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STAMP  
HERE



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Maintenance Director: TOM PARKER

Life Enrichment Dir.: JODY GALLAGHER

Community Relations Director: TOM COX



Our mission is to create and sustain comfortable, caring environments for those who depend on us.

# Barnett Woods Bulletin

Monthly Newsletter



## May 2020

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## Social Strategizing: Ways We're Using Tech to Connect & Engage

As we observe state-mandated health guidelines and practice physical distancing, we really are as connected and engaged as ever! One of the major ways we are connecting is by utilizing tech at our community. We're no strangers to using tech for resident engagement, but now we have taken on even more ways to stay in touch, and have added new approaches to activities as part of our life enrichment program!



Another form of correspondence



Word games on the IN2I are always fun!

While physically distancing, tech at our fingertips enables us to do activities such as:

- Country touring
- Craft printing for art
- Entertainer watching
- Exercise classes
- Gameshows
- Google Earth travels
- Karaoke
- Museum touring
- Park touring
- Puzzles
- Sport watching
- Story writing
- Trivia
- Video chatting
- Virtual painting
- Virtual pet therapy
- Worship services
- And more...



Plotting his escape!

**Keeping Connected:** We're using IN2L for video chatting via Skype, and helping residents use Zoom and Facetime for video chats! We've launched a "Connect Campaign" for family and friends to send videos, photos, letters, pictures of letters, etc., to: [media@radiantseniorliving.com](mailto:media@radiantseniorliving.com). When you email, include the community name, recipient, and if you are OK with us sharing your submission on our facebook.

## Special Moments



And the people stayed home. And read books, and listened, and rested, and exercised, and made art, and played games, and learned new ways of being, and were still.

And listened more deeply. Some meditated, some prayed, some danced. Some met their shadows. And the people began to think differently. And the people healed.

And, in the absence of people living in ignorant, dangerous, mindless, and heartless ways, the earth began to heal.

And when the danger passed, and the people joined together again, they grieved their losses, and made new choices, and dreamed new images, and created new ways to live and heal the earth fully, as they had been healed.

Kitty O'Meara

### Resident Birthdays

Darlene H. May 3rd

Dee E May 11th

Trudy S. May 18th

David P. May 30th

### Employee Birthdays

Eskari C. May 5th

Amy G. May 25th





# May 2020 Highlights

## May is Reading Month, Photograph Month, Salad Month, and Salsa Month!

- 01 Space Day; Chocolate Parfait Day
- 02 Kentucky Derby; Fitness Day
- 03 Garden Meditation Day
- 04 Bird Day; Weather Observing Day
- 05 Cinco de Mayo; Cartoonists' Day
- 06 Nurses' Day; Beverage Day
- 07 Paste-Up Publication Making Day
- 08 Have a Coke Day!
- 09 Lost Sock Memorial Day; Minigolf Day
- 10 Mother's Day; Washington State Day
- 11 Twilight Zone Day; Eat Anything Day
- 12 Limerick Day; Odometer Day
- 13 Receptionists' Day; Fruit Cocktail Day
- 14 Dance Like Chickens Day; Biscuit Day
- 15 Endangered Species Day; Pizza Day
- 16 BBQ Day; Armed Forces Day
- 17 Idaho Day; Cherry Cobbler Day
- 18 Cheese Souffle Day
- 19 Devil's Food Cake Day
- 20 Juicy Slush Day; Rescue Dog Day



- 21 Waitstaff Day; Memo Day
- 22 Maritime Day; Road Trip Day
- 23 Lucky Penny Day; Taffy Day
- 24 Scavenger Hunt Day; Aviation Tech Day
- 25 Memorial Day; Tap Dance Day
- 26 Paper Airplane Day
- 27 Senior Health & Fitness Day
- 28 Hamburger Day; Brisket Day
- 29 Paperclip Day
- 30 Creativity Day; Water Flowers Day
- 31 Smile Day; Macaroon Day

### A note regarding Coronavirus:

The safety and comfort of our residents and staff remains our number one priority during the Coronavirus cases that have happened nationwide. It is important to communicate our plans to mitigate risk in our community. We are following mandated health guidelines. Please note that all activities are subject to cancellation per current mandated health guidelines. To read a full list of measures taken, and our current visitor policy, please visit our website: [www.barnett-woods.com](http://www.barnett-woods.com)

### Limerick Challenge!

In honor of Limerick Day on May 12, try writing one! They are funny, 5-line poems. Hickory, Dickory, Dock is a famous example.

### The Rules:

1st, 2nd, & 5th lines rhyme and are 8 to 9 syllables. 3rd & 4th lines rhyme and are 5 to 6 syllables. Good Luck!



Our resident spotlight shines on:

Montecre B

I was named after my French grandfather, whose name means “mighty crossing”. I was raised in Baker and Pendleton, where my family had a cattle and horse ranch. By age 13 I was A world champion “Trick Rider” (see photo) and Dad was A world champ bull rider. In Arizona we drove the cattle down the main street in Yuma to the cotton fields.

I have 4 children, and later in life I hit the jackpot with “Fab”, a wonderful guy who unfortunately died young from Mesothelioma. I am lucky to have a good son who lives nearby. Mr. Bentley is now my current companion– a Doxie--terrier.

I read a lot of history, and would love to ride a horse again-do you have one I could borrow or rent??




Our staff spotlight shines on:

Eskari C.

Nicknamed “E”, he is first noticeable due to his height– tall and slender, and presumably FAST on the basketball (BB) court, Eskari is a gentle, respectful, sincere young man now on our kitchen staff. His major interest is BB which he has played at Warner Pacific University, and in Tacoma.

This Fall he will move to Portland to complete his college education and play BB. His goals are to play pro BB, or secondarily to become a trainer thereof, and to have his own gym for athletes and an after-school program for at-risk kids. Oh, and the curls are natural! So lucky!!



SUN	MON	TUE	WED	THU	FRI	SAT
May 31 from bottom  10:00 Wii Bowling: TV 12:30 Movie & Pop Corn: TV 1:00 Travel & Explore: AR 2:00 Beauty Hour	All activities subject to change per mandated health guidelines.		<b>Resident Birthdays</b> Darlene H. May 3rd Dee E May 11th Trudy S. May 18th David P. May 30th  <b>Employee Birthdays</b> Eskari C. May 5th Amy G. May 25th	Activity Room : AR  Theater Room : TV  Main Lobby: ML  Breeze Way : BZ  Garden Area : GA	1  9:20 Queen Pins Prac: TV 10:00 Sit & Stretch 11:00 TED Talks: AR 1:10 Bingo: AR 2:00 Snack & Movie Cart 2:30 Beauty Hour 3:00 One Day Videos /SKYPE 3:00 Snack & Movie Cart	2  12:30 Movie & Pop Corn : TV 1:00 Crosswords IN2L: AR 2:00 Melody's with Lois: ML 3:00 Trivia IN2L: AR
3  10:00 Wii Bowling: TV 12:30 Movie & Pop Corn: TV 1:00 Travel & Explore: AR 2:00 Beauty Hour	4 9:20 Queen Pins Prac: TV 10:00 Sit & Stretch: AR 11:00 Explore /Bird Watching 11:30 TED Talks: AR 1:10 Bingo: AR 2:00 Snack & Movie Cart 2:30 Beauty Hour 3:00 Melody's with Lois: ML 3:00 One Day Video/SKYPE	5 <b>Cinco de Mayo</b> <b>Medical Transportation</b> <b>9:00-3:00 Medical Transports</b> 10:00 Sit & Stretch: AR 11:00 Explore & Travel: AR 1:10 Casino Game Keno: AR 2:30 Beauty Hour 3:00 One Day Videos /SKYPE 4:00-5:00 Room Visits	6 9:20 Queen Pins Prac: TV 10:00 Sit & Stretch 11:00 TED Talks -AR 1:10 Bingo -AR 2:00 Snack & Movie Cart 2:30 Beauty Hour 3:00 One Day Videos/SKYPE 4:00-5:00 Room Visits	7 <b>Medical Transportation</b>  <b>9:00-3:00 Medical Transports</b>  10:00 Sit & Stretch: AR 11:00 Explore & Travel: AR 1:10 Casino Game Keno: AR 2:30 Beauty Hour 3:00 One Day Videos /SKYPE 4:00-5:00 Room Visits	8 9:20 Queen Pins Prac: TV 10:00 Sit & Stretch-AR 11:00 Travel & Explore: AR 1:10 Bingo: AR 2:00 Snack & Movie Cart 3:00 Melody's with Lois: ML 3:00 One Day Videos/SKYPE 4:00-5:00 Room Visits	9 12:30 Movie & Pop Corn: TV 1:00 Crosswords IN2L : AR 2:00 Melody's with Lois: ML 3:00 Trivia IN2L: AR
10 <b>Mother's Day</b>  10:00 Wii Bowling: TV 12:30 Movie & Pop Corn: TV 1:00 Travel & Explore: AR 2:00 Beauty Hour	11 9:20 Queen Pins Prac: TV 10:00 Sit & Stretch: AR 11:00 Explore /Bird Watching 11:30 TED Talks: AR 1:10 Bingo: AR 2:00 Snack & Movie Cart 2:30 Beauty Hour 3:00 Melody's with Lois: ML 3:00 One Day Video/SKYPE 4:00-5:00 Room Visits	12 <b>Medical Transportation</b>  <b>9:00-3:00 Medical Transports</b>  10:00 Sit & Stretch: AR 11:00 Explore & Travel: AR 1:10 Casino Game Keno: AR 2:30 Beauty Hour 3:00 One Day Videos /SKYPE 4:00-5:00 Room Visits	13 9:20 Queen Pins Prac: TV 10:00 Sit & Stretch 11:00 TED Talks -AR 1:10 Bingo -AR 2:00 Snack & Movie Cart 2:30 Beauty Hour 3:00 One Day Videos/SKYPE 4:00-5:00 Room Visits	14 <b>Medical Transportation</b>  <b>9:00-3:00 Medical Transports</b>  10:00 Sit & Stretch: AR 11:00 Explore & Travel: AR 1:10 Casino Game Keno: AR 2:30 Beauty Hour 3:00 One Day Videos /SKYPE 4:00-5:00 Room Visits	15 9:20 Queen Pins Prac: TV 10:00 Sit & Stretch-AR 11:00 Travel & Explore: AR 1:10 Bingo: AR 2:00 Snack & Movie Cart 3:00 Melody's with Lois: ML 3:00 One Day Videos/SKYPE 4:00-5:00 Room Visits	16 12:30 Movie & Pop Corn: TV 1:00 Word Finds: IN2L: AR 2:00 Melody's with Lois: ML 3:00 Trivia IN2L: AR
17  10:00 Wii Bowling: TV 12:30 Movie & Pop Corn: TV 1:00 Travel & Explore: AR 2:00 Beauty Hour	18 9:20 Queen Pins Prac: TV 10:00 Sit & Stretch: AR 11:00 Explore /Bird Watching 11:30 TED Talks: AR 1:10 Bingo: AR 2:00 Snack & Movie Cart 2:30 Beauty Hour 3:00 Melody's with Lois: ML 3:00 One Day Video/SKYPE 4:00-5:00 Room Visits	19 <b>Medical Transportation</b>  <b>9:00-3:00 Medical Transports</b>  10:00 Sit & Stretch: AR 11:00 Explore & Travel: AR 1:10 Casino Game Keno: AR 2:30 Beauty Hour 3:00 One Day Videos /SKYPE 4:00-5:00 Room Visits	20 9:20 Queen Pins Prac: TV 10:00 Sit & Stretch 11:00 TED Talks -AR 1:10 Bingo -AR 2:00 Snack & Movie Cart 2:30 Beauty Hour 3:00 One Day Videos/SKYPE 4:00-5:00 Room Visits	21 <b>Medical Transportation</b>  <b>9:00-3:00 Medical Transports</b>  10:00 Sit & Stretch: AR 11:00 Explore & Travel: AR 1:10 Casino Game Keno: AR 2:30 Beauty Hour 3:00 One Day Videos /SKYPE 4:00-5:00 Room Visits	22 9:20 Queen Pins Prac: TV 10:00 Sit & Stretch-AR 11:00 Travel & Explore: AR 1:10 Bingo: AR 2:00 Snack & Movie Cart 3:00 Melody's with Lois: ML 3:00 One Day Videos/SKYPE 4:00-5:00 Room Visits	23 12:30 Movie & Pop Corn: TV 1:00 Word Finds: IN2L: AR 2:00 Melody's with Lois: ML 3:00 Trivia IN2L: AR
24  10:00 Wii Bowling: TV 12:30 Movie & Pop Corn: TV 1:00 Travel & Explore: AR 2:00 Beauty Hour	25 <b>Memorial Day</b> 9:20 Queen Pins Prac: TV 10:00 Sit & Stretch: AR 11:00 Explore /Bird Watching 11:30 TED Talks: AR 1:10 Bingo: AR 2:00 Snack & Movie Cart 2:30 Beauty Hour 3:00 Melody's with Lois: ML 3:00 One Day Video/SKYPE 4:00-5:00 Room Visits	26 <b>Medical Transportation</b>  <b>9:00-3:00 Medical Transports</b>  10:00 Sit & Stretch: AR 11:00 Explore & Travel: AR 1:10 Casino Game Keno: AR 2:30 Beauty Hour 3:00 One Day Videos /SKYPE 4:00-5:00 Room Visits	27 9:20 Queen Pins Prac: TV 10:00 Sit & Stretch 11:00 TED Talks -AR 1:10 Bingo -AR 2:00 Snack & Movie Cart 2:30 Beauty Hour 3:00 One Day Videos/SKYPE 4:00-5:00 Room Visits	28 <b>Medical Transportation</b>  <b>9:00-3:00 Medical Transports</b>  10:00 Sit & Stretch: AR 11:00 Explore & Travel: AR 1:10 Casino Game Keno: AR 2:30 Beauty Hour 3:00 One Day Videos /SKYPE 4:00-5:00 Room Visits	29 9:20 Queen Pins Prac: TV 10:00 Sit & Stretch-AR 11:00 Travel & Explore: AR 1:10 Bingo: AR 2:00 Snack & Movie Cart 3:00 Melody's with Lois: ML 3:00 One Day Videos/SKYPE 4:00-5:00 Room Visits	30 (The 31st is at top left)  May 31 in top row, column one.  12:30 Movie & Pop Corn: TV 1:00 Word Finds: IN2L: AR 2:00 Melody's with Lois: ML 3:00 Trivia IN2L: AR