March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Morning Get Together 11:00 Catholic Service (PCA) Worship Time 1:30 Yoga 2:30 Chicken Soup for the Soul 4:00 Sing Along 6:00 Evening Classic Film ***Happy Birthday Jean L !!***	**2** 10:00 Morning Circle 10:30 Invention or Imagination 11:00 Mindful Motion **1:00 Mandala Art with Chuck** 2:30 Hangman 3:30 Art Corner 4:00 Walking Group 6:00 Antiques with Anthon	**3** **9:45 Exploring Hockessin** 10:00 Coffee Time 10:30 Morning Stretch 11:00 What A Mess 1:30 Junk Drawer Detective 2:30 Mardi Gras Beading 3:30 Old Time Radio Show 4:00 Charades 6:00 Sing Along (PCA)	**4** 10:00 Morning Circle 11:00 Yoga 1:45 Baker's Club: Shamrock Shakes **3:00 Box Turtle Bob Performs (Lob)** 4:00 Walking Group 6:00 At Home with Anthon	**5** 10:00 Coffee Time 10:30 Morning Stretch **11:00 Bingo!** 1:30 Chicken Soup for the Soul 2:30 Chair Soccer 3:30 Ladies' Group 4:00 Parachute Time 6:00 Nail Care	**6** 10:00 Morning Circle 10:30 Reflections Leap of Faith 11:00 I'm Forever Blowing Bubbles **1:45 Adopt-A-Grandparent Party (C)** 1:30 Place Your Bet 2:30 Chair Soccer 3:30 Photo Booth Friday 4:00 Walking Group 6:00 Memory Card Game	**7** 10:00 News & Views/ Coffee Hour 10:30 Morning Stretch 11:00 Whiteboard Games 1:30 Junk Drawer Detective 2:30 Manicures & Conversation 3:30 Big Screen Chair Exercises 6:00 Always Available Cart
8 10:00 Morning Get Together 11:00 Catholic Service (PCA) Worship Time 1:30 Yoga 2:30 Chicken Soup for the Soul 4:00 Walking Group 6:00 Documentary Daylight Saving Time Begins	**9** 10:00 Morning Circle 10:30 Junk Drawer Detective 11:00 Sit & Be Fit **1:00 Mandala Art with Chuck** **2:30 Meeta Parker Performs** 3:30 A Wee Bit o' Irish History 4:00 Walking Group **6:00 McHugh School of Irish Dance Performance (C)** Purim Begins	**10** **9:45 Exploring Red Clay Creek** 10:00 Coffee Time 10:30 Morning Stretch **11:00 Conversation with Sue** 1:30 Noodle Hockey 2:30 Sing Along 3:30 Drum Circle 4:00 Discuss & Reminisce 6:00 Ring Toss (PCA)	**11** 10:00 Morning Circle 11:00 Let's Go Golfing 1:30 Whiteboard Games 2:30 Shamrock Craft 3:30 Hugs, Handshakes & High Fives 4:00 Walking Group 6:00 Noodle Hockey	**12** 10:00 Coffee Time 10:30 Morning Stretch **11:00 Reading with Renu** **1:30 Cindy McGrath Performs** 2:30 Wheel of Fortune 3:30 Men's Group 4:00 What's in the Box 6:00 Basketball ***Happy Birthday Lorraine C !!***	**13** 10:00 Morning Circle 10:30 Reflections Leap of Faith 11:00 Antique Road Show 1:30 Hometown Hero **2:30 Michael Hunter Performs** 3:30 Charades 4:00 Walking Group 6:00 Mandala Art	**14** 10:00 News & Views/ Coffee Hour 10:30 Morning Stretch 11:00 Whiteboard Games 1:30 Word Puzzles 2:30 Manicures & Conversation 3:30 Big Screen Chair Exercises 6:00 Big Screen Trivia ***Happy Birthday Jean F !!***
15 10:00 Morning Get Together 11:00 Catholic Service (PCA) Worship Time 1:30 Yoga 2:30 Chicken Soup for the Soul 4:00 Walking Group 6:00 Evening Classic Film	**16** 10:00 Morning Circle 10:30 Invention or Imagination 11:00 Mindful Motion **1:00 Mandala Art with Chuck** 2:00 Bingo! 3:30 Hangman 4:00 Walking Group 6:00 Antiques with Anthon	**17** 10:00 Coffee Time 10:30 Morning Stretch 11:00 What A Mess Catholic Mass (IL) **2:00 St. Patty's Party with Music by Don & Diane** 3:30 St.Patty's Photo Booth 4:00 Charades 6:00 Sing Along (PCA) St. Patrick's Day	**18** 10:00 Morning Circle 11:00 Yoga 1:30 Shake Loose a Memory **2:30 Rebekah & Andrew Perform (Lob)** 3:30 St. Patty's Spelling Bee 4:00 Walking Group 6:00 At Home with Anthon	**19** **10:00 Resident Council** 10:30 Coffee Time / Morning Stretch 11:00 Spring Sing Along 1:30 Scrabble Tile Craft 2:30 Jeopardy 3:30 Ladies' Group 4:00 Clovers are Forever 6:00 Story Time Spring Begins	**20** 10:00 Morning Circle 10:30 Reflections Leap of Faith 11:00 I'm Forever Blowing Bubbles 1:30 Place Your Bet 2:30 Make Your Own Ice Cream Sundae 3:30 Photo Booth Friday 4:00 Walking Group 6:00 Ball Toss ***Happy Birthday Ben P !!***	**21** 10:00 News & Views/ Coffee Hour 10:30 Morning Stretch 11:00 Whiteboard Games 1:30 Junk Drawer Detective 2:30 Manicures & Conversation 3:30 Big Screen Chair Exercises 6:00 Evening Movie
22 10:00 Morning Get Together 11:00 Catholic Service (PCA) Worship Time 1:30 Yoga 2:30 Chicken Soup for the Soul 4:00 Walking Group 6:00 Documentary	**23** 10:00 Morning Circle 10:30 Junk Drawer Detective 11:00 Sit & Be Fit **1:00 Mandala Art with Chuck** 2:30 What Am I 3:30 A Wee Bit About Dublin 4:00 Walking Group 6:00 Travel & Tourism	**24** **9:45 Exploring Newark** 10:00 Coffee Time 10:30 Morning Stretch **11:00 Conversation with Sue** 1:30 Potato Chip Tasting 2:30 Let the Good Times Roll 3:30 Drum Circle 4:00 Discuss & Reminisce 6:00 Ring Toss (PCA)	**25** 10:00 Morning Circle 10:30 Bean Bag Toss 11:00 Trivia Pursuit 1:30 Music Balloon Exercises 2:30 Wine Down Wednesday 3:30 Men's & Ladies' Group 4:00 Walking Group **5:00-7:00 Chocolate, Wine & Cheese Social (C)**	**26** 10:00 Coffee Time 10:30 Morning Stretch **11:00 Reading with Renu** **2:00 Mike McGrath Performs** 3:30 Men's Group 6:00 Story Time	**27** 10:00 Morning Circle 10:30 Reflections Leap of Faith 11:00 Antique Road Show 1:30 Hometown Hero **2:30 Performance by Richard DiBlassio (Lob)** 3:30 Charades 4:00 Walking Group 6:00 Sing Along	**28** 10:00 News & Views/ Coffee Hour 10:30 Morning Stretch 11:00 Whiteboard Games 1:30 Word Puzzles 2:30 Manicures & Conversation 3:30 Big Screen Chair Exercises **6:00 Bingo (PCA)**
29 10:00 Morning Get Together 11:00 Catholic Service (PCA) Worship Time 1:30 Yoga 2:30 Chicken Soup for the Soul 4:00 Walking Group 6:00 Evening Classic Film	**30** 10:00 Morning Circle 10:30 Invention or Imagination 11:00 Mindful Motion **1:00 Mandala Art with Chuck** 2:30 Hangman 3:30 A Wee Bit About Connaught 4:00 Walking Group 6:00 Antiques with Anthon ***Happy Birthday Vicki B !!***	**31** **9:45 Exploring Carousel** 10:00 Coffee Time 10:30 Morning Stretch 11:00 What A Mess 1:30 Tee Time **2:30 David Zipse Performs** 3:30 Old Time Radio Show 4:00 Charades 6:00 Sing Along (PCA)				

Ice Cream Parlor Hours!

Mon – Fri
3:30pm-4:00pm
6:30pm-7:00pm
Sat & Sun
1:30pm-2:30pm

Please ask CNA for help if Activity Staff is unavailable

Tues 17th
Wed 25th

St. Patty's Day Party
Chocolate, Wine & Cheese Social

Music Center
Always Available by the 1st Floor Activity Area

All Small Groups Now Run on the 1st Floor

"PCA"
Programs being led by a Personal Care Aid on the 1st Floor