

April 2020



Tranquility at Fredericktowne

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29	30	31	Apr 1 Green Salad Roast Pork with Apples Or Quiche Florentine Lyonnaise Potatoes Mixed Vegetables Baked Roll Assorted Cookies	Green Salad Marinated Chicken and Rice Or Orange Teriyaki Beef Rice Pasta Pilaf Parsley Carrots Butterscotch Bread Pudding	Green Salad Flounder Fillet Or Shredded Pork Lemon Rice Southern Coleslaw Baked Roll Ice Cream	Green Salad Turkey Roast Or Sirloin Steak Apple Sausage Stuffing Roasted Parmesan Brussels Sprouts Baked Roll Lazy Daisy Oatmeal Cake
Green Salad Autumn Pot Roast Or Lemon Pepper Salmon Garlic Mashed Potatoes Roasted Carrots Baked Roll Lemon Meringue Pie	Green Salad Roasted Chicken Legs Or Veal Marsala Seasoned Rice Lemon Buttered Broccoli Baked Roll Apple Crisp	Green Salad Pork Chops and Gravy Or Country Fried Steak with Gravy Baked Yams Capri Blend Baked Roll Homemade Carrot Cake	Green Salad Bacon and Cheese Chopped Steak Or Cranberry Glazed Turkey Roast Baked Potato Oven Roasted Cauliflower Baked Roll Cranberry Pumpkin Cookie	Green Salad Pesto Chicken Or Italian Sausage Links and Sauce with Rice Lemon Pasta Green Beans Baked Roll Vanilla Fruit Pudding	Green Salad Cod Fillet with Lemon Sauce Or Ham with Pineapple Sauce Roasted Potato Medley Spinach Baked Roll White Cake	Green Salad Glazed Meatloaf Or Turkey with Basil Cream Sauce Fried Potatoes and Onions Seasoned Peas Baked Roll Peach Crisp
Green Salad Parmesan Chicken Breast Or Prime Rib Roast Lemon Chive Rice Roasted Summer Squash Baked Roll Strawberry Pie	Green Salad Garlic Herb Pork Roast Or Four Cheese Ziti Roasted Potato Medley Steamed Broccoli Baked Roll Apple Walnut Cake	Green Salad Braised Beef Tips or Seasoned Baked Tilapia Noodles Lemon Pepper Green Beans Baked Roll Pineapple Crumble Bars	Green Salad Turkey Roast or Pork Chop with Onions Cranberry Sage Dressing Brussels Sprouts Baked Roll Pear Cobbler	Green Salad Baked Spiral Ham or Braised Balsamic Chicken Scalloped Potatoes Buttered Squash Baked Roll Soft Brown Sugar Cookie	Green Salad Hawaiian Meatballs or Pan Fried Cod with Almond Butter Parsley Rice Honey Glazed Pea Pods and Carrots Baked Roll Citrus Cake	Green Salad Chicken with Garlic and Herbs Or Sweet Corned Beef Steamed Red Potatoes Sweet Grilled Corn Baked Roll Banana Cream Pudding
Green Salad Glazed Pork Roast Or Roast Beef au Jus Roasted Yams Peas and Onions Baked Roll Snickerdoodle Brownie	Green Salad Country Fried Steak with Gravy or Turkey Roast with Zesty Rub Herb Mashed Potatoes Mixed Vegetables Baked Roll Chocolate Buttermilk Cake	Green Salad Chicken with Mushroom Gravy Or Bratwurst and Sauerkraut White and Wild Rice Pilaf Parmesan Green Beans Baked Roll Apple Cobbler	Green Salad Cod with Garlic Butter Sauce Or Roasted Ham Roasted Smashed Potatoes Sauteed Spinach Baked Roll Coconut Custard Pie	Green Salad Beef Parmesan Patty Or Honey Glazed Roasted Turkey Garlic Pasta Seasoned Zucchini Baked Roll Chocolate Vanilla Pudding Dessert	Green Salad Chicken Diane or Baked Salmon with Creamy Avocado Sauce Seasoned Rice Capri Blend Baked Roll Pineapple Cake	Green Salad Baby Back Pork Ribs Or BBQ Glazed Meatballs Sour Cream Potato Salad Greens Double Chocolate Chip Cookie
Green Salad Classic Meatloaf Or Potato Chip Crusted Chicken Breast O'Brien Potatoes Garlic Green Beans Baked Roll Brownie Mallow Bars	Green Salad Sweet Pineapple Chicken Or Grilled New England Haddock Confetti Rice Pilaf California Normandy Blend Baked Roll Rainbow Cake	Green Salad Bacon Cheddar Pork Chops Or Turkey Pot Roast Fresh Cooked Yams Stewed Tomatoes Baked Roll Homestyle Cherry Cobbler	Green Salad Hamburger Steak with Gravy or Baked Ham with Peach Sauce Baked Potato Sauteed Carrots Baked Roll Blueberry Cream Angel Dessert	Green Salad Southwest Chicken Or Pork with Noodles Cheesy Rice Herbed Corn Baked Roll Homemade Peach Pie	May 1	2