



Mar 1 Green Salad Autumn Pot Roast <i>or</i> Lemon Pepper Salmon Garlic Mashed Potatoes Roasted Carrots Baked Roll Lemon Meringue Pie	2 Green Salad Roasted Chicken Legs <i>or</i> Veal Marsala Seasoned Rice Lemon Buttered Broccoli Baked Roll Apple Crisp	3 Green Salad Pork Chops and Gravy <i>or</i> Country Fried Steak with Gravy Baked Yams Capri Blend Baked Roll Spiced Pear Cake	4 Green Salad Bacon and Cheese Chopped Steak <i>or</i> Cranberry Glazed Turkey Roast Baked Potato Oven Roasted Cauliflower Baked Roll Assorted Desserts	5 Green Salad Pesto Chicken <i>or</i> Pork Roast with Mustard Sauce Lemon Pasta Green Beans Baked Roll Assorted Desserts	6 Green Salad Cod Fillet with Lemon Sauce <i>or</i> Ham with Pineapple Sauce Roasted Potato Medley Spinach Baked Roll Assorted Desserts	7 Green Salad Glazed Meatloaf <i>or</i> Turkey with Basil Cream Sauce Fried Potatoes and Onions Seasoned Peas Baked Roll Assorted Desserts
8 Green Salad Chicken Parmesan <i>or</i> Italian Beef Pot Roast Garlic Pasta California Normandy Blend Crusty Cheese Bread Assorted Desserts	9 Green Salad Herb Seasoned Pork <i>or</i> Three Cheese Ravioli Glazed Sweet Potatoes Yellow Squash and Onions Baked Roll Assorted Desserts	10 Green Salad Beef Burgundy <i>or</i> Cajun Grilled Tilapia Parsley Egg Noodles Steamed Broccoli Baked Roll Assorted Desserts	11 Green Salad Homestyle Turkey and Gravy <i>or</i> Pork Chops and Kraut Cranberry Sage Dressing Buttery Carrots Baked Roll Assorted Desserts	12 Green Salad Baked Ham <i>or</i> Chicken Florentine with Roasted Garlic Fresh Mashed Potatoes Classic Lima Beans Assorted Desserts	13 Green Salad Shrimp Stuffed Sole <i>or</i> Parmesan Crusted Cod Brown Rice Grapes Snap Pea Vegetable Blend Spring Egg Roll Assorted Desserts	14 Green Salad Roasted Lemon Chicken <i>or</i> Corned Beef with Cabbage Wedge Red Potatoes Sautéed Spinach Baked Roll Assorted Desserts
15 Green Salad Honey Glazed Pork <i>or</i> Herbed Roast with Vegetables AuGratin Potatoes Hawaiian Beets Fresh Banana Cream Pie	16 Green Salad Philly Cube Steak <i>or</i> Rosemary Roasted Turkey Roasted Yams Capri Blend Baked Roll Pumpkin Angel Cake	17 Green Salad Smothered Chicken Breasts <i>or</i> German Braised Sausage Mashed Red Potatoes Herbed Corn Baked Roll Blueberry Cobbler	18 Green Salad Lemon Garlic Fish <i>or</i> Citrus Glazed Ham Rice Orzo Pilaf Green Beans Baked Roll Fresh Coconut Cream Pie	19 Green Salad Beef Patty with Mushroom Gravy <i>or</i> Turkey Roast with Stuffing Boiled Potatoes Baby Carrots Baked Roll Eclair Pudding Cake	20 Green Salad Chicken with Savory Cream Gravy <i>or</i> Salmon with Honey Thyme Sauce Parsley Egg Noodles Sautéed Yellow Squash Baked Roll Black Forest Poke Cake	21 Green Salad Baked Meatballs with Gravy <i>or</i> Steak Picante Potato Salad Chef's Steamed Vegetable Baked Roll Peanut Butter M&M Cookies
22 Green Salad Meatloaf and Gravy <i>or</i> Feta Chicken O'Brien Potatoes Mixed Vegetables Baked Roll Pumpkin Pie	23 Green Salad Teriyaki Chicken <i>or</i> Tilapia with Tomato Cream Sauce Brown Rice Honey Glazed Pea Pods and Carrots Baked Roll Apple Cobbler	24 Green Salad Bread Crumb Pork Chop <i>or</i> Herb Roasted Turkey Sweet Baked Yams Scandinavian Veg Baked Roll Lemon Cream Cake	25 Green Salad Seasoned Salisbury Steak <i>or</i> Ham with Raisin Sauce Twice Baked Potato Casserole Cauliflower and Carrots Banana Split Dessert	26 Green Salad Mushroom and Swiss Chicken <i>or</i> Hot Pork Gravy Penne Pasta Roasted Brussels Sprouts Fresh Blueberry Pie	27 Green Salad Grilled Cod with Lemon Dill Sauce <i>or</i> Spanish Cubed Steak Rice Pilaf Chef's Steamed Vegetable Baked Roll Key Lime Pudding	28 Green Salad Traditional Lasagna <i>or</i> Sliced Turkey Breast Garlic Zucchini Sauté Garlic Bread Buttermilk Spice Cake
29 Green Salad Glazed Baked Ham <i>or</i> Pepper Steak Baked Yams Seasoned Cabbage Baked Roll Dutch Apple Pie	30 Green Salad Sour Cream Chicken <i>or</i> Shrimp Creole Ranch Potato Bake Capri Blend Baked Roll Spice Raisin Cookies	31 Green Salad Meatballs with Marinara Sauce <i>or</i> Lemon Oregano Turkey Garlic Pasta Parmesan Green Beans Garlic Bread Chocolate Oreo Poke Cake	Apr 1	2	3	4