

# Recipe Roundup– Caramel Stuffed Brookie

Makes: 32 cookies

**INGREDIENTS:**

**For Brookie Dough**

1 # DOVE® Dark Chocolate

4 eggs

1¼ cups granulated sugar

1t vanilla extract

½ cup + 2 T all-purpose flour

⅛ t baking powder

⅛ t salt

1 cup confectioners’ sugar

**For Caramel Candy**

½ cup butter, salted

1 cup light brown sugar

½ cup light corn syrup

7 oz sweetened condensed milk

½ t vanilla extract

**DIRECTION:**

For Caramel Candy

1. Line a 6" x 6" baking pan with parchment paper and lightly coat with a nonstick baking spray. Set aside.
2. In a saucepan over medium-high heat, combine butter, brown sugar, corn syrup and condensed milk, and bring to a boil.
3. Continue stirring until a candy thermome-

ter reads 245°F.

4. Remove from heat and add in vanilla.
5. Pour into prepared baking pan and cool to room temperature and cut into ¾-inch or 1/3 oz size pieces.

For Brookie

6. Preheat an oven to 325°F.
7. In a small bowl, combine flour, baking powder and salt; set aside.
8. Over a water bath, melt DOVE® Dark Chocolate.
9. In a stand mixer, combine eggs, sugar and remaining teaspoon vanilla; do not overmix eggs.
10. Slowly add melted chocolate to egg mixer without overmixing, then add reserved flour mixture and combine until dough forms.
11. Chill dough for at least 1 hour but preferably overnight.
12. Once chilled, form 1oz balls and place a piece of caramel into the center of each ball, sealing dough completely around each piece of caramel. Place dough balls on a silpat-lined sheet pan and refrigerate about 10 minutes.
13. Roll each ball in confectioners’ sugar. Bake in preheated oven approximately 12 minutes. Do not overbake the centers, or the caramel will not have the desired gooey texture. Cool cookies slightly before serving.

~Heather Johnson

October

6132 NE 12TH Av-  
Pleasant Hill,  
IA50327



601 Hawthorne  
Crossing Dr SE,  
Bondurant, IA 50035


# The Courtyard Chronicles

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*Community Coordinators*

- Tina Overton** ... **Community Manager**  
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- Sarah Davis/  
Dianna Webb** ... **Life Enrichment Coordinators**  
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We are always  
looking for  
volunteers! Join  
us for events or  
outings, or simply  
visit with our  
residents who  
need a friend!  
Contact Sarah Davis  
or Diana Webb (see  
contact info on front)  
to discuss  
opportunities!

## Upcoming Fun

Monday, Wednesday, Friday

9:45 AM Bondurant Live 2 Be Healthy Exercise Class  
10:45 AM Pleasant Hill

Mon/Fri 1PM Bondurant  
Tues./Thurs 2PM Pleasant Hill Music Speaks

1st and 3rd Tuesday 10 AM  
Bondurant  
1st and 3rd Wednesday, 10 AM  
Pleasant Hill Massages with Chad

October 2nd Bus Trip to Neil Smith (Pleasant Hill)

October 9th Chat with Angels Home Health

October 16th Bus Trip to see leaves

October 17th 6pm,  
Memory Support Group  
(Meets in Bondurant)

October 23rd Everything Apple Social

October 31st Halloween Party  
(Dress in your best costume)

**All activities subject to change at any time to meet the ever-changing needs  
and desires of the residents who live here.**

## Welcome Home!



Mike Redling (Bondy)  
Kate Williams (PHill)

## In Loving Memory

Our deepest condolences  
go out to the families of  
Lois Martin and Pat Ross,  
in the passing of their  
loved ones.



## Resident Birthdays

Linda Horner	October 4th
Bonnie Ferguson	October 8th
Beverly White	October 9th
William Harless	October 11th
Jo Rowe	October 13th
Ellen Piper	October 18th
Grace Day	October 27th

## Staff Birthdays

Mela Fett	October 5th
Mary Essex	October 9th
Tina Overton	October 9th
Nioh Krah	October 10th
Wendy Massey	October 15th
Shana Plambeck	October 18th
Monica McIntosh	October 31st



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# Bondurant Fun



## Halloween Jokes to Share

- Why do skeletons have such poor self-esteem? Answer: Because they have no body to love
- Why don't mummies take time off? Answer: They're afraid to unwind
- Why did the ghost go into the bar? Answer: For the boos
- What would you call a witch's garage? Answer: A broom closet
- Why are vampires so hard to get along with? Answer: Because they are pains in the neck
- What subject in school do witches find the easiest? Answer: Spell-ing
- Why are graveyards so noisy? Answer: Because of all the coffin
- What is more clever than a talking black cat? Answer: A spelling bee
- How does Frankenstein eat his dinner? Answer: He bolts it down
- Why are so few ghosts arrested? Answer: It's hard to pin anything on them
- Why are ghosts so bad at telling lies? Answer: Because you can see right through them
- What type of pants do ghosts wear? Answer: Boo jeans

## DID YOU KNOW?

**\* ONE QUARTER OF ALL CANDY SOLD ANNUALLY IN THE USA IS PURCHASED FOR HALLOWEEN**

**\* 99% OF PUMPKINS END UP AS JACK-O-LANTERNS**

**\* 50% OF AMERICAN ADULTS BELIEVE IN GHOSTS**





## Community Check in–

Autumn is one of the most beautiful seasons we have. The temperature stays consent and comfortable, which allows us to be outside and enjoy lots of different activities. However, the cooler temperatures bring a few things to prepare for. Here are some tips to keep in mind through the season.

\*Beware of leaves: while we don't have to be worried about snow and ice quite yet, after a rain, leaves can become slippery and become a fall hazard.

\*Avoid the flu: Get the flu shot! Make sure to wash your hands frequently. Especially after returning home from a public place and before you eat.

\*Food Safety: As the holiday season comes near, food becomes the main reason for gatherings. Make sure to keep foods separate to avoid cross-contamination. Clean hands and surfaces before cooking and eating. Make sure food is properly refrigerated and doesn't sit out too long.

"A fallen leaf is nothing more than summer's wave goodbye

~Unknown

