



Village Notes



Discovery Village Employee of the Month

We are excited to announce our employee of the month is Lynn Howler. Lynn has been working in Assisted Living for 35 years. Discovery Village has been lucky to have her as our Housekeeping Supervisor for about a year now. Lynn was born and raised in Mount Vernon, Ohio, but moved to Florida with her husband for the beautiful weather, 5 years ago. In Lynn's spare time she enjoys being outside, motorcycle riding with her husband and going to the beach. Lynn loves her coworkers and getting to know the residents, they make working that much more enjoyable.



Executive Director's Corner

Wow, the first 2 months of the year are already completed. How are your resolutions for this year going? This is a good time to reflect on your progress. Are you where you wanted to be? What has changed? Most importantly, are you happy? There is still time to get into bathing suit shape as we are fast approaching warmer weather, if that was your resolution. March Madness and all the great basketball games will be aired throughout this month. Did you know: Fans waged more than \$2 billion on brackets and games in 2015. Also, work productivity declines the most in the month of March and was calculated to cost American firms nearly \$1.9 billion in unproductive wages in 2019. However, vasectomies are up by 50% during the first week of March Madness, this relates to the day or two needed to recover with idle activity like sitting on the couch.

The above fun facts are courtesy of Reader's Digest,

<https://www.rd.com/culture/month-of-march-facts/>.

For me, March is one of favorite months, as I believe there is no better climate in Florida than this month. Flowers are blooming, there always seems to be a gentle breeze and the humidity is relatively low. Get outside, enjoy this month, drink plenty of water and be happy!

It is a pleasure to serve Discovery Villages at Melbourne and if there is anything I can do please reach out. I can be reached by the following: kvandyck@discoveryvillages.com email, or 321-794-7190 cell and text.

With Gratitude,
Ken VanDyck, NHA
Executive Director

Memory Care Calendar

Assisted Living License #: 12122



Residents:

March 25: Margie K.

Employees:

March. 9: Emily G.

March 14: James J. III.

March 19: Nicole C.

March 25: Stephanie W.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:15 Sunday Inspirations 10:00 Coffee & Snack 10:30 Sunday Service 11:00 Table Games 2:00 Dominos 3:15 Ice Cream Sundae 7:00 Night at the Movies 7:15 Nightly Snack	2 10:00 Sit and be Fit 10:30 Coffee & Snack 11:00 Fun N' Games 2:00 Smithsonian's Aerial America 3:00 Live Music: Craig Eckert 7:00 Night at the Movies	3 10:00 Fitness W/Genesis 10:30 Coffee & Snacks 11:00 Basketball 1:30 Baking Club 3:00 Bean Bag Toss 7:00 Night at the Movies 7:15 Nightly Snack	4 National Pound Cake Day 10:00 Sit and be Fit 10:30 Coffee & Snack 11:30 Ladder Ball 12:00 Picnic on the Patio 2:00 Faces and Places 3:30 BINGO 7:00 Night at the Movies 7:15 Nightly Snack	5 National Cheese Doodle Day 10:00 Fitness W/Genesis 10:30 Coffee & Snack 11:00 Trivia 1:30 Ladder Ball 5:30 Ladies Night In 7:00 Night at the Movies 7:15 Nightly Snack	6 National Oreo Cookie Day 10:00 Sit and be Fit 10:30 Coffee & Snack 11:00 Art with Debi Pettigrew 1:00 Scenic Drive 3:00 Friday Fest with Nathan Knowles 7:00 Night at the Movies 7:15 Nightly Snack	7 10:00 Shake Rattle Fitness 10:30 Coffee & Snacks 11:00 360 Ball 1:30 Horseshoes 3:00 Yomenco 7:00 Night at the Movies 7:15 Nightly Snack
8 9:15 Sunday Inspirations 10:30 Pianist: Julia Bull-ock 10:30 Coffee & Snack 11:00 Puzzle Time 2:00 Word Scramble 3:15 Ice Cream Sundae 7:00 Night at the Movies 7:15 Nightly Snack	9 10:00 Sit and be Fit 10:30 Coffee & Snack 11:00 Table Games 2:00 Smithsonian's Aerial America 3:00 Live Music: Frank Lisevick 7:00 Night at the Movies 7:15 Nightly Snack	10 Blueberry Pastry Day 10:00 Fitness W/Genesis 10:30 Coffee & Snack 11:00 BINGO 1:30 Ice Cream Social 3:00 Bowling 7:00 Night at the Movies 7:15 Nightly Snack	11 10:00 Sit and be Fit 10:30 Coffee & Bagels 11:00 Faces and Places 1:30 Bean Bag Game 3:00 Uno 7:00 Night at the Movies 7:15 Nightly Snack	12 10:00 Fitness W/Genesis 10:30 Coffee & Snack 11:00 BINGO 1:30 Paint Yourself Calm: Watercolors 3:00 Wii Games: Jeopardy 4:30 Out to Dinner 7:00 Night at the Movies 7:15 Nightly Snack	13 10:00 Sit and be Fit 10:30 Coffee & Snack 11:00 Chair Volleyball 1:30 Conversation Cards 3:00 Live Music 7:00 Night at the Movies 7:15 Nightly Snack	14 National Ice Cream Chip Day 10:00 Shake Rattle Fitness 10:30 Coffee & Snacks 11:00 Shake Loose 1:30 Potato Chip Tasting 3:00 BINGO 7:00 Night at the Movies 7:15 Nightly Snack
15 9:15 Sunday Inspirations 10:30 Coffee & Snack 10:30 Table Games 2:00 Uno Card Game 3:15 Ice Cream Sundae 7:00 Night at the Movies 7:15 Nightly Snack	16 10:00 Sit and be Fit 10:30 Coffee & Snack 11:00 Ireland Documentary 2:00 Table Games 3:00 Live Music: Bob Parker 7:00 Night at the Movies 7:15 Nightly Snack	17 St. Patrick's Day 10:00 Fitness W/Genesis 10:30 Coffee and Snacks 11:00 Ireland Crossword Puzzles 1:30 Bean Bag Toss 3:00 St. Patrick's Party 7:00 Night at the Movies 7:15 Nightly Snack	18 10:00 Sit and be Fit 10:30 Coffee & Snack 11:30 Out to Lunch 1:30 Ireland Cooking Demo 3:00 Irish Trivia 7:00 Night at the Movies 7:15 Nightly Snack	19 First Day of Spring 10:00 Sit and be Fit 10:30 Coffee & Snack 11:00 BINGO 1:30 Irish Painting Class 3:00 Wii Games: Jeopardy 7:00 Night at the Movies 7:15 Nightly Snack	20 Ravioli Day 10:00 Sit and be Fit 10:30 Coffee & Snack 11:00 Art with Debi 1:00 Scenic Drive 3:00 Friday Fest with Nick Chirico 7:00 Night at the Movies 7:15 Nightly Snack	21 10:00 Shake Rattle Fitness 10:30 Coffee & Snacks 11:00 Volleyball 1:30 Twister Trivia 3:00 BINGO 7:00 Night at the Movies 7:15 Nightly Snack
22 9:15 Sunday Inspirations 10:30 Coffee & Snack 10:30 Sunday Service 11:00 Table Games 2:00 Uno Card Game 3:15 Ice Cream Sundae 7:00 Night at the Movies 7:15 Nightly Snack	23 Little Rascals Day 10:00 Sit and be Fit 10:30 Coffee & Snack 11:00 Little Rascals Re-runs 2:00 Yahtzee 3:00 Live Music: Chris Kahl 7:00 Night at the Movies 7:15 Nightly Snack	24 National Nougat Day 10:00 Sit and be Fit 10:30 Coffee & Snack 11:00 BINGO 1:30 Baking Club 3:00 Chair Volleyball 7:00 Night at the Movies 7:00 Nightly Snack	25 10:00 Sit and be Fit 10:30 Coffee & Snack 11:00 Balloon Ball 1:30 Let's Go Fishing Game 3:00 Uno 7:00 Night at the Movies 7:15 Nightly Snack	26 Chocolate Covered Raisin Day 10:00 Fitness W/Genesis 10:30 Coffee & Snack 11:00 BINGO 1:30 Paint Yourself Calm: Watercolors 3:00 Wii Games: Jeopardy 7:00 Night at the Movies 7:15 Nightly Snack	27 10:00 Sit and be Fit 10:30 Coffee & Snack 11:00 Word Search 1:00 Scenic Drive 3:00 Friday Fest with Steven Baum 7:00 Night at the Movies 7:15 Nightly Snack	28 10:00 Shake Rattle Fitness 10:30 Coffee & Snacks 11:00 Family Feud 3:00 BINGO 7:00 Night at the Movies 7:15 Nightly Snack
29 9:15 Sunday Inspirations 10:30 Coffee & Snack 10:30 Sunday Service 11:00 Table Games 2:00 Uno Card Game 3:15 Ice Cream Sundae 7:00 Night at the Movies 7:15 Nightly Snack	30 9:15 Sunday Inspirations 10:30 Coffee & Snack 10:30 Sunday Service 11:00 Table Games 2:00 Uno Card Game 3:15 Ice Cream Sundae 7:00 Night at the Movies 7:15 Nightly Snack	31 10:00 Sit and be Fit 10:30 Coffee & Snack 11:00 Basketball 1:30 Baking Club 3:00 Live Music: Frank Mackey 7:00 Night at the Movies 7:00 Nightly Snack			**Activity times are approximate and may change to accommodate our Residents**	