

# April 2020

## Assisted Living Lifestyle & Leisure

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>AE</b> Artistic Expression <b>CC</b> Community Connections <b>CE</b> Continuing Education <b>LL</b> Lifestyle & Leisure <b>PE</b> Physical Engagement <b>SS</b> Spiritual Support		9:00 <b>PE</b> Morning Room Stretches <b>1</b> 10:00 <b>CE</b> Activity Packets 10:00 Hydration & Snacks 1:00 <b>CE</b> Hydration & Snacks 2:00 <b>LL</b> Dining Room BINGO 4:00 Room Checks for Activities	9:00 <b>PE</b> Morning Room Stretches <b>2</b> 10:00 <b>CE</b> Activity Packets 10:00 Hydration & Snacks 1:00 <b>CE</b> Hydration & Snacks 2:00 Room 2 Room Happy Hour 4:00 Room Checks for Activities	9:00 <b>PE</b> Morning Room Stretches <b>3</b> 10:00 <b>CE</b> Activity Packets 10:00 Hydration & Snacks 1:00 <b>CE</b> Hydration & Snacks 2:00 <b>CC</b> Video Chats by appt 4:00 Room Checks for Activities	9:00 <b>PE</b> Morning Room Stretches <b>4</b> 10:00 <b>CE</b> Activity Packets 10:00 Hydration & Snacks 1:00 <b>CE</b> Hydration & Snacks 2:00 <b>CC</b> Video Chats by Appt 4:00 Room Checks for Activities
9:00 Morning Room Stretches <b>5</b> 10:00 Hydration & Snacks 10:00 <b>SS</b> Inspirational Activity Packets 1:00 <b>CE</b> Hydration & Snacks 2:30 <b>CE</b> KB Salon Day 4:00 Room Checks for Activities	9:00 <b>PE</b> Morning Room Stretches <b>6</b> 9:30 2 By 2 Walk 10:00 <b>LL</b> Activity Packets 10:00 Hydration & Snacks 1:00 <b>CE</b> Hydration & Snacks 4:00 Room Checks for Activities	10:00 <b>LL</b> Activity Packets <b>7</b> 10:00 Hydration & Snacks 1:00 <b>AE</b> Hallway Games 2:00 <b>CE</b> Hydration & Snacks 4:00 Room Checks for Activities	9:00 <b>PE</b> Morning Room Stretches <b>8</b> 10:00 <b>LL</b> Activity Packets 10:00 Hydration & Snacks 2:00 <b>LL</b> Dining Room BINGO 3:30 KB Salon Day 4:00 Room Checks for Activities	9:00 <b>PE</b> Morning Room Stretches <b>9</b> 10:00 <b>LL</b> Activity Packets 10:00 Hydration & Snacks 2:00 Room 2 Room Happy Hour 4:00 Room Checks for Activities	9:00 <b>PE</b> Morning Room Stretches <b>10</b> 10:00 <b>LL</b> Activity Packets 10:00 Hydration & Snacks 2:00 <b>CC</b> Video Chats by appt 4:00 Room Checks for Activities	9:00 <b>PE</b> Morning Room Stretches <b>11</b> 10:00 <b>LL</b> Activity Packets 10:00 Hydration & Snacks 2:00 <b>CC</b> Video Chats by Appt 4:00 Room Checks for Activities
<b>Easter</b> <b>12</b> 9:00 Morning Room Stretches 10:00 <b>LL</b> Easter Activity Packets 10:00 Hydration & Snacks 1:00 <b>CE</b> Hydration & Snacks 2:30 <b>CE</b> KB Salon Day 4:00 Room Checks for Activities	9:00 <b>PE</b> Morning Room Stretches <b>13</b> 9:30 2 By 2 Walk 10:00 <b>LL</b> Activity Packets 10:00 Hydration & Snacks 1:00 <b>CE</b> Hydration & Snacks 4:00 Room Checks for Activities	10:00 <b>LL</b> Activity Packets <b>14</b> 10:00 Hydration & Snacks 1:00 <b>AE</b> Hallway Games 2:00 <b>CE</b> Hydration & Snacks 4:00 Room Checks for Activities	9:00 <b>PE</b> Morning Room Stretches <b>15</b> 10:00 <b>LL</b> Activity Packets 10:00 Hydration & Snacks 2:00 <b>LL</b> Dining Room BINGO 3:30 KB Salon Day 4:00 Room Checks for Activities	9:00 <b>PE</b> Morning Room Stretches <b>16</b> 10:00 <b>LL</b> Activity Packets 10:00 Hydration & Snacks 2:00 Room 2 Room Happy Hour 4:00 Room Checks for Activities	9:00 <b>PE</b> Morning Room Stretches <b>17</b> 10:00 <b>LL</b> Activity Packets 10:00 Hydration & Snacks 2:00 <b>CC</b> Video Chats by appt 4:00 Room Checks for Activities	9:00 <b>PE</b> Morning Room Stretches <b>18</b> 10:00 <b>LL</b> Activity Packets 10:00 Hydration & Snacks 2:00 <b>CC</b> Video Chats by Appt 4:00 Room Checks for Activities
9:00 Morning Room Stretches <b>19</b> 10:00 <b>LL</b> Activity Packets 10:00 Hydration & Snacks 10:00 <b>SS</b> Inspirational Activity Packets 1:00 <b>CE</b> Hydration & Snacks 2:30 <b>CE</b> KB Salon Day 4:00 Room Checks for Activities	9:00 <b>PE</b> Morning Room Stretches <b>20</b> 9:30 2 By 2 Walk 10:00 <b>LL</b> Activity Packets 10:00 Hydration & Snacks 1:00 <b>CE</b> Hydration & Snacks 4:00 Room Checks for Activities	10:00 <b>LL</b> Activity Packets <b>21</b> 10:00 Hydration & Snacks 1:00 <b>AE</b> Hallway Games 2:00 <b>CE</b> Hydration & Snacks 4:00 Room Checks for Activities	9:00 <b>PE</b> Morning Room Stretches <b>22</b> 10:00 <b>LL</b> Activity Packets 10:00 Hydration & Snacks 2:00 <b>LL</b> Dining Room BINGO 3:30 KB Salon Day 4:00 Room Checks for Activities	9:00 <b>PE</b> Morning Room Stretches <b>23</b> 10:00 <b>LL</b> Activity Packets 10:00 Hydration & Snacks 2:00 Room 2 Room Happy Hour 4:00 Room Checks for Activities	9:00 <b>PE</b> Morning Room Stretches <b>24</b> 10:00 <b>LL</b> Activity Packets 10:00 Hydration & Snacks 2:00 <b>CC</b> Video Chats by appt 4:00 Room Checks for Activities	9:00 <b>PE</b> Morning Room Stretches <b>25</b> 10:00 <b>LL</b> Activity Packets 10:00 Hydration & Snacks 2:00 <b>CC</b> Video Chats by Appt 4:00 Room Checks for Activities
9:00 Morning Room Stretches <b>26</b> 10:00 <b>LL</b> Activity Packets 10:00 Hydration & Snacks 10:00 <b>SS</b> Inspirational Activity Packets 1:00 <b>CE</b> Hydration & Snacks 2:30 <b>CE</b> KB Salon Day 4:00 Room Checks for Activities	9:00 <b>PE</b> Morning Room Stretches <b>27</b> 9:30 2 By 2 Walk 10:00 <b>LL</b> Activity Packets 10:00 Hydration & Snacks 1:00 <b>CE</b> Hydration & Snacks 4:00 Room Checks for Activities	10:00 <b>LL</b> Activity Packets <b>28</b> 10:00 Hydration & Snacks 1:00 <b>AE</b> Hallway Games 2:00 <b>CE</b> Hydration & Snacks 4:00 Room Checks for Activities	9:00 <b>PE</b> Morning Room Stretches <b>29</b> 10:00 <b>LL</b> Activity Packets 10:00 Hydration & Snacks 2:00 <b>LL</b> Dining Room BINGO 3:30 KB Salon Day 4:00 Room Checks for Activities	9:00 <b>PE</b> Morning Room Stretches <b>30</b> 10:00 <b>LL</b> Activity Packets 10:00 Hydration & Snacks 2:00 Room 2 Room Happy Hour 4:00 Room Checks for Activities		