April 2020

Golden Pond Retirement Community (MC)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 8:00 Breakfast Time, ***MC-DR*** 9:00 Morning Stretch, ***MC-AC*** 9:30 Chronicles & Horoscopes, ***MC-DR*** 10:30 Hangman, ***MC-AC*** 12:00 Lunch Time, ***MC-DR*** 1:00 Fun on the Patio, ***MC-P*** 2:00 Hydration & Handwashing, ***MC-DR*** 4:00 Arts n' Crafts, ***MC-DR*** 5:00 Dinner Time, ***MC-DR*** 6:00 Stretching & Singing, ***MC-AC*** 6:30 Evening Snack, ***MC-GR***	**2** 8:00 Breakfast Time, ***MC-DR*** 9:00 Grooving & Singing, ***MC-AC*** 9:30 Chronicles & Horoscopes, ***MC-DR*** 10:30 Guess that Drawing!, ***MC-AC*** 12:00 Lunch Time, ***MC-DR*** 1:00 Fun on the Patio, ***MC-P*** 2:00 Hydration & Handwashing, ***MC-DR*** 5:00 Dinner Time, ***MC-DR*** 6:00 Stretching & Singing, ***MC-AC*** 6:30 Evening Snack, ***MC-GR***	**3** 8:00 Breakfast Time, ***MC-DR*** 9:00 Balloon Volleyball, ***MC-AC*** 9:30 Chronicles & Horoscopes, ***MC-DR*** 10:30 Hangman, ***MC-AC*** 12:00 Lunch Time, ***MC-DR*** 1:00 Fun on the Patio, ***MC-P*** 2:00 Hydration & Handwashing, ***MC-DR*** 4:00 Arts n' Crafts, ***MC-DR*** 5:00 Dinner Time, ***MC-DR*** 6:00 Stretching & Singing, ***MC-AC*** 6:30 Evening Snack, ***MC-GR***	**4** 8:00 Breakfast Time, ***MC-DR*** 9:00 Morning Stretch, ***MC-AC*** 9:30 Chronicles & Horoscopes, ***MC-DR*** 10:30 Who Am I?, ***MC-GR*** 12:00 Lunch Time, ***MC-DR*** 1:00 Painting w/ Karen, ***MC-P*** 2:00 Hydration & Handwashing, ***MC-DR*** 5:00 Dinner Time, ***MC-DR*** 6:00 Stretching & Singing, ***MC-AC*** 6:30 Evening Snack, ***MC-GR***
Any changed to the calendar will be posted on the daily "What's Happening" please check daily!						
5 8:00 Breakfast Time, ***MC-DR*** 9:00 Morning Stretch, ***MC-AC*** 9:30 Daily Chronicle & Donuts, ***DR*** 10:30 Anagrams!, ***MC-AC*** 12:00 Lunch Time, ***MC-DR*** 1:00 Fun on the Patio, ***MC-P*** 2:00 Hydration & Handwashing, ***MC-DR*** 5:00 Dinner Time, ***MC-DR*** 6:00 Stretching & Singing, ***MC-AC*** 6:30 Evening Snack, ***MC-GR***	**6** 8:00 Breakfast Time, ***MC-DR*** 9:00 Spa Day, ***MC-GR*** 9:30 Chronicles & Horoscopes, ***MC-DR*** 10:30 Unscramble it, ***MC-AC*** 12:00 Lunch Time, ***MC-DR*** 2:00 Hydration & Handwashing, ***MC-DR*** 4:00 Arts n' Crafts, ***MC-DR*** 5:00 Dinner Time, ***MC-DR*** 6:00 Stretching & Singing, ***MC-AC*** 6:30 Evening Snack, ***MC-GR***	**7** 8:00 Breakfast Time, ***MC-DR*** 9:00 Balloon Volleyball, ***MC-AC*** 9:30 Chronicles & Horoscopes, ***MC-DR*** 10:30 Guess that Drawing!, ***MC-AC*** 12:00 Lunch Time, ***MC-DR*** 1:00 Fun on the Patio, ***MC-P*** 2:00 Hydration & Handwashing, ***MC-DR*** 5:00 Dinner Time, ***MC-DR*** 6:00 Stretching & Singing, ***MC-AC*** 6:30 Evening Snack, ***MC-GR***	**8** 8:00 Breakfast Time, ***MC-DR*** 9:00 Morning Stretch, ***MC-AC*** 9:30 Chronicles & Horoscopes, ***MC-DR*** 10:30 Hangman, ***MC-AC*** 12:00 Lunch Time, ***MC-DR*** 1:00 Fun on the Patio, ***MC-P*** 2:00 Hydration & Handwashing, ***MC-DR*** 4:00 Arts n' Crafts, ***MC-DR*** 5:00 Dinner Time, ***MC-DR*** 6:00 Stretching & Singing, ***MC-AC*** 6:30 Evening Snack, ***MC-GR***	**9** ***Passover*** 8:00 Breakfast Time, ***MC-DR*** 9:00 Grooving & Singing, ***MC-AC*** 9:30 Chronicles & Horoscopes, ***MC-DR*** 10:30 Guess that Drawing!, ***MC-AC*** 12:00 Lunch Time, ***MC-DR*** 1:00 Fun on the Patio, ***MC-P*** 2:00 Hydration & Handwashing, ***MC-DR*** 5:00 Dinner Time, ***MC-DR*** 6:00 Stretching & Singing, ***MC-AC*** 6:30 Evening Snack, ***MC-GR***	**10** ***Good Friday*** 8:00 Breakfast Time, ***MC-DR*** 9:00 Balloon Volleyball, ***MC-AC*** 10:30 Hangman, ***MC-AC*** 12:00 Lunch Time, ***MC-DR*** 1:00 Easter Hat Decorating, ***MC-AC*** 2:00 Hydration & Handwashing, ***MC-DR*** 4:00 Arts n' Crafts, ***MC-DR*** 5:00 Dinner Time, ***MC-DR*** 6:00 Stretching & Singing, ***MC-AC*** 6:30 Evening Snack, ***MC-GR***	**11** 8:00 Breakfast Time, ***MC-DR*** 9:00 Morning Stretch, ***MC-AC*** 9:30 Chronicles & Horoscopes, ***MC-DR*** 10:30 Who Am I?, ***MC-GR*** 12:00 Lunch Time, ***MC-DR*** 1:00 Fun on the Patio, ***MC-P*** 2:00 Hydration & Handwashing, ***MC-DR*** 5:00 Dinner Time, ***MC-DR*** 6:00 Stretching & Singing, ***MC-AC*** 6:30 Evening Snack, ***MC-GR***
12 ***Happy Easter!!!*** 8:00 Breakfast Time, ***MC-DR*** 9:00 Morning Stretch, ***MC-AC*** 9:30 Daily Chronicle & Donuts, ***DR*** 10:30 Anagrams!, ***MC-AC*** 12:00 Lunch Time, ***MC-DR*** 1:00 Easter Cookie Decorating, ***MC-P*** 2:00 Hydration & Handwashing, ***MC-DR*** 5:00 Dinner Time, ***MC-DR*** 6:00 Stretching & Singing, ***MC-AC*** 6:30 Evening Snack, ***MC-GR***	**13** 8:00 Breakfast Time, ***MC-DR*** 9:00 Spa Day & Massages, ***MC-AC*** 9:30 Chronicles & Horoscopes, ***MC-DR*** 10:30 Unscramble it, ***MC-AC*** 12:00 Lunch Time, ***MC-DR*** 2:00 Hydration & Handwashing, ***MC-DR*** 4:00 Arts n' Crafts, ***MC-DR*** 5:00 Dinner Time, ***MC-DR*** 6:00 Stretching & Singing, ***MC-AC*** 6:30 Evening Snack, ***MC-GR***	**14** 8:00 Breakfast Time, ***MC-DR*** 9:00 Balloon Volleyball, ***MC-AC*** 9:30 Chronicles & Horoscopes, ***MC-DR*** 10:30 Guess that Drawing!, ***MC-AC*** 12:00 Lunch Time, ***MC-DR*** 1:00 Fun on the Patio, ***MC-P*** 2:00 Hydration & Handwashing, ***MC-DR*** 5:00 Dinner Time, ***MC-DR*** 6:00 Stretching & Singing, ***MC-AC*** 6:30 Evening Snack, ***MC-GR***	**15** 8:00 Breakfast Time, ***MC-DR*** 9:00 Morning Stretch, ***MC-AC*** 9:30 Chronicles & Horoscopes, ***MC-DR*** 10:30 Hangman, ***MC-AC*** 12:00 Lunch Time, ***MC-DR*** 2:00 Hydration & Handwashing, ***MC-DR*** 4:00 Arts n' Crafts, ***MC-DR*** 5:00 Dinner Time, ***MC-DR*** 6:00 Stretching & Singing, ***MC-AC*** 6:30 Evening Snack, ***MC-GR***	**16** 8:00 Breakfast Time, ***MC-DR*** 9:00 Grooving & Singing, ***MC-AC*** 9:30 Chronicles & Horoscopes, ***MC-DR*** 10:30 Guess that Drawing!, ***MC-AC*** 12:00 Lunch Time, ***MC-DR*** 1:00 Fun on the Patio, ***MC-P*** 2:00 Hydration & Handwashing, ***MC-DR*** 5:00 Dinner Time, ***MC-DR*** 6:00 Stretching & Singing, ***MC-AC*** 6:30 Evening Snack, ***MC-GR***	**17** 8:00 Breakfast Time, ***MC-DR*** 9:00 Balloon Volleyball, ***MC-AC*** 9:30 Chronicles & Horoscopes, ***MC-DR*** 10:30 Hangman, ***MC-AC*** 12:00 Picnic On The Patio!!!, ***MC-P*** 2:00 Hydration & Handwashing, ***MC-DR*** 4:00 Arts n' Crafts, ***MC-DR*** 5:00 Dinner Time, ***MC-DR*** 6:00 Stretching & Singing, ***MC-AC*** 6:30 Evening Snack, ***MC-GR***	**18** 8:00 Breakfast Time, ***MC-DR*** 9:00 Morning Stretch, ***MC-AC*** 9:30 Chronicles & Horoscopes, ***MC-DR*** 10:30 Who Am I?, ***MC-GR*** 12:00 Lunch Time, ***MC-DR*** 1:00 Fun on the Patio, ***MC-P*** 2:00 Hydration & Handwashing, ***MC-DR*** 5:00 Dinner Time, ***MC-DR*** 6:00 Stretching & Singing, ***MC-AC*** 6:30 Evening Snack, ***MC-GR***
19 ***Happy Birthday Ella!*** 8:00 Breakfast Time, ***MC-DR*** 9:00 Morning Stretch, ***MC-AC*** 9:30 Daily Chronicle & Donuts, ***DR*** 10:30 Anagrams!, ***MC-AC*** 12:00 Lunch Time, ***MC-DR*** 1:00 Fun on the Patio, ***MC-P*** 2:00 Hydration & Handwashing, ***MC-DR*** 5:00 Dinner Time, ***MC-DR*** 6:00 Stretching & Singing, ***MC-AC*** 6:30 Evening Snack, ***MC-GR***	**20** 8:00 Breakfast Time, ***MC-DR*** 9:00 Spa Day, ***MC-GR*** 9:30 Chronicles & Horoscopes, ***MC-DR*** 10:30 Unscramble it, ***MC-AC*** 12:00 Lunch Time, ***MC-DR*** 2:00 Hydration & Handwashing, ***MC-DR*** 4:00 Arts n' Crafts, ***MC-DR*** 5:00 Dinner Time, ***MC-DR*** 6:00 Stretching & Singing, ***MC-AC*** 6:30 Evening Snack, ***MC-GR***	**21** 8:00 Breakfast Time, ***MC-DR*** 9:00 Balloon Volleyball, ***MC-AC*** 9:30 Chronicles & Horoscopes, ***MC-DR*** 10:30 Guess that Drawing!, ***MC-AC*** 12:00 Lunch Time, ***MC-DR*** 1:00 Fun on the Patio, ***MC-P*** 2:00 Hydration & Handwashing, ***MC-DR*** 5:00 Dinner Time, ***MC-DR*** 6:00 Stretching & Singing, ***MC-AC*** 6:30 Evening Snack, ***MC-GR***	**22** 8:00 Breakfast Time, ***MC-DR*** 9:00 Morning Stretch, ***MC-AC*** 9:30 Chronicles & Horoscopes, ***MC-DR*** 10:30 Hangman, ***MC-AC*** 12:00 Lunch Time, ***MC-DR*** 1:00 Fun on the Patio, ***MC-P*** 2:00 Hydration & Handwashing, ***MC-DR*** 4:00 Arts n' Crafts, ***MC-DR*** 5:00 Dinner Time, ***MC-DR*** 6:00 Stretching & Singing, ***MC-AC*** 6:30 Evening Snack, ***MC-GR***	**23** 8:00 Breakfast Time, ***MC-DR*** 9:00 Grooving & Singing, ***MC-AC*** 9:30 Chronicles & Horoscopes, ***MC-DR*** 10:30 Guess that Drawing!, ***MC-AC*** 12:00 Lunch Time, ***MC-DR*** 1:00 Bowling For Ice Cream, ***MC-P*** 2:00 Hydration & Handwashing, ***MC-DR*** 5:00 Dinner Time, ***MC-DR*** 6:00 Stretching & Singing, ***MC-AC*** 6:30 Evening Snack, ***MC-GR***	**24** 8:00 Breakfast Time, ***MC-DR*** 9:00 Balloon Volleyball, ***MC-AC*** 9:30 Chronicles & Horoscopes, ***MC-DR*** 10:30 Hangman, ***MC-AC*** 12:00 Lunch Time, ***MC-DR*** 1:00 Fun on the Patio, ***MC-P*** 2:00 Hydration & Handwashing, ***MC-DR*** 4:00 Arts n' Crafts, ***MC-DR*** 5:00 Dinner Time, ***MC-DR*** 6:00 Stretching & Singing, ***MC-AC*** 6:30 Evening Snack, ***MC-GR***	**25** 8:00 Breakfast Time, ***MC-DR*** 9:00 Morning Stretch, ***MC-AC*** 9:30 Chronicles & Horoscopes, ***MC-DR*** 10:30 Who Am I?, ***MC-GR*** 12:00 Lunch Time, ***MC-DR*** 1:00 Fun on the Patio, ***MC-P*** 2:00 Hydration & Handwashing, ***MC-DR*** 5:00 Dinner Time, ***MC-DR*** 6:00 Stretching & Singing, ***MC-AC*** 6:30 Evening Snack, ***MC-GR***
26 8:00 Breakfast Time, ***MC-DR*** 9:00 Morning Stretch, ***MC-AC*** 9:30 Daily Chronicle & Donuts, ***DR*** 10:30 Anagrams!, ***MC-AC*** 12:00 Lunch Time, ***MC-DR*** 1:00 Fun on the Patio, ***MC-P*** 2:00 Hydration & Handwashing, ***MC-DR*** 5:00 Dinner Time, ***MC-DR*** 6:00 Stretching & Singing, ***MC-AC*** 6:30 Evening Snack, ***MC-GR***	**27** 8:00 Breakfast Time, ***MC-DR*** 9:00 Spa Day & Massages, ***MC-AC*** 9:30 Chronicles & Horoscopes, ***MC-DR*** 10:30 Unscramble it, ***MC-AC*** 12:00 Lunch Time, ***MC-DR*** 2:00 Hydration & Handwashing, ***MC-DR*** 4:00 Arts n' Crafts, ***MC-DR*** 5:00 Dinner Time, ***MC-DR*** 6:00 Stretching & Singing, ***MC-AC*** 6:30 Evening Snack, ***MC-GR***	**28** 8:00 Breakfast Time, ***MC-DR*** 9:00 Balloon Volleyball, ***MC-AC*** 9:30 Chronicles & Horoscopes, ***MC-DR*** 10:30 Guess that Drawing!, ***MC-AC*** 12:00 Lunch Time, ***MC-DR*** 1:00 Fun on the Patio, ***MC-P*** 2:00 Hydration & Handwashing, ***MC-DR*** 5:00 Dinner Time, ***MC-DR*** 6:00 Stretching & Singing, ***MC-AC*** 6:30 Evening Snack, ***MC-GR***	**29** 8:00 Breakfast Time, ***MC-DR*** 9:00 Morning Stretch, ***MC-AC*** 9:30 Chronicles & Horoscopes, ***MC-DR*** 10:30 Hangman, ***MC-AC*** 12:00 Lunch Time, ***MC-DR*** 1:00 Fun on the Patio, ***MC-P*** 2:00 Hydration & Handwashing, ***MC-DR*** 4:00 Arts n' Crafts, ***MC-DR*** 5:00 Dinner Time, ***MC-DR*** 6:00 Stretching & Singing, ***MC-AC*** 6:30 Evening Snack, ***MC-GR***	**30** 8:00 Breakfast Time, ***MC-DR*** 9:00 Grooving & Singing, ***MC-AC*** 9:30 Chronicles & Horoscopes, ***MC-DR*** 10:30 Guess that Drawing!, ***MC-AC*** 12:00 Lunch Time, ***MC-DR*** 1:00 Fun on the Patio, ***MC-P*** 2:00 Hydration & Handwashing, ***MC-DR*** 5:00 Dinner Time, ***MC-DR*** 6:00 Stretching & Singing, ***MC-AC*** 6:30 Evening Snack, ***MC-GR***	**MEETING PLACES** ***MC-DR*** - MC Dining Room ***MC-AC*** - MC Activity Room ***MC-P*** - MC Patio ***MC-GR*** - MC Green Room ***DR*** - Dining Room ***OUT*** - Offsite	**DIMENSIONS OF WELLNESS** Physical Emotional Spiritual Environmental Vocational Social Intellectual Health Services Nutritional Purposeful