



in her 40's she had Cindy. Gloria smiled and laughed telling, "Terry would tease me about having Cindy so much later." The family moved to Maquoketa when Laverne had an opportunity to move his shop. Gloria worked as a cook in the Maquoketa area after her children were grown.

Some of Gloria's favorite things are the color green, strawberry short cake dessert, chicken gravy over mashed potatoes, dancing, playing cards, bingo and Wheel of Fortune. "My husband never liked to play cards or dance, but I do," laughed Gloria. For many years Gloria and Laverne would travel to Florida and Texas, where they stayed through the winter. "I loved it in Florida, the area was beautiful," shared Gloria.

Gloria still loves her little dog "Pumpkin" who lives with her daughter, Linda and visits her at Clover Ridge Place. She is very proud of her family. When asked, what advice she would give young people today, Gloria answered, "Life is a lot of give and take, you need to try your best to get along."

Gloria (Cornish) Kaufman was born and spent most of her childhood on a small farm near Delmar, Iowa with her parents Sid and Erma Cornish. She had a younger sister, JoAnn. She enjoyed living on the farm, "We didn't have to work very hard; my sister and I would use our pony to take water to the thrashers, then help put hay in the hay mow." As a child growing up, she had several dogs, cats, a pony, and then a horse.

Gloria went to school in Welton, Iowa where she graduated from high school. Shortly after graduation she met her husband, Laverne Kaufman. They were married at St. John's Bleidorn Lutheran Church, near Welton. Laverne and Gloria moved to DeWitt, Iowa where Laverne opened a mechanic's shop and they started their family. Gloria had three children Terry, Linda and later



March, 2019

THE VIEW from CLOVER RIDGE

Clover Ridge Place, as a Senior Housing Community has a mission to demonstrate exemplary Red-Carpet service in all that we do. Dedicated to providing the best housing and services possible to seniors, by offering innovative solutions. We fulfill this mission through the dedication of our amazing team members.

I would like to highlight key components of our team that make us successful.

1. Commitment. Everyone on this team is loyal and dedicated to the well-being of residents and families. Helping residents live to the best of their abilities in a happy, healthy and pleasant home.
2. Contribution/Innovation. Every team member has a "job description" that outlines routine expectations. However, where there is a need you will find an outstanding team member to fill it. We have Cooks, Admin. Assistants and Life Enrichment workers that step in as resident assistants, each team member does whatever is asked for our residents to be cared for successfully; including working different shifts and departments. Our team members share new ideas, identify needs and seek continued excellence.
3. Compassion. Our team is full of compassion. Understanding life can be difficult, we need one another's support and respect. Patience, kindness, and love lead their way.
4. Care. We care about residents, who they are, who they were, and, what they enjoy now and what they enjoyed then. Knowing residents personally is at the heart of everything we do.
5. Quality. Our team members are committed to quality work. Being well educated, sharing personal knowledge to improve the team, and providing services that exceed our customer expectations.

Recently our team was faced with helping residents through the gastro-intestinal flu. Augh! It was a tough one. We appreciate everyone's patience and thank many of you for letting our team know they did such a great job. I heard things about the top-notch room service, the housekeeping services, and the dedication of the RA's to help through such difficult circumstances. We all know, perfection is not always attainable, but certainly commend the dedication to our resident success.

As always, thank you for trusting us to serve you and your loved ones.

Blessings,

Cheri Orcutt, Manager

May your blessings
outnumber
The shamrocks that grow,
And may trouble avoid you
Wherever you go!

Another month of 2020 has come and gone! As we get closer to spring the longing for getting “out and about” becomes more of a reality; the weather gets nicer day by day. As we approach spring, weather can become dangerous ranging from winter storms to thunderstorms with the ever-changing temperatures. When the status of the storm changes, our team comes to each apartment to alert of the warning. Remember, the safest place during a storm is either the lower level, the bathroom of your apartment or the commons area in the Gardens.

Our team also conducts fire-drills monthly to ensure the safety of all residents in the building. We ask all residents stay in their apartments when the fire alarm goes off until a team member comes and directs you what to do next. We are constantly trying to improve the outcome and timing of such drills. As always ask if you have any questions!

Amanda Widel, Administrative Assistant

EASTER DINNER

Clover Ridge Place will once again be serving Easter Dinner for our Residents, their Families, and Friends.

Reservations due

Monday, March 30, 2020.

This dinner will be \$10.00 per guest meal, serving will start at 11:45 A.M.

Please check with your family and friends and call with your reservations.

This is one of our favorite events, we hope to see you all for Easter Dinner!



Spring is just around the corner, fortunately it has been so mild that it didn’t even seem like winter most days. Spring officially begins on March 20, 2020. I look forward to our bus rides starting again as spring arrives.

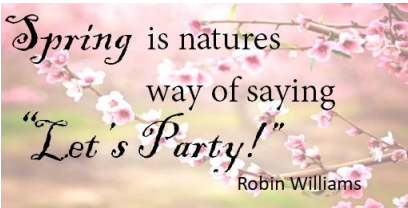
I’d like to share a little “Luck” that I learned about March:

| | |
|---------------------------------------|--------|
| Lucky Color | Green |
| Lucky Animal | Lamb |
| (Good to know, I have lots of babies) | |
| Lucky Letters | E & M |
| Lucky Day | Sunday |
| Lucky Flower | Tulip |

Also, I read that the maple tree is the tree of the month and I recently heard the gentlemen at the caves are getting some great maple syrup from the trees for the Pancake Breakfast. Sounds tasty!

Please check your March Calendars and come join us for some great activities.

Happy Spring!
Tammy Kilburg,
Life Enrichment Coordinator



Happy Birthday!

- Stuart M. 8th
- Annie M. 9th
- Barb I. 11th
- Lois B. 15th

“There is always something to do...”

Bernice enjoys the activities and all of the people at Clover Ridge Place. There is always something to do and someone to talk to. Breakfast time is Bernice’s favorite time as she enjoys visiting with everyone.

— Bernice Watters,
Clover Ridge Place resident since 2017

“I don’t feel like I’m working at Clover Ridge Place. I get to spend time visiting with the residents, families and company, which is so enjoyable. Keeping things clean is almost a secondary thing, it keeps me going.”

— Lois Barton,
Housekeeping at Clover Ridge Place since Feb. 2007

Clover Ridge Place is celebrating **20 years** in Maquoketa. We are proud to care for the people who mean so much to our community.

- ✓ Independent Living
- ✓ Assisted Living
- ✓ Closer & Memory Care
- ✓ Respite Care

205 Ehlers Lane, Maquoketa 563-652-2125 www.cloverridgeplace.net

POWER UP YOUR RETIREMENT READINESS

Wednesday, March 18, 2020 5:30 –7:00 P.M. in the Great Room at Clover Ridge

Clover Ridge Place is proud to partner with

Melissa Burken Mommsen, Attorney At Law, P.C. &

Kerry Schepers, ChFC, LUTCF, Manager of Ohnward Wealth and Retirement

They will be discussing the importance of having your “Powers.” Having your Power of Attorney and Health Powers in good order; what they are and their purpose. Trusts and the purpose behind them. IRA’s how to use them efficiently in retirement. RMD (Required Minimum Distribution) and new SECURE ACT. Charitable giving with your IRA and new rules for Inherited IRAs. (Spousal, non-spousal and the new stretch)

Please join us and learn some tips on how to Power Up Your Retirement Readiness!

Happy St. Patrick's Day

Tuesday, March 17, 2020
Serving at 5:00 - 6:30 P. M.

Join us for some laughter, fellowship and great food!

Serving Reuben Sandwiches, Potato & Macaroni Salad, Assorted Bars, Green Beer & Beverages !



Call your friends and neighbors, we will be having a great time!! All are welcome to join us! Please call us with your RSVP today! We can’t wait to see you!



Call today to make your reservation!

Thursday,
March 26, 2020
Noon,
Clover Ridge
Great Room

ACTIVELY AGING

Join us as Ruth Eltrich, Senior Fitness, Group Fitness and Personal Trainer at Maquoketa YMCA, will be sharing benefits, tips, and demonstrations for staying active through your entire life.



Crowning 2020 Royalty

Annually, Clover Ridge Place crowns Royalty at the Valentine's Day party. This Royalty is chosen by a voting process. This voting is done by residents, team members at Clover Ridge Place, as well as some families and visitors have also been part of the process. This year we chose to have Royalty in two areas of the building.

We are happy to share that John and Dorothy, a couple living in our traditional assisted living, and Vaughn and Lois in the Gardens area have been named King's and Queen's this year.

Clover Ridge Place is proud to have these people as the 2020 Royalty! Congratulations to all!

With weather getting warmer every day, we get excited for spring, which is right around the corner. As we know Mother Nature is sure to give us more snow, and or cold weather. Please continue to be safe, let us know if you are heading out and need your car cleaned off and started. We provide a wonderful valet service and we are more than happy to assist so you don't have to brave the cold, snow and slippery weather any more than necessary.

Also, as a reminder Sunday, March 8 is daylight savings time, so set your clocks ahead one hour!

Stay safe, John & Jim



Happy March Everyone!! Sierrah and I would like to thank the wonderful team at Clover Ridge Place for their dedication to our residents and the teamwork and extra hours they provided to help us get through the recent gastro-intestinal bug that was in our building. We would also like to thank our residents and families for following infection control suggestions to limit exposure of the virus to others. Even though our residents here at Clover Ridge have recovered basic infection control procedures are still important. Thorough hand hygiene is the first step in preventing the spread of infection.



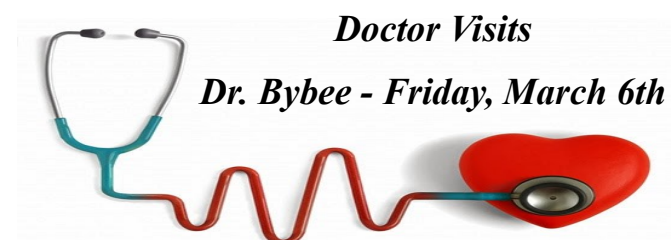
1. Use hot water that is between 35°C and 45°C.
2. Wet your hands, then apply liquid antibacterial soap.
3. Rub to create a good lather.
4. Include fingertips, thumbs, and in-between fingers. Also rub your palms, the back of your hands, and wrists (cup your thumb and index finger around your wrists or thumbs and twist).
5. The washing process should last for a duration of 40-60 seconds.
6. Rinse off soap with warm running water.
7. Dry hands with a clean disposable paper towel.
8. Use the disposable paper towel to turn off the tap.

Please continue to use hand sanitizer or perform hand hygiene as listed above before and after you visit your loved ones at Clover Ridge Place.

To our residents, we encourage you to notify the nursing team if you are not feeling well and to remain in your apartment until you're cleared by either Sierrah or myself. We also would like residents to use disposable tissues (such as Kleenex) instead of cloth handkerchiefs and rather than sitting full garbage bags in the hallway let a team member know that you would like your garbage emptied. These recommendations will help contain any infection that may inadvertently be brought into our community.

In February we conducted a nursing skills fair with all our team members. Skills training is done within 60 days of a new RN's hire, within 30 days of a new team members hire and on a yearly basis, or immediately if one of our residents require a new specific task that the resident assistants are required to assist with. We pride ourselves on the level of training that our team receive, but if you ever have concerns please contact Cheri, Sierrah or myself immediately.

Sincerely,
Angela Stark, RN, Healthcare Coordinator



Caregivers Support Group

Clover Ridge Library

205 Ehlers Lane, Maquoketa, IA

Monday, March 16, 2020

5:30 - 6:30 P.M.

Bellevue Senior Center

1700 State St. Bellevue, IA

Friday, March 27, 2020

10:00 – 11:00 A.M.