



MAPLEWOOD
senior living

STAYING ENGAGED DURING COVID-19



As we all find ourselves with more time inside, we want to ensure that we remain engaged and stimulated, knowing the benefit this has for our overall health and well-being. Below are a variety of offerings for your enjoyment.

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EDUCATION

92Y Lectures and Programming:

Watch and participate in select 92Y programs with free live broadcasts!

<https://www.92y.org/archives>

Doodling Class with The Kennedy Center:

Learn to draw with famed writer and animator, as well as Kennedy Center Education Artist in Residence every day at lunchtime

<https://www.kennedy-center.org/education/mo-willems/>

New York Public Library:

While the library is closed, many resources, including e-books, are available now.

https://www.nypl.org/about/remote-resources?utm_source=eNewsletter&utm_medium=email&utm_content=NYPLConnect_20200317&utm_campaign=NYPLConnect

Yale University:

The Science of Well-being Class - free multi class course, simply sign in/log on and choose option with no certificate (free). This is Yale's most popular class.

https://www.coursera.org/learn/the-science-of-well-being?ranMID=40328&ranEAID=EHFxW6yx8Uo&ranSiteID=EHFxW6yx8Uo-IPpN6vSAoSr3jVJDfLk3Bg&siteID=EHFxW6yx8Uo-IPpN6vSAoSr3jVJDfLk3Bg&utm_content=10&utm_medium=partners&utm_source=linkshare&utm_campaign=EHFxW6yx8Uo

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MUSEUMS

British Museum of the World:

This London based museum has a collection of galleries you can view online. Simply click on collection, then galleries, then virtual galleries. www.britishmuseum.org

Dali Museum:

The Dali Museum in Saint Petersburg, FL, featuring more than 2,400 works by Salvador Dali, offers virtual tours of its grounds and gallery. <https://thedali.org/virtual-tour/>

George Washington University Museum:

You can browse more than 5,000 pieces of handmade textile art from all over the world without leaving home.
https://de1.zetcom-group.de/MpWeb-mpWashingtonGeoWashUniv/v?mode=online#!m/Highlight/l5MVOI2zRK2wtXM4R_n4qg/form/HigCatalogViewFrm

Google Arts & Culture:

Features content from over 1200 leading museums and archives have partnered with Google Cultural Institute. <https://artsandculture.google.com/>

Jewish Museum:

Tour the Jewish Museum exhibits from the comfort of your own home.
<https://tours.thejewishmuseum.org/>

Louvre:

The Louvre Museum in Paris, France offers virtual tours of some of their galleries. To access these virtual tours: www.louvre.fr/en/visites-en-ligne

Metropolitan Museum of Art:

The Metropolitan Museum of Art has an award-winning series of YouTube videos set to calming music, to view the incredible architecture within the museum.
www.metmuseum.org/art/online-features/met-360-project

Metropolitan Museum of Modern Art:

Check out one of New York's finest museums virtual exhibits available now.
www.themuseumofmodernart.cmail20.com/t/ViewEmail/r/4DAE863E8DB6FBC22540EF23F30FEDED/4AB92025DCE3EE214FB5D-4CAE8F50064

Smithsonian National Museum of Natural History:

View exhibits in the Smithsonian National Museum of Natural History, via virtual tours online.
www.naturalhistory.si.edu/visit/virtual-tour/current-exhibits

Virtual Museum Tours:

12 museums from around the world
<https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours>



MUSIC & THEATER

Broadway Musicals:

Let's keep Broadway alive while the lights are down.

<https://www.playbill.com/article/15-broadway-plays-and-musicals-you-can-watch-on-stage-from-home>

The Metropolitan Opera:

The renowned Metropolitan Opera in New York City is streaming a performance every night at 7:30 PM EST. The recordings then remain available for 20 hours (until 3:30 pm the following day).

www.metopera.org

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OTHER

Alzheimer's Foundation of America (AFA):

Connect to free, dementia-friendly live streamed social programming.

(Follow AFA on Facebook at @Alzheimersfoundationofamerica.) <https://alzfdn.org/event/>

Gardens from Around the World:

Take in the best of the world's botanical gardens.

<https://www.housebeautiful.com/lifestyle/gardening/g31746949/gardens-you-can-virtually-tour/>

San Diego Zoo:

Choose which animal you want to see live from one of the country's greatest zoos!

<https://zoo.sandiegozoo.org/live-cams>

Monterey Bay Aquarium:

Live-streaming penguins, otters, jellyfish and more. Click the Tab that says "ANIMALS", then on the bottom of the list on the right click "LIVE CAMS". Here you can select which animal habitat you'd like to observe and enjoy! Live cameras are available from 10 am to 10 pm PST daily.

www.montereybayaquarium.org/animals

PBS:

Ken Burns Baseball Documentary "Calling all baseball fans". 18 hours of this well-known documentary available for FREE. <https://www.pbs.org/kenburns/baseball/>

United States Botanic Garden:

As a museum with a living collection, our exhibits, displays and plants are always changing.

No two visits are exactly alike. <https://www.usbg.gov/take-virtual-tour>

Amazon Prime Offerings



Amazon Prime Video has a great search feature. If you are looking for a specific show, enter into the search bar. You can filter on the left-hand side all free content by clicking box that states — Included with Prime. If Amazon Prime does not have the title, they will make recommendations for similar shows or programs. If you are looking for a specific genre, such as nature or sports, entering this into search bar will provide list of programming in these areas.

Television

30 Rock

Curb Your Enthusiasm

Downton Abbey

The Andy Griffith Show

The Carol Burnett Show

The Marvelous Mrs. Maisel

Movies

Annie Hall

Book Club

Clue

Funny Face

Love Story

Manhattan

Moon Struck

Murder on the Orient Express

Some Like It Hot

Swiss Family Robinson

The Apartment

The Birdcage

The Great Escape

The Little Princess

To Catch a Thief

Documentaries

A Classic Tour of Scotland

American Grand

Dior and I

In Search of Beethoven

In Vogue: The Editor's Eye

Rick Stevens Europe

The Painting Life of
Vincent Van Gogh

Musicals

A Star is Born (1937)

Carousel

Chitty Chitty Bang Bang

Elvis: Blue Hawaii

Fiddler on the Roof

Les Misérables

Netflix Offerings



Netflix has a great search feature. If you are looking for a specific show, enter into the search bar. If Netflix does not have the title, they will make recommendations for similar shows or programs. If you are looking for a specific genre, such as nature or sports, entering this into search bar will provide list of programming in these areas.

Television & Game Shows

Cheers	Twilight Zone	Star Trek
The Andy Griffith Show	Monty Python	Jeopardy

Movies

A Little Princess	Dirty Harry	Indiana Jones:
Driving Miss Daisy	The Natural	Raiders of the Lost Ark
Guess Who's Coming for Dinner	Benji	
	Tootsie	

Documentaries

Our Planet	World War II In Color	Wild Alaska
Terra	Ted Williams	Chasing Coral
Oceans	Jack of All Trades	72 Dangerous Animals
Vietnam War	Chef's Table	The Universe
Roman Empire	The World's Most Extraordinary Homes	Nature's Weirdest Events

Musicals

Hairspray	Sweeny Todd	Mary Poppins Returns
Jersey Boys	Chitty Chitty Bang Bang	

Hulu Offerings



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Television

Barefoot Contessa:
Back to Basics
Dennis the Menace
Golden Girls

I Love Lucy
Iron Chef America
Seinfeld
The Bob Newhart Show

The Dick Van Dyke Show
The Mary Tyler Moore Show
The Odd Couple

Movies

MASH
Phantom of the Opera
Standing in the Shadows
of Motown

The Beatles –
Eight Days a Week
The French Connection
The Hangman

The Hunchback of
Notre Dame
When Harry Met Sally

Documentaries

Amazing Grace:
Aretha Franklin
Anthony Bourdain:
No Reservations
Ask Dr. Ruth
Ballet Now
Crazy About Tiffany's

Crime and Punishment
Dior and I
Hillary
Kusama: Infinity
Mike Wallace is Here
Neat: The Story of Bourbon

RBG
Scotch: A Golden Dream
Sohm
Steve Jobs:
The Man in the Machine
The Champion Within

Game Shows

Ellen's Game of Games

Jeopardy

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