



The Heritage
at Shalimar Gardens

Assisted
Living

SUN	MON	TUE	WED	THU	FRI	SAT
1 9:00 1st Plymouth Ch.9 9:00 Methodist Church Service/Bus Service 9:15 First Lutheran- Bus Service Available 402-721-2959 10:30 Catholic Mass On Channel 6. 12:00 Daily Chronicles 1:45 Movie On Ch. 901 "A Little Princess" 3:30 Liberty Baptist (C)	2 9:30 Daily Devotion (F) 10:00 Stretch & Bend 11:00 Deal or No Deal on the Wii (C) 12:00 Mystery Person 1:45 Horse Racing w/ our friends from Mosaic (C) 3:15 Eye Glass Cleaning (I) 3:30 GIANT Crossword 7:00 LeRoy's Bible Study (C)	3 10:00 Stretch & Bend Exercise Class (W) 10:00-11:00 Manicures by Appointment (A) 12:00 Mystery Person (D) 1:30 Rummikub, Cards & Board Games (I) 2:30 Bingo (D) 4:00 Snapshots Group- Reading the Who Was.... Series! (F)	4 Beauty Shop Open 9:30 Daily Devotions (F) 10:00 Stretch & Bend Exercise Class (W) 11:00 Worship w/ Pastor Schmidt (C) 12:00 Mystery Person 1:30 Walking Club- Goal is Kansas City! 2:00 First State Bank (L) 2:30 Hot Potato (W) 3:15 KENO (I) 4:00 Balloon Badminton- F. Entry	5 Beauty Shop Open 9:30 St. Paul's Luth. Church on Ch. 901 10:00 Stretch & Bend Exercise Class (W) 11:15 Current Events w/ Cherl (I) 12:00 Mystery Person 1:30 Busy Bakers (A) 2:00 Catholic Mass (C) 3:00 Meet & Greet Our New Residents! (C) 4:00-4:30 Cocktails Hour (D)	6 9:30 Daily Devotions 10:00 Stretch & Bend Exercise (W) 10:45-11:30 Country Store Open (L) 12:00 Mystery Person 1:45 Creative Crafting- "Wind Up St. Patrick Craft" (I) 2:4:00 Manicures by Appointment (A) 2:30 Bingo (D) 4:00 Trivia (F)	7 10:00 Scrabble (I) 11:00 Independent Mexican Train Dominos (I) 1:30 Rummikub (I) 1:45 Watch A Movie On Ch. 901 "Wish Man" 3:30 Coffee & Chatter 4:00 Independent Crossword Puzzle (I) 6:00 Tic Tac Toe (I)
8 9:00 1st Plymouth Ch.9 9:00 Methodist Church Service/Bus Service 9:15 First Lutheran- Bus Service Available 402-721-2959 10:30 Catholic Mass On Channel 6. 12:00 Daily Chronicles 1:45 Movie on Ch. 901 "Driving Miss Daisyl" 3:30 Liberty Baptist (C)	9 9:30 Daily Devotion (F) 10:00 Stretch & Bend Exercise Class (W) 11:00 Wheel of Fortune on the Wii (C) 1:45 Horse Racing w/ our friends from Mosaic (C) 3:15 Eye Glass Cleaning (I) 3:30 GIANT Crossword 7:00 LeRoy's Bible Study (C)	10 10:00 Stretch & Bend Exercise Class (W) 11:00 Methodist Service w/ Cheryl Paden (C) 10:00-11:00 Manicures by Appointment (A) 1:30 Rummikub, Cards & Board Games (I) 2:30 Bingo (D) 4:00 Snapshots Group- Reading the Who Was.... Series! (F)	11 Beauty Shop Open 9:30 Daily Devotions (F) 10:00 Stretch & Bend 11:00 Worship w/ Chaplain Starks (C) 1:30 Walking Club- Goal is Kansas City! 2:00 First State Bank (L) 2:00 Live Entertainment w/ Joe Cocksonl (D) 3:15 KENO (I) 4:00 Balloon Badminton- F. Entry 6:15 Love On A Leash-D	12 Beauty Shop Open 9:30 St. Paul's Luth. Church on Ch. 901 10:00 Stretch & Bend Exercise Class (W) 11:15 Lunch Outing to Mac's Cafe- Bell Street 2:00 Story Hour with John from Keene Memorial Library! (F) 3:00 Sing A Long with Susie Q- "Sweet Memories" 4:00-4:30 Cocktails (D)	13 9:30 Daily Devotions 10:00 Stretch & Bend Exercise (W) 10:45-11:30 Country Store Open (L) 1:45 Creative Crafting-"Leprechaun Button Craft" (I) 2:4:00 Manicures by Appointment (A) 2:30 Bingo (D) 4:00 Trivia (F)	14 10:00 Scrabble (I) 11:00 Independent Mexican Train Dominos (I) 1:30 Rummikub (I) 1:45 Watch A Movie On Ch. 901 "Robin Hood" 3:30 Coffee & Chatter 4:00 Independent Word Search (I) 6:00 Tic Tac Toe (I)
15 9:00 1st Plymouth Ch.9 9:00 Methodist Church Service/Bus Service 9:15 First Lutheran- Bus Service Available 402-721-2959 10:30 Catholic Mass On Channel 6. 12:00 Daily Chronicles 1:45 Movie On Ch. 901 "Dear John" 3:30 Liberty Baptist (C)	16 9:30 Daily Devotion (F) 10:00 Stretch & Bend Exercise Class (W) 11:00 Deal or No Deal on the Wii (C) 2:00 Resident Council 2:15 Dining Council 3:15 Merry Maker Performance with "Paul Siebert" (D) 7:00 LeRoy's Bible Study (C)	17 St. Patrick's Day! 10:00 Stretch & Bend Exercise Class (W) 10:00-11:00 Manicures by Appointment (A) 1:30 Rummikub, Cards, Board Games & Spoons! (I) 2:30 Bingo (D) 4:00 St. Patty's Day Social- Come enjoy a Green Beer or a Green Sprite! (I)	18 Beauty Shop Open 9:30 Daily Devotions (F) 10:00 Stretch & Bend Exercise Class (W) 11:00 Worship w/ Pastor Schmidt (C) 1:30 NEW!!! Resident Safety Council w/ Beth & Chuck (C) 2:00 1st State Bank (L) 2:45 KENO (I) 3:30 Sound Healing & Meditation w/ Marlene Porter! (C)	19 Beauty Shop Open 9:30 St. Paul's Luth. Church on Ch. 901 10:00 Stretch & Bend Exercise Class (W) 11:15 Current Events w/ Cherl (F) 1:30 Busy Bakers (A) 2:00 Catholic Comm- C 2:30 Bowling (C) 3:00 Cherl's Crossword Puzzle Group (I) 4:00-4:30 Cocktail Hour (D)	20 9:30 Daily Devotions 10:00 Stretch & Bend Exercise Class (W) 10:45-11:30 Country Store Open (L) 1:45 Creative Crafting- "The Last Supper Craft Kit" (I) 2:00 Manicures by Appointment (A) 2:30 Bingo (D) 4:00 Trivia (F)	21 10:00 Scrabble (I) 11:00 Independent Mexican Train Dominos (I) 1:30 Rummikub (I) 1:45 Watch A Movie On Ch. 901 "Watership Down" 3:30 Coffee & Chatter 4:00 Independent Crossword Puzzle (I) 6:00 Tic Tac Toe (I)
22 9:00 1st Plymouth Ch.9 9:00 Methodist Church Service/Bus Service 9:15 First Lutheran- Bus Service Available 402-721-2959 10:30 Catholic Mass On Channel 6. 12:00 Daily Chronicles 1:45 Movie On Ch. 901 "As Good As it Gets" 3:30 Liberty Baptist (C)	23 9:30 Daily Devotion (F) 10:00 Stretch & Bend Exercise Class (W) 10:45 Wheel of Fortune on the Wii (C) 1:45 Horse Racing w/ our friends from Mosaic (C) 3:15 Eye Glass Cleaning (I) 3:30 Giant Crossword Puzzle (I) 7:00 Bible Study (C)	24 10:00 Stretch & Bend 11:00 Methodist Service w/Cheryl Paden (C) 10:00-11:00 Manicures by Appointment (A) 1:30 Rummikub, Cards & Board Games (I) 2:30 Bingo (D) 4:00 Snapshots Group- Reading the Who Was.... Series! (F) 6:30 All City Choir Performance (D)	25 Beauty Shop Open 9:30 Daily Devotions (F) 10:00 Stretch & Bend 11:00 Worship w/ Trinity Lutheran (C) 1:30 Walking Club Goal is Kansas City! 2:00 First State Bank 2:00 Music w/ Rayne M! 2:30 Salem Lutheran Scripture & Comm (C) 3:30 KENO (I) 6:15 Love On A leash- Pet Therapy (D)	26 Beauty Shop Open 9:30 St. Paul's Luth. Church on Ch. 901 10:00 Stretch & Bend Exercise Class (W) 11:15 Current Events 1:30 Cherl's Cross- word Puzzle Group (I) 2:30 Universal Yums! Let's Snack and Explore A New Country 4:00-4:30 Cocktail Hour (D)	27 9:30 Daily Devotions 10:00 Stretch & Bend 10:45-11:30 Country Store Is Open (L) 2:4:00 Manicures by Appointment (A) 2:00 Community Bingo w/ Nebraska Medical Mart! (D) 3:30 Conversation and questions w/ our Sponsor! (I)	28 10:00 Scrabble (I) 11:00 Independent Mexican Train Dominos (I) 1:30 Rummikub (I) 1:45 Watch A Movie On Ch. 901 "Hitch " 4:00 Independent Word Search (I) 6:00 Tic Tac Toe (I)
29 9:00 1st Plymouth Ch.9 9:00 Methodist Church Service/Bus Service 9:15 First Lutheran- Bus Service Available 402-721-2959 10:30 Catholic Mass On Channel 6. 12:00 Daily Chronicles 1:45 Movie On Ch. 901 "Full Count" 3:30 Liberty Baptist (C)	30 9:30 Daily Devotion (F) 10:00 Stretch & Bend Exercise Class (W) 10:45 Deal or No Deal on the Wii (C) 1:45 Horse Racing w/ our friends from Mosaic (C) 3:15 Eye Glass Cleaning (I) 3:30 GIANT Crossword Puzzle (I) 7:00 LeRoy's Bible Study (C)	31 10:00 Stretch & Bend Exercise Class (W) 10:00-11:00 Manicures by Appointment (A) 1:30 Rummikub, Cards Board Games & Spoons! (I) 2:30 Bingo (D) 4:00 Snapshots Group Reading the Who Was.... Series? A Historical Figure! (F)	Activity Locations A-Activity Room B-Senior Conference Rm C-Community Rm D-Dining Room F-Fireplace F2- Fireplace 2nd Floor G-Garden Area I-Coffee Shop L-Library T-Tea Room W-Wellness Room	COLOR CODES COUNTRY STORE OPEN BUS TRIP/ LUNCH OUTING MUSICAL PERFORMANCE OR: SPEAKER KENO / BINGO RELIGIOUS SERVICES	Weekly TV Church Services Salem Lutheran- Wednesdays at 2:00pm & 7:00pm and Thursdays at 12:00pm & 6:00pm on Ch. 1304 Trinity Lutheran- Wednesdays at 1:00pm & 6:00pm and Fridays at 1:00pm & 6:00pm on Ch. 1304 Methodist Services- Wednesday at 3:00pm and Friday at 10:00am on Ch. 1304	

Happy Birthday
Bob Olsen 3-17 Edward Cerise 3-24
Theresa Retzlaff 3-29

Activities are subject to change; Family & Friends are always welcome to attend!