



Administrative Team:
425-397-7500

Executive Director:
Christina James

Executive Director, AIT:
Jeff Hendrickson

Wellness Director:
Connie Miksch

Business Office Director:
Nicole Gregg

Dining Services Director:
Michelle Osborn

Maintenance Director:
Robert Foxley



Our mission is to create and sustain comfortable, caring environments for those who depend on us.

Ashley Pointe News

Monthly Newsletter



May 2020

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Social Strategizing: Ways We're Using Tech to Connect & Engage

As we observe state-mandated health guidelines and practice physical distancing, we really are as connected and engaged as ever!

One of the major ways we are connecting is by utilizing tech at our community. We're no strangers to using tech for resident engagement, but now we have taken on even more ways to stay in touch, and have added new approaches to activities as part of our life



Keeping Connected: We're using IN2L for video chatting via Skype, and helping residents use Zoom and Facetime for video chats!

We've launched a "Connect Campaign" for family and friends to send videos, photos, letters, pictures of letters, etc., to: media@radiantseniorliving.com.

While physically distancing, tech at our fingertips enables us to do activities such as:

- Country touring
- Craft printing for art
- Entertainer watching
- Exercise classes
- Gameshows
- Google Earth travels
- Karaoke
- Museum touring
- Park touring
- Puzzles
- Sport watching
- Story writing
- Trivia
- Video chatting
- Virtual painting
- Virtual pet therapy
- Worship services
- And more...

Easter Brunch Moments!



Peggy S.



Judy N.



Rodney B.

Special Moments



Residents
Gurtrude "Tiny"
May 6th
Vi F.
May 20th

Staff
Raetta E.
May 8th
Janet H.
May 25th

May 2020 Highlights

May is Reading Month, Photograph Month, Salad Month, and Salsa Month!

- 01 Space Day; Chocolate Parfait Day
- 02 Kentucky Derby; Fitness Day
- 03 Garden Meditation Day
- 04 Bird Day; Weather Observing Day
- 05 Cinco de Mayo; Cartoonists' Day
- 06 Nurses' Day; Beverage Day
- 07 Paste-Up Publication Making Day
- 08 Have a Coke Day!
- 09 Lost Sock Memorial Day; Minigolf Day
- 10 Mother's Day; Washington State Day
- 11 Twilight Zone Day; Eat Anything Day
- 12 Limerick Day; Odometer Day
- 13 Receptionists' Day; Fruit Cocktail Day
- 14 Dance Like Chickens Day; Biscuit Day
- 15 Endangered Species Day; Pizza Day
- 16 BBQ Day; Armed Forces Day
- 17 Idaho Day; Cherry Cobbler Day
- 18 Cheese Souffle Day
- 19 Devil's Food Cake Day
- 20 Juicy Slush Day; Rescue Dog Day



- 21 Waitstaff Day; Memo Day
- 22 Maritime Day; Road Trip Day
- 23 Lucky Penny Day; Taffy Day
- 24 Scavenger Hunt Day; Aviation Tech Day
- 25 Memorial Day; Tap Dance Day
- 26 Paper Airplane Day
- 27 Senior Health & Fitness Day
- 28 Hamburger Day; Brisket Day
- 29 Paperclip Day
- 30 Creativity Day; Water Flowers Day
- 31 Smile Day; Macaroon Day

A note regarding Coronavirus:

The safety and comfort of our residents and staff remains our number one priority during the Coronavirus cases that have happened nationwide. It is important to communicate our plans to mitigate risk in our community. We are following mandated health guidelines. Please note that all activities are subject to cancellation per current mandated health guidelines. To read a full list of measures taken, and our current visitor policy, please visit our website: www.ashley-pointe.com

Limerick Challenge!

In honor of Limerick Day on May 12, try writing one! They are funny, 5-line poems. Hickory, Dickory, Dock is a famous example.

The Rules:

1st, 2nd, & 5th lines rhyme and are 8 to 9 syllables. 3rd & 4th lines rhyme and are 5 to 6 syllables. Good Luck!



Our resident spotlight shines on: **Rodney B.**

Rodney was born in Corvallis, Oregon. He grew up on Whidbey Island.

Rodney graduated from Langley High School in 1943. Rodney was drafted to the Army in 1943, got married at 26, and worked at the Bremerton Ship Yard for 37 years!

Rodney was married for 62 years and has 4 children, 8 grandchildren, and 6 great-grandchildren.

Rodney has also been fortunate enough to travel to 6 countries and has been to over 30 states!

Rodney's Mottos are: "Give & Take" and "Be fair!"

We are so glad to have you here, Rodney!



Our staff spotlight shines on: **Connie Miksch**

We are excited to introduce you to our newest department head. We welcome Connie as our new Wellness Director.

Connie has been a nurse for over 30 years. She has lived in Lake Stevens for the past 27 years with her family. She has two children, Shelby and Evan. She enjoys spending time around the lake and with her dog Maggie.

Connie is very excited to join our team. She had the opportunity to watch this community being built and looks forward to the opportunity to grow with us as a team. We are so lucky to have her here as part of our family.

<div> <div>MAY 2020</div> <div>Ashley Pointe • 11117 20th St. NE Lake Stevens, WA 98257 • 425-397-7500</div> </div>						
SUN	MON	TUE	WED	THU	FRI	SAT
May 31 (from bottom) 10:00 Spiritual Hymns 11:00 Hangman Game 1:00 Sunday Matinee 3:00 Skip Bo 4:00 Tea and Cookies by the fire 6:00 Travel Movie	All activities subject to change per mandated health guidelines.				1 10:00 Ball Toss Exercise 11:00 Tell Me a Joke on IN2L 1:00 The Price is Right Game 2:00 Word Puzzles on IN2L 3:00 Hallway Happy Hour 6:00 Drama Movie Night	2 10:00 Chair Yoga Class 11:00 Memory Games on IN2L 1:00 Bingo 3:00 Traveling Ice Cream Social 4:00 Hangman 6:00 Evening Game Night
3 10:00 Spiritual Hymns 11:00 Hangman Game 1:00 Sunday Matinee 3:00 Skip Bo 4:00 Tea and Cookies by the fire 6:00 Travel Movie	4 10:00 Sit and Be Fit Class 11:00 Poker Club 1:00 Bingo 3:00 Brain Games on IN2L 4:00 Sing-a-Long 6:00 Comedy Movie Night	5 Cinco de Mayo 10:00 Ball Toss Exercise Class 11:00 Cinco de Mayo Trivia 1:00 Travel Log to Mexico 2:00 Hallway Happy Hour With Margaritas 4:00 This day in Photos 5:00 Mexican Theme Dinner	6 9:00 Coffee and Current Events 10:00 Chair Yoga 11:00 Brain Games on IN2L 1:00 Who Want to be a Millionaire Game 3:00 Hallway Social Hour 6:00 Action Movie Night	7 10:00 Sit and Be Fit Class 11:00 Matching Game on IN2L 1:00 Art Class 2:00 Skip Bo Game 3:00 Bingo with Prizes 6:00 Evening Game Night	8 10:00 Ball Toss Exercise 11:00 Tell Me a Joke on IN2L 1:00 The Price is Right Game 2:00 Word Puzzles on IN2L 3:00 Hallway Happy Hour 6:00 Drama Movie Night	9 10:00 Chair Yoga Class 11:00 Memory Games on IN2L 1:00 Bingo 3:00 Traveling Ice Cream Social 4:00 Hangman 6:00 Evening Game Night
10 Mother's Day 10:00 Spiritual Hymns 11:00 Hangman Game 1:00 Sunday Matinee 3:00 Skip Bo 4:00 Tea and Cookies by the fire 6:00 Travel Movie	11 10:00 Sit and Be Fit Class 11:00 Poker Club 1:00 Bingo 3:00 Brain Games on IN2L 4:00 Sing-a-Long 6:00 Comedy Movie Night	12 10:00 Ball Toss Exercise Class 11:00 Trivia Games 1:00 Fireside Chat with Jeff 3:00 Family Feud Game 4:00 Happy Neurons on IN2L 6:00 Evening Game Night	13 9:00 Coffee and Current Events 10:00 Chair Yoga 11:00 Brain Games on IN2L 1:00 Who Want to be a Millionaire Game 3:00 Hallway Social Hour 6:00 Action Movie Night	14 10:00 Sit and Be Fit Class 11:00 Matching Game on IN2L 1:00 Art Class 2:00 Skip Bo Game 3:00 Bingo with Prizes 6:00 Evening Game Night	15 10:00 Ball Toss Exercise 11:00 Tell Me a Joke on IN2L 1:00 The Price is Right Game 2:00 Word Puzzles on IN2L 3:00 Hallway Happy Hour 6:00 Drama Movie Night	16 10:00 Chair Yoga Class 11:00 Memory Games on IN2L 1:00 Bingo 3:00 Traveling Ice Cream Social 4:00 Hangman 6:00 Evening Game Night
17 10:00 Spiritual Hymns 11:00 Hangman Game 1:00 Sunday Matinee 3:00 Skip Bo 4:00 Tea and Cookies by the fire 6:00 Travel Movie	18 10:00 Sit and Be Fit Class 11:00 Poker Club 1:00 Bingo 3:00 Brain Games on IN2L 4:00 Sing-a-Long 6:00 Comedy Movie Night	19 10:00 Ball Toss Exercise Class 11:00 Trivia Games 2:00 Activity and Event Planning Meeting 3:00 Family Feud Game 4:00 Happy Neurons on IN2L 6:00 Evening Game Night	20 9:00 Coffee and Current Events 10:00 Chair Yoga 11:00 Brain Games on IN2L 1:00 Who Want to be a Millionaire Game 3:00 Resident Birthday Party 6:00 Action Movie Night	21 10:00 Sit and Be Fit Class 11:00 Matching Game on IN2L 1:00 Art Class 2:00 Skip Bo Game 3:00 Bingo with Prizes 6:00 Evening Game Night	22 10:00 Ball Toss Exercise 11:00 Tell Me a Joke on IN2L 1:00 The Price is Right Game 2:00 Word Puzzles on IN2L 3:00 Hallway Happy Hour 6:00 Drama Movie Night	23 10:00 Chair Yoga Class 11:00 Memory Games on IN2L 1:00 Bingo 3:00 Traveling Ice Cream Social 4:00 Hangman 6:00 Evening Game Night
24 10:00 Spiritual Hymns 11:00 Hangman Game 1:00 Sunday Matinee 3:00 Skip Bo 4:00 Tea and Cookies by the fire 6:00 Travel Movie	25 Memorial Day 10:00 Sit and Be Fit Class 11:00 Poker Club 1:00 Bingo 3:00 Memorial Day Trivia 4:00 Patriotic Sing-a-Long 6:00 Comedy Movie Night	26 10:00 Ball Toss Exercise Class 11:00 Trivia Games 1:00 Food Committee Meeting 3:00 Family Feud Game 4:00 Happy Neurons on IN2L 6:00 Evening Game Night	27 9:00 Coffee and Current Events 10:00 Chair Yoga 11:00 Brain Games on IN2L 1:00 Who Want to be a Millionaire Game 3:00 Hallway Social Hour 6:00 Action Movie Night	28 10:00 Sit and Be Fit Class 11:00 Matching Game on IN2L 1:00 Art Class 2:00 Skip Bo Game 3:00 Bingo with Prizes 6:00 Evening Game Night	29 10:00 Ball Toss Exercise 11:00 Tell Me a Joke on IN2L 1:00 The Price is Right Game 2:00 Word Puzzles on IN2L 3:00 Hallway Happy Hour 6:00 Drama Movie Night	30 (The 31st is at top left) 10:00 Chair Yoga Class 11:00 Memory Games on IN2L 1:00 Bingo 3:00 Traveling Ice Cream Social 4:00 Hangman 6:00 Evening Game Night May 31 in top row, column one.