Ashwood Meadows

Gracious Retirement Living

11190 Medlock Bridge Rd. • Johns Creek, GA 30097 • (770) 476-4429 • www.seniorlivinginstyle.com

APRIL 2020

ASHWOOD MEADOWS STAFF

Managers.....CHRIS & GAYLENE CARPENTER
Assistant Managers ..... LEE & LISA MCDOUGALD
Executive Chef ..... COURTNEY SMITH
Community Sales .....JOYAL LOWERY
Activity Coordinator ..... SHEILA BAILEY
Maintenance Coordinator.....FELIX PICHARDO
Transportation .....ROBERT WATSON

TRANSPORTATION

Monday, 9:30 a.m. and 2 p.m.:
Shopping in The Johns Creek/Suwanee Area

Tuesday, 8:30 a.m.-3 p.m.: Appointments

Wednesday, TBD: Outing Day

Thursday, 8:30 a.m.-3 p.m.: Appointments

Friday, 9:30 a.m.:
Shopping in The Johns Creek/Suwanee Area

Volunteer Spotlight

Meet Carol Aitken, one of the many helpful volunteers at Ashwood. Ms. Carol made Ashwood her home almost three years ago in December 2017. She was her born in Birmingham, Alabama and later moved to Atlanta. Her mother Mary and grandmother Condilo brought her to Georgia when she was in elementary school. They had relatives in Georgia and Birmingham was getting ugly during that time of 1963.

Ms. Carol with her two sons Jesse and Greg, their wives Sarah and Erica and her grand-love Josie

During her high school years, Ms. Carol was a true athlete. She played basketball and softball and ran track. These were her best memories of high school. While attending Reinhardt College, Ms. Carol played soccer, basketball and softball and studied judo. Before coming to Ashwood, Ms. Carol fostered cats and kittens for Georgia SPCA (now part of Atlanta Humane). She was also an elementary teacher for 12 years and did social work for two years in Savannah, Georgia.

Ms. Carol is the mother of two boys, Jesse and Greg. She has one grand-love, Josie and a little grand-love on the way, Charlotte Ann in April. She loves her family immensely.

Ms. Carol enjoys painting, listening to books, watching birds, making jewelry for her small business "SouthPaw Acrylics," listening to music, dancing and spending time with family. When asked why volunteering is important to her she responded, "I'm a doer."

Her favorite quote is, "Pay attention to the young and make them just as good as possible." — *Socrates*

Love Was In The Air

There was no shortage of love here at Ashwood on Valentine's Day! Everyone was full of kind words and plenty of hugs! What a lovely day we had!

Ms. Mary Anna sending hearts our way on Valentine's Day

Assistant Managers Lee and Lisa sharing their love with us on Valentine's Day

Ms. Anne and Mr. Steve sharing their heart for Valentine's Day

Ms. Arlene dressed in red for the day!

Ms. Jane sending hearts our way for Valentine's Day

Ms. Geneva sending doughnut kisses

Ms. Nancy captured in a heart and sending smiles our way

Happy Easter

From the managers and staff of Ashwood, we want to extend a very Happy Easter to you, your family and friends. On this holiday, we wish you good health, good energy, and a fulfilling life.

Earth Day

What is Earth Day?

Earth Day is an annual event celebrated around the world on April 22nd to demonstrate support for environmental protection. First celebrated in 1970, it now includes events coordinated globally by the Earth Day Network in more than 193 countries.

Check your calendars and make sure you drop by the activity room and see what we have planned to celebrate our Earth!

Celebrating Black History Month

“In recognizing the humanity of our fellow beings, we pay ourselves the highest tribute.” — Thurgood Marshall

What a great time we had during Black History Month. We were able to visit local museums who paid tribute to African-American artists and those who contributed to our present inventions. It was a time of reflection of truly how far we have come as a world but gave us the opportunity to see how we can continue to make our world greater!

More wonderful artwork from an elementary student

Beautiful artwork from elementary student

Group photo op!

Art by Gerald E. Burch, “Blackstory” exhibit at Johns Creek Arts Center

Ms. Carol enjoying the art from Jim Alexander

Our group pic at Roswell City Hall

Residents making their way to Roswell Cultural Art Center

APRIL 2020

Birthdays

Mary Ann Klein, 12th
Allen Lockhart, 16th
Judith Harper, 18th
Beverly Lundy, 24th
Marjorie Sylvestor, 29th
William Dieter, 30th

Locations

Activity Room, AR
Backyard Patio, BP
Billiards, BL
Chapel, CH
Computer Room, CR
Dining Room, DR
Dining Room Bump Out, DRBO
Gym 3rd Floor, GYM
Library, LIB
Main Lobby, ML
Meadows Corner Cafe, MCC
Movie Theater, MT
Patio 4th Floor, PT
Private Dining Room, PDR
Television Room, TR
To Be Determined, TBD

"There are shortcuts to happiness, and dancing is one of them."
—Vicki Baum

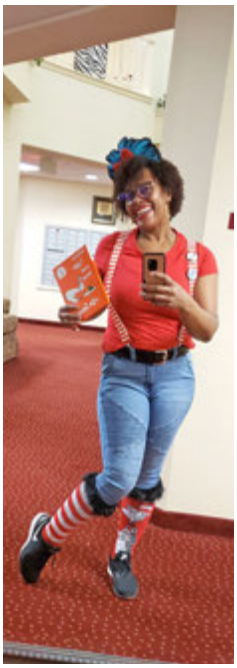
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 **Outing: Hindu Temple of ATL & Supreme Fish Delight, ML** **April Fools' Day** **Happy Birthday, William Harvey** 10:30 Mahjong, TR 2:30 St. Benedict's Catholic Rosary, CH 3:30 Bean Bag Baseball, AR 7:00 Movie Time, MT	2 **Happy Birthday, Marvin Gaye** 9:00 Stretch Bands & Come on Cardio, AR 11:00 Trivia, DRBO 2:00 Meadows Market 3:00 Funny Money Bingo, DRBO 4:00 Rummikub, DRBO 4:10 Interdenominational Prayer Group, LIB 7:00 Bridge, BL 7:00 Special Movie: "Standing in the Shadows of Motown," MT	3 **Happy Birthday, Doris Day** 9:00 Let's Get Movin', AR **11:00 Hand Massages with Sheila B., MT** 11:15 Communion, CH 2:00 Bible Study, CH **2:00 Hugs with Sheila B., AR** **4:00 Happy Hour Sponsor: Golden Home Services, AR** **4:00 Happy Hour with Paula Jones, AR** **7:00 Special Movie: "Move Over, Darling," MT**	4 **Happy Birthday, Muddy Waters** 11:00 Wii Bowling, AR 2:00 Funny Money Bingo, DRBO 2:00 Mahjong, TR 4:00 Rummikub, DRBO **7:00 Special Movie: "Muddy Waters & Rolling Stones"**
PALM SUNDAY 5 **Happy Birthday, Gregory Peck** 11:15 St. Benedict's Catholic Service and Eucharist, CH 2:00 Worship Service, AR 3:00 Rummikub, DRBO **3:00 Craftin' with Gay, AR** **7:00 Special Movie: "To Kill a Mockingbird"**	6 **Happy Birthday, Merle Haggard** 9:00 Country Music Workout with Weights and Cardio 11:00 Chit Chat with Sheila B., LIB 2:00 Funny Money Bingo, DRBO *2:00 Special Call with Eileen, DRBO* 7:00 Billiards, BL 7:00 Movie Time, MT	7 **Happy Birthday, James Garner** 11:00 Name That Tune, AR **2:00 Resident & Management Meeting, MT** 2:00 Bridge, BL 3:00 Meadows Market (3rd Floor) 3:00 Rummikub, DRBO 3:00 Balloon Volleyball, AR **7:00 Special Movie: "The Great Escape," MT**	**PASSOVER BEGINS AT SUNSET** 8 **Outing: Let's Go Junkin' & Pepperoni's, ML** 10:30 Mahjong, TR 2:00 Legacy Health Talk & Snacks Social, AR 2:30 St. Benedict's Catholic Rosary, CH 3:30 Bean Bag Baseball, AR 7:00 Movie Time, MT	9 9:00 Stretch Bands & Come on Cardio, AR 11:00 Trivia, DRBO 2:00 Meadows Market 3:00 Funny Money Bingo, DRBO 4:00 Rummikub, DRBO **4:00 Happy Hour with Gary Squires, AR** 4:10 Interdenominational Prayer Group, LIB 7:00 Movie Time, MT 7:00 Bridge, BL	**GOOD FRIDAY** 10 9:00 Let's Get Movin', AR **10:30 Legacy Hand Clinic, AR** **11:00 Easter Egg Fill for Easter Egg Hunt, AR** 11:15 Communion, CH 2:00 Bible Study, CH **2:00 Hugs with Sheila B., AR** **4:00 Happy Hour Sponsor: Memory Care Atlanta, AR** 7:00 Movie Time, MT	11 11:00 Wii Bowling, AR 2:00 Funny Money Bingo, DRBO 2:00 Mahjong, TR 4:00 Rummikub, DRBO 7:00 Movie Time, MT
EASTER 12 **Easter Egg Hunt for Residents, ML** **Happy Easter, Ashwood** **Happy Birthday, David Letterman** 11:15 St. Benedict's Catholic Service and Eucharist, CH **12:30 Easter Lunch Buffet, DR** 2:00 Worship Service, AR 3:00 Rummikub, DRBO 7:00 Movie Time, MT	13 9:00 Weights & Cardio, AR 11:00 Chit Chat with Sheila B., LIB 2:00 Funny Money Bingo, DRBO 7:00 Billiards, BL 7:00 Movie Time, MT	14 11:00 Name That Tune, AR *12:30 Piano with Rick Corrao, DR* 2:00 Bridge, BL **2:00 Swinging & Jiving Sock Hop, AR** 3:00 Meadows Market (3rd Floor) 3:00 Rummikub, DRBO 7:00 Movie Time, MT	15 **Outing: WSB Tour & Golden Corral, ML** **Happy Birthday, Leonardo Da Vinci** 10:30 Mahjong, TR **11:00 Matinee: "The Secret of Mona Lisa," MT** **2:00 Legacy Health Talk & Social, AR** 2:30 St. Benedict's Catholic Rosary, CH 3:30 Bean Bag Baseball, AR 7:00 Movie Time, MT	16 **Happy Birthday, Kareem Abdul-Jabbar** 9:00 Stretch Bands & Come on Cardio, AR 11:00 Trivia (Study Your Basketball Knowledge) 2:00 Meadows Market **3:00 Chef's Chat, AR** 4:00 Rummikub, DRBO 4:10 Interdenominational Prayer Group, LIB 7:00 Movie Time, MT 7:00 Bridge, BL	17 9:00 Let's Get Movin', AR **10:30 Legacy Hand Clinic, AR** 11:15 Communion, CH 2:00 Bible Study, CH **2:00 Hugs with Sheila B., AR** **4:00 BYOB to Happy Hour, AR** **4:00 Happy Hour with Laura Monk, AR** 7:00 Movie Time, MT	18 **Happy Birthday, Rick Moranis** 11:00 Wii Bowling, AR 2:00 Funny Money Bingo, DRBO 2:00 Mahjong, TR 4:00 Rummikub, DRBO **7:00 Special Movie: "Little Shop of Horrors," MT**
19 **Happy Birthday, Ashley Judd** 11:15 St. Benedict's Catholic Service and Eucharist, CH 2:00 Worship Service, AR 3:00 Rummikub, DRBO **3:00 Spring Piano Concert with Eduardo & Cupcakes, DR** 7:00 Movie Time, MT	20 9:00 Weights & Cardio, AR 11:00 Chit Chat with Sheila B., LIB 2:00 Funny Money Bingo, DRBO 7:00 Billiards, BL 7:00 Movie Time, MT	21 **Wear Your Crown Day!** **Prize for Best Created Crown** **Happy Birthday, Queen Elizabeth Ii** 11:00 Name That Tune, AR **11:30 Ambassador Meeting, MT** 2:00 Balloon Volleyball, AR 2:00 Bridge, BL 3:00 Meadows Market (3rd Floor) 3:00 Rummikub, DRBO 7:00 Movie Time, MT	**EARTH DAY** 22 **Outing: Legacy Station & 1910 Public House, ML** **Earth Day Project (Time TBD), BP** **Happy Earth Day!** 10:30 Mahjong, TR 2:30 St. Benedict's Catholic Rosary, CH 3:30 Bean Bag Baseball, AR 7:00 Movie Time, MT	23 **Happy Birthday, Shirley Temple Black** 9:00 Stretch Bands & Come on Cardio, AR 11:00 Trivia, DRBO 2:00 Meadows Market 3:00 Funny Money Bingo, AR 4:00 Rummikub, DRBO 4:10 Interdenominational Prayer Group, LIB 7:00 Bridge, BL **7:00 Special Movie: "Red-Haired Alibi," MT**	24 **Happy Birthday, Barbra Streisand** 9:00 Let's Get Movin', AR 11:15 Communion, CH 2:00 Bible Study, CH **3:30 Happy Hour with Bill Coen, AR** **7:00 Special Movie: "Yentl," MT**	25 **Happy Birthday, Renée Zellweger** 11:00 Wii Bowling, AR 2:00 Funny Money Bingo, DRBO 2:00 Mahjong, TR 4:00 Rummikub, DRBO 7:00 Movie Time, MT
26 11:15 St. Benedict's Catholic Service and Eucharist, CH 2:00 Worship Service, AR 3:00 Rummikub, DRBO 7:00 Movie Time, MT	27 9:00 Weights & Cardio, AR 11:00 Chit Chat with Sheila B., LIB 2:00 Funny Money Bingo, DRBO 7:00 Billiards, BL 7:00 Movie Time, MT	28 **Happy Birthday, Jay Leno** 11:00 Name That Tune, AR 2:00 Balloon Volleyball, AR 2:00 Bridge, BL 3:00 Meadows Market (3rd Floor) 3:00 Rummikub, DRBO 7:00 Movie Time, MT	29 **Outing: All-Day Trip Harrah's Cherokee Casino, ML** **Happy Birthday, Willie Nelson** 10:30 Mahjong, TR 2:30 St. Benedict's Catholic Rosary, CH 3:30 Bean Bag Baseball, AR 7:00 Movie Time, MT **7:00 Special Movie: "Once Upon a Texas Train," MT**	30 **10:00 Spelling Bee, AR** 2:00 Meadows Market 4:00 Rummikub, DRBO 4:10 Interdenominational Prayer Group, LIB 7:00 Movie Time, MT 7:00 Bridge, BL		

Happy Birthday, Dr. Seuss

We had so much fun honoring Dr. Seuss on his birthday! We dressed up, had a reading of “Green Eggs and Ham,” watched “The Butter Battle” and laughed a lot!

Watching Dr. Seuss, “The Butter Battle”

Group pic!



I DO not like green eggs and ham ...

Ms. Carol, our “Thing 1, Thing 2” comfy pants winner!

Root Beer Float Day

It was all smiles and great conversation over yummy Root Beer Float Day! Managers Chris and Gay surprised residents with a treat that drew a line of waiting! Be sure to listen out for our next Root Beer Float Day!

Mr. Ronnie pausing to take a quick pic

Mr. Buddy and Ms. Joyce enjoying their root beer floats

Chris and Gay all ready to get the Root Beer Float Social started

Gay working hard to get everyone a float

Perimeter Church School

Such a blessing to have Perimeter Christian School visit our residents. They were eager to get their help in making a St. Patty's Day craft. How cute they were as well when their shared their poems and even rendered a variety of songs for us. We look forward to them coming again soon!

What a beautiful smile and craft!

Ms. Geneva had a blast with her helper and teacher.

Ms. Ruth's granddaughter joined in on the fun with helping!

A quick pose for a pic with Ms. Arlene and helper

What a wonderful gesture to pray with Ms. Lucy

Ms. Lucy and helper putting final touches on their craft

Ms. Nancy and her helper had so much fun making their craft.

Group pic!

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EQUAL HOUSING OPPORTUNITY