Club 3:30 Rick S. Travel: Iran 4:00 Happy Hour 6:00 Places to Color	7 10:00 Balance & Stretch 10:30 Brain Aerobics 1:30 Wii Bowling 2:15 Ice-Cream Social 3:00 BiNGO 4:00 Geography Game 6:00 Karaoke*	8 9:30 Chair Dancing 10:00 BiNGO 11:15 Jenga 1:30 Wii Golf 2:15 Afternoon Stroll 3:00 Cheese Tasting 4:00 Continents: Africa 6:00 Friday Evening Movie	9 9:45 Latin Soul 1* 10:30 Garden Club 1:30 Name 5 2:15 Good News 3:00 Resident Choice Game 4:00 Reading Club (Outside) 6:00 Western Movie
10 **Mother's Day** **Washington State Day** 10:00 Word Search 11:45 Mother's Day Brunch 1:30 WA State Trivia* 2:00 Coloring Hour 3:00 Crossword Puzzles 4:00 On This Day*	11 10:00 Brain Games 11:00 Sit & Be Fit* 1:30 Piggy Bankers 2:00 BINGO! 3:00 Wii Bowling 4:00 Card Games: NiNES 6:00 Tell Me A Joke*	12 10:00 BiNGO 11:00 Conductorcise* 1:30 Bible Study 2:30 Ladies' Tea Time 3:15 Family Feud* 4:00 Scrabble 6:00 Staff vs Resident Tic-Tac-Toe Challenge	13 **Fruit Cocktail Day** 10:00 Morning Stroll 10:45 Piggy Bankers 1:30 Garden Club 2:30 Pretty Nails 3:30 Ambrosia Salad Mix 4:15 Rick S. Travel: Croatia 6:00 Places to Color	14 10:00 Balance & Stretch 10:30 Brain Aerobics 1:30 Wii Bowling 2:15 Ice-Cream Social 3:00 BiNGO 4:00 Challenges* Math 6:00 Karaoke*	15 **Endangered Species Day** 9:30 Chair Dancing 10:00 BiNGO 11:15 Jenga 1:30 Wii Golf 2:15 Afternoon Stroll 3:00 Cheese Tasting 4:00 Name the Species 6:00 Friday Evening Movie	16 9:45 Latin Soul 1* 10:30 Garden Club 1:30 Name 5 2:15 Good News 3:00 Resident Choice Game 4:00 Reading Club (Outside) 6:00 Western Movie
17 **Idaho Day** 10:00 Word Search 1:30 Idaho State Trivia* 2:00 Coloring Hour 3:00 Crossword Puzzles 4:00 On This Day*	18 10:00 Brain Games 11:00 Sit & Be Fit* 1:30 Piggy Bankers 2:00 BINGO! 3:00 Wii Bowling 4:00 Card Games: NiNES 6:00 Tell Me A Joke*	19 10:00 BiNGO 11:00 Conductorcise* 1:30 Bible Study 2:30 Ladies' Tea Time 3:15 Family Feud* 4:00 Scrabble 6:00 Staff vs Resident Tic-Tac-Toe Challenge	20 10:00 Morning Stroll 10:45 Piggy Bankers 1:30 Garden Club 2:30 Pretty Nails 3:30 Rick S. Travel: Cuba 4:00 Happy Hour 6:00 Places to Color	21 10:00 Balance & Stretch 10:30 Brain Aerobics 1:30 Wii Bowling 2:00 Birthday Celebration Cake & Ice-Cream for All! 3:00 BiNGO 4:00 Geography Game 6:00 Karaoke*	22 **Road Trip Day** 9:30 Chair Dancing 10:00 BiNGO 11:15 Virtual Road Trip 1:30 Wii Golf 2:15 Afternoon Stroll 3:00 Cheese Tasting 4:00 Continents: Antarctica 6:00 Friday Evening Movie	23 9:45 Latin Soul 1* 10:30 Garden Club 1:30 Name 5 2:15 Good News 3:00 Resident Choice Game 4:00 Reading Club (Outside) 6:00 Western Movie
24 10:00 Word Search 1:30 Trivia* 2:00 Coloring Hour 3:00 Crossword Puzzles 4:00 On This Day*	25 **Memorial Day** 10:00 Brain Games 11:00 Sit & Be Fit* 1:30 Memorial Day Trivia 2:00 BINGO! 3:00 Wii Bowling 4:00 Card Games: NiNES 6:00 Tell Me A Joke*	26 **Paper Airplane Day** 10:00 BiNGO 11:00 Conductorcise* 1:30 Bible Study 2:30 Ladies' Tea Time 3:15 Airplane Origami 4:00 Scrabble 6:00 Staff vs Resident Tic-Tac-Toe Challenge	27 **Senior Health & Fitness** 10:00 Morning Stroll 10:45 Piggy Bankers 1:30 Garden Club 2:30 Pretty Nails 3:30 Rick S. Travel: Spain 4:00 Happy Hour 6:00 Places to Color	28 10:00 Balance & Stretch 10:30 Brain Aerobics 1:30 Wii Bowling 2:15 Ice-Cream Social 3:00 BiNGO 4:00 Challenges* Opposites 6:00 Karaoke*	29 9:30 Chair Dancing 10:00 BiNGO 11:15 Jenga 1:30 Wii Golf 2:15 Afternoon Stroll 3:00 Cheese Tasting 4:00 Continents: Australia 6:00 Friday Evening Movie	30 **Creativity Day** 9:45 Latin Soul 1* 10:30 Garden Club 1:30 Name 5 2:15 Creative Painting 3:00 Good News 4:00 Reading Club (Outside) 6:00 Western Movie ***May 31st on top left***

MAY 2020

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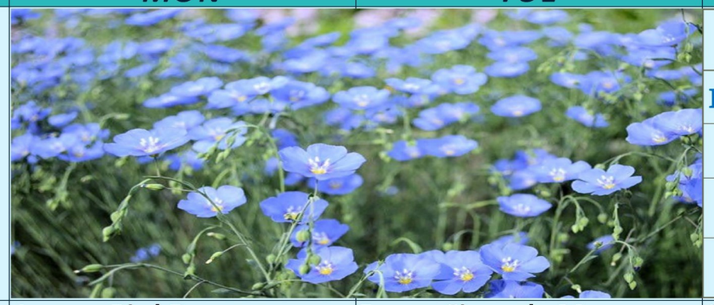
SUN	MON	TUE	WED	THU	FRI	SAT
31 **Smile Day** 10:00 UNO! 11:00 Chair yoga 1:30 Coloring Hour 2:30 Word Search 3:00 Crossword Puzzles 4:00 Sing-a-Long 6:00 On This Day			**May Birthdays** Donnie 20th · Adriana 3rd Nella 31st · Moni 6th Julia L. 22nd	**All activities subject to change per mandated health guidelines.**	1 **Space Day** 9:30 Chair Dancing 10:00 BiNGO 11:15 Essential Hand Wash 1:30 Coloring Hour 2:30 Snack & Hydration 3:00 Bubble Popper 4:00 Reminisce	2 10:00 Conductercise 10:30 Time Lapse 1:30 Coloring Hour 2:30 Snack & Hydration 3:30 Balloon Volleyball 4:00 Karaoke
3 **Lemonade Day** 10:00 UNO! 11:00 Chair yoga 1:30 Coloring Hour 2:30 Word Search 3:00 Crossword Puzzles 4:00 Sing-a-Long 6:00 On This Day	4 **Bird Day** 10:15 BiNGO 11:15 Sit & Be Fit 1:30 Crossword Puzzle 2:30 Build a Puzzle 3:00 Bubble Popper 4:00 Rick Steve's Travel 6:00 I Love Lucy	5 **Cinco de Mayo** 10:00 BINGO! 11:15 Conductercise 1:30 Crafts 3:15 Cinco de Mayo Fiesta! 4:00 Family Feud! 6:00 Matching Game	6 **National Nurses' Day** 10:00 Pretty Nails 10:30 Chair Yoga 1:30 UNO! 2:30 Brain Aerobics 3:30 Matching Game 4:00 Coffee Hour 6:00 Build a Puzzle	7 10:00 Bubble Popper 10:30 Balance & Stretch 11:00 Coloring Hour 1:30 Trivia w/ Karina 2:15 Ice Cream Social 3:00 BINGO! 4:00 Family Feud! 6:00 Evening Movie	8 9:30 Chair Dancing 10:00 BiNGO 11:15 Essential Hand Wash 1:30 Coloring Hour 2:30 Snack & Hydration 3:00 Bubble Popper 4:00 Reminisce	9 10:00 Conductercise 10:30 Time Lapse 1:30 Coloring Hour 2:30 Snack & Hydration 3:30 Balloon Volleyball 4:00 Karaoke
10 *Mother's Day* 10:00 UNO! 11:00 Chair Yoga 1:30 Coloring Hour 2:30 Word Search 3:00 Crossword Puzzles 4:00 Sing-a-Long	11 10:15 BiNGO 11:15 Sit & Be Fit 1:30 Crossword Puzzle 2:30 Build a Puzzle 3:00 Bubble Popper 4:00 Rick Steve's Travel 6:00 I Love Lucy	12 10:00 BINGO! 11:15 Conductercise 1:30 Crafts 3:15 Ladies Tea Time 4:00 Family Feud! 6:00 Matching Game	13 10:00 Pretty Nails 10:30 Chair Yoga 1:30 UNO! 2:30 Brain Aerobics 3:30 Matching Game 4:00 Coffee Hour 6:00 Build a Puzzle	14 10:00 Bubble Popper 10:30 Balance & Stretch 11:00 Coloring Hour 1:30 Trivia w/ Karina 2:15 Ice Cream Social 3:00 BINGO! 4:00 Family Feud! 6:00 Evening Movie	15 9:30 Chair Dancing 10:00 BiNGO 11:15 Essential Hand Wash 1:30 Coloring Hour 2:30 Snack & Hydration 3:00 Bubble Popper 4:00 Reminisce	16 10:00 Conductercise 10:30 Time Lapse 1:30 Coloring Hour 2:30 Snack & Hydration 3:30 Balloon Volleyball 4:00 Karaoke
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24 **Wyoming Day** 10:00 UNO! 11:00 Chair Yoga 1:30 Coloring Hour 2:30 Word Search 3:00 Crossword Puzzles 4:00 Sing-a-Long 6:00 On this Day	25 **Memorial Day** 10:15 BiNGO 11:15 Sit & Be Fit 1:30 Crossword Puzzle 2:30 Build a Puzzle 3:00 Bubble Popper 4:00 Rick Steve's Travel 6:00 I Love Lucy	26 10:00 BINGO! 11:15 Conductercise 1:30 Crafts 3:15 Ladies Tea Time 4:00 Family Feud! 6:00 Matching Game	27 **Senior Health & Fitness Day** 10:00 Pretty Nails 10:30 Chair Yoga 1:30 UNO! 2:30 Brain Aerobics 3:30 Matching Game 4:00 Coffee Hour 6:00 Build a Puzzle	28 10:00 Bubble Popper 10:30 Balance & Stretch 11:00 Coloring Hour 1:30 Trivia w/ Karina 2:15 Ice Cream Social 3:00 BINGO! 4:00 Family Feud! 6:00 Evening Movie	29 9:30 Chair Dancing 10:00 BiNGO 11:15 Essential Hand Wash 1:30 Coloring Hour 2:30 Snack & Hydration 3:00 Bubble Popper 4:00 Reminisce	30 **Creativity Day** 10:00 Conductercise 10:30 Time Lapse 1:30 Coloring Hour 2:30 Snack & Hydration 3:30 Balloon Volleyball 4:00 Karaoke May 31st in top row, column one.