



The Wentworth at Coventry

24	25	26	27	28	29	Mar 1
						Green Salad Autumn Pot Roast <i>or</i> Lemon Pepper Salmon Garlic Mashed Potatoes Roasted Carrots Baked Roll Lemon Meringue Pie
2 Green Salad Salisbury Steak and Gravy <i>or</i> Homemade Crab Cake Seasoned Rice Lemon Buttered Broccoli Baked Roll Butter Pecan Ice Cream	3 Green Salad St. Louis BBQ Beef Ribs <i>or</i> Baked Honey Mustard Chicken Sweet Yams Capri Blend Baked Roll Spiced Pear Cake	4 Green Salad Cranberry Glazed Turkey Roast <i>or</i> Glazed Hamburger Steak Homemade Stuffing Sauteed Carrots Baked Roll Ice Cream Sandwich	5 Green Salad Pork Cacciatore <i>or</i> Baked Lemon Chicken Greek Potatoes Green Beans Baked Roll Cherry Chocolate Cake	6 Green Salad Haddock Fillet with Lemon Sauce <i>or</i> Baked Ham with Craisin Sauce Rice Pasta Pilaf Mixed Vegetables Baked Roll Pecan Pie	7 Green Salad Glazed Meatloaf <i>or</i> Parmesan Herb Crusted Cod Fresh Mashed Potatoes and Gravy Seasoned Peas Baked Roll Strawberry Ice Cream	8 Green Salad Italian Beef Pot Roast <i>or</i> Chicken Parmesan Garlic Pasta California Normandy Blend Baked Roll Chocolate Cream Pie
9 Green Salad Herb Seasoned Pork <i>or</i> Baked Cod with Panko Crust Fried Rice Green Bean Casserole Baked Roll Chocolate Lush	10 Green Salad Beef Burgundy <i>or</i> Baked Tilapia with Dijon Dill Sauce Herb Mashed Potatoes Steamed Broccoli Baked Roll German Chocolate Brownie	11 Green Salad Homestyle Turkey and Gravy <i>or</i> Homestyle Salisbury Steak Fresh Mashed Potatoes Buttery Carrots Baked Roll Fruit Cobbler	12 Green Salad Chicken with Lemon Sauce <i>or</i> Caribbean Shrimp Scalloped Potatoes Green Beans with Bacon Baked Roll American Apple Pie	13 Green Salad Grilled Fish with Aioli Sauce <i>or</i> Sweet Sour Meatballs Rice Pasta Pilaf Balsamic Roasted Vegetables Baked Roll Glazed Lemon Pound Cake	14 Green Salad Chicken Alfredo Pasta <i>or</i> Pork Egg Roll with Sweet Sour Sauce Sauteed Spinach Baked Roll Fruit Crisp	15 Green Salad Herbed Roast with Vegetables <i>or</i> Alaskan Fish and Chips Fresh Mashed Potatoes Seasoned Cauliflower Baked Roll Fresh Banana Cream Pie
16 Green Salad Country Fried Steak with Gravy <i>or</i> Rosemary Roasted Turkey Fresh Mashed Potatoes Capri Blend Baked Roll Maple Bread Pudding	17 Green Salad Crispy Ranch Chicken Leg <i>or</i> German Braised Sausage Creamy Mac & Cheese Herbed Corn Baked Roll Apple Cobbler	18 Green Salad Fried Shrimp and Cocktail Sauce <i>or</i> Citrus Glazed Ham Rice Orzo Pilaf Fresh Asparagus Baked Roll Fresh Coconut Cream Pie	19 Green Salad Pepper Steak and Gravy <i>or</i> Baked Cod with Panko Crust Smashed Sweet Potatoes Mixed Vegetables Baked Roll Eclair Pudding Cake	20 Green Salad Chicken with Savory Cream Gravy <i>or</i> Beef Tenderloin Parsley Egg Noodles Peas and Mushrooms Baked Roll Fruit Crisp	21 Green Salad Country Style Pork Ribs <i>or</i> Baked Meatballs with Gravy Lyonnais Potatoes Lemon Pepper Green Beans Baked Roll Homemade Carrot Cake	22 Green Salad Pot Roast with Cider Gravy <i>or</i> Feta Chicken Fresh Mashed Potatoes and Gravy Mixed Vegetables Baked Roll Pumpkin Pie
23 Green Salad Teriyaki Chicken <i>or</i> Tilapia with Tomato Cream Sauce Herb Quinoa Steamed Broccoli Baked Roll Apple Cobbler	24 Green Salad Pork Tenderloin <i>or</i> Vegetarian Lasagna Onion Roasted Potatoes Greens Baked Roll Vanilla Cream Puffs	25 Green Salad Seasoned Salisbury Steak <i>or</i> Maple Glazed Ham Steak Fresh Mashed Potatoes and Gravy Cauliflower and Carrots Baked Roll Maple Bar	26 Green Salad Chicken Bruschetta <i>or</i> Baked Cod Fillet Penne Pasta Green Beans Baked Roll Cherry Crisp	27 Green Salad Filet Mignon <i>or</i> Garlic Butter Shrimp Scampi Baked Potato Chef's Steamed Vegetable Baked Roll Key Lime Pie	28 Green Salad Traditional Lasagna <i>or</i> Baked Citrus Salmon Seasoned Fried Potatoes Garlic Zucchini Saute Baked Roll Peanut Butter Krispie Treat	29 Green Salad Beef Pot Roast <i>or</i> Apricot Chicken Drumsticks Potato Casserole Seasoned Cabbage Baked Roll Peach Pudding Cup

	30	31	Apr 1	2	3	4	5
Green Salad		Green Salad					
Easy Fried Chicken		Meatballs with					
<i>or</i>		Marinara Sauce					
Sour Cream Cheddar		<i>or</i>					
Cod		Chicken Tenders					
Ranch Potato Bake		Garlic Pasta					
Capri Blend		Broccoli					
Baked Roll		Garlic Bread					
Cheesecake		Fresh Fruit Salad					