

Navion Senior Solutions is actively engaged in efforts to prepare for and mitigate the impacts of the coronavirus. Our corporate and community leadership teams are monitoring the situation closely. The health, safety, and well-being of our residents, associates, resident family members, and visitors is our top priority. At this time, there is no indication that any Navion community has been affected by the Coronavirus, but preparation efforts are well underway. We will continue to update this website regularly to keep you informed. For more information, please contact infectioncontrol@navionsl.com.

Updated as of March 10, 2020

There are no reported cases of coronavirus at any Navion community. We continue to closely monitor this quickly changing situation and make decisions based on the guidance of local, state, and federal health authorities.

Overview of Navion's Efforts

- We are monitoring our resident population closely for any illnesses that may arise and taking action immediately in the event of any worrying symptoms.
- We will contact resident family members, as well as the resident's primary healthcare provider, to report any unusual symptoms and request further direction from their provider on next steps to take.
- We will be reporting any suspected cases to the relevant Health Department, per their guidelines. We will follow their directions regarding steps to be taken at the community, as well making appropriate notifications to families and POAs.
- We are cleaning frequently touched surfaces and objects throughout the community at an increased frequency.
- We have placed educational literature about infection best practices throughout our community and strengthened infection control education and training for our team members.
- We are asking our associates, as well as resident families, to abide by these same guidelines:
 - Voluntary home isolation: We ask that you stay home when you are sick with significant respiratory disease symptoms. At the present time, these symptoms are more likely due to influenza or other respiratory viruses such as the common cold, or even bronchitis. We will also be asking residents who are ill to stay in their rooms as much as possible.
 - When visiting in the community, please follow general respiratory etiquette: cover coughs and sneezes with a tissue, then throw the tissue in the trash can. If there is no tissue readily available, cough or sneeze into the bend of your elbow.
 - Hand hygiene: Wash hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating, and after blowing your nose, coughing, or sneezing. If soap and water are not readily available, use an alcohol-based hand sanitizer with 60%-95% alcohol.
 - New residents will be screened for signs of infection or potential symptoms.
 - Postponing and/or canceling group outings and outside group functions inside of our communities
- Our full-time associates receive paid sick leave, which ensures that our team members who are not well are able to stay home while continuing to receive compensation.
- We are reviewing, strengthening, and enhancing our infection control protocols. We were fortunate to make it through the last flu season with only a few confirmed cases of the flu, which is in part a function of rigorous adherence to our infection control protocols. These same protocols will be critical in protecting our communities from COVID-19.

- We are closely following and implementing guidance from the CDC, state and local health agencies, and a number of our trusted partners.

Travel Guidance

The CDC currently requires anyone coming from [CDC Warning Level 3](#) countries to self-quarantine for 14 days. In addition, Navion along with the US government, recommends that individuals strongly consider postponing cruise ship travel to any location. Recent reports of COVID-19 on cruise ships highlight the risk of infection to cruise ship passengers and crew.

*Associates who would like more details should speak with their manager.

Associates Personal Travel

All associates traveling to [CDC Level 2 and 3](#) areas must adhere to the following:

- Avoid all non-essential travel
- If travel is unavoidable, contact supervisor to notify him or her of travel to CDC Level 2 and 3 areas
- Stay home for 14 days after returning to the United States and practice social distancing

If you were on a cruise in the past 14 days:

- Notify your supervisor immediately
- Stay home for 14 days and practice social distancing if a case of COVID-19 was reported on your ship

Seek medical care if you feel sick with fever, cough, or have trouble breathing. Call ahead and tell them about your recent travel and your symptoms.

Residents Personal Travel

All residents traveling to [CDC Level 2 and 3](#) areas must adhere to the following:

- Avoid all non-essential travel
- If travel is unavoidable, contact your community's Executive Director to notify him or her of travel to CDC Level 2 and 3 areas
- Stay in your apartment for 14 days after returning to the United States and practice social distancing

If you were on a cruise in the past 14 days:

- Notify your community's Executive Director immediately
- Stay in your apartment for 14 days and practice social distancing if a case of COVID-19 was reported on your ship

Visitor Resources

Out of an abundance of caution and in an effort to best protect our residents and employees, please know that you may be screened for symptoms upon entering our communities. We will prohibit access by individuals who meet any of the following:

- Confirmed or suspected COVID-19 diagnosis or exposure to someone with COVID-19.
- Any international travel within the household in the last 14 days.
- Exhibits any symptoms of acute respiratory illness. These symptoms include fever, cough, difficulty breathing.

External Resources

- [Facts about COVID-19](#)
- [Stop the Spread of Germs](#)
- [Symptoms of Coronavirus](#)
- [Centers for Disease Control and Prevention](#)
- [World Health Organization](#)
- [Johns Hopkins Medicine](#)