

AMBER PARK

ASSISTED LIVING COMMUNITY

401 Hill Road North • Pickerington, Ohio 43147 • Phone (614) 834-3113 • www.seniorlivinginstyle.com

APRIL 2020

AMBER PARK STAFF

Administrator KELLI LOVE
Assistant Administrator MALCOM CAMPBELL
Director of Health Services ZACK BROWN
Resident Services Coordinator IVA WOODRUFF
Executive Chef SAMANTHA BROWN
Activity Coordinator RAVON PIERCE
Administrative Assistant NIKKI CAI

MEAL TIMES

8 a.m.: Breakfast

12:30 p.m.: Dinner

5:30 p.m.: Supper

PARK MART STORE HOURS

Friday: 4-5 p.m.

TRANSPORTATION

Monday-Wednesday, 9 a.m.-5 p.m.:
Doctor Appointments

Sunday, 9 a.m.: Epiphany Lutheran
and Seton Catholic Church

HAWTHORN
SENIOR LIVING

Employees of the Month

We have two wonderful Employees of the Month! They are: Dale Mitchell and Nikki Cai. Dale Mitchell, our Manager of Maintenance, is January's Employee of the Month. Dale started here at Amber Park as RA Caregiver, moving from that position to Housekeeping, and now he works currently as Maintenance. He is always hardworking, polite, and gets the job done! Nikki Cai, our Receptionist, is February's Employee of the Month. She always greets with a smile, does her duties very well, and is personable to all. We applaud Dale and Nikki always, for their hard work ethic and kindness to all of our Amber Park residents.

The Employee of the Month of March will be in April's Newsletter.

When you see the two of them, please congratulate them.

Also to the other staff who work hard every single day, you are not left out. Ask them what did they do to become Employee of the Month.



*Employees of the Month:
Dale M., January; Nikki C.,
February. The picture
shows both personalities.
Congratulations to
the both of them.*



3C Highway Band

The Activity Coordinator (Ravon) looks on a daily basis for entertainment for the facility. Entertainment is very important to all at Amber Park. The families and friends often join with their loved ones.

The residents really enjoyed the 3C-Highway Band. The Band is well-known. The Band also plays at the Ohio State Fair. They come with lots of experience. We are looking forward for more dates to come.

Please stop at the Activity Room to offer feedback; any suggestions are welcomed. If you know of any entertainers who may be interested in doing any events, please have them call Amber Park. The best referrals come from others.



Playing the saxophone and the residents loved the performance.



3C Highway Band

Coronavirus

The Coronavirus has been very difficult for staff and residents. The Administrator, Kelli, would like to thank all families and friends for understanding the process that the company, the Governor of Ohio, and the Ohio Department of Health has put into place.

It is very difficult to have to tell families and friends that we've had to restrict visitation to certain hours and only so many visitors per day per resident.



Always wash hands.

We know it's much more difficult for you to be told you're not able to visit your loved ones. In the end, we all know we're doing the right thing by protecting one another, and each and every person living at Amber Park. Thank you all for being understanding and helping us protect the residents of our community. With that being said, the residents are not allowed to leave the facility except for medical appointments only.

There is no projected time frame at this point as to when the restrictions will be lifted. We've cancelled all activities from outside providers, including but not limited to: Entertainers, pastors, ministers, priests, volunteers, etc. The in-house Marketing events have all been cancelled and will not resume until at least May.

Please call in often to request current restrictions on visitation, as they are changing often within Ohio. Visitors must sign in and out at the Front Desk, get their temperature taken, and provide their own gloves, mask, and gown.

You are more than welcome to call in to check on your loved one or speak with them on a facility phone if they don't have a phone of their own. We have a computer available for them to video chat with you. Some of the staff are also able to use their personal cell phones to video chat. We want the residents to maintain a high quality of life but still be protected from the Coronavirus at the same time.

The goal here at Amber Park is to keep your loved ones safe. Thank you again for your cooperation and understanding.



Stop the Spread of Germs

Here are a few steps to prevent the spreading of germs:

1. Avoid close contact with people who are sick.
2. Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
3. Avoid touching your eyes, nose and mouth.
4. Clean and disinfect frequently.
5. Stay home when you are sick and seek medical care.
6. Wash your hands often with soap and water for at least 20 seconds.

Make sure that we follow these steps. These steps will help keep you from catching anything at all.



When you come to the Activity Room, wash hands and when done spending time with your friends, repeat the same process.

Exercise Classes

Amber Park is dancing in the chairs with (NEVER TOO OLD) instructor Dionna Gaskins. Dionna walked in the building with such an amazing smile on her face ready to get the show on the road. The residents really enjoyed the exercises and the chair dancing. Residents were ready to book them for the next visit. Needless to say, after the talk with Activity Coordinator, Ravon, Dionna will be joining us twice a month.

Looking forward to all the classes to come. We are always looking for entertainment for our residents. Please contact Amber Park for any information or ideas that you have.



Exercise



New Chef

The residents and staff here at Amber Park would like to welcome Samantha Brown to Amber Park.

Samantha comes with plenty of experience. She was born and raised in Reynoldsburg. Samantha, who goes by Sam, graduated from culinary school, has 13 years working in the kitchen, restaurants, and catering experience, just to name a few. Sam has worked at: Micro breweries, fine dining, Mediterranean and Italian restaurants, and for an award-winning barbecue pitmaster.

A few job titles that she has held include: Line cook, pastry chef, event coordinator, event catering director, and sous chef.

Sam's favorite food to make is pot roast and her favorite food to eat is Mexican.

Sam is married and has three kids. In her spare time, she enjoys spending time with her family. Family time is very important for her. Sam enjoys throwing parties and reading.



After speaking with the Chef, she is all about satisfying the person who is eating the food that she cooks. She also loves feedback, whether it's positive or negative. Sam stated that she is ready for the challenge.

Please take time out of your day to stop in and meet the Chef. She is very excited to be here.

APRIL 2020

Birthdays

Burt Feldman, 10th
Eve Cohagen, 15th
Fred Johnson, 15th
Doris Greusel, 20th
Pat Sprouse, 22nd

Locations

Activity Room, AR
Back Patio, BP
Chapel, CH
Dining Room, DR
Fireplace, FPL
Front Porch, FP
Library, LB
Out of Building, OOB
Windsor Room, WR

Interested in
volunteering at Amber
Park? Contact Ravon
Pierce, our Activities
Coordinator, today
at 614-834-3113.

“There are
shortcuts to
happiness,
and dancing is
one of them.”
—Vicki Baum

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<div>1</div> <div>10:00 Exercise</div> <div>11:00 Brain Games</div> <div>1:45 Bible Study, CH</div> <div>3:00 Movies, AR</div> <div>6:45 Cards and Fun, AR</div>	<div>2</div> <div>10:00 Shopping Trip/ Bank Run, OOB</div> <div>10:00 Exercise</div> <div>2:00 Arts and Craft, AR</div> <div>2:30 Tea and Discussion with Chef Sam, AR</div> <div>3:00 Movies, AR</div> <div>6:45 Making Blankets for the Needy, AR</div>	<div>3</div> <div>10:00 Exercise</div> <div>11:00 Arts and Craft, AR</div> <div>2:00 Central Ohio, DR</div> <div>3:00 Movies, AR</div>	<div>4</div> <div>10:00 Mary Kay, Come Relax and Get Made Up, AR</div> <div>10:00 Exercise</div> <div>11:00 Balloon Blast, AR</div> <div>3:00 Movies, AR</div> <div>6:30 Game and Card Night, AR</div>
<div>PALM SUNDAY5</div> <div>9:00 Epiphany Lutheran & Seton Catholic, OOB</div> <div>10:00 Exercise</div> <div>10:30 Reynoldsburg Methodist Church, CH</div> <div>11:00 Baking with Grace, AR</div> <div>2:00 Snack Bingo, AR</div> <div>3:00 Movies, AR</div> <div>3:30 Sewing with Jeanne, AR</div> <div>3:30 Nail Spa, AR</div>	<div>6</div> <div>10:00 Exercise</div> <div>2:00 Arts and Craft, AR</div> <div>3:00 Movies, AR</div> <div>6:45 Cards and Fun, AR</div>	<div>7</div> <div>10:00 Exercise</div> <div>11:00 Bake with Ravon, AR</div> <div>2:00 Candy Bar Bingo, AR, AR</div> <div>2:00 Bingo, AR</div> <div>3:00 Movies, AR</div> <div>7:00 Pastor Doug, DR</div>	<div>PASSOVER BEGINS AT SUNSET8</div> <div>10:00 Exercise</div> <div>11:00 Brain Games</div> <div>11:30 Library, AR</div> <div>1:45 Bible Study, CH</div> <div>3:00 Movies, AR</div> <div>6:45 Cards and Fun, AR</div>	<div>9</div> <div>10:00 Exercise</div> <div>2:00 Arts and Craft, AR</div> <div>3:00 Movies, AR</div>	<div>GOOD FRIDAY10</div> <div>10:00 Exercise</div> <div>11:00 Arts and Craft, AR</div> <div>3:00 Movies, AR</div> <div></div>	<div>11</div> <div>10:00 Exercise</div> <div>11:00 Balloon Blast, AR</div> <div>3:00 Movies, AR</div> <div>6:30 Game and Card Night, AR</div>
<div>EASTER12</div> <div>9:00 Epiphany Lutheran & Seton Catholic, OOB</div> <div>10:00 Exercise</div> <div>11:00 Baking with Grace, AR</div> <div>2:00 Snack Bingo, AR</div> <div>3:00 Movies, AR</div> <div>3:30 Sewing with Jeanne, AR</div> <div>3:30 Nail Spa, AR</div>	<div>13</div> <div>10:00 Exercise</div> <div>2:00 Arts and Craft, AR</div> <div>3:00 Movies, AR</div> <div>4:00 Wade Jones, Playing an Instrument and Singing, DR</div> <div>6:45 Cards and Fun, AR</div>	<div>14</div> <div>10:00 Exercise</div> <div>11:00 Bake with Ravon, AR</div> <div>2:00 Candy Bar Bingo, AR, AR</div> <div>2:00 Bingo, AR</div> <div>3:00 Movies, AR</div> <div>7:00 Pastor Doug, DR</div>	<div>15</div> <div>10:00 Exercise</div> <div>11:00 Brain Games</div> <div>1:45 Bible Study, CH</div> <div>3:00 Movies, AR</div> <div>3:30 Birthday/Welcome Party with Fair Hope, AR</div> <div>6:45 Cards and Fun, AR</div> <div></div>	<div>16</div> <div>10:00 Shopping Trip/ Bank Run, OOB</div> <div>10:00 Residents Get Weights Done All Day, AR</div> <div>10:00 Exercise</div> <div>2:00 Arts and Craft, AR</div> <div>3:00 Movies, AR</div>	<div>17</div> <div>10:00 Exercise</div> <div>11:00 Arts and Craft, AR</div> <div>2:00 Central Ohio, DR</div> <div>3:00 Movies, AR</div>	<div>18</div> <div>10:00 Exercise</div> <div>11:00 Balloon Blast, AR</div> <div>3:00 Movies, AR</div> <div>6:30 Game and Card Night, AR</div>
<div>19</div> <div>9:00 Epiphany Lutheran & Seton Catholic, OOB</div> <div>10:00 Exercise</div> <div>11:00 Baking with Grace, AR</div> <div>2:00 Snack Bingo, AR</div> <div>3:00 Movies, AR</div> <div>3:30 Sewing with Jeanne, AR</div> <div>3:30 Nail Spa, AR</div>	<div>20</div> <div>10:00 Exercise</div> <div>2:00 Arts and Craft, AR</div> <div>3:00 Movies, AR</div> <div>6:45 Cards and Fun, AR</div> <div></div>	<div>21</div> <div>10:00 Exercise</div> <div>11:00 Pickerington Senior Center Potluck, OOB</div> <div>11:00 Bake with Ravon, AR</div> <div>2:00 Candy Bar Bingo, AR, AR</div> <div>2:00 Bingo, AR</div> <div>3:00 Movies, AR</div> <div>7:00 Pastor Doug, DR</div>	<div>EARTH DAY22</div> <div>10:00 Exercise</div> <div>11:00 Brain Games</div> <div>11:30 Library, AR</div> <div>1:45 Bible Study, CH</div> <div>3:00 Movies, AR</div> <div>6:45 Cards and Fun, AR</div> <div></div>	<div>23</div> <div>10:00 Exercise</div> <div>2:00 Arts and Craft, AR</div> <div>3:00 Movies, AR</div>	<div>24</div> <div>10:00 Exercise</div> <div>11:00 Arts and Craft, AR</div> <div>3:00 Movies, AR</div>	<div>25</div> <div>10:00 Exercise</div> <div>11:00 Balloon Blast, AR</div> <div>3:00 Movies, AR</div> <div>6:30 Game and Card Night, AR</div>
<div>26</div> <div>9:00 Epiphany Lutheran & Seton Catholic, OOB</div> <div>10:00 Exercise</div> <div>11:00 Baking with Grace, AR</div> <div>2:00 Snack Bingo, AR</div> <div>3:00 Movies, AR</div> <div>3:30 Sewing with Jeanne, AR</div> <div>3:30 Nail Spa, AR</div>	<div>27</div> <div>10:00 Exercise</div> <div>2:00 Arts and Craft, AR</div> <div>3:00 Movies, AR</div> <div>6:45 Cards and Fun, AR</div>	<div>28</div> <div>10:00 Exercise</div> <div>11:00 Bake with Ravon, AR</div> <div>2:00 Candy Bar Bingo, AR, AR</div> <div>2:00 Bingo, AR</div> <div>3:00 Movies, AR</div> <div>7:00 Pastor Doug, DR</div>	<div>29</div> <div>10:00 Exercise</div> <div>11:00 Brain Games</div> <div>1:45 Bible Study, CH</div> <div>3:00 Movies, AR</div> <div>6:45 Cards and Fun, AR</div> <div>7:30 Merry Christmas, AR</div>	<div>30</div> <div>10:00 Exercise</div> <div>2:00 Arts and Craft, AR</div> <div>3:00 Movies, AR</div> <div>6:45 Young Chef Academy, OOB</div>		



Summit Hospice Provider

As a provider, they offer speech therapy, physical therapy, monthly weights, vitals, exercise, crafts, and many other things.

Residents and the entire staff of Amber Park would like to thank each of them for making an impact in such a short time. Looking forward for months to come. Summit is coming to Amber Park with plenty of ideas. Remember to check the weekly calendar.

Thank you, ladies.



Summit, one of the health providers that is used at Amber Park.



Donations of Flowers From Kroger Store

The Kroger in Pickerington donates flowers to our facility. The President of the Residents' Council, Anna H., comes to the Activity Room and makes floral arrangements. Anna enjoys doing the arrangements. They are given to the residents who are sick and can't get out of their rooms. Anna also greets the new residents with a warm welcome, along with the flowers.

This has brought many smiles to all. The residents also sent Kroger a thank you note.

If you know of anyone who would like to donate any items, please call the facility and ask for Ravon, Activity Coordinator.

Thanks to all who have donated items to Amber Park.



Anna loves making the floral arrangements and delivering them around the building.



Anna H. making flower arrangements for new residents and residents who are sick and can't get out of their room. Kroger donated flowers to Amber Park.

Message From the Desk of the Activity Department

As the winter season comes to an end, I can't help how I feel about getting out of the building and smelling all the wonderful flowers, birds singing, caterpillars turning into beautiful butterflies, smelling food cooking on the grills, fishing, and looking at the kids playing outside.

I'm not sure if everyone knows this or not, but I (Ravon) can now drive that large bus here at Amber Park.

Please stop by the Activity Room and talk with me if there is a trip that you may want to take — here in Columbus, or plan a vacation out of Columbus.

The sky is the limit.

Look at the calendars and sign-up sheet for all the exciting things that we will be doing.

Residents' Council meets the last Friday of every month. This is your home and this is a time that you can talk freely without staff.

I want everyone to congratulate Grace, who has now been promoted to the Assistant Activity Coordinator. Grace was a RA, so everyone knows her face.

Grace is coming with so many ideas and I'm excited for her to join us.

Thanks,

Ravon



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401 Hill Road North
Pickerington, Ohio 43147



SPRING INTO ACTION & SHAKE OFF THOSE WINTER BLUES

Springtime brings fresh beginnings so let today be the start of something new! Join us for one of our engaging activities or stop by for a complimentary meal and take a tour of our beautiful community. We would love the opportunity to share with you all we have to offer.

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