

Women of the World Unite



Women around the world will take to the streets promoting women's rights to celebrate International Women's Day on March 8. The first National Women's Day occurred over 100 years ago on February 28, 1909, in New York.

Theresa Malkiel, a factory worker who rose to the top of the leadership of the Women's National Committee of the Socialist Party, proposed the first celebration. Malkiel believed that socialism was the path toward the liberation and equality of women. When the men of the party showed no true interest in equal rights for women members, Malkiel took it upon herself to organize her fellow women and strengthen their place in the party. The first Women's Day celebration was a show of strength for the women she organized.

The struggle for women's rights was not unique to America. Across Europe, women were organizing for workers' rights and the right to vote. In 1910, at the International Socialist Women's Conference in Denmark, European activists decided to establish an international holiday modeled on the one organized by Malkiel. The following year, on March 11, 1911, International Women's Day was celebrated for the first time by over a million people in Austria, Denmark, Germany, and Switzerland. Women took to the streets, marching for the right to vote, to hold public office, and to enjoy equal opportunities for employment. Six years later, on March 8, 1917, International Women's Day marchers across Russia marched for "Bread and Peace," demanding an end to World War I, tsarism, and government-imposed food shortages. This marked the beginning of Russia's February Revolution (according to their old calendar). Seven days later, Tsar Nicholas II abdicated the throne, and women were granted the right to vote. Over the decades, the holiday has transformed from a socialist holiday to a mainstream celebration of political activism by women. While the day is an official holiday in many countries, the fact that it is not observed in many places speaks to the pressing need to continue the fight for women's rights.

March Birthdays

In astrology, those born between March 1–20 are the Fish of Pisces. Fish feel things deeply, as in under-the-sea deep. These intuitive, creative, and intelligent people have strong feelings of right and wrong and also love to help others. Those born between March 21–31 are the Rams of Aries. As the first sign of the zodiac, Aries like to be number one. Bold, courageous, passionate, and somewhat impulsive, Rams dive headfirst into even the most challenging situations.

Theodor Seuss Geisel (writer) – March 2, 1904
 Lou Costello (comedian) – March 6, 1906
 Mickey Dolenz (Monkee) – March 8, 1945
 Liza Minnelli (actress) – March 12, 1946
 Simone Biles (gymnast) – March 14, 1997
 Moms Mabley (comedienne) – March 19, 1894
 Fred Rogers (neighbor) – March 20, 1928
 Chaka Khan (singer) – March 23, 1953
 Harry Houdini (magician) – March 24, 1874
 Flannery O'Connor (author) – March 25, 1925
 Mariah Carey (singer) – March 27, 1970
 Liz Claiborne (designer) – March 31, 1929

Won't You Be My Neighbor?



Each year, March 20 is celebrated as Won't You Be My Neighbor Day in honor of the birthday of Fred Rogers, everybody's favorite television neighbor. Rogers

suffered a lonely childhood and was often taunted about being overweight. He overcame his shyness to become a Presbyterian minister but left the seminary to go into television. He hated TV and wanted to transform it into a means of nurturing those who would watch and listen. Rogers was a natural when it came to children's broadcasting, using his talents to develop puppets, music, and characters that appealed to kids' better natures. By the time the show *Mister Rogers' Neighborhood* aired in 1968, he had mastered his use of imaginative elements and the kind, quiet manner that became his trademark.



Flower – Daffodil While we tend to think primarily of the vibrant yellow trumpeted flower, daffodil is actually the official common name for all members of the genus *Narcissus*, a group of spring perennials that includes many shapes of mostly yellow and white flowers. Heralded as the official flower of spring, the daffodil is usually one of the first flowers of the season. The hearty plant does well in cold weather and can even withstand snow. Bouquets of daffodils are often given to represent respect, friendship, modesty, rebirth, and good luck.



March Birthdays

- 1 Dona
- 3 Roberta
- 11 Reza
- 14 Ardis
- 30 Bob M.
Marilyn



Dementia Support Group

Thursday, March 19th
6:00-7:00 p.m.
Uff da Room

Join Julia a Greif Support staff person from Heartland Hospice as the faciliator.

Anyone is welcome to attend this confidential group.

"March came in that winter like the meekest and mildest of lambs, bringing days that were crisp and golden and tingling..." ~ Lucy Maud Montgomery

March Outings

- 4- Walmart
- 5- Dollar General
- 11- Pancake Café
- 12- Country Ride
- 18- Walmart
- 19- Sunrise
- 25- Pick n Save
- 26- Culvers

***Subject to change due to weather.**